

III. FIGURES

AT. ARGENTINE TANGO

CHARACTERISTICS: In round dancing, the Argentine Tango rhythm is denoted using 4/4 timing. Figures are sometimes written in measures using various patterns of timing such as [SS]; [QQS]; [QQQQ]. The Argentine Basic is danced SS; QQS. The basic dance position in Argentine Tango is called the “Embrace,” which is described as follows. In Closed Position, both the man and lady have a little forward poise. The lady curves her arm and places her hand on the man’s upper arm and shoulder. Taller ladies may extend her hand up to and slightly around the man’s neck. The man typically places his right hand a little further around the lady’s back. The man’s head is tilted slightly downward and to the left, while the lady’s head is tilted slightly downward toward the man’s left shoulder. The walking action is done with little rise and fall with forward steps taken ball-flat or simply on the flat of the foot. A heel lead may be used to achieve more travel.

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La Cobra	Sentada	
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# La Cobra	none	La Cobra [#steps]
SS;	THRU TRN, -, SD & BK SWVL, -;	
	(THRU, -, FWD SWVL, -;)	

MAN: In Semi-Closed Position thru right turning 1/2 right face to face woman as you point left side and back side and back left leading woman forward between his feet, -, then right leg quickly moves back rotating body right face as right foot moves in a CW circle to touch right to left causing woman to swivel 1/2 right face to end Semi-Closed Position, -;

WOMAN: In Semi-Closed Position thru left, -, forward right between man’s feet swiveling 1/2 right face bring feet together to touch left to right ending in Semi-Closed Position, -;

NOTE: (1) This figure usually starts in Semi-Closed with the maneuvering action. The figure ends in Semi-Closed Position for an even number of steps and ends in a Closed Position for an odd number of steps. (2) This figure may start from a Closed Position performing the 2nd Slow of the definition (as an inside swivel). (3) The minimum number of steps is two, with no maximum number of steps. For more than two steps, the sequence repeats until the number of specified steps is completed. (4) This figure maintains the characteristics of Argentine Tango but may be danced in other forms of Tango.

ARGENTINE TANGO

ROUNDALAB STANDARD

Phase V of Round Dancing

Sentada

QQS;
(QQQQ;)

none

BK TRN, SD, TRN PT, -;
(FWD TRN, SD, XIB TRN WITH SIT, FLK IF;)

Sentada

MAN: Starting from Closed Position back right turning 1/4 left face, side left commencing upper upper body slight left face rotation, continue slight rotation leading woman to a stronger left face turn to almost an L-Position and softening the left knee in preparation for the woman to sit up against the man's left thigh while he points right toe to the side, -;

WOMAN: Starting from Closed Position forward left turning 1/4 left face, side right commencing left face turn, cross left behind right to almost an L-Position and softening the left knee to sit up against the man's left thigh, sharply flick right in front of left knee in a figure 4 or kick the right leg forward to lift and cross the right knee over the left knee;

NOTE: (1) This figure may be executed starting with lead feet free both turning right face to the man's right side. (2) In moving to the man's other side for another Sentada, the man only takes one step on count 2, while the woman takes another three steps.