

SAMBA

ROUNDALAB STANDARD

Phase V of Round Dancing

Contra Bota Fogo

1a,2,3a,4;

none

Contra Bota Fogo

FWD/SD & FWD TRN, REC SCAR, FWD/SD & FWD TRN,
REC BJO;

MAN OR WOMAN: Forward right outside partner/side and forward left on inside edge of toe turning 1/4 right face, move right slightly toward left to Sidecar Position, forward left outside partner/side and forward right on inside edge of toe turning 1/4 left face, move left slightly toward right to Banjo Position;

NOTE: May be danced with Closed Position hold or in Butterfly Position.

Corta Jaca

1,2&,3&,4&;

none

Corta Jaca

FWD, HEEL/STP, TOE/STP, HEEL/STP;
(BK, TOE/STP, HEEL/STP, TOE/STP;)

MAN: Forward right heel flat, forward and side left on heel/slide right sideward to left with flat foot, back and side left on toe/slide right sideward to left with flat foot, forward and side left on heel/slide right sideward to left with flat foot;

WOMAN: Back left, back and side right on toe/slide left sideward to right with flat foot, forward and side right on heel/slide left sideward to right with flat foot, back and side right on toe/slide left sideward to right with flat foot;

NOTE: Closed Position throughout, no bounce. The figure may be repeated by man doing woman's footwork and woman doing man's.

Natural Roll

1,2&,3,4&;

nat roll

Natural Roll

FWD TRN, SD TRN/CL, BK TRN, SD TRN/CL;
(BK TRN, SD TRN/CL, FWD TRN, SD TRN/CL;)

MAN: Forward right leaning back and turning right face, side left leaning right and turning right face/close right, back left leaning forward and turning right face, side right leaning left and turning right face/close left;

WOMAN: Back left leaning forward and turning right face, side right leaning left and turning right face/close left, forward right leaning back and turning right face, side left leaning right and turning right face/close right;

NOTE: Closed Position throughout. Lean is slight with a rolling action. Makes up to a full turn to the right. There is no bounce.

Plait

1,2,3&,4; 1,2,3&,4;

none

Plait

BK, BK, BK/BK, BK; BK, BK, BK/BK, BK;
(SWVL FWD, SWVL FWD, SWVL FWD/SWVL FWD,
SWVL FWD;
SWVL FWD, SWVL FWD, SWVL FWD/SWVL FWD,
SWVL FWD;)

MAN: Back right, back left, back right/back left, back right; back left, back right, back left/back right, back left;

WOMAN: Swiveling on right 1/8 left face forward left, swiveling on left 1/4 right face forward right, swiveling on right 1/4 left face forward left/swiveling on left 1/4 right face forward right, swiveling on right 1/4 left face forward left; swiveling on left 1/4 right face forward right, swiveling on right 1/4 left face forward left, swiveling on left 1/4 right face forward right/swiveling on right 1/4 left face forward left, swiveling on left 1/4 right face forward right;

NOTE: Closed Position throughout. There is no bounce. Man's footwork is ball flat, woman's is ball of foot only. Woman's moving foot should pass the supporting swiveling foot on each step. May start on either foot.

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