

ROUNDALAB STANDARD
Phase V of Round Dancing

PASO DOBLE

PD. PASO DOBLE

CHARACTERISTICS: In round dancing, the Paso Doble rhythm is denoted using 4/4 timing. Many of the figures have French names and the music is based on the Spanish marching music from the bullring. The marching tempo is evident in some of the footwork. The man is often showing off his cape [the woman], while he marks time. One of the characteristics is the use of an action called the "Appel". Many figures start with an Appel on the right foot for the man.

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Banderillas	Grand Circle	Shadow Attack
Coup de Pique	Left Foot Coup de Pique	Sixteen
Fallaway Reverse	Promenade	

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# Banderillas 1,2,3,4; 1,2,3,4; 1,2,3,4;	none SUR PLACE 4; APPEL, SD, CL, IN PLC; FWD, SD, CL, IN PLC; (SUR PLACE 4; APPEL, SUR PLACE 3; BK, SD, CL, IN PLC;)	Banderillas
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MAN: In place right, left, right, left; Appel on right, side left wide step, close right, in place left; forward right outside partner, side left small step to Closed Position, close right, in place left;

WOMAN: In place left, right, left, right; Appel on left, in place right, left, right; back left outside partner, side right to Closed Position, close left, in place right;

NOTE: Starts in left Hip-to-Hip Position with extended Closed Position, man's right elbow slightly raised and his left arm extended to the side and slightly downward. On step 6 man moves sideward to right Hip-to-Hip Position, man's right elbow slightly lowered and his left arm slightly raised. On step 9 man steps outside partner on her right side in extended Closed Position. On step 10 partners assume Closed Position and figure ends in Closed Position. Partners look at each other thru the first 8 steps.

# Coup de Pique 1,2,3,4; 1,2&,3,4;	none PT THRU, CL, BHD, CL; BHD, SD/CL, SD, CL;	Coup de Pique
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MAN: Point right thru in Semi-Closed Position, close right in Closed Position, behind left in Semi-Closed Position, close right in Closed Position; behind left in Semi-Closed Position, side right in Closed Position/close left, side right, close left;

WOMAN: Point left thru in Semi-Closed Position, close left in Closed Position, behind right in Semi-Closed Position, close left in Closed Position; behind right in Semi-Closed Position, side left in Closed Position/close right, side left, close right;

NOTE: Starts and ends in Closed Position. The point and each behind step are in Semi-Closed Position. The closes on steps 2 and 4 should be up on both feet.

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Fallaway Reverse

1,2,3,4; 1,2,3,4;

falwy rev

Fallaway Reverse

APPEL, FWD TRN, SD, BK; BK TRN, FWD TRN, SD, CL;
(APPEL, BK TRN, SD, BK; FWD TRN, BK TRN, SD, CL;)

MAN: Appel on right slightly back [slip Appel] turning left face, forward left continue turning left face, side right continue turning left face to Semi-Closed Position, back left; back right turning left face, forward left continue left face turn, side right, close left;

WOMAN: Appel on left with slight forward [slip Appel] turning left face, back right continue turning left face, side left continue turning left face to Semi-Closed Position, back right; forward left turning left face, back right continue left face turn, side left, close right;

NOTE: Starts in Closed Position, goes to Semi-Closed Position on third step, back to Closed Position on fifth step, ends in Closed Position. Normally starts facing Diagonal Line of Dance and Center of Hall and ends facing Line of Dance. When the figure starts facing center, no turn will be made on slip Appel. There is a 7/8 turn to the left on steps 2 thru 7.

Grand Circle

1,2,3,4;

1,2,3,4;

1,2,

grand circ

Grand Circle

THRU, TWST, CONT TWST, CONT TWST;
CONT TWST, CONT TWST, CONT TWST, CONT TWST;
THRU, CL,
(THRU, FWD, FWD, FWD;
FWD, FWD, FWD, FWD;
THRU TRN, CL,)

MAN: Thru right, twist left face leaving both feet in place, continue twist, continue twist; continue twist, continue twist, continue twist, continue twist ending with left forward with weight; thru right turning left face, close left,

WOMAN: Thru left, forward right, with small forward steps circle around partner left, right; left, right, left, right; thru left turning left face, close right,

NOTE: Starts in Semi-Closed Position, ends in Closed Position. A 5/8 turn to the left is made over entire figure, but may turn more than 7/8. Steps 7 and 8 may be omitted giving a count of 1-8 over the complete figure.

Left Foot Coup de Pique

1,2,3,4; 1,2,

L ft coup de pique

Left Foot Coup de Pique

SD, PT THRU, CL, BHD; CL, IN PLC,

MAN: Side left, point right thru in Semi-Closed Position, close right in Closed Position, behind left in Semi-Closed Position; close right in Closed Position, in place left,

WOMAN: Side right, point left thru in Semi-Closed Position, close left in Closed Position, behind right in Semi-Closed Position; close left in Closed Position, in place right,

NOTE: Starts and ends in Closed Position. The point and each behind step are in Semi-Closed Position. The closes on steps 3 and 5 should be up on toes.

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Promenade

1,2,3,4;
1,2,3,4;

prom Promenade
APPEL, SD TO SCP, THRU TRN, SD & BK;
BK TRN, BK TRN, SD, CL;
(APPEL, SD TO SCP, THRU TRN, FWD;
FWD TRN, FWD TRN, SD, CL;)

MAN: Appel on right, side left to Semi-Closed Position, thru right turning right face, side and back left to Closed Position; back right with right shoulder lead continue turning right face, back left outside partner continue turn, side right to Closed Position, close left;

WOMAN: Appel on left, side right to Semi-Closed Position, thru left turning right face, forward right to Closed Position; forward left with left shoulder lead turning right face, forward right outside partner continue turn, side left to Closed Position, close right;

NOTE: Starts in Closed Position, steps 2 and 3 in Semi-Closed Position, step 4 to Closed Position. Step 5 woman is outside partner, ends in Closed Position. Figure turns 1/2 to right from starting Position.

Shadow Attack

1,2,3,4;
1,2,3,4;

shdw attack Shadow Attack
FWD TRN BDY, REC, BK TRN BDY, REC;
FWD, XIF, CL, DROP;
(FWD TRN BDY, REC, BK TRN BDY, REC;
FWD, XIF, TWIST, DROP;)

MAN: Forward left turning body left face, recover right, back left turning body right face, recover right; forward left, cross right in front of left, close left rising high on toes, drop flexing knees and lowering heels with weight on left;

WOMAN: Forward left turning body left face, recover right, back left turning body right face, recover right; forward left, cross right in front of left, rising high on toes of both feet twist 1/2 left face allowing feet to uncross as you face partner, drop flexing knees and lowering heels with weight on right;

NOTE: Starts in Shadow Position with man behind woman and both with left foot free. Ends in Closed Position. On step 1 the right arm goes in front of body and the left arm in back, on step 3 the left arm goes in front and the right arm in back.

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Sixteen

1,2,3,4;
1,2,3,4;
1,2,3,4;
1,2,3,4;

16

Sixteen

APPEL, SD TO SCP, THRU TRN, SD & BK;
BK, BK TRN, CL, IN PLC;
SUR PLACE 4;
SUR PLACE 4;
(APPEL, SD TO SCP, THRU, FWD;
FWD, FWD, FWD TRN, REC;
FWD, FWD TRN, REC, FWD;
FWD TRN, REC, FWD TRN TO FC, CL;)

MAN: Appel right, side left to Semi-Closed Position, thru right turning right face, side and back left to Closed Position; back right with right shoulder lead, continue back left outside partner turning right face, close right in Closed Position, in place left; in place right, left, right, left; in place right, left, right, left;

WOMAN: Appel left, side right to Semi-Closed Position, thru left, forward right; forward left, forward right, forward left turning right face, recover right; forward left, forward right turning left face, recover left, forward right; forward left turning right face, recover right, forward left turning left face to face partner, close right to left;

NOTE: Starts and ends in Closed Position. Steps 2 and 3 are in Semi-Closed Position, steps 4 and 5 in Closed Position, on step 6 woman is outside partner. On steps 7 thru 14 the woman goes back and forth across in front of man.