

ROUNDALAB STANDARD
Phase IV of Round Dancing

JIVE

JV. JIVE

CHARACTERISTICS: In round dancing, Jive is denoted using 4/4 timing. The basic figures utilize six beats of music and are written in 1 1/2 measures. Timing is usually 1,2,3a,4; 1a,2,. In basic figures the eight steps are completed in six beats of music. Figures will usually begin with a rock and recover, and steps 3a,4 and 1a,2 are usually Jive Chasses. Figures are done with soft knees. Rock and recover steps are taken with a forward poise and on the ball of the foot.

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American Spin
1,2,3a,4; 1a,2,

amer spn American Spin
RK BK, REC, SD/CL, SD; SD/CL, SD,
(RK BK, REC, SD/CL, SPN RF; SD/CL, SD,)

MAN: Rock back [or apart] on left, recover right, side left/close right to left, side left; side right/close left to right, side right,

WOMAN: Rock back [or apart] on right, recover left, side right/close left to right, side right spinning right face one full turn; side left/close right to left, side left,

NOTE: Frequently done with man's right and woman's right hands held although either or both hands may be used. Woman is led toward man with small chasse action then she turns right face on the last step of her chasse. A variation may be that both partners spin, man left face and woman right face.

Chicken Walks
1,2,3,4;

chkn wlks Chicken Walks
BK, BK, BK, BK;
(SWVL FWD, SWVL FWD, SWVL FWD, SWVL FWD;)

MAN: Back, back, back, back;

WOMAN: Forward, forward, forward, forward;

NOTE: Timing and number of steps may vary. Standard is 4 small steps man leading woman forward with slight swiveling action of her feet. This is caused by slight turning of woman's hand in direction of her foot travel. Joined man's left hand palm is up and woman's right hand palm is down.

Continuous Chasse
1a,2a,3a,4;

cont chasse Continuous Chasse
SD/CL, SD/CL, SD/CL, SD;

MAN OR WOMAN: In indicated facing position side/close, side/close, side/close, side;

NOTE: May begin with either foot.

Glide to the Side

1,2,3a,4;

glide to the sd

SD, XIF, SD/CL, SD;

Glide to the Side

MAN: Side right, lowering [on right] cross left in front of right, side right/close left, side right;

WOMAN: Side left, lowering [on left] cross right in front of left, side left/close right, side left;

NOTE: This figure can be a stand alone figure or the ending to figures like Change Right to Left or Right Turning Fallaway, to name a few.

Lindy Catch

1,2,3a,4;

1,2,3a,4;

none

Lindy Catch

RK APT, REC, FWD/FWD, FWD;

FWD, FWD, FWD/FWD, FWD;

(RK APT, REC, FWD/FWD, FWD;

BK, BK, BK/BK, BK;)

MAN: Rock apart left, recover right, forward left/right, left moving right face around woman catching her at waist with right hand releasing left hand [man is in back of woman with right arm around her waist]; forward right, left continuing around woman, forward right/left, right to Left Open Facing Position;

WOMAN: Rock apart right, recover left, forward right/left, right [woman in front of man]; back left, right still facing same direction [no turn], back left/right, left to Left Open Facing Position;

ROUNDALAB STANDARD
Phase IV of Round Dancing

JIVE

# Marchessi	none	Marchessi
1a,2a,3a,4a;		HEEL FWD/REC, TOE BK/REC, HEEL FWD/REC, HEEL FWD/REC;
1a,2a,3a,4a;		TOE BK/REC, HEEL FWD/REC, TOE BK/REC, TOE BK/REC; (TOE BK/REC, HEEL FWD/REC, TOE BK/REC, TOE BK/REC; HEEL FWD/REC, TOE BK/REC, HEEL FWD/REC, HEEL FWD/REC;)

MAN: Press left heel forward shifting weight to cause right foot to slightly release from floor/recover to right in place, press left toe back shifting weight to cause right foot to slightly release from floor/recover to right in place, press left heel forward shifting weight to cause right foot to slightly release from floor/recover to right in place, press left heel forward shifting weight forward to cause right foot to slightly release from floor/recover to right in place; press left toe back shifting weight to cause right foot to slightly release from floor/recover to right in place, press left heel forward shifting weight to cause right foot to slightly release from floor/recover to right in place, press left toe back shifting weight to cause right foot to slightly release from floor/recover to right in place, press left toe back shifting weight to cause right foot to slightly release from floor/recover to right in place;

WOMAN: Press right toe back shifting weight to cause left foot to slightly release from floor/recover to left in place, press right heel forward shifting weight to cause left foot to slightly release from floor/recover to left in place, press right toe back shifting weight to cause left foot to slightly release from floor/recover to left in place, press right toe back shifting weight to cause left foot to slightly release from floor/recover to left in place; press right heel forward shifting weight to cause left foot to slightly release from floor/recover to left in place, press right toe back shifting weight to cause left foot to slightly release from floor/recover to left in place, press right heel forward shifting weight to cause left foot to slightly release from floor/recover to left in place, press right heel forward shifting weight to cause left foot to slightly release from floor/recover to left in place;

NOTE: The action is one of shifting weight but maintaining balance over right foot. Do not rock upper body back and forth. Danced in Closed Position, man's left and woman's right hands joined below waist level with man's palm up and woman's palm down. As man's left and woman's right foot go forward or back the joined hands will move in the same direction about 6 to 8 inches.

# Miami Special	none	Miami Special
1,2,3a,4; 1a,2,		RK APT, REC, FWD/CL, FWD TRN; SD/CL, SD, (RK APT, REC, FWD/CL, FWD TRN; SD/CL, SD,)

MAN: Rock apart left, recover right, forward left/right, left turning right face 3/4 to lead woman to turn left face under joined right hands putting joined hands over man's head so hands rest behind man's neck; side right/left, right,

WOMAN: Rock apart right, recover left, forward right/left, right turn left face 3/4 under joined right hands; side left/right, left, release handhold and slide right hand down man's left arm ending man's left and woman's right hands joined in Left Open Position,

NOTE: Starts in right Handshake Position facing partner.

Phase IV of Round Dancing

Pretzel Turn

1,2,3a,4; 1a,2,3,4;
1a,2,3a,4;

prtzl trn

Pretzel Turn

RK BK, REC, SD/CL, TRN; SD/CL, TRN, RK FWD, REC;
SD/CL, TRN, SD/CL, SD;

MAN: Rock back left, recover right turning right to face partner, side left/close right, side left turning 1/2 right face keeping man's left and woman's right hands joined [partners are in a back to back position]; side right/close left, side right turning up to 1/4 right face [partners are in a Back to Back "V" Position with man's left and woman's right hands joined behind backs], rock forward left crossing in front to direction of travel with right hand extended forward, recover right turning up to 1/4 left face; side left/close right, side left turning 1/2 left face to face partner still retaining man's left and woman's right hands, side right/close left, side right;

WOMAN: Rock back right, recover left turning left to face partner, side right/close left, side right turning 1/2 left face keeping man's left and woman's right hands joined [partners are in a back to back position]; side left/close right, side left turning up to 1/4 left face [partners are in a Back to Back "V" Position with man's left and woman's right hands joined behind backs], rock forward right crossing in front to direction of travel with left hand extended forward under man's, recover left turning up to 1/4 right face; side right/close left, side right turning 1/2 right face to face partner still retaining man's left and woman's right hands, side left/close right, side left;

NOTE: Progressive movement in any direction. May start in Closed, Semi-Closed or Butterfly Position.

Riverboat Shuffle

1,2,3,4;

riverboat shffl

Riverboat Shuffle

XIF, SD, XIB, SD;

MAN: Cross right thru and lower right shoulder as you cross arms in front of body and snap fingers, side left and uncross arms, cross right foot behind left and lower left shoulder slightly, side left;

WOMAN: Cross left thru and lower left shoulder as you cross arms in front of body and snap fingers, side right and uncross arms, cross left behind right and lower right shoulder slightly, side right;

NOTE: Usually starts in Facing No Hands Joined Position. Figure is usually 1 measure and 4 steps.

Sailor Shuffle

1a,2,

sailor shffl

Sailor Shuffle

XIB/SD, SD,

MAN: Cross free foot in back/side, side,

WOMAN: Cross free foot in back/side, side,

NOTE: May be done in any position, facing any direction, and starting with either foot. Body should remain as stationary as possible in the center of the figure not moving from side to side. Side steps should be pushing to the side rather than rocking or moving to the side.

Shoulder Shove

1,2,3a,4; 1a,2,

shldr shove

Shoulder Shove

RK APT, REC, TRN, SD/CL, SD TRN; BK/CL, BK,

MAN: Rock apart left, recover right turning right face, side left/close right, side left toward partner bringing man's left and woman's right shoulders together turning left face to face partner; back right/close left, back right,

WOMAN: Rock apart right, recover left turning left face, side right/close left, side right toward partner bringing man's left and woman's right shoulders together turning right face to face partner; side left/close right, side left,

Triple Wheel

1,2,3a,4;
1a,2,3a,4; 1a,2,

trpl whl

Triple Wheel

RK APT, REC TRN, SD/CL, SD TRN;
SD/CL, SD TRN, SD/CL, SD TRN; SD/CL, SD,
(RK APT, REC TRN, SD/CL, SD TRN;
SD/CL, SD TRN, SD/CL, SD SPN; SD/CL, SD,)

MAN: Rock apart left, recover right to right hands joined turning 1/4 right face, commence right face wheel touching woman's back with man's left hand side left/close right, side left turning away from partner; continue right face wheel side right/close left, side right turning toward partner, continue right face wheel touching woman's back with man's left hand side left/close right, side left leading the woman to spin right face; side right/close left, side right,

WOMAN: Rock apart right, recover left to right hands joined turning 1/4 left face, commence right face wheel side right/close left, side right turning toward partner; continue right face wheel touching man's back with woman's left hand side left/close right, side left turning away from partner, continue right face wheel side right/close left, side right spinning right face on right foot to face partner; side left/close right, side left,

NOTE: Total turn is usually 1/2 in 3 triples. May be done with 5 triples up to 1 full turn [cued Triple Wheel 5]. May be done with any odd number of triples [cueing # of triples] using relative amount of turn. Woman's spin is similar to an American Spin.

Windmill

1,2,3a,4; 1a,2,

none

Windmill

RK BK, REC TRN, FWD/CL, FWD; SD TRN/CL, SD,
(RK BK, REC TRN, FWD/CL, FWD TRN; SD/CL, SD,)

MAN: Rock back left, recover right starting 1/4 left face turn, forward left in front/close right, forward left completing 1/4 left face turn; side right starting 1/4 left face turn/close left, side right completing 1/4 left face turn,

WOMAN: Rock back right, recover left starting 1/4 left face turn, forward right/close left, forward right completing 1/4 left face turn; side left starting 1/4 left face turn/close right, side left completing 1/4 left face turn,

NOTE: Butterfly Position throughout. On first triple lower lead arms and raise trailing arms. On second triple arms are level. This should look like a tilting action being caused by a stretching and straightening of the body rather than the physical raising and lowering of the arms. Figure turns left face 1/2.