

Box - Variations1. # **Box Left Turning**

1,2,3; 1,2,3;

1,2,3; 1,2,3;

L trng box Left Turning Box

FWD TRN, SD, CL; BK TRN, SD, CL;

FWD TRN, SD, CL; BK TRN, SD, CL;

(BK TRN, SD, CL; FWD TRN, SD, CL;

BK TRN, SD, CL; FWD TRN, SD, CL;)

MAN: Forward left commence 1/4 left face turn, complete turn side right, close left; back right commence 1/4 left face turn, complete turn side left, close right; forward left commence 1/4 left face turn, complete turn side right, close left; back right commence 1/4 left face turn, complete turn side left, close right;

WOMAN: Back right commence 1/4 left face turn, complete turn side left, close right; forward left commence 1/4 left face turn, complete turn side right, close left; back right commence 1/4 left face turn, complete turn side left, close right; forward left commence 1/4 left face turn, complete turn side right, close left;

NOTE: Figure is danced in Closed Position throughout.

2. # **Box Right Turning**

1,2,3; 1,2,3;

1,2,3; 1,2,3;

R trng box Right Turning Box

BK TRN, SD, CL; FWD TRN, SD, CL;

BK TRN, SD, CL; FWD TRN, SD, CL;

(FWD TRN, SD, CL; BK TRN, SD, CL;

FWD TRN, SD, CL; BK TRN, SD, CL;)

MAN: Back left commence 1/4 right face turn, complete turn side right, close left; forward right commence 1/4 right face turn, complete turn side left, close right; back left commence 1/4 right face turn, complete turn side right, close left; forward right commence 1/4 right face turn, complete turn side left, close right;

WOMAN: Forward right commence 1/4 right face turn, complete turn side left, close right; back left commence 1/4 right face turn, complete turn side right, close left; forward right commence 1/4 right face turn, complete turn side left, close right; back left commence 1/4 right face turn, complete turn side right, close left;

NOTE: Figure is danced in Closed Position throughout.

3. # **Open Box**

1,2,3; 1,2,3;

op box Open Box

FWD, SD, CL; BK, SD, CL;

MAN OR WOMAN: In Open Position beginning with free foot forward, side, close; back, side, close;

NOTE: May start in Left Open Position.

4. # **Open Reverse Box**

1,2,3; 1,2,3;

op rev box Open Reverse Box

BK, SD, CL; FWD, SD, CL;

MAN OR WOMAN: In Open Position beginning with free foot back, side, close; forward, side, close;

NOTE: May start in Left Open Position.

5. # **Progressive Box**

1,2,3; 1,2,3;

prog box Progressive Box

FWD, SD, CL; FWD, SD, CL;

(BK, SD, CL; BK, SD, CL;)

MAN: Forward left, side right, close left; forward right, side left, close right;

WOMAN: Back right, side left, close right; back left, side right, close left;

NOTE: Starts in designated position.

WALTZ

ROUNDALAB STANDARD Phase II of Round Dancing

Forward Waltz 1,2,3;

fwd WZ Forward Waltz
FWD, FWD & SLIGHTLY SD, CL;
(BK, BK & SLIGHTLY SD, CL;)

MAN: In Closed Position forward, forward & slightly side, close;

WOMAN: In Closed Position back, back & slightly side, close;

NOTE: May be done in any position. If done in Open Position both move forward.

Lace

1,2,3;

lc Lace [Across or Back]
FWD, FWD, CL;

MAN: Passing behind woman with lead hands joined moving diagonally across Line of Progression forward left, forward right, close left;

WOMAN: Passing in front of man under joined lead hands and moving diagonally across Line of Progression forward right, forward left, close right;

NOTE: The above is cued "Lace Across" when the change of sides is accomplished by the woman traveling under the joined lead hands. When the woman travels under the joined trail hands, the cue is "Lace Back". Usual ending position for a "Lace Across" is Left Open and for a "Lace Back" is Open. The optional cue term "Lace Up" may be used for a four-measure sequence consisting of Lace Across; Forward Waltz; Lace Back; Forward Waltz;

* Lace Up

1,2,3; 1,2,3;

1,2,3; 1,2,3;

lc up Lace Up [to ending position]
FWD, FWD, CL; FWD, FWD & SLIGHTLY SD, CL;
FWD, FWD, CL; FWD, FWD & SLIGHTLY SD, CL;

MAN: Passing behind woman with lead hands joined moving diagonally across Line of Progression forward left, forward right turning to face Line of Progression, close left; forward right, forward & slightly side left, close right; passing behind woman with trail hands joined moving diagonally across Line of Progression forward left, forward right turning to face Line of Progression, close left; forward right, forward & slightly side left, close right to end in designated position;

WOMAN: Passing in front of man with lead hands joined moving diagonally across Line of Progression forward right, forward left turning to face Line of Progression, close right; forward left, forward & slightly side right, close left; passing in front of man with trail hands joined moving diagonally across Line of Progression forward right, forward left turning to face Line of Progression, close right; forward left, forward & slightly side right, close left to end in designated position;

NOTE: Normally begins in Open or Semi-Closed Position. A Lace Up, or any portion thereof, may also be cued using one measure cues. Example: Lace Across; Forward Waltz; Lace Back; Forward Waltz;

ROUNDALAB STANDARD
Phase II of Round Dancing

WALTZ

Vine Three

1,2,3;

vin 3

SD, XIB, SD;

Vine Three

MAN OR WOMAN: Side right or left, cross in back, side in same direction;

Wheel

1,2,3; 1,2,3;

whl

FWD, FWD, CL; FWD, FWD, CL;

Wheel [to ending position]

MAN: In Banjo Position commence right face turn forward left, forward right, close left; forward right, forward left, close right [ending in designated position];

WOMAN: In Banjo Position commence right face turn forward right, forward left, close right; forward left, forward right, close left [ending in designated position];

NOTE: Couples, in a designated position, are turning 360 degrees, with mid-point between partners as a pivot point.

WALTZ

**ROUNDALAB STANDARD
Phase II of Round Dancing**

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