

ROUNDALAB PREFERRED CLASSIC HEAD CUES

A THOUSAND YEARS

RELEASED: 2013

CHOREOGRAPHER: Paula & Warwick Armstrong

RECORD: Thousand Years

ARTIST: Jaelyn Thomas

FOOTWORK: Opposite

TIME @ RPM: 3.19 @ 45 RPM

RHYTHM: Rumba

RAL PHASE: IV+1 (Full Natural Top)

SEQUENCE: INTRO A B A B C D B ENDING

MEAS:

INTRODUCTION

1-6 SKTRS WALL WT ; ; X BDY TO COH ; ; X BDY TO WALL ; ;

7-8 TIM & SPT W IN 2 SLOS TO FC ; AIDA ;

PART A

1-5 HIP RK 3 TO FC ; SD WLK 3 ; HND TO HND ; THRU SERP ; ;

6-8 FNC LINE ; ALEMANA TO LCP [WALL] ; ;

9-12 BRK BK TO ½ OP ; OP I/O RUNS ; ; SPT TRN TO R HNDSHK ;

PART B

1-3 FLIRT TO FAN ; ; START HKY STK TO TANDEM WALL ;

4-6 HIP RKS 2X [QQS] [W PEEKS] ; ; FIN HKY STK TO BFLY SCAR ;

7-8 CK FWD W DEVELOPE ; AIDA [M BK] ;

REPEAT PART A+B

PART C

1-4 SLO SWCH & REC ; FNC LINE ; WHP BFLY ; W X SWVL 2 SLOS ;

5-9 FNC LINE ; WHP ; NY IN 4 ; SPT TRN ; FAN ;

PART D

1-4 HKY STK [BFLY DRW] ; ; SHLDR-SHDLR 2X ; ;

5-6 NY ; SPT TRN TO HNDSHK ;

REPEAT PART B

ENDING

1-3 SWCH RK ; SPT TRN ; ½ BAS ;

4-7 FULL NAT TOP [CP WALL] ; ; ; CORTE & XTND ;

Notes: The choreographer for this dance agrees with each of the ROUNDALAB preferred cues provided in these Head Cues. Supplementary information is shown in [brackets].