

TWO STEP

ROUNDALAB STANDARD

Phase II of Round Dancing

Basketball Turn

bball trn

Basketball Turn

SS; SS;

FWD TRN, -, REC TRN, -; FWD TRN, -, REC TRN, -;

MAN: With the outside foot free the first step will turn in toward partner. With the inside foot free, the first step will turn away from partner. Examples:

[1] Beginning in Open Position with weight on man's right foot step forward left and check turning 1/4 right face, -, recover on right continuing right face turn to end facing the opposite direction from starting position, -; continue by stepping forward left and check turning 1/4 right face, -, recover on right continuing right face turn to end facing starting position unless otherwise indicated, -;

[2] Beginning in Open Position with weight on man's left foot step forward right and check turning 1/4 left face, -, recover on left continuing turning left face to end facing the opposite direction from starting position, -; continue by stepping forward right and check turning 1/4 left face, -, recover on left continuing left face turn to end facing starting position unless otherwise indicated, -;

WOMAN: With the outside foot free the first step will turn in toward partner. With the inside foot free the first step will turn away from partner. Examples:

[1] Beginning in Open Position with weight on woman's left foot step forward right and check turning 1/4 left face, -, recover on left continuing left face turn to end facing the opposite direction from starting position, -; continue by stepping forward right and check turning 1/4 left face, -, recover on left continuing left face turn to end facing starting position unless otherwise indicated, -;

[2] Beginning in Open Position with weight on woman's right foot step forward left and check turning 1/4 right face, -, recover on right foot continuing turning right face to end facing the opposite direction from starting position, -; continue by stepping forward left and check turning 1/4 right face, -, recover on right continuing right face turn to end facing starting position unless otherwise indicated, -;

NOTE: May be turned in either direction. Usual timing is SSSS. May be done QQQQ.

Box - Variations

1. # Box Left Turning

L trng box

Left Turning Box

QQS; QQS;

SD, CL, FWD TRN, -; SD, CL, BK TRN, -;

QQS; QQS;

SD, CL, FWD TRN, -; SD, CL, BK TRN, -;

(SD, CL, BK TRN, -; SD, CL, FWD TRN, -;

SD, CL, BK TRN, -; SD, CL, FWD TRN, -;)

MAN: Side on left, close right, forward left turn 1/4 left face, -; side right, close left, back right turn 1/4 left face, -; side left, close right, forward left turn 1/4 left face, -; side right, close left, back right turn 1/4 left face, -;

WOMAN: Side right, close left, back right turn 1/4 left face, -; side left, close right, forward left turn 1/4 left face, -; side right, close left, back right turn 1/4 left face, -; side left, close right, forward left turn 1/4 left face, -;

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2. **# Box Right Turning** R trng box Right Turning Box
QQS; QQS; SD, CL, BK TRN, -; SD, CL, FWD TRN, -;
QQS; QQS; SD, CL, BK TRN, -; SD, CL, FWD TRN, -;
 (SD, CL, FWD TRN, -; SD, CL, BK TRN, -;
 SD, CL, FWD TRN, -; SD, CL, BK TRN, -;)
- MAN:** Side left, close right, back left turn 1/4 right face, -; side right, close left, forward right turn 1/4 right face, -; side left, close right, back left turn 1/4 right face, -; side right, close left, forward right turn 1/4 right face, -;
- WOMAN:** Side right, close left, forward right turn 1/4 right face, -; side left, close right, back left turn 1/4 right face, -; side right, close left, forward right turn 1/4 right face, -; side left, close right, back left turn 1/4 right face, -;
3. **# Broken Box** brkn box Broken Box
QQS; SS; SD, CL, FWD, -; RK FWD, -, REC, -;
QQS; SS; SD, CL, BK, -; RK BK, -, REC, -;
 (SD, CL, BK, -; RK BK, -, REC, -;
 SD, CL, FWD, -; RK FWD, -, REC, -;)
- MAN:** Side left, close right, forward left, -; rock forward right, -, recover left, -; side right, close left, back right, -; rock back left, -, recover right, -;
- WOMAN:** Side right, close left, back right, -; rock back left, -, recover right, -; side left, close right, forward left, -; rock forward right, -, recover left, -;
- NOTE:** Starts in designated position.
4. **# Circle Box** circ box Circle Box
QQS; QQS; SD, CL, FWD, -; SD, CL, BK, -;
 (FWD TRN, CL, FWD TRN, -; FWD TRN, CL, FWD TRN, -;)
- MAN:** Beginning with partners facing release contact side left, close right, forward left, -; side right, close left, back right, -;
- WOMAN:** Moving away from partner with a right face circular pattern forward turn right, close left, forward turn right, - [turning approximately 180 degrees]; continuing circular pattern toward partner forward turn left, close right, forward turn left, - [turning 180 degrees or to designated position];
- NOTE:** A figure where man executes a box while woman executes a right face circle. Usually done under lead hands but may be done without hand contact.
5. **# Open Box** op box Open Box
QQS; QQS; SD, CL, FWD, -; SD, CL, BK, -;
- MAN OR WOMAN:** In Open Position side, close, forward, -; side, close, back, -;
- NOTE:** May start in Left Open Position.
6. **# Open Reverse Box** op rev box Open Reverse Box
QQS; QQS; SD, CL, BK, -; SD, CL, FWD -;
- MAN OR WOMAN:** In Open Position side, close, back, -; side, close, forward, -;
- NOTE:** May start in Left Open Position.

TWO STEP

ROUNDALAB STANDARD Phase II of Round Dancing

- # Face to Face** fc-fc Face to Face
QQS; SD, CL, TRN, -;
MAN: Side left, close right, side left turning 1/2 left face to a Back to Back Position, -;
WOMAN: Side right, close left, side right turning 1/2 right face to a Back to Back Position, -;
- # Face to Face and Back to Back** fc-fc & bk-bk Face to Face and Back to Back
[to ending position]
QQS; QQS; SD, CL, TRN, -; SD, CL, TRN, -;
MAN: Side left, close right, side left turning 1/2 left face to a Back to Back Position, -; side right, close left, side right turning 1/2 right face or to designated position, -;
WOMAN: Side right, close left, side right turning 1/2 right face to a Back to Back Position, -; side left, close right, side left turning 1/2 left face or to designated position, -;
- # Forward Lock** fwd lk Forward Lock
QQ FWD, LK,
MAN OR WOMAN: Forward, cross free foot in back of the supporting foot taking weight on crossing foot,
NOTE: Normally done in Open or Semi-Closed Position. If done in Closed Position, on the first step blend to Banjo Position, and the woman's steps are back, lock in front. May be done in pairs [Forward Lock twice]. Timing may vary and may start with either foot.
- # Forward Lock Forward** fwd lk fwd Forward Lock Forward
QQS; FWD, LK, FWD, -;
MAN OR WOMAN: Forward, cross the free foot in back of the supporting foot taking weight on crossing foot, forward, -;
NOTE: Normally done in Open or Semi-Closed Position. If done in Closed Position, on the first step blend to Banjo Position, and the woman's steps are back, lock in front, back. May be done in pairs [Forward Lock Forward twice]. Timing may vary and may start with either foot.
- # Hitch** htch Hitch
QQS; FWD, CL, BK, -; or
BK, CL, FWD, -;
MAN OR WOMAN: A step forward or backward as indicated, followed by a close step, followed by a step in the opposite direction, -;
- # Hitch [Forward and Back]** htch fwd & bk Hitch Six or Double Hitch
QQS; QQS; FWD, CL, BK, -; BK, CL, FWD, -;
(BK, CL, FWD, -; FWD, CL, BK, -;)
MAN: In Closed Position forward left, close right, back left, -; back right, close left, forward right, -;
WOMAN: In Closed Position back right, close left, forward right, -; forward left, close right, back left, -;
NOTE: May start in Banjo, Butterfly or Open Position. When starting in Open Position, the first step for the woman is forward.

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TWO STEP

Hitch Four
QQQQ;

htch 4
FWD, CL, BK, CL;
(BK, CL, FWD, CL;)

Hitch Four

MAN: In Closed Position forward left, close right, back left, close right;

WOMAN: In Closed Position back right, close left, forward right, close left;

NOTE: May start in Banjo, Butterfly or Open Position. When starting in Open Position, the first step for the woman is forward. If the first step is back, the cue is "Back Hitch Four".

Hitch Scissors
QQS;

htch scis
FWD, CL, BK, -;
(FWD TRN, CL, XIF, -;)

Hitch Scissors

MAN: Starting in Semi-Closed Position forward left, close right, back left, -;

WOMAN: Forward right [turning 1/4 left face], close left, [turning left face] cross right in front [ending in Banjo Position], -;

NOTE: A figure in which man executes a Hitch while woman executes a Scissors. May also be done with many other starting and ending positions. The use of trailing feet or a Back Hitch may be required depending on starting and ending position.

Lace

QQS;

lc
FWD, CL, FWD, -;

Lace [Across or Back]

MAN: Passing behind woman with lead hands joined moving diagonally across Line of Progression forward left, close right, forward left, -;

WOMAN: Passing in front of man under joined lead hands and moving diagonally across Line of Progression forward right, close left, forward right, -;

NOTE: The above is cued "Lace Across" when the change of sides is accomplished by the woman traveling under the joined lead hands. When the woman travels under the joined trail hands, the cue is "Lace Back". Usual ending position for a "Lace Across" is Left Open and for a "Lace Back" is Open. The optional cue term "Lace Up" may be used for a four-measure sequence consisting of Lace Across; Forward Two Step; Lace Back; Forward Two Step;

*** Lace Up**

QQS; QQS;
QQS; QQS;

lc up
FWD, CL, FWD, -; FWD, CL, FWD, -;
FWD, CL, FWD, -; FWD, CL, FWD, -;

Lace Up [to ending position]

MAN: Passing behind woman with lead hands joined moving diagonally across Line of Progression forward left, close right, forward left turning to face Line of Progression, -; forward right, close left, forward right, -; passing behind woman with trail hands joined moving diagonally across Line of Progression forward left, close right, forward left turning to face Line of Progression, -; forward right, close left, forward right to end in designated position, -;

WOMAN: Passing in front of man under joined lead hands and moving diagonally across Line of Progression forward right, close left, forward right turning to face Line of Progression, -; forward left, close right, forward left, -; passing in front of man under joined trail hands and moving diagonally across Line of Progression forward right, close left, forward right turning to face Line of Progression, -; forward left, close right, forward left to end in designated position, -;

NOTE: Normally begins in Open or Semi-Closed Position. A Lace Up, or any portion thereof, may also be cued using one measure cues. Example: Lace Across; Forward Two Step; Lace Back; Forward Two Step;

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Reverse Twirl Vine rev twrl vin Reverse Twirl Vine [# of steps]
QQS; SD, XIB, SD, -;
 (FWD TRN, BK TRN, SD, -;)

MAN: With partners facing man's left and woman's right hands joined side right, cross left in back, side right, -;

WOMAN: Side and forward left turning 1/2 left face under joined hands, side and back right turning 1/2 left face, side left, -;

NOTE: Woman twirls left face as man does a Vine Three.

Rock Steps rk stps [Direction] Rock [# of steps]

MAN OR WOMAN: A series of steps with a rocking action transferring the weight from one foot to the other by stepping either forward, backward or sideward. The number of steps to do will be indicated.

Sand Step sndstp Sand Step
QQS; TOE, HEEL, XIF, -;

MAN OR WOMAN: A four count figure using a swiveling action of the supporting foot each count as you touch the toe of the free foot to the instep of the supporting foot [no weight change], touch the heel of the free foot to the instep of the supporting foot [no weight change], cross the free foot across and in front of the supporting foot taking weight, -;

Scissors scis Scissors
QQS; SD, CL, X, -;

MAN OR WOMAN: A three step figure which always starts with a side step, the second step is a close, the third step crosses past the weighted foot, -;

NOTE: Instructions will indicate which partner crosses in front and which crosses in back as they change to Sidecar, Banjo or other positions. There is no progression.

Scissors Hitch scis htch Scissors Hitch
QQS; FWD TRN, CL, XIF, -;
 (FWD, CL, BK, -;)

MAN: Starting in Semi-Closed Position forward left [turning 1/4 right face], close right, [turning right face] cross left in front ending in Sidecar Position, -;

WOMAN: Forward right, close left, back right, -;

NOTE: A figure in which man executes a Scissors while woman executes a Hitch. May also be done with many other starting and ending positions. The use of trailing feet or a Back Hitch may be required depending on starting and ending position.

Scoot none Scoot
QQQQ; FWD, CL, FWD, CL;

MAN OR WOMAN: Forward, close, forward, close;

