



## SINGLE SWING

## ROUNDALAB STANDARD

### Phase IV of Round Dancing

# **Pretzel Turn**  
QQS; SQQ; SS;

prtlz trn  
RK BK, REC, TRN, -; TRN, -, RK FWD, REC;  
TRN, -, SD, -;

Pretzel Turn

**MAN:** Rock back left, recover right turning right to face partner, side left turning 1/2 right face keeping man's left and woman's right hands joined [partners are in a Back to Back Position], -; side right turning up to 1/4 right face [partners are in a Back to Back "V" Position with man's left and woman's right hands joined behind backs], -, rock forward left crossing in front to direction of travel with right hand extended forward, recover right turning up to 1/4 left face; side left turning 1/2 left face to face partner still retaining man's left and woman's right hands, -, side right, -;

**WOMAN:** Rock back right, recover left turning left to face partner, side right turning 1/2 left face keeping man's left and woman's right hands joined [partners are in a Back to Back Position], -; side left turning up to 1/4 left face [partners are in a Back to Back "V" Position with man's left and woman's right hands joined behind backs], -, rock forward right crossing in front to direction of travel with right hand extended forward, recover left turning up to 1/4 right face; side right turning 1/2 right face to face partner still retaining man's left and woman's right hands, -, side left, -;

**NOTE:** Progressive movement in any direction. May start in Closed, Semi-Closed, or Butterfly Position.

# **Shoulder Shove**  
QQS; S

shldr shove  
RK APT, REC, TRN, -; SD, -,

Shoulder Shove

**MAN:** Rock apart left, recover right turning right face, side left toward partner bringing man's left and woman's right shoulders together turning left face to face partner, -; side right, -,

**WOMAN:** Rock apart right, recover left turning left face, side right toward partner bringing man's left and woman's right shoulders together turning right face to face partner, -; side left, -,

**NOTE:** Danced with lead hands joined, normally starting in Left Open Facing Position.

# **Spanish Arms**  
QQS; S

span arms  
RK APT, REC TRN, SD TRN, -; SD, -,

Spanish Arms

**MAN:** Rock apart left, recover right turning right face, side left continuing right face turn, -; side right, -,

**WOMAN:** Rock apart right, recover left turning 1/4 left face, side right turning 3/4 right face, -; side left, -,

**NOTE:** Man leads woman to turn left face under joined raised lead hands [man's left and woman's right] into a momentary Wrapped Position without lowering raised hands, then immediately leads her to turn right face to return to Butterfly Position from the Wrapped Position. The figure turns right face 1/2 with woman passing the man on his right. Man's steps are small and almost in place.



**SINGLE SWING**

**ROUNDALAB STANDARD**  
**Phase IV of Round Dancing**

This page intentionally left blank.