



**ROUNDALAB**

**STANDARDS FOR  
ROUND DANCING**

**PHASE III**



## ROUNDALAB STANDARD Phase III of Round Dancing

This booklet describes and defines the actions, movements and figures used in various rhythms of Phase III Round Dancing. The material in this booklet is supplemented by other ROUNDALAB publications, including other phase booklets, the *Glossary*, *Index*, *Abbreviations*, *Cueing Guidelines*, *Listing of Phase Rated Actions, Movements and Figures by Rhythm* and *Listing of Phase Rated Actions, Movements and Figures by Phase*.

The material in this booklet is divided into sections according to the rhythm and dance type. Entries appear alphabetically within each appropriate section.

Rhythm characteristics are defined at the beginning of each rhythm. The format for each figure within that rhythm consists of the title and abbreviation [if applicable], and the preferred cue term. Timing, basic steps for the man, and basic steps for the woman [in parentheses] follow. Descriptions of the figures are given for the MAN and WOMAN and explanatory notes [if needed].

The following rhythms are included in this phase:

Bolero	BL	Mambo	MB	Slow Two Step	ST
Cha Cha	CH	Merengue	MR	Tango	TG
Foxtrot	FT	Quickstep	QS	Two Step	TS
Jive	JV	Rumba	RB	Waltz	WZ
Single Swing	SS				

The format of the title reflects the status of the descriptions or definitions that follow:

Approved Standard -  
Tentative Standard -

### **Boldface Type**

Underlined and preceded by a single asterisk [\*].  
Tentative Standards will be considered permanent if no comment is received within the year following approval at the annual convention.

On ROUNDALAB Teaching Videos [RTVs] -

Preceded by a number sign [#].

Copies of the following additional manuals, booklets, ROUNDALAB Teaching Videos [RTVs], Digital Video Discs [DVDs] and Figure Video Software [FVS] may be purchased from:

ROUNDALAB  
PO Box 1928  
Auburn, ME 04211  
PHONE: 877 Y I DANCE [877-943-2623] US/CANADA  
207-904-0220 all other countries  
WEBSITE: [www.roundalab.org](http://www.roundalab.org)  
E-MAIL: [roundalab@roundalab.org](mailto:roundalab@roundalab.org)

- Phase Booklets – Phases I through VI
- Glossary
- Abbreviations Booklet

## **ROUNDALAB STANDARD** **Phase III of Round Dancing**

- Index for Glossary & Phase Booklets
- Listing of Phase Rated Actions, Movements and Figures by Rhythm Booklet
- Listing of Phase Rated Actions, Movements and Figures by Phase Booklet
- Cueing Guidelines
- Cue Sheet Writing Guidelines
- New Round Dance Leaders Manual - Phase I / II
- Teaching Manuals for Phase III and IV
- Preliminary Foot Movements & Positions/Dance Positions/Walks in all Rhythms Booklet
- Callers Manual for Using Rounds in the Square Dance Program
- ROUNDALAB Teaching Videos [RTVs]
- Instructional Digital Video Discs [DVDs] [Phase I through Phase VI and Addendum]
- Figure Video Software [FVS]

Because of changes over time as well as differences of interpretation, inconsistencies may appear between the ROUNDALAB Teaching Videos [RTVs], Digital Video Discs [DVDs], Figure Video Software [FVS] and the ROUNDALAB Phase Booklets. In such instances, the Phase Booklets should be taken as containing the most up to date material available.

### **CHANGES:**

Proposed changes to this Standard should be submitted to:

ROUNDALAB  
PO Box 1928  
Auburn, ME 04211  
PHONE: 877 Y I DANCE [877-943-2623] US/CANADA  
207-904-0220 all other countries  
WEBSITE: [www.roundalab.org](http://www.roundalab.org)  
E-MAIL: [roundalab@roundalab.org](mailto:roundalab@roundalab.org)

Proposed changes are to be submitted as follows:

1. Specific reason[s] for the change.
2. Proposed changes must be received by November 1 to be considered at the next Annual ROUNDALAB Convention.
3. Request[s] to change Tentative Standards must be endorsed by signatures from at least two [2] ROUNDALAB Teaching Member Units in good standing. These endorsements must be part of, and accompany, the original request.
4. Tentative Standards will be considered permanent if no comment is received within the year following approval at the annual convention. Tentative Standards are underlined and preceded in the phase booklets with an asterisk [\*].
5. Request[s] to change Permanent Standards must be endorsed by signatures from at least five [5] ROUNDALAB Teaching Member Units in good standing. These endorsements must be part of, and accompany, the original request.

## **ROUNDALAB STANDARD**

### **Phase III of Round Dancing**

6. Request for addition and phasing of a new action, movement or figure requires three [3] different choreographers use the action, movement or figure in three [3] dances prior to being defined and included in the ROUNDALAB Standards. Requests must be endorsed by signatures from at least five [5] ROUNDALAB Teaching Member Units in good standing. Cue sheets are to be submitted with the request and must be received by November 1 to be considered at the next Annual ROUNDALAB Convention.

### **ROUNDALAB PHASE RATING SYSTEM**

The purpose of the "**ROUNDALAB Phase Rating System**" is to provide a method for rating basic round dance actions, movements and figures according to the degree of complexity. This system can be readily used and understood by all those involved in round dancing to rate a dance at the appropriate phase. This concept works as follows:

- a. If all actions, movements and figures in a dance are from the same phase, the dance will be phased at that phase.
- b. A dance cannot have more than two actions, movements or figures [or any combination thereof] from the next higher phase and remain at the lower phase.
  - [1] If there is one action, movement or figure in a dance from the next higher phase, the dance will be phased at the lower phase plus 1 [e.g., a Phase II dance with one figure from Phase III will be rated Phase II +1].
  - [2] If there are two actions, movements or figures [or any combination thereof] in the dance from the next higher phase, the dance will be phased at the lower phase plus 2 [e.g., a Phase II dance with two figures from Phase III will be rated Phase II +2].
  - [3] Three or more actions, movements or figures [or any combination thereof] in the next higher phase requires the dance to be rated at the higher phase level.
- c. A dance cannot be rated any lower than one phase below the highest action, movement or figure used [e.g., a Phase III dance with one figure from Phase V will be rated as Phase IV +1].

ROUNDALAB suggests the Phase Rating be included in the lead information on every cue sheet. Choreographers should put a "degree of difficulty" as part of the heading of a cue sheet, as determined by the following parameters:

- a. EASY [EZ] – a dance that can be done to cues by the average dancer at THAT phase level without further instructions by the cuer.
- b. AVERAGE [AVG] – a dance that can be done to cues by the average dancer at THAT phase level with one or two simple instructions explained by the cuer, e.g., "Lady rolls to LOP, not a Cross Wrap".
- c. DIFFICULT [DIFF] – a dance that probably cannot be done by the average dancer at that phase level without a special teach because of rotations; unphased actions, movements or figures; unusual positioning; figure modifications; or tempo or timing changes.

ROUNDALAB recommends that choreographers assume the responsibility of rating their own dance before publication. However, if the choreographer does not rate the dance, then any person can easily rate the dance by using ROUNDALAB criteria.

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

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**BOLERO**

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

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# Chase	chs	Chase
1,2,3&,4;	FWD TRN, REC, FWD/CL, FWD;	
1,2,3&,4;	FWD TRN, REC, FWD/CL, FWD;	
1,2,3&,4;	FWD, REC, BK/CL, BK;	
1,2,3&,4;	BK, REC, FWD/CL, FWD;	
	(BK, REC, FWD/CL, FWD;	
	FWD TRN, REC, FWD/CL, FWD;	
	FWD TRN, REC, FWD/CL, FWD;	
	FWD, REC, BK/CL, BK;)	

**MAN:** Forward left commence right face turn 1/2, recover forward right, forward left/close right, forward left; forward right commence left face turn 1/2, recover forward left, forward right/close left, forward right; forward left, recover right, back left/close right, back left; back right, recover left, forward right/close left, forward right;

**WOMAN:** Back right with no turn, recover left, forward right/close left, forward right; forward left commence right face turn 1/2, recover forward right, forward left/close right, forward left; forward right commence left face turn 1/2, recover forward left, forward right/close left, forward right; forward left with no turn, recover right, back left/close right, back left;

**NOTE:** Starts and ends with partners facing.

# Chase Peek-a-Boo	chs peek-a-boo	Chase Peek-a-Boo
1,2,3&,4;	FWD TRN 1/2, REC, FWD/CL, FWD;	
1,2,3&,4;	SD, REC, CL/SIP, SIP;	
1,2,3&,4;	SD, REC, CL/SIP, SIP;	
1,2,3&,4;	FWD TRN 1/2, REC, FWD/CL, FWD;	
	(BK, REC, FWD/CL, FWD;	
	SD, REC, CL/SIP, SIP;	
	SD, REC, CL/SIP, SIP;	
	FWD, REC, BK/CL, BK;)	

**MAN:** Forward left turning sharply 1/2 right face to Tandem [man in front], recover right, forward left/close right, forward left; side right looking over left shoulder, recover left, close right/in place left, in place right; side left looking over right shoulder, recover right, close left/in place right, in place left; forward right turning sharply 1/2 left face, recover left, forward right/close left, forward right;

**WOMAN:** Back right, recover left, forward right/close left, forward right; side left, recover right, close left/in place right, in place left; side right, recover left, close right/in place left, right; forward left, recover right, back left/close right, back left;

**NOTE:** Starts and ends with partners facing.

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**CHA CHA**

**# Chase Peek-a-Boo Double**

1,2,3&,4;  
1,2,3&,4;  
1,2,3&,4;  
1,2,3&,4;  
1,2,3&,4;  
1,2,3&,4;  
1,2,3&,4;  
1,2,3&,4;

chs peek-a-boo dbl    Chase Peek-a-Boo Double  
FWD TRN 1/2, REC, FWD/CL, FWD;  
SD, REC, CL/SIP, SIP;  
SD, REC, CL/SIP, SIP;  
FWD TRN 1/2, REC, FWD/CL, FWD;  
SD, REC, CL/SIP, SIP;  
SD, REC, CL/SIP, SIP;  
FWD, REC, BK/CL, BK;  
BK, REC, FWD/CL, FWD;  
(BK, REC, FWD/CL, FWD;  
SD, REC, CL/SIP, SIP;  
SD, REC, CL/SIP, SIP;  
FWD TRN 1/2, REC, FWD/CL, FWD;  
SD, REC, CL/SIP, SIP;  
SD, REC, CL/SIP, SIP;  
FWD TRN 1/2, REC, FWD/CL, FWD;  
FWD, REC, BK/CL, BK;)

**MAN:** Forward left turning sharply 1/2 right face to Tandem [man in front], recover right, forward left/close right, forward left; side right looking over left shoulder, recover left, close right/in place left, in place right; side left looking over right shoulder, recover right, close left/in place right, in place left; forward right turning sharply 1/2 left face to Tandem [lady in front], recover left, forward right/close left, forward right; side left, recover right, close left/in place right, in place left; side right, recover left, close right/in place left, in place right; forward left, recover right, back left/close right, back left; back right, recover left, forward right/close left, forward right;

**WOMAN:** Back right, recover left, forward right/close left, forward right; side left, recover right, close left/in place right, in place left; side right, recover left, close right/in place left, right; forward left turning sharply 1/2 right face to Tandem [lady in front], recover right, forward left/close right, forward left; side right looking over left shoulder, recover left, close right/in place left, in place right; side left looking over right shoulder, recover right, close left/in place right, in place left; forward right turning sharply 1/2 left face to face partner, recover left, forward right/close left, forward right; forward left, recover right, back left/close right, back left;

**NOTE:** Starts and ends with partners facing. The last one or two measures are often danced in Butterfly Position.

**# Chase with Underarm Pass**

1,2,3&,4;  
1,2,3&,4;

chs w/ undrm pass    Chase with Underarm Pass  
FWD TRN, REC, FWD/CL, FWD;  
BK, REC, SD/CL, SD;  
(BK, REC, FWD/CL, FWD;  
FWD, FWD TRN, SD/CL, SD;)

**MAN:** Forward left commence 1/2 right face turn keeping lead hands joined, recover forward right, forward left/close right, forward left; back right raising joined lead hands leading woman to turn left face, recover left, small side right/close left, small side right;

**WOMAN:** Back right keeping lead hands joined, recover left, forward right/close left, forward right toward man's left side; forward left, forward right turning 1/2 left face under joined lead hands to face partner, small side left/close right, small side left;

**NOTE:** Figure usually begins and ends in Butterfly Position, turning 1/2 to face opposite direction.









**CHA CHA**

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

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**ROUNDALAB STANDARD  
Phase III of Round Dancing**

**FOXTROT**

**FT. FOXTROT**

**CHARACTERISTICS:** In round dancing, the Foxtrot rhythm is denoted using 4/4 timing. Normally three steps to a measure with a count of SQQ. Body relaxed with soft knees, weight on the forward part of the weighted foot with minimum weight on the heel. Before taking step 1, body must have a slight lowering action throughout the leg of the weighted foot to create a heel lead with the moving foot. For natural [right] and reverse [left] turns, the man will have a slight early body rise at the end of step 1 to lead the woman into her heel turn. Natural turns - the upper body commences turn before the step is taken. Reverse turns - the body commences the turn after the forward action of the first step and continues to turn through step 2.

**In box, click figure title to go to definition.**

<b>Bk Bk/Lk Bk</b>	<b>Thru Chasse to SCP</b>	<b>Hover Fallaway</b>	<b>Spin Turn</b>
<b>Box</b>	<b>Turn Left &amp; Right Chasse</b>	<b>Thru Hover</b>	<b>Twisty Vine</b>
<b>Box Finish</b>	<b>Fwd Fwd/Lk Fwd</b>	<b>Impetus to SCP</b>	<b>Vine</b>
<b>Box Left Turning</b>	<b>Forward Run Two</b>	<b>Interrupted Box</b>	<b>Whisk</b>
<b>Progressive Box</b>	<b>Hover</b>	<b>Left Face Turn</b>	<b>Wing</b>
<b>Chasse</b>	<b>Back Hover</b>	<b>Maneuver</b>	
<b>Forward Chasse</b>	<b>Cross Hover</b>	<b>Right Face Turn</b>	
<b>Thru Chasse to BJO</b>	<b>Forward Hover</b>	<b>Slip Pivot</b>	

**From other pages, click any definition title to return to this page.**

**# Back Back/Lock Back**                      bk bk/lk bk                      Back Back/Lock Back  
 SQQ;    BK, -, BK/LK, BK;  
     (FWD, -, FWD/LK, FWD;)  
**MAN:** In Banjo Position back left, -, back right/lock left in front of right, back right;  
**WOMAN:** In Banjo Position forward right, -, forward left/lock right in back of left, forward left;

**# Box**    none                                      Box  
 SQQ; SQQ;                                      FWD, -, SD, CL; BK, -, SD, CL;  
     (BK, -, SD, CL; FWD, -, SD, CL;)  
**MAN:** Forward left, -, side right, close left; back right, -, side left, close right;  
**WOMAN:** Back right, -, side left, close right; forward left, -, side right, close left;

1. **# Box Finish**                              box fin                                      Box Finish  
 SQQ;    BK TRN, -, SD, CL;  
     (FWD TRN, -, SD, CL;)  
**MAN:** Back right turning left face, -, side left, close right;  
**WOMAN:** Forward left turning left face, -, side right, close left;  
**NOTE:** Figure turns left face up to 1/4.

## FOXTROT

## ROUNDALAB STANDARD Phase III of Round Dancing

2. **# Box Left Turning**                      L trng box                      Left Turning Box  
SQQ; SQQ; SQQ; SQQ;                      FWD, -, FWD TRN, CL; BK, -, BK TRN, CL;  
FWD, -, FWD TRN, CL; BK, -, BK TRN, CL;  
(BK, -, BK TRN CL; FWD, -, FWD TRN, CL;  
BK, -, BK TRN CL; FWD, -, FWD TRN, CL;)

**MAN:** Forward left commence left face upper body turn, -, forward and side right complete 1/4 turn, close left; back right commence left face upper body turn, -, back and side left complete 1/4 turn, close right; repeat first two measures;;

**WOMAN:** Back right commence a left face upper body turn, -, back and side left complete 1/4 turn, close right; forward left commence left face upper body turn, -, forward and side right complete 1/4 turn, close left; repeat first two measures;;

3. **# Progressive Box**                      prog box                      Progressive Box  
SQQ; SQQ;                      FWD, -, SD, CL; FWD, -, SD, CL;  
(BK, -, SD, CL; BK, -, SD, CL;)

**MAN:** In Closed Position forward left, -, side right, close left; forward right, -, side left, close right;

**WOMAN:** Back right, -, side left, close right; back left, -, side right, close left;

- # Chasse**                      none                      Chasse [to ending position]  
Q&Q                      SD/CL, SD,

**MAN:** Side left/close right, side left,

**WOMAN:** Side right/close left, side right,

**NOTE:** May start with either foot. May start and end in various positions as below.

1. From Banjo Position to Semi-Closed Position:

- # Forward Chasse**                      fwd chasse to SCP                      Forward Chasse to Semi-Closed  
SQ&Q;                      FWD TRN, -, SD/CL, SD;  
(BK TRN, -, SD/CL, SD;)

**MAN:** Forward right commence turn to face, -, side left/close right, side left turning to Semi-Closed Position;

**WOMAN:** Back left commence turn to face, -, side right/close left, side right turning to Semi-Closed Position;

2. From Semi-Closed Position to Banjo Position:

- # Thru Chasse**                      thru chasse to BJO                      Thru Chasse to Banjo  
SQ&Q;                      THRU TRN, -, SD/CL, SD;

**MAN:** Thru right commence turn to face, -, side left/close right, side left to Banjo Position;

**WOMAN:** Thru left commence turn to face, -, side right/close left, side right to Banjo Position;

3. From Semi-Closed Position to Semi-Closed Position:

- # Thru Chasse**                      thru chasse to SCP                      Thru Chasse to Semi-Closed  
SQ&Q;                      THRU TRN, -, SD/CL, SD;

**MAN:** Thru right commence turn to face, -, side left/close right, side left to Semi-Closed Position;

**WOMAN:** Thru left commence turn to face, -, side right/close left, side right to Semi-Closed Position;

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**FOXTROT**

4. From Closed Position to Banjo Position:

**# Turn Left & Right Chasse** trn L & R chasse to BJO

Turn Left & Right Chasse to Banjo

SQ&Q; FWD, -, SD TRN/CL, SD;  
(BK, -, SD TRN/CL, SD;)

**MAN:** Forward left commence left face upper body turn, -, side right continue turn left face/close left, side right complete turn to Banjo Position;

**WOMAN:** Back right commence left face upper body turn, -, side left continue turn left face/close right, side left complete turn to Banjo Position;

**NOTE:** Figure may be danced forward, sideward or backward, turned or curved left or right, starting and ending in the same or different positions. Rhythm may vary, particularly in mixed rhythm dances.

**# Forward Forward/Lock Forward** fwd fwd/lk fwd Forward Forward/Lock Forward

SQ&Q; FWD, -, FWD/LK, FWD;  
(BK, -, BK/LK, BK;)

**MAN:** In Banjo Position forward right, -, forward left/lock right in back of left, forward left;

**WOMAN:** In Banjo Position back left, -, back right/lock left in front of right, back right;

**# Forward Run Two**

fwd run 2

Forward Run Two

SQQ; FWD, -, FWD, FWD;  
(BK, -, BK, BK;)

**MAN:** Forward, -, forward, forward;

**WOMAN:** Back, -, back, back;

**NOTE:** May begin with either foot. Three passing steps in one measure.

**# Hover**

hvr

Hover

SQQ; FWD, -, FWD & SD RISE, SD & FWD;  
(BK, -, BK & SD RISE, SD & FWD;)

**MAN:** In Closed Position forward left, -, forward and slightly side right rising to ball of foot, side and slightly forward left to tight Semi-Closed Position;

**WOMAN:** In Closed Position back right, -, back and slightly side left rising to ball of foot, side and slightly forward right to tight Semi-Closed Position;

**NOTE:** Partners may brush free foot to supporting foot on second step. May start in Banjo Position. When starting in Banjo, dancers blend to Closed Position during the first step.

1. **# Back Hover**

bk hvr

Back Hover [to ending position]

SQQ; BK, -, SD & BK RISE, REC;  
(FWD, -, SD & FWD RISE & BRUSH, REC;)

**MAN:** Back, -, side and back with a slight rise, recover;

**WOMAN:** Forward, -, side and forward with a slight rise & brush free foot to supporting foot, recover;

**NOTE:** May start with either foot. Starting and ending positions may vary and the woman may have a turn on the second step [example: from Banjo Position with Man's left and Woman's right foot free "Back Hover to Semi-Closed"].

2. # **Cross Hover** X hvr Cross Hover [to ending position]  
SQQ; XIF, -, SD & FWD RISE, FWD & SD;  
(XIB, -, SD & BK RISE, BK & SD;)

**MAN:** From Sidecar Position forward left with slight crossing action commencing to rise and beginning a 1/4 left face turn, -, side and slightly forward right continuing to rise and completing the 1/4 left face turn, diagonally forward left to Banjo Position lowering at end of step;

**WOMAN:** From Sidecar Position back right with slight crossing action commencing to rise in body and beginning a 1/4 left face turn, -, side and slightly back left continuing to rise and completing the 1/4 left face turn, diagonally back right to Banjo Position lowering at end of step;

**NOTE:** Cross Hover is a progressive figure in which each step is taken in a diagonal direction. When starting in Sidecar, Cross Hover may end in either Banjo or Semi-Closed Position. When ending in Semi-Closed Position, the man has a slight right face body turn and the woman a strong right face turn at the end of the second step and the woman's last step is forward. Cross Hover may also start in Banjo Position with man's right and woman's left foot. In that case the turn is right face and it ends in Sidecar Position. The woman may brush her free foot near the supporting foot at the end of the second step.

3. # **Forward Hover** fwd hvr Forward Hover [to ending position]  
SQQ; FWD, -, SD & FWD RISE, REC;  
(BK, -, SD & BK RISE, REC;)

**MAN:** Forward left, -, side and forward right with a slight rise, recover on left;

**WOMAN:** Back right, -, side left and back with a slight rise, recover on right;

**NOTE:** Starts in Closed Position.

4. # **Hover Fallaway** hvr falwy Hover Fallaway  
SQQ; FWD, -, FWD RISE, REC;

**MAN:** Staying in Semi-Closed Position throughout forward right, -, forward left rising to ball of foot and checking, recover on right;

**WOMAN:** Staying in Semi-Closed Position throughout forward left, -, forward right rising to ball of foot and checking, recover on left;

5. # **Thru Hover** thru hov Thru Hover [to ending position]  
SQQ; THRU, -, FWD [/TURN] RISE, REC;  
(THRU, -, FWD [/TURN] RISE & BRUSH, REC;)

**MAN:** Thru, -, forward with slight rise turning as necessary, recover to designated position;

**WOMAN:** Thru, -, forward with slight rise turning as necessary and brush free foot to supporting foot, recover to designated position;

**NOTE:** May start with either foot. Either the man or the woman or both will have a turn on the second step in order to finish in the designated ending position. [Example of a frequent usage: from Semi-Closed Position with man's right and lady's left foot free: Thru Hover to Banjo].



## FOXTROT

## ROUNDALAB STANDARD Phase III of Round Dancing

### # Maneuver

SQQ;

manuv

Maneuver

FWD TRN, -, SD, CL;  
(FWD, -, SD, CL;)

**MAN:** Commence right face turn forward right, -, continue right face turn to face partner side left, complete turn close right;

**WOMAN:** Small forward left, -, side right, close left;

**NOTE:** A right face turning figure to end in Closed Position man facing Reverse Line of Progression with man's left and woman's right foot free. Usually starts in Semi-Closed Position but may be done from Banjo or Closed Position. In Closed Position, woman's first step is back commencing a right face turn.

### # Right Face Turn

SQQ; SQQ;

RF trn

[#] Right Turns

BK TRN, -, SD, CL; FWD TRN, -, SD, CL;  
(FWD TRN, -, SD TRN, CL; BK TRN, -, SD TRN, CL;)

**MAN:** Back left commence up to 1/4 right face turn, -, side right toward Line of Progression continue turn up to 1/4 right face, complete turn close left; forward right commence up to 1/4 right face turn, -, side left diagonally across Line of Progression continue turn up to 1/4 right face, complete turn close right;

**WOMAN:** Forward right commence up to 1/4 right face turn, -, side left diagonally across Line of Progression continue turn up to 1/4 right face, complete turn close right; back left commence up to 1/4 right face turn, -, side right toward Line of Progression continue turn up to 1/4 right face, complete turn close left;

**NOTE:** Closed Position throughout. May end in designated position. Total amount of turn over 2 measures is from 3/4 to 1 full turn.

### # Slip Pivot

SQQ;

slp pvt

Slip Pivot

BK, -, BK TRN, FWD;  
(BK TRN, -, FWD TRN, BK;)

**MAN:** Back left, -, back right commence left face turn [keeping left leg extended], forward left;

**WOMAN:** Back right commence left face pivot on ball of foot [thighs locked left leg extended], -, forward left complete left face turn placing left foot near man's right foot, back right;

**NOTE:** Begins in Semi-Closed Position that usually ends in Banjo.

### # Spin Turn

SQQ;

spn trn

Spin Turn

BK PVT, -, FWD RISE, SD & BK;  
(FWD PVT, -, BK RISE BRUSH, SD & FWD;)

**MAN:** Commence right face upper body turn back left toe pivoting 1/2 right face to face Line of Progression, -, forward right between woman's feet heel to toe continue right face turn keeping left leg extended back and side, complete turn side and back left;

**WOMAN:** Commence right face upper body turn forward right between man's feet heel to toe pivoting 1/2 right face, -, back left toe continue turn brush right to left, complete turn side and forward right;

**NOTE:** Usually starts from Closed Position Reverse Line of Dance. Basic figure turns 5/8 right face [e.g., starting facing Reverse Line of Dance, ends facing Diagonal Line and Wall]. However, the amount of turn may vary from 1/2 to 7/8 and is completed between the second and third steps. Spin Overturn is the Preferred Cue Term for when the figure turns 7/8 right face. Preferred Cue Term for turns of 1/2 and 3/4 are Spin Turn [to ending facing direction].



**FOXTROT**

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

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**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**# Change Places Left to Right**      chg plcs L-R      Change Left to Right  
 1,2,3a,4; 1a,2,      RK BK, REC, SD/CL, SD; SD/CL, SD,  
 (RK BK, REC, FWD/CL, FWD TRN; SD/CL, SD & TRN,)  
**MAN:** Rock back left, recover right, side left/close right, side left commence 1/4 right face turn; side right/close left, side right,  
**WOMAN:** Rock back right, recover left, forward right/close left, forward right commence up to 3/4 left face turn under joined lead hands; side left/close right, side left complete left face turn to face partner,  
**NOTE:** Begins in Left Open Facing Position. May end in Left Open Facing, Open Facing, Closed or Butterfly Position. Woman is led by man to turn under joined man's left and woman's right hands to change sides on steps 3 thru 6.

**# Change Places Right to Left**      chg plcs R-L      Change Right to Left  
 1,2,3a,4; 1a,2,      RK BK, REC, SD/CL, SD; SD & FWD/CL, SD,  
 (RK BK, REC, SD/CL, FWD & TRN; SD & BK/CL,  
 SD & BK,)  
**MAN:** Rock back left to Semi-Closed Position, recover right, side left/close right, side left commence 1/4 left face turn; side and forward right/close left, side right,  
**WOMAN:** Rock back right to Semi-Closed Position, recover left, side right/close left, forward right commence 3/4 right face turn under joined lead hands; side and slightly back left/close right, side and back left,  
**NOTE:** Usually begins in Closed Position and ends in Left Open Facing Position. Man leads woman under joined man's left and woman's right hands to change places on steps 5 thru 8.

**# Chasse**      none      Chasse  
 1a,2,      SD/CL, SD,  
**MAN OR WOMAN:** In indicated facing position side/close, side,  
**NOTE:** May also be turned.

**# Fallaway Left Face Turning**      LF trng falwy      Left Turning Fallaway  
 1,2,3a,4; 1a,2,      RK BK, REC FC, TRN LF SD/CL, SD; TRN LF SD/CL, SD,  
 (RK BK, REC FC, TRN LF SD/CL, SD; TRN LF SD/CL,  
 SD,)  
**MAN:** Rock back left to Semi-Closed Position, recover right to face, commence 1/4 left face turn side left/close right, complete turn side left; commence 1/4 left face turn side right/close left, complete turn side right,  
**WOMAN:** Rock back right to Semi-Closed Position, recover on left to face, commence 1/4 left face turn side right/close left, complete turn side right; commence 1/4 left face turn side left/close right, complete turn side left,  
**NOTE:** Similar to Fallaway Rock. It will feel as if the woman goes in front of the man as turn is started.

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**JIVE**

- # Fallaway Right Face Turning**      RF trng falwy      Right Turning Fallaway  
1,2,3a,4; 1a,2,      RK BK, REC FC, TRN RF SD/CL, SD; TRN RF SD/CL, SD,  
(RK BK, REC FC, TRN RF SD/CL, SD; TRN RF SD/CL,  
SD,)
- MAN:** Rock back left to Semi-Closed Position, recover right to face, commence 1/4 right face turn side left/close right, complete turn side left; commence 1/4 right face turn side right/close left, complete turn side right,  
**WOMAN:** Rock back right to Semi-Closed Position, recover left to face, commence 1/4 right face turn side right/close left, complete turn side right; commence 1/4 right face turn side left/close right, complete turn side left,  
**NOTE:** Similar to Fallaway Rock. It will feel as if the man goes in front of the woman as turn is started.
- # Fallaway Rock**      falwy rk      Fallaway Rock  
1,2,3a,4; 1a,2,      RK BK, REC, SD/CL, SD; SD/CL, SD,
- MAN:** In Closed Position rock back left to Semi-Closed Position, recover on right to face, side left/close right, side left; side right/close left, side right,  
**WOMAN:** In Closed Position rock back right to Semi-Closed Position, recover on left to face, side right/close left, side right; side left/close right, side left,  
**NOTE:** May start and/or end in either Closed Position or Semi-Closed Position. The rock back and recover precedes the chasse action.
- # Fallaway Throwaway**      falwy thrwy      Fallaway Throwaway  
1,2,3a,4;      RK BK, REC, FWD & SD/CL, FWD & SD;  
1a,2,      SD & FWD/CL, SD & FWD,  
(RK BK, REC, FWD/FWD, FWD TRN;  
SD & BK/CL, SD & BK,)
- MAN:** Rock back left to Semi-Closed Position, recover right, forward and side left/close right, forward and side left leading woman to turn ½ left face; side and forward right/close left, side and forward right,  
**WOMAN:** Rock back right to Semi-Closed Position, recover left, forward right/forward left, forward right turning ½ left face; side and back left/close right, side and back left,  
**NOTE:** Figure ends in Left Open Facing Position.
- # Jive Walks**      JV wlks      Jive Walks  
1,2,3a,4; 1a,2,      RK BK, REC, FWD/STP, STP; FWD/STP, STP,
- MAN:** Rock back left, recover right to Semi-Closed Position, forward left/right, left; forward right/left, right,  
**WOMAN:** Rock back right, recover left to Semi-Closed Position, forward right/left, right; forward left/right, left,  
**NOTE:** Usually starts from Closed or Semi-Closed Position.
- # Kick Ball Change**      kbchg      Kick Ball Change  
1a,2,      KCK/BALL, CL,
- MAN OR WOMAN:** In designated position kick free foot forward/take weight on ball of that foot, replace weight on other foot,  
**NOTE:** May start with either foot.





**JIVE**

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

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<b># Chase</b>	chs	Chase
QQS; QQS;	FWD TRN, REC, FWD, -;	FWD TRN, REC, FWD, -;
QQS; QQS;	FWD, REC, BK, -; BK, REC, FWD, -;	(BK, REC, FWD, -; FWD TRN, REC, FWD, -;
	FWD TRN, REC, FWD, -; FWD, REC, BK, -;)	

**MAN:** Forward left commence right face turn 1/2, recover forward right, forward left, -; forward right commence left face turn 1/2, recover forward left, forward right, -; forward left with no turn, recover right, back left, -; back right with no turn, recover left, forward right, -;

**WOMAN:** Back right with no turn, recover left, forward right, -; forward left commence right face turn 1/2, recover forward right, forward left, -; forward right commence left face turn 1/2, recover forward left, forward right, -; forward left with no turn, recover right, back left, -;

**NOTE:** Starts and ends with partners facing.

<b># Chase with Underarm Pass</b>	chs w/ undrm pass	Chase with Underarm Pass
QQS; QQS;	FWD TRN, REC, FWD, -; BK, REC, SD, -;	
	(BK, REC, FWD, -; FWD, FWD TRN, SD, -;)	

**MAN:** Forward left commence 1/2 right face turn keeping lead hands joined, recover forward right, forward left, -; back right raising joined lead hands, recover left, side right, -;

**WOMAN:** Back right keeping lead hands joined, recover left, forward right toward man's left side, -; forward left, forward right turning 1/2 left face under joined lead hands to face partner, side left, -;

**NOTE:** Figure usually begins and ends in Butterfly Position, turning 1/2 to face opposite direction.

<b># Cucaracha</b>	cuca	Cucaracha
QQS;	SD, REC, CL, -;	

**MAN OR WOMAN:** Side with partial weight, recover, close, -;

**NOTE:** Figure may begin with either foot. Usually begins and ends in Closed or Butterfly Position with the first step either directly to the side or diagonally side and back.

<b># Cucaracha Cross</b>	cuca X	Cucaracha Cross
QQS;	SD, REC, XIF, -;	

**MAN OR WOMAN:** Side with partial weight, recover, cross in front, -;

<b># Forward Basic</b>	fwd bas	Forward Basic
QQS;	FWD, REC, BK, -;	
	(BK, REC, FWD, -;)	

**MAN:** Forward left, recover right, back left, -;

**WOMAN:** Back right, recover left, forward right, -;

**NOTE:** The above description is for any facing position [Closed, Butterfly, etc.]. If partners are both facing the same direction [Open, Left Open, etc.], both dancers step forward on the first step and figure may start with either foot or have identical footwork.

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**MAMBO**

- # New Yorker** ny New Yorker  
QQS; SWVL THRU, REC SWVL TO FC, SD, -;  
**MAN OR WOMAN:** Swiveling on weighted foot bring free foot thru with straight leg to a side by side position, recover swiveling to face partner, side, -;  
**NOTE:** May begin with either foot. Usually starts and ends with partners facing.
- # Open Break** op brk Open Break  
QQS; RK APT, REC, SD, -;  
**MAN:** From indicated facing position rock apart strongly on left to Left Open Facing Position while extending free arm up with palm out, recover on right lowering free arm, side left, -;  
**WOMAN:** From indicated facing position rock apart strongly on right to Left Open Facing Position while extending free arm up with palm out, recover on left lowering free arm, side right, -;  
**NOTE:** Last step may be taken either with or without a slight turn away from partner.
- # Reverse Underarm Turn** rev undrm trn Reverse Underarm Turn  
QQS; XIF, REC, SD, -;  
(SWIVEL FWD TRN, REC TRN, SD, -;)  
**MAN:** Cross left in front, recover right, side left, -;  
**WOMAN:** Swiveling 1/4 left face on ball of supporting foot step forward right turning 1/2 left face, recover left turning 1/4 left face to face partner, side right, -;  
**NOTE:** The figure starts and ends facing partner.
- # Spot Turn** spt trn Spot Turn  
QQS; SWIVEL FWD TRN, REC TRN, SD, -;  
**MAN OR WOMAN:** Swiveling 1/4 on ball of supporting foot step forward turning 1/2, recover turning 1/4 to face partner, side, -;  
**NOTE:** This is a solo figure. Usually a complete turn is made to face partner. When first step is taken with the left foot, turns are right face. When first step is taken with the right foot, turns are left face.
- # Underarm Turn** undrm trn Underarm Turn  
QQS; BK, REC, SD, -;  
(SWIVEL FWD TRN, REC TRN, SD, -;)  
**MAN:** Raising joined lead hands turn body slightly right face back right, recover left squaring body to face partner, side right, -;  
**WOMAN:** Swiveling 1/4 right face on ball of supporting foot step forward left turning 1/2 right face, recover right turning 1/4 right face to face partner, side left, -;  
**NOTE:** When starting facing Wall, the man's first step is back towards Diagonal Line and Center. The figure starts and ends facing partner.

**MAMBO**

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

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**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**MERENGUE**

**MR. MERENGUE**

**CHARACTERISTICS:** In round dancing, the Merengue rhythm is denoted using 4/4 timing. The music and the basic step may be counted 1, 2, 3, 4; although counting to 8 is also popular. Most merengue patterns require 4 beats or a multiple of 4 beats of music. The music tempo ranges from 120 to 160 beats per minute. The basic step can be thought of as side, close with strong Cuban motion, which is an essential defining element of the dance. It results from a combination of rolling the foot from the inside edge of the ball of foot to the flat of foot, delaying the full weight change, and the alternate bending and straightening of the knees. As full weight is taken on the supporting foot that knee straightens and that hip is pushed up and out while at the same time the knee of the free leg bends and that hip drops. The rolling action of the foot ensures the hip arrives after weight is taken over the new standing foot. Forward and back steps should be taken with forward poise and toes turned out. All steps are fairly small.

**NOTE:** In the Merengue context, the term "continuous" is used in the name of 2-measure figures which relate to already-familiar Rumba figures executed in "continuous" fashion, i.e., without the last beat hold, and ending with a 2-beat movement which is often a "side close".

**In box, click figure title to go to definition.**

<b>Arm Slide</b>	<b>Conga Walks Fwd and Bk</b>	<b>Promenade</b>	<b>Stair Forward</b>
<b>Basic</b>	<b>Conga Walks, Side</b>	<b>Promenade Turn Away</b>	<b>Stair Side</b>
<b>Break [to Position]</b>	<b>Lariat</b>	<b>Rock Turn</b>	<b>Underarm Turn</b>
<b>Circle Away &amp; Tog</b>	<b>Merengue Whisk</b>	<b>Roll</b>	
<b>Circle Walk Right</b>	<b>Open Break</b>	<b>Separation</b>	

**From other pages, click any definition title to return to this page.**

**# Arm Slide**

arm sld

Arm Slide

1,2,3,4;

BK, BK, BK, BK;

1,2,3,4;

FWD, FWD, FWD, FWD;

**MAN:** Taking small steps back left, back right, back left, back right; forward left, forward right, forward left, forward right;

**WOMAN:** Taking small steps back right, back left, back right, back left; forward right, forward left, forward right, forward left;

**NOTE:** At the beginning of the figure, the man's hands are placed palm up under the woman's upper arms. The woman's hands are placed palm down on top of the man's upper arms. At the end of the first four steps, the arms will be extended in a low handhold position. As the dancers step together the arms should be brought to the position desired for the next figure.

**# Basic**

bas

Basic

1,2,3,4;

SD, CL, SD, CL;

**MAN:** Side left, close right, side left, close right;

**WOMAN:** Side right, close left, side right, close left;

**NOTE:** Starts and ends in Closed Position.



**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**MERENGUE**

- # Conga Walks, Side**                      conga wiks L & R      Conga Walks Left & Right  
1,2,3,4; 1,2,3,4;                      SD, XIF, SD, TAP; SD, XIF, SD, TAP;  
**MAN:** Side left, cross right in front of left, side left with slight upper body turn to the right, flexing left knee tap right toe to the side leaning upper body left and slightly back; side right, cross left in front of right, side right with slight upper body turn to the left, flexing right knee tap left toe to the side leaning upper body right and slightly back;  
**WOMAN:** Side right, cross left in front of right, side right with slight upper body turn to the left, flexing right knee tap left toe to the side leaning upper body right and slightly back; side left, cross right in front of left, side left with slight upper body turn to the right, flexing left knee tap right toe to the side leaning upper body left and slightly back;  
**NOTE:** Danced in facing position with or without hand hold.
- # Lariat**                                      lrt                                      Lariat  
1,2,3,4;                                      IN PLC, IN PLC, IN PLC, IN PLC;  
1,2,3,4;                                      IN PLC, IN PLC, IN PLC, IN PLC;  
(FWD CRV, FWD CRV, FWD CRV, FWD CRV;  
FWD CRV, FWD CRV, FWD CRV, CL;)  
**MAN:** Step in place left, right, left, right; left, right, left, right;  
**WOMAN:** Circle clockwise around man forward right, forward left, forward right, forward left; continue circling around man forward right, forward left, forward right to face man, close left;  
**NOTE:** Starts with lead hands joined, woman at man's right side but facing in opposite direction to man. Handhold is retained throughout, raised over the man's head on steps 1-6 then down on the last two steps.
- # Merengue Whisk**                      MR wsk                                      Merengue Whisk  
1,2,3,4;                                      XIB, REC, SD, CL;  
**MAN:** In Closed Position cross left in back turning 1/8 left face to Semi-Closed Position, recover right turning 1/8 right face to Closed Position, side left, close right;  
**WOMAN:** In Closed Position cross right in back turning 1/8 right face to Semi-Closed Position, recover left turning 1/8 left face to Closed Position, side right, close left;
- # Open Break**                                      op brk                                      Open Break  
1,2,3,4;                                      APT, REC, SD, CL;  
**MAN OR WOMAN:** From a facing position rock apart strongly on lead foot, recover, side, close;  
**NOTE:** Generally starts in Closed or Butterfly Position changing to Left Open Facing Position on step 1, with the trail arm extended up or side, and returning to Closed or Butterfly Position on step 3.
- # Promenade**                                      prom                                      Promenade  
1,2,3,4;                                      FWD, FWD TRN, SD, CL;  
**MAN:** In Semi-Closed Position forward left, forward right turning to face partner, side left, close right;  
**WOMAN:** In Semi-Closed Position forward right, forward left turning to face partner, side right, close left;  
**NOTE:** Starts in Semi-Closed Position and ends in Closed Position.

## Phase III of Round Dancing

- # Promenade Turn Away** prom trn awy Promenade Turn Away  
 1,2,3,4; FWD, FWD TRN, SD, REC TRN;  
 1,2,3,4; FWD TRN, REC TRN, SD TRN, CL;  
**MAN:** In Semi-Closed Position forward left, forward right turning to face partner, side left, continuing to turn right face recover right to face Reverse Line of Progression in Left Open Position; continuing to turn forward left to Back To Back Position, continuing to turn recover right to face Line of Progression, continuing to turn side left to face partner, close right;  
**WOMAN:** In Semi-Closed Position forward right, forward left turning to face partner, side right, continuing to turn left face recover left to face Reverse Line of Progression in Left Open Position; continuing to turn forward right to Back To Back Position, continuing to turn recover left to face Line of Progression, continuing to turn side right to face partner, close left;  
**NOTE:** Starts in Semi-Closed Position and ends in the designated facing position. From step 2 to step 7 the figure turns continuously, right face for the man, left face for the woman.
- # Rock Turn** rk trn Rock Turn  
 1,2,3,4; FWD TRN, BK TRN, SD, CL;  
 (BK TRN, FWD TRN, SD, CL;)  
**MAN:** Rock forward left turning 1/8 left face, rock back right turning 1/8 left face, side left, close right;  
**WOMAN:** Rock back right turning 1/8 left face, rock forward left turning 1/8 left face, side right, close left;  
**NOTE:** Closed Position throughout.
- # Roll** none Roll  
 1,2,3,4; FWD TRN, BK TRN, SD, CL;  
**MAN:** Side and forward left turning 1/2 left face, side and back right turning 1/2 left face, side left, close right;  
**WOMAN:** Side and forward right turning 1/2 right face, side and back left turning 1/2 right face, side right, close left;
- # Separation** none Separation  
 1,2,3,4; FWD, IN PLC, IN PLC, IN PLC;  
 (BK, BK, BK, CL;)  
**MAN:** Forward left, in place right, in place left, in place right;  
**WOMAN:** Back right, back left, back right, close left;  
**NOTE:** The figure usually begins and ends with lead hands joined and trail hands joined. When starting from Butterfly Position lower the joined hands on the first step and keep them joined low throughout. When starting from Closed Position, the lady's left hand slides down the man's right arm as she backs up.
- # Stair Forward** fwd stair Forward Stair  
 1,2,3,4; FWD, CL, SD, CL;  
 (BK, CL, SD, CL;)  
**MAN:** Forward left, close right, side left, close right;  
**WOMAN:** Back right, close left, side right, close left;  
**NOTE:** Closed Position throughout.



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**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**QUICKSTEP**

**# Maneuver Side Close**

SQQ;

manuv sd cl

FWD, -, TRN SD, CL;

(BK TRN, -, TRN SD, CL;)

Maneuver Side Close

**MAN:** In Closed or Banjo Position forward right commence right face upper body turn, -, continue right face turn side left across Line of Progression, continue turn to face Reverse Line of Progression close right to end in Closed Position;

**WOMAN:** In Closed or Banjo Position back left commence right face upper body turn, -, continue right face turn side right across Line of Progression, continue turn close left to end in Closed Position;

**NOTE:** May start in Semi-Closed Position in which case the first step for the woman is forward. The couple will end in Closed Position facing Reverse Line of Progression.

**# Spin Turn**

SS; S

spn trn

BK PVT, -, FWD RISE, -; SD & BK, -;

(FWD PVT, -, BK RISE & BRUSH, -; SD & FWD, -;)

Spin Turn

**MAN:** Commence right face upper body turn back left toe pivoting 1/2 right face to face Line of Progression, -, forward right between woman's feet heel to toe continue right face turn keeping left leg extended back and side, -; complete turn side and back left, -;

**WOMAN:** Commence right face upper body turn forward right between man's feet heel to toe pivoting 1/2 right face, -, back left toe continue turn brush right to left, -; complete turn side and forward right, -;

**NOTE:** Usually starts from Closed Position Reverse Line of Dance. Basic figure turns 5/8 right face [e.g., starting facing Reverse Line of Dance, ends facing Diagonal Line and Wall]. However, the amount of turn may vary from 1/2 to 7/8 and is completed between the second and third steps. Spin Overturn is the Preferred Cue Term for when the figure turns 7/8 right face. Preferred Cue Term for turns of 1/2 and 3/4 are Spin Turn [to ending facing direction].

**# Whaletail**

QQQQ; QQQQ;

whtl

XIB, SD, FWD, LK; SD, CL, XIB, SD;

(XIF, SD, BK, LK; SD, CL, XIF, SD;)

Whaletail

**MAN:** In Banjo Position cross left behind right but not tightly, as body commences to turn right face take a small step to side on right completing 1/4 right face body turn, forward left with left shoulder lead, cross right behind left but not tightly; side left commence left face body turn, close right completing 1/4 body turn left, cross left behind right commence right face body turn, side right completing 1/4 body turn right;

**WOMAN:** In Banjo Position cross right in front of left but not tightly, as body commences to turn right take a small step to side on left completing 1/4 right face body turn, back right with right shoulder lead, cross left in front of right but not tightly; side right commence left face body turn, close left completing 1/4 body turn left, cross right in front of left commence right face body turn, side left completing 1/4 body turn right;

**NOTE:** The first measure of this 2-measure figure is exactly the same as the Fishtail. It is a progressive figure, which starts and ends in Banjo Position.

## QUICKSTEP

## ROUNDALAB STANDARD

### Phase III of Round Dancing

#### # Whisk

SS; S

wsk

Whisk

FWD, -, FWD & SD RISE, -; XIB, -,  
(BK, -, BK & SD RISE, -; XIB, -)

**MAN:** In Closed or Banjo Position forward left to Closed Position, -, forward and side right commencing rise to ball of foot, -; cross left in back of right continuing to full rise to ball of foot ending in tight Semi-Closed Position, -,

**WOMAN:** In Closed or Banjo Position back right to Closed Position, -, back and side left commencing to rise to ball of foot, -; cross right in back of left continuing to full rise to ball of foot ending in a tight Semi-Closed Position, -,

#### # Wing

SS; S

none

Wing

FWD, -, DRAW, -; TCH, -,  
(FWD, -, FWD TRN, -; FWD TRN, -)

**MAN:** In Semi-Closed Position forward right, -, draw left toward right, -; touch left to right turning upper part of body left face with right side stretch, -,

**WOMAN:** Forward left beginning to cross in front of man commence turning slightly left face, -, forward right around man continue to turn slightly left face, -; forward left around man continue to turn slightly left face to end in a tight Sidecar Position, -,

**NOTE:** If started in Semi-Closed facing Line of Dance or Diagonal Line and Center, the figure ends in Sidecar Position Diagonal Line and Center.





**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**RUMBA**

**# Chase with Underarm Pass**      chs w/ undrm pass      Chase with Underarm Pass  
QQS; QQS;      FWD TRN, REC, FWD, -; BK, REC, SD, -;  
(BK, REC, FWD, -; FWD, FWD TRN, SD, -;)

**MAN:** Forward left commence 1/2 right face turn keeping lead hands joined, recover forward right, forward left, -; back right raising joined lead hands, recover left, side right, -;

**WOMAN:** Back right keeping lead hands joined, recover left, forward right toward man's left side, -; forward left, forward right turning 1/2 left face under joined lead hands to face partner, side left, -;

**NOTE:** Figure usually begins and ends in Butterfly Position, turning 1/2 to face opposite direction.

**# Circle Away and Together**      circ awy & tog      Circle Away & Together  
QQS;      FWD TRN, FWD TRN, FWD TRN, -;  
QQS;      FWD TRN, FWD TRN, FWD TRN, -;

**MAN OR WOMAN:** Separating from partner and moving away in a circular pattern forward, forward, forward, -; continuing circular pattern toward partner forward, forward, forward to designated position, -;

**NOTE:** Although "Circle Away and Together" is a two-measure figure, each half may be used separately i.e., "Circle Away" and "Circle Together". Example of "Circle Away": starting with lead foot from Open Position Line of Dance or from Butterfly Wall man curves left face toward the Center of the Hall, woman curves right face toward the Wall. Both end facing Reverse Line of Dance and away from partner. Example of "Circle Together": starting with trail foot both facing Reverse Line of Dance and away from partner, man curves left face toward Wall and woman curves right face toward Center of Hall to designated position.

**# Corte**      none      Corte  
S      BK & SD, -,  
(FWD & SD, -;)

**MAN:** Usually in Closed Position step back and side left using lowering action with supporting leg relaxed.

**WOMAN:** Usually in Closed Position step forward and side right using lowering action with supporting leg relaxed.

**# Crab Walks**      crb wlks      Crab Walks  
QQS; QQS;      XIF, SD, XIF, -; SD, XIF, SD, -;

**MAN:** Cross right in front of left, side left, cross right in front of left, -; side left, cross right in front of left, side left, -;

**WOMAN:** Cross left in front of right, side right, cross left in front of right, -; side right, cross left in front of right, side right, -;

**NOTE:** The alignment of the body from the waist up remains unchanged. Crossing step commences with the knee leading causing the hips (not shoulders) to swivel slightly towards Line of Progression. When the side step is taken, the hips should straighten to be in line with the shoulders. May be done in either direction starting with the appropriate foot. If only the first measure is used, the recommended cue is "Crab Walk 1/2", and if only the second measure is used, the recommended cue is "Crab Walk Ending".

## RUMBA

## ROUNDALAB STANDARD

### Phase III of Round Dancing

- # Cucaracha**                                      cuca                                      Cucaracha  
QQS;    SD, REC, CL, -;  
**MAN OR WOMAN:** Side, recover, close, -;  
**NOTE:** This figure may begin with either foot. Side step is taken with just partial weight and foot rotation on the ball of the foot. Usually begins and ends in Closed or Butterfly Position with the first step either directly to the side or diagonally side and back.
- # Cucaracha Cross**                                      Cuca X                                      Cucaracha Cross  
QQS;    SD, REC, XIF, -;  
**MAN OR WOMAN:** Side with partial weight, recover, cross in front, -;
- # Fence Line**    fnc line                                      Fence Line  
QQS;    X LUN, REC, SD, -;  
**MAN OR WOMAN:** In Butterfly cross lunge thru with bent knee looking in the direction of lunge, recover turning to face partner, step side, -;  
**NOTE:** Lunge may be made in either direction, starting with appropriate foot.
- # Forward Basic**    fwd bas                                      Forward Basic  
QQS;    FWD, REC, BK, -;  
    (BK, REC, FWD, -;)  
**MAN:** Forward left, recover right, back left, -;  
**WOMAN:** Back right, recover left, forward right, -;  
**NOTE:** The above description is for any facing position [Closed, Butterfly, etc.]. If partners are both facing the same direction [Open, Left Open, etc.], both dancers step forward on the first step and figure may start with either foot or have identical footwork.
- # Hand to Hand**    hnd-hnd                                      Hand to Hand  
QQS;    SWVL BK, REC TRN TO FC, SD, -;  
**MAN OR WOMAN:** Swiveling sharply 1/4 on weighted foot step back to Open [with lead foot] or Left Open [with trail foot], recover turning 1/4 to face partner, side, -;  
**NOTE:** Usually begins and ends in Butterfly Position.
- # Kiki Walks**    kiki wlks                                      Kiki Walks  
QQS; QQS;    FWD, FWD, FWD, -; FWD, FWD, FWD, -;  
**MAN OR WOMAN:** In designated position take six steps forward placing each foot directly in front of supporting foot.  
**NOTE:** Partners may use opposite or same footwork depending on choreography.
- # Lariat**    lrt    Lariat  
QQS; QQS;    IN PLC STP, STP, STP, -; STP, STP, STP, -;  
    (FWD, FWD, FWD, -; FWD, FWD, SD, -;)  
**MAN:** Step in place left, right, left, -; right, left, right, -;  
**WOMAN:** Circle man clockwise with joined lead hands forward right, forward left, forward right, -; forward left, forward right, side left ending facing man, -;  
**NOTE:** Start with man's left and woman's right hands joined, woman at man's right side but facing in opposite direction to man. Retain handhold throughout. There are many variations of this figure that include different starting positions, different handwork, different footwork for the man, circling counterclockwise, use of 3 measures, etc. Man has no turn.



## RUMBA

## ROUNDALAB STANDARD Phase III of Round Dancing

- # Shoulder to Shoulder**                      shldr-shldr                      Shoulder to Shoulder  
QQS;    RK FWD, REC TO FC, SD, -;  
    (RK BK, REC TO FC, SD, -;)
- MAN:** From Butterfly Position forward left to Butterfly Sidecar Position, recover right to face, side left, -;  
**WOMAN:** From Butterfly Position back right to Butterfly Sidecar Position, recover left to face, side right, -;  
**NOTE:** May be done starting with man's right and woman's left stepping to Butterfly Banjo Position.
- # Side Walks**                                      sd wlks                                      Side Walks  
QQS; QQS;                                      SD, CL, SD, -; CL, SD, CL, -;  
**MAN OR WOMAN:** Side, close, side, -; close, side, close, -;  
**NOTE:** The figure may be done starting with either foot to the left or right. If only the first measure is used, the recommended cue is "Side Walk 1/2", and if only the second measure is used, the recommended cue is "Side Walk Ending".
- # Sliding Door**                                      sldg dr                                      Sliding Door  
QQS;    RK APT, REC, XIF, -;
- MAN OR WOMAN:** Partners start facing the same direction. Rock apart, recover releasing hands, cross in front changing sides still facing same direction as the woman crosses in front of man, -;
- # Spot Turn**                                      spt trn                                      Spot Turn  
QQS;    SWIVEL FWD TRN, REC TRN, SD, -;
- MAN OR WOMAN:** Swiveling 1/4 on ball of supporting foot step forward turning 1/2, recover turning 1/4 to face partner, side, -;  
**NOTE:** This is a solo figure. Usually a complete turn is made to face partner. When first step is taken with the left foot, turns are right face. When first step is taken with the right foot, turns are left face.
- # Thru Serpiente**                                      thru serp                                      Thru Serpiente  
QQQQ; QQQQ;                                      THRU, SD, BHD, FAN; BHD, SD, THRU, FAN;
- MAN:** In a facing position thru right, side left, behind right, fan left counterclockwise; behind left, side right, thru left, fan right counterclockwise;  
**WOMAN:** In a facing position thru left, side right, behind left, fan right clockwise; behind right, side left, thru right, fan left clockwise;  
**NOTE:** May start with either foot and travel in either direction.
- # Time Step**                                      tim stp                                      Time Step  
QQS;    XIB, REC, SD, -;
- MAN OR WOMAN:** Cross in back, recover, side, -;  
**NOTE:** May start with either foot. Usually done facing partner with no hands joined or in Butterfly Position. Stay parallel to partner with little or no turn.

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**RUMBA**

**# Underarm Turn**

undrm trn                      Underarm Turn

QQS;

BK, REC, SD, -;

(SWIVEL FWD TRN, REC TRN, SD, -;)

**MAN:** Raising joined lead hands turn body slightly right face back right, recover left squaring body to face partner, side right, -;

**WOMAN:** Swiveling 1/4 right face on ball of supporting foot step forward left turning 1/2 right face, recover right turning 1/4 right face to face partner, side left, -;

**NOTE:** When starting facing Wall, the man's first step is back towards Diagonal Line and Center. The figure starts and ends facing partner.

**# Whip**

whp                              Whip

QQS;

BK TRN, REC, SD, -;

(FWD, FWD TRN, SD, -;)

**MAN:** Back right commence 1/4 left face turn, recover forward left turning 1/4 to complete turn, side right, -;

**WOMAN:** Forward left outside man on his left side, forward right commence 1/2 left face turn, side left, -;

**NOTE:** May start in Closed, Left Open Facing or Butterfly Positions. Figure usually ends in Butterfly Position after 1/2 left face turn.

**RUMBA**

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

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**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**SINGLE SWING**

**SS. SINGLE SWING**

**CHARACTERISTICS:** In round dancing, the Single Swing rhythm is denoted using 4/4 timing. Basic figures are written in 1 1/2 measures, with timing QQS; S -. Figures are done with soft knees. Rock and recover steps are taken with a forward poise and on the ball of the foot.

**In box, click figure title to go to definition.**

<b>Basic Rock</b>	<b>Chg Places R to L</b>	<b>Fallaway Rock</b>	<b>Throwaway</b>
<b>Chg Hnds Behind Bk</b>	<b>Fallaway LF Trng</b>	<b>Fallaway Throwaway</b>	
<b>Chg Places L to R</b>	<b>Fallaway RF Trng</b>	<b>Link Rock</b>	

**From other pages, click any definition title to return to this page.**

**# Basic Rock**                                      bas rk                                      Basic Rock  
 QQS; S    RK APT, REC, SD, - ; SD, -,  
**MAN:** Rock apart left, recover right, side left, -; side right, -,  
**WOMAN:** Rock apart right, recover left, side right, -; side left, -,  
**NOTE:** Usually danced in Butterfly or Left Open Facing Position.

**# Change Hands Behind Back**              chg hnds bhd bk                              Change Hands Behind Back  
 QQS; S    RK APT, REC, FWD TRN, -; SD & BK TRN, -,  
 (RK APT, REC, FWD TRN, -; SD & BK TRN, -)  
**MAN:** Rock apart left, recover right placing right hand over woman's right hand, forward left releasing left hand and turning 1/4 left face to Tandem Position in front of woman placing left hand behind back; transfer woman's right hand to man's left hand and step side and back right turning 1/4 left face, -,  
**WOMAN:** Rock apart right, recover left, forward right turning 1/4 right face to Tandem Position behind man, -; side and back left turning 1/4 right face, -,  
**NOTE:** Starts and ends in Left Open Facing Position with partners changing sides.

**# Change Places Left to Right**              chg plcs L-R                                      Change Left to Right  
 QQS; S    RK APT, REC, FWD TRN, -; SD, -,  
 (RK APT, REC, FWD SPN, -; SD, -)  
**MAN:** Rock apart left, recover right raising joined lead hands, forward left turning 1/4 right face, -; side right, -,  
**WOMAN:** Rock apart right, recover left, forward right spinning 3/4 left face under joined lead hands, -; side left, -,  
**NOTE:** Normally starts in Left Open Facing Position. Ends in Left Open Facing Position unless otherwise indicated.

## SINGLE SWING

## ROUNDALAB STANDARD Phase III of Round Dancing

**# Change Places Right to Left**      chg plcs R-L      Change Right to Left  
QQS; S      RK BK, REC, FWD & SD, -; SD, -,  
(RK BK, REC, FWD & SD, -; SPN & BK, -)

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, forward and side left, -; raise joined lead hands to lead woman's underarm turn and step side right turning 1/8 left face to Left Open Facing Position, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, forward and side right starting to step in front of man, -; spin approximately 5/8 right face under joined lead hands on ball of right foot and step back left to Left Open Facing Position, -,

**NOTE:** Figure commonly rotates 1/4 counterclockwise. If done from Left Open Facing or Butterfly Position the first two steps are rock apart, recover. On the third step a slight tucking action may be used leaning slightly towards partner with a lowering of the lead shoulder just before the man raises the joined lead hands and the lady spins under.

**# Fallaway Left Face Turning**      LF trng falwy      Left Turning Fallaway  
QQS; S      RK BK, REC, TRN, -; TRN, -,

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, forward left turning left face, -; side right complete 1/2 left face turn, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, turning left face forward right stepping in front of man, -; side left complete 1/2 left face turn, -,

**# Fallaway Right Face Turning**      RF trng falwy      Right Turning Fallaway  
QQS; S      RK BK, REC, TRN, -; TRN, -,

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, turning right face side and forward left stepping in front of woman, -; side right complete 1/2 right face turn, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, forward right turning right face, -; side left complete 1/2 right face turn, -,

**# Fallaway Rock**      falwy rk      Fallaway Rock  
QQS; S      RK BK, REC, SD, -; SD, -,

**MAN:** From Closed Position turn to Semi-Closed to rock back left, recover right to face partner, side left, -; side right, -,

**WOMAN:** From Closed Position turn to Semi-Closed to rock back right, recover left to face partner, side right, -; side left, -,

**# Fallaway Throwaway**      falwy thrwy      Fallaway Throwaway  
QQS; S      RK BK, REC, FWD & SD, -; SD & FWD, -,  
(RK BK, REC, FWD TRN, -; SD & BK, -)

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, forward & side left leading woman to turn 1/2 left face, -; side and forward right to Left Open Facing Position, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, forward right turning 1/2 left face, -; side and back left to Left Open Facing Position, -,

**NOTE:** The figure rotates counterclockwise one quarter.

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

**SINGLE SWING**

**# Link Rock**

link rk

Link Rock

QQS; S

RK APT, REC, FWD, -; SD, -;

**MAN:** Rock apart left, recover right, forward left to Closed Position, -; side right, -,

**WOMAN:** Rock apart right, recover left, forward right to Closed Position, -; side left, -,

**NOTE:** Starts in Left Open Facing Position. Figure may make up to 3/8 right face turn to end facing Wall unless otherwise indicated.

**# Throwaway**

thrw

Throwaway

SS;

FWD & SD, -; SD & FWD, -;

(FWD TRN, -; SD & BK, -;)

**MAN:** From Semi-Closed Position forward and side left leading woman to turn 1/2 left face, -, side and forward right to Left Open Facing Position, -;

**WOMAN:** From Semi-Closed Position forward right turning 1/2 left face, -, side and back left, -;

**SINGLE SWING**

**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

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## SLOW TWO STEP

## ROUNDALAB STANDARD

### Phase III of Round Dancing

#### # Side Basic

sd bas

Side Basic

SQQ;

SD, -, XIB, REC;

**MAN:** Side left, -, cross right in back of left, recover left;

**WOMAN:** Side right, -, cross left in back of right, recover right;

**NOTE:** May be done in Closed or Butterfly Position.

#### # Traveling Chasse

trav chasse

Traveling Chasse

SQQ;

FWD TRN, -, SD, CL;

(BK TRN, -, SD, CL;)

**MAN:** Forward left turning left face diagonally across Line of Progression with right shoulder lead with both hands joined low between partners, -, side right diagonal Line of Progression, close left;

**WOMAN:** Back right turning left face diagonally across Line of Progression with left shoulder lead with both hands joined low between partners, -, side left diagonal Line of Progression, close right;

**NOTE:** Traveling Chasse is a progressive figure. Traveling Chasse may also start with the man's right and woman's left foot. In that case, the man would commence turning right face with a left shoulder lead and the woman would turn right with a right shoulder lead. When facing Line of Progression, the total amount of turn is 1/8. When facing Diagonal Line of Progression, the total amount of turn is 1/4. Partners should remain facing throughout this figure with shoulders parallel.

#### # Twisty Basic

twisty bas

Twisty Basic

SQQ;

SD, -, XIB, REC;

(SD, -, XIF, REC;)

**MAN:** Side left with slight right face turn, -, cross right in back of left, recover left;

**WOMAN:** Side right with slight right face turn, -, cross left in front of right, recover right;

**NOTE:** May start with man's right and woman's left with slight left face turn.

#### # Underarm Turn

undrm trn

Underarm Turn

SQQ;

SD, -, XIB, REC;

(SD TRN, -, FWD TRN, REC TRN;)

**MAN:** Side left to join lead hands palm-to-palm, -, cross right in back of left, recover left;

**WOMAN:** Side right commence to turn right face under joined lead hands, -, cross left over right to Line of Progression continue turn right face 1/2, recover forward on right complete turn to face partner;







## TWO STEP

## ROUNDALAB STANDARD

### Phase III of Round Dancing

#### # Strolling Vine

SS; QQS;  
SS; QQS;

strllg vin                      Strolling Vine  
SD, -, XIB, -; SD, CL, TRN, -;  
SD, -, XIB, -; SD, CL, TRN, -;  
(SD, -, XIF, -; SD, CL, TRN, -;  
SD, -, XIF, -; SD, CL, TRN, -;)

**MAN:** In Closed Position commence slight right face upper body turn side left, -, with slight left face upper body turn cross right in back of left, -; continue turn side left, continue turn close right, continue turn side left, -; commence slight left face upper body turn side right, -, with slight right face upper body turn cross left in back of right, -; continue turn side right, continue turn close left, continue turn side right, -;

**WOMAN:** In Closed Position commence slight right face upper body turn side right, -, with slight left face upper body turn cross left in front of right, -; continue turn side right, continue turn close left, continue turn side right, -; commence slight left face upper body turn side left, -, with slight right face upper body turn cross right in front of left, -; continue turn side left, continue turn close right, continue turn side left, -;

#### # Susie Q

QQS; QQS;

none                              Susie Q  
XIF, SD, XIF, FLR; XIF, SD, XIF, -;

**MAN:** Swiveling right face on right cross thru left, swiveling left face on left side right, swiveling right face on right cross thru left, flare right counterclockwise; swiveling left face on left cross thru right, swiveling right face on right side left, swiveling left face on left cross thru right, -;

**WOMAN:** Swiveling left face on left cross thru right, swiveling right face on right side left, swiveling left face on left cross thru right, flare left clockwise; swiveling right face on right cross thru left, swiveling left face on left side right, swiveling right face on right cross thru left, -;

**NOTE:** All steps have swivel action. Figure is usually danced in Butterfly Position [partners facing] throughout. Figure may start with trail foot; with each dancer dancing the opposite gender's part as described above.

#### # Two Left Turning Two Steps

QQS; QQS;

2 L trng two stps              Two Left Turning Two Steps  
SD TRN, CL, FWD TRN, -; SD TRN, CL, BK TRN, -;  
(SD TRN, CL, BK TRN, -; SD TRN, CL, FWD TRN, -;)

**MAN:** Side left commence left face turn, close right continue left face body turn, forward left complete up to 1/2 left face turn, -; side right commence left face turn, close left continue left face body turn, back right complete up to 1/2 left face turn, -;

**WOMAN:** Side right commence left face turn, close left continue left face body turn, back right complete up to 1/2 left face turn, -; side left commence left face turn, close right continue left face body turn, forward left complete up to 1/2 left face turn, -;

**NOTE:** Closed Position throughout. Starting and ending facing direction can vary depending on choreography. If One Left Turning Two Step is used as a single measure figure, either measure 1 or measure 2 of the above description applies depending on which foot is free to start the figure.

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

**TWO STEP**

**# Whaletail**

QQQQ; QQQQ;

whtl

Whaletail

XIB, SD, FWD, LK; SD, CL, XIB, SD;  
(XIF, SD, BK, LK; SD, CL, XIF, SD;)

**MAN:** In Banjo Position cross left behind right but not tightly, as body commences to turn right take a small step to side on right completing 1/4 right face body turn, forward left with left shoulder leading, cross right behind left but not tightly; side left commencing left face body turn, close right completing 1/4 body turn left, cross left behind right commencing right face body turn, side right completing 1/4 body turn right;

**WOMAN:** In Banjo Position cross right in front of left but not tightly, as body commences to turn right take a small step to side on left completing 1/4 right face body turn, back right with right shoulder leading, cross left in front of right but not tightly; side right commencing left face body turn, close left completing 1/4 body turn left, cross right in front of left commencing right face body turn, side left completing 1/4 body turn right;

**NOTE:** The first measure of this 2-measure figure is exactly the same as the Fishtail. It is a progressive figure that starts and ends in Banjo Position.

**TWO STEP**

**ROUNDALAB STANDARD  
Phase III of Round Dancing**

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**ROUNDALAB STANDARD**  
**Phase III of Round Dancing**

2. From Semi-Closed Position to Banjo Position:  
**# Thru Chasse** thru chasse to BJO Thru Chasse to Banjo  
 1,2&,3; THRU TRN, SD/CL, SD;  
**MAN:** Thru right commence turn to face, side left/close right, side left to Banjo Position;  
**WOMAN:** Thru left commence turn to face, side right/close left, side right to Banjo Position;
3. From Semi-Closed Position to Semi-Closed Position:  
**# Thru Chasse** thru chasse to SCP Thru Chasse to Semi-Closed  
 1,2&,3; THRU TRN, SD/CL, SD;  
**MAN:** Thru right commence turn to face, side left/close right, side left to Semi-Closed Position;  
**WOMAN:** Thru left commence turn to face, side right/close left, side right to Semi-Closed Position;
4. From Closed Position to Banjo Position:  
**# Turn Left & Right Chasse** trn L & R chasse to BJO  
Turn Left & Right Chasse to Banjo  
 1,2&,3; FWD, SD TRN/CL, SD;  
 (BK, SD TRN/CL, SD;)  
**MAN:** Forward left commence left face upper body turn, side right continue turn/close left, side right complete turn to Banjo Position;  
**WOMAN:** Back right commence left face upper body turn, side left continue turn /close right, side left complete turn to Banjo Position;  
**NOTE:** Figure may be danced forward, sideward or backward, turned to curved left or right, starting and ending in the same or different positions. Rhythm may vary from time to time particularly in mixed rhythm dances, but for the most part will remain as shown.

**# Forward Forward/Lock Forward**

1,2&,3; fwd, fwd/lk, fwd; Forward Forward/Lock Forward  
 FWD, FWD/LK, FWD;  
 (BK, BK/LK, BK;)

**MAN:** In Banjo Position forward right, forward left/lock right in back of left, forward left;  
**WOMAN:** In Banjo Position back left, back right/lock left in front of right, back right;

**# Hover**

hvr Hover  
 1,2,3; FWD, FWD & SD RISE, SD & FWD;  
 (BK, BK & SD RISE, SD & FWD;)

**MAN:** In Closed Position forward left, forward and slightly side right rising to ball of foot, side and slightly forward left to tight Semi-Closed Position;

**WOMAN:** In Closed Position back right, back and slightly side left rising to ball of foot, side and slightly forward right to tight Semi-Closed Position;

**NOTE:** Partners may brush free foot to supporting foot on second step. May start in Banjo Position. When starting in Banjo, dancers blend to Closed Position during the first step.







**WALTZ**

**ROUNDALAB STANDARD**

**Phase III of Round Dancing**

**# Wing**

1,2,3;

none

Wing

FWD, DRAW, TCH;

(FWD, FWD TRN, FWD TRN;)

**MAN:** In Semi-Closed Position forward right, draw left toward right, touch left to right turning upper part of body left face with left side stretch;

**WOMAN:** Forward left beginning to cross in front of man commence turning slightly left face, forward right around man continue to turn slightly left face, forward left around man complete slightly left face turn to end in a tight Sidecar Position;

**NOTE:** If started in Semi-Closed Facing Line of Dance or Diagonal Line and Center, the figure ends in Sidecar Position Diagonal Line and Center.