



## SINGLE SWING

## ROUNDALAB STANDARD Phase III of Round Dancing

**# Change Places Right to Left**      chg plcs R-L      Change Right to Left  
QQS; S      RK BK, REC, FWD & SD, -; SD, -,  
(RK BK, REC, FWD & SD, -; SPN & BK, -)

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, forward and side left, -; raise joined lead hands to lead woman's underarm turn and step side right turning 1/8 left face to Left Open Facing Position, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, forward and side right starting to step in front of man, -; spin approximately 5/8 right face under joined lead hands on ball of right foot and step back left to Left Open Facing Position, -,

**NOTE:** Figure commonly rotates 1/4 counterclockwise. If done from Left Open Facing or Butterfly Position the first two steps are rock apart, recover. On the third step a slight tucking action may be used leaning slightly towards partner with a lowering of the lead shoulder just before the man raises the joined lead hands and the lady spins under.

**# Fallaway Left Face Turning**      LF trng falwy      Left Turning Fallaway  
QQS; S      RK BK, REC, TRN, -; TRN, -,

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, forward left turning left face, -; side right complete 1/2 left face turn, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, turning left face forward right stepping in front of man, -; side left complete 1/2 left face turn, -,

**# Fallaway Right Face Turning**      RF trng falwy      Right Turning Fallaway  
QQS; S      RK BK, REC, TRN, -; TRN, -,

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, turning right face side and forward left stepping in front of woman, -; side right complete 1/2 right face turn, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, forward right turning right face, -; side left complete 1/2 right face turn, -,

**# Fallaway Rock**      falwy rk      Fallaway Rock  
QQS; S      RK BK, REC, SD, -; SD, -,

**MAN:** From Closed Position turn to Semi-Closed to rock back left, recover right to face partner, side left, -; side right, -,

**WOMAN:** From Closed Position turn to Semi-Closed to rock back right, recover left to face partner, side right, -; side left, -,

**# Fallaway Throwaway**      falwy thrwy      Fallaway Throwaway  
QQS; S      RK BK, REC, FWD & SD, -; SD & FWD, -,  
(RK BK, REC, FWD TRN, -; SD & BK, -)

**MAN:** From Closed Position turn to Semi-Closed Position to rock back left, recover right, forward & side left leading woman to turn 1/2 left face, -; side and forward right to Left Open Facing Position, -,

**WOMAN:** From Closed Position turn to Semi-Closed Position to rock back right, recover left, forward right turning 1/2 left face, -; side and back left to Left Open Facing Position, -,

**NOTE:** The figure rotates counterclockwise one quarter.

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**# Link Rock**

link rk

Link Rock

QQS; S

RK APT, REC, FWD, -; SD, -;

**MAN:** Rock apart left, recover right, forward left to Closed Position, -; side right, -;

**WOMAN:** Rock apart right, recover left, forward right to Closed Position, -; side left, -;

**NOTE:** Starts in Left Open Facing Position. Figure may make up to 3/8 right face turn to end facing Wall unless otherwise indicated.

**# Throwaway**

thrwy

Throwaway

SS;

FWD & SD, -, SD & FWD, -;

(FWD TRN, -, SD & BK, -;)

**MAN:** From Semi-Closed Position forward and side left leading woman to turn 1/2 left face, -, side and forward right to Left Open Facing Position, -;

**WOMAN:** From Semi-Closed Position forward right turning 1/2 left face, -, side and back left, -;

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