







<b>Ronde Box</b>	none	Ronde Box
1,2,3&,4;		RONDE XIF, SD, BK/LK, BK;
1,2,3&,4;		RONDE XIB, SD, FWD/LK, FWD;
		(RONDE XIB, SD, FWD/LK, FWD;
		RONDE XIF, SD, BK/LK, BK;)

**MAN:** Ronde left clockwise cross left in front, side right, back left/lock right in front of left, back left; ronde right clockwise cross right in back, side left, forward right/lock left in back of right, forward right;

**WOMAN:** Ronde right clockwise cross right in back, side left, forward right/lock left in back of right, forward right; ronde left clockwise cross left in front, side right, back left/lock right in front of left, back left;

<b>Ronde Chasse</b>	none	Ronde Chasse
1,2,3&,4;		FWD, REC, RONDE XIB/SD, SD;

**MAN or WOMAN:** Forward left, recover right, ronde left counterclockwise cross left in back/slight side right, side left;

**NOTE:** Generally danced in Tandem Position or side by side;

<b># Switch</b>	swch	Switch Cross
1,2,3&,4;		TRN SD, REC, XIF/SD, XIF;

**MAN:** Turning left face to face partner side left checking bringing joined hands thru, recover right, cross left in front turning left face to face partner/side right, cross left in front;

**WOMAN:** Turning right face to face partner side right checking bringing joined hands thru, recover left, cross right in front turning right face to face partner/side left, cross right in front;

**NOTE:** May be done on opposite foot going in opposite direction. [Figure changes line of travel]. Normally starts in "V" Back to Back Position.

<b># Switch Rock</b>	swch rk	Switch Rock
1,2,3&,4;		TRN SD, REC, SD/CL, SD;

**MAN:** Turning left face to face partner side left checking bringing joined hands thru, recover right, side left/close right, side left;

**WOMAN:** Turning right face to face partner side right checking bringing joined hands thru, recover left, side right/close left, side right;

**NOTE:** May be done on opposite foot going in opposite direction. [Figure does not change line of travel]. Normally starts in "V" Back to Back Position.

<b># Trade Places</b>	trade plcs	Trade Places
1,2,3&,4;		RK APT, REC TRN, TRN SD & BK/CL, TRN SD & BK;

**MAN:** From Handshake Position rock apart left, recover right turning 1/4 right face behind woman releasing joined right hands to momentary Tandem Position, commence turning 1/4 right face side and back left/close right, completing turn to face partner side and back left;

**WOMAN:** From Handshake Position rock apart right, recover left turning 1/4 left face in front of man releasing joined right hands to momentary Tandem Position, commence turning 1/4 left face side and back right/close left, completing turn to face partner side and back right;

**NOTE:** Total turn is usually 1/2. May start with either foot. When the figure begins with the trail foot it starts in Left Handshake Position with the man turning left face and the woman turning right face.

**ROUNDALAB STANDARD**  
**Phase IV of Round Dancing**

**CHA CHA**

**# Triple Cha Forward or Back**  
1,2,3&4; 1&2,3&4;

trpl CH fwd or bk      Triple Cha Forward or Back  
BK, REC, FWD/LK, FWD; FWD/LK, FWD, FWD/LK, FWD;  
or  
FWD, REC, BK/LK, BK; BK/LK, BK, BK/LK, BK;  
(FWD, REC, BK/LK, BK; BK/LK, BK, BK/LK, BK;) or  
(BK, REC, FWD/LK, FWD; FWD/LK, FWD, FWD/LK,  
FWD;)

**MAN:** Back left, recover right, forward left/lock right in back of left, forward left; forward right/lock left in back of right, forward right, forward left/lock right in back of left, forward left;

or

Forward right, recover left, back right/lock left in front of right, back right; back left/lock right in front of left, back left, back right/lock left in front of right, back right;

**WOMAN:** Forward right, recover left, back right/lock left in front of right, back right; back left/lock right in front of left, back left, back right/lock left in front of right, back right;

or

Back left, recover right, forward left/lock right in back of left, forward left; forward right/lock left in back of right, forward right, forward left/lock right in back of left, forward left;

**NOTE:** May be done in Facing Position alternating right, right and left, left joining of hands.

**NOTE: THERE ARE TWO DIFFERENT DEFINITIONS OF UMBRELLA TURN. EITHER DEFINITION IS ACCEPTABLE.**

**# Umbrella Turn**

1,2,3&,4;  
 1,2,3&,4;  
 1,2,3&,4;  
 1,2,3&,4;

umbr trn	Umbrella Turn
FWD, REC, BK/CL, BK;	
BK, REC, FWD/CL, FWD;	
FWD, REC, BK/CL, BK;	
BK, REC TRN, SD/CL, SD;	
(BK, REC, FWD/CL, FWD;	
FWD TRN, REC, FWD/CL, FWD;	
FWD TRN, REC, FWD/CL, FWD;	
FWD TRN, REC TRN, SD/CL, SD;)	

**MAN:** Forward left, recover right, back left/close right, back left; back right, recover left, forward right/close left, forward right; forward left, recover right, back left/close right, back left; back right, recover left turning 1/4 left face to face partner, side right/close left, side right;

**WOMAN:** Back right, recover left, forward right/close left, forward right; forward left turning 1/2 right face under joined hands, recover right, forward left/close right, forward left; forward right turning 1/2 left face under joined hands, recover left, forward right/close left, forward right; forward left turning 1/2 right face under joined hands, recover right continue turn to face partner, side left/close right, side left;

**NOTE:** Starts in Left Hand Star Position, ends partners facing. Any other Umbrella Turn would be a variation of the standard figure.

**# Umbrella Turn**

1,2,3&,4;  
 1,2,3&,4;  
 1,2,3&,4;  
 1,2,3&,4;

umbr trn	Umbrella Turn
FWD, REC, BK/CL, BK;	
BK, REC, FWD/CL, FWD;	
FWD, REC, BK/CL, BK;	
BK, REC TRN, SD/CL, SD;	
(BK, REC, FWD TRN/CL, BK;	
BK, REC, FWD TRN/CL, BK;	
BK, REC, FWD TRN/CL, BK;	
BK, REC, FWD TRN/CL, SD;)	

**MAN:** Forward left, recover right, back left/close right, back left; back right, recover left, forward right/close left, forward right; forward left, recover right, back left/close right, back left; back right, recover left turning 1/4 left face to face partner, side right/close left, side right;

**WOMAN:** Back right, recover left, forward right turning 1/2 left face under joined hands/close left, back right; back left, recover right, forward left turning 1/2 right face under joined hands/close right, back left; back right, recover left, forward right turning 1/2 left face under joined hands/close left, back right; back left, recover right, forward left turning 1/4 right face under joined hands to face partner/close right, side left;

**NOTE:** Starts in Left Hand Star Position, ends partners facing.