ROUNDALAB MANUAL CHANGES FOR 2007

1. Change the copyright date to 2007 on any manuals that have changes.
2. All pages with **ANY** change have an August 2007 footer.

Glossary:

Add:

Head Cues none

The preferred cue terms that are used in the RAL Suggested Classic Cues. They also are on cue sheets above the figure descriptions, usually in 4 measure groups and bold print.

Index: Realign the items as they flow from one page to the next.

Phase 1 and 2 no changes.

Phase 3:

CHA On Page 5 Add:

Sand Step Sndstp Sand Step
1,2,3&,4; TOE, HEEL, XIF/SD, XIF;
(TOE, HEEL, XIF/SD, XIF);

MAN: Swiveling slightly to right on the right foot rotate the left knee inward in order to touch the left toe to the instep of the right foot [no weight change], swiveling slightly to left on the right foot rotate the left knee outward in order to touch the left heel to the floor [no weight change], swiveling slightly to right on the right foot cross left in front/side right, cross left in front;
WOMAN: Swiveling slightly to left on the left foot rotate the right knee inward in order to touch the right toe to the instep of the left foot [no weight change], swiveling slightly to right on the left foot rotate the right knee outward in order to touch the right heel to the floor [no weight change], swiveling slightly to left on the left foot cross right in front/side left, cross right in front;
NOTE: May start with either foot.

CHA On Page 6 Change From:

Underarm Turn undrm trn Underarm Turn
1,2,3&,4; BK, REC, SD/CL, SD;
(XIF TRN, REC TRN, SD/CL, SD);

MAN: Back right, recover left, side right/close left, side right;
WOMAN: Commence right face turn ½ cross left in front of right under joined lead hands, recover right complete right face turn to face partner, side left/close right, side left;
NOTE: Starts and ends facing partner.

TO:

Underarm Turn undrm trn Underarm Turn
1,2,3&,4; XIB, REC, SD/CL, SD;
(XIF TRN, REC TRN, SD/CL, SD);

MAN: Raising joined lead hands turn body slightly right face and cross right foot behind, recover left squaring body to face partner, side right/close left, side right;
WOMAN: Cross Left in front under joined lead hands commence 1/2 right face turn, recover right complete right face turn to face partner, side left/close right, side left;
NOTE: When starting facing WALL, the man's first step is a cross behind towards DLC and the woman's first step is a cross in front towards LOD. The figure starts and ends facing partner.

FOXTROT On Page 4 Add:

5. **Thru Hover** thru hov Thru Hover [to ending position]
SQQ; THRU, -, FWD (/TURN) RISE, REC;
(THRU, -, FWD (/TURN) RISE & BRUSH, REC);

MAN: Thru, -, forward with slight rise turning as necessary, recover to designated position;
WOMAN: Thru , -, forward with slight rise turning as necessary and brush free foot to supporting foot, recover to designated position;
NOTE: Can start with either foot. Either the man or the woman or both will have a turn on the second step in order to finish in the designated ending position. (Example of a frequent usage: from semi-closed position with man's right and lady's left foot free: THRU HOVER TO BANJO).

JIVE On Page 1 Change From:

 # Change Hands Behind Back chg hnds bhd bk Change Hands Behind Back
1,2,3a,4; 1a,2, RK BK, REC, FWD/CL, FWD TRN; SD & BK/CL, SD,
(RK BK, REC, FWD/CL, FWD TRN; SD/CL, SD & BK),

MAN: Rock back left, recover right, slightly forward left/close right, forward left commence 1/4 left face turn; slightly side and back right/close left, side right complete 1/4 left face turn to face partner,
WOMAN: Rock back right, recover left, forward right/left, forward right commence 1/4 right face turn; side left/close right, side and back left complete 1/4 right face turn to face partner,
NOTE: Starts and ends in left open facing position. Man changes woman's right hand to his right hand on the first triple and back to his left hand on second triple. Both change hands are done behind his back. Woman uses right hand throughout. Figure ends each person completing 1/2 turn.

TO:

 # Change Hands Behind Back chg hnds bhd bk Change Hands Behind Back
1,2,3a,4; 1a,2, RK APT, REC, FWD/CL, FWD TRN; SD & BK/CL, SD & BK TRN,
(RK APT, REC, FWD/CL, FWD TRN; SD & BK/CL, SD & BK TRN),

MAN: Rock apart left, recover right, forward left starting 1/4 left face turn and placing right hand over woman's right hand/close right, forward left releasing left hand and completing 1/4 left face turn to tandem position in front of woman; side and back right starting 1/4 left face turn and placing left hand behind man's back/close left transferring woman's right hand to man's left hand behind his back, side and back right completing 1/4 left face turn,
WOMAN: Rock apart right, recover left, forward right starting 1/4 right face turn/close left, forward right completing 1/4 right face turn to tandem position behind man; side and back left starting 1/4 right face turn/close right, side and back left completing 1/4 right face turn,
NOTE: Starts and ends in left open facing position with partners changing sides.

QUICKSTEP On Page 2Add:

4. **Thru Hover** thru hov Thru Hover [to ending position]
SS; S THRU, - , FWD (/TURN) RISE, -; REC, -,
(THRU, - , FWD (/TURN) RISE & BRUSH, -; REC), -,

MAN: Thru , -, forward with slight rise turning as necessary, - ; recover to designated position, -,
WOMAN: Thru , -, forward with slight rise turning as necessary and brush free foot to supporting foot, -; recover to designated position, -,
NOTE: May start with either foot. Either the man or the woman or both will have a turn on the second step in order to finish in the designated ending position. (Example of a frequent usage: from semi-closed position with man's right and lady's left foot free: THRU HOVER TO BANJO).

RUMBA On Page 4 Add:

Sand Step Sndstp Sand Step
QQS; TOE, HEEL, XIF,-;
(TOE, HEEL, XIF,) -;
MAN: Swiveling slightly to right on the right foot rotate the left knee inward in order to touch the left toe to the instep of the right foot [no weight change], swiveling slightly to left on the right foot rotate the left knee outward in order to touch the left heel to the floor [no weight change], swiveling slightly to right on the right foot cross left in front, -;
WOMAN: Swiveling slightly to left on the left foot rotate the right knee inward in order to touch the right toe to the instep of the left foot [no weight change], swiveling slightly to right on the left foot rotate the right knee outward in order to touch the right heel to the floor [no weight change], swiveling slightly to left on the left foot cross right in front, -;
NOTE: May start with either foot.

RUMBA On Page 5 Change From:

Underarm Turn undrm trn Underarm Turn
QQS; BK, REC, SD, -;
(XIF TRN, REC TRN, SD), -;
MAN: Back right, recover left, side right, -;
WOMAN: Cross left in front under joined lead hands commence 1/2 right face turn, recover right complete right face turn to face partner, side left, -;
NOTE: Starts and ends facing partner.

TO:
Underarm Turn undrm trn Underarm Turn
QQS; XIB, REC, SD, -;
(XIF TRN, REC TRN, SD), -;
MAN: Raising joined lead hands turn body slightly right face and cross right foot behind, recover left squaring body to face partner, side right, -;
WOMAN: Cross left in front under joined lead hands commence 1/2 right face turn, recover right complete right face turn to face partner, side left, -;
NOTE: When starting facing Wall, the man's first step is a cross behind towards DLC and the woman's first step is a cross in front towards LOD. The figure starts and ends facing partner.

TANGO On Page 1 Change From:

Serpiente serp Serpiente
QQQQ; QQQQ; SD, BHD, FAN, BHD; SD, THRU, FAN, THRU;
(SD, BHD, FAN, BHD; SD, THRU, FAN, THRU);
MAN: In facing position side left, behind right, fan left counter-clockwise, behind left; side right, thru left, fan right counter-clockwise, thru right to original line of direction;
WOMAN: In facing position side right, behind left, fan right clockwise, behind right; side left, thru right, fan left clockwise, thru left to original line of direction;
NOTE: Timing may vary. Final thru step may be part of following measure or figure.

TO:
Serpiente serp Serpiente
QQS QQQQ; SD, BHD, FAN, -; BHD, SD, THRU, FAN;
(SD, BHD, FAN, -; BHD. SD, THRU, FAN);
MAN: In facing position side left, behind right, fan left counterclockwise, - ; behind left; side right, thru left, fan right counterclockwise;

WOMAN: In facing position side right, behind left, fan right clockwise, - ; behind right; side left, thru right, fan left clockwise;

NOTE: May start with either foot and travel in either direction.

Two Step On Page 1 Change From:

Left Turning Two Steps LF trng TS Left Turning Two Steps
QQS; QQS; SD, CL, FWD TRN, -; SD, CL, BK TRN, -;
(SD, CL, BK TRN, -; SD, CL, FWD TRN), -;

MAN: In closed position side left, close right, side left pivoting 1/2 left face, -; side right, close left, side right pivoting 1/2 left face, -;

WOMAN: In closed position side right, close left, side right pivoting 1/2 left face, -; side left, close right, side left pivoting 1/2 left face, -;

NOTE: Figure generally uses two measures of music. Ending position and facing direction depend on choreography.

TO Page 2:

Two Left Turning Two Steps 2 L trng two stps Two Left Turning Two Steps
QQS; QQS; SD TRN, CL, FWD TRN, -; SD TRN, CL, BK TRN, -;
(SD TRN, CL, BK TRN, -; SD TRN , CL, FWD TRN,) -;

MAN: Side left commence left face turn, close right continue left face body turn, forward left complete up to 1/2 left face turn, -; side right commence left face turn, close left continue left face body turn, back right complete up to 1/2 left face turn, -;

WOMAN: Side right commence left face turn, close left continue left face body turn, back right complete up to 1/2 left face turn, -; side left commence left face turn, close right continue left face body turn, forward left complete up to 1/2 left face turn, -;

NOTE: Closed position throughout. Starting and ending facing direction can vary depending on choreography. If One Left Turning Two Step is used as a single measure figure, either measure 1 or measure 2 of the above description applies depending on which foot is free to start the figure.

WALTZ On Page 3 Add:

5. **Thru Hover** thru hov Thru Hover [to ending position]
1,2,3; THRU, FWD (/TURN) RISE, REC;
(THRU, FWD (/TURN) RISE & BRUSH, REC);

MAN: Thru , forward with rise turning as necessary, recover to designated position;

WOMAN: Thru , forward with rise turning as necessary and brush free foot to supporting foot, recover to designated position;

NOTE: May start with either foot. Either the man or the woman or both will have a turn on the second step in order to finish in the designated ending position. (Example of a frequent usage: from semi-closed position with man's right and lady's left foot free: THRU HOVER TO BANJO).

Phase 4, 5 and 6. West Coast Swing (WC) was moved from the Jive section into its own section. The following was added to the introduction of the WC section in all three phases.

CHARACTERISTICS: West Coast Swing has three basic families of figures: Passing figures with a timing of 123&4 5&6; Sugar figures with a timing of 123&4 5&6; and whip figures with timing of 123&4 567&8. Optional timing can be using an “a” in place of the “&” as in 123a4 5a6. West Coast is danced in a slot. The slot is an imaginary rectangle on the floor. Partner travels up and down the slot from one point to another by passing through the center. Leader steps to the side of the slot to allow partner to pass and then returns to the center. Most figures end with an anchor step, although a coaster step is optional.

NOTE: Definitions written with a Coaster Step exit may also be done with an Anchor Step exit. Demonstration figures on the DVDs are danced with an Anchor Step.

Phase 4.

FOXTROT On Page 2 Change From:

Change of Direction chg of dir Change of Direction
SS; FWD, -, FWD TRN, DRAW;
(BK, -, BK TRN, DRAW);
MAN: Forward left diagonally line and wall, -, forward right diagonally line and wall right shoulder leading and turn left face, draw left to right;
WOMAN: Back right diagonally line and wall, -, back left diagonally line and wall left shoulder leading and turn left face, draw right to left;
NOTE: Closed position throughout, up to 1/4 left face turn.

TO:
Change of Direction chg of dir Change of Direction
SS; FWD, -, TRN SD DRAW, -;
(BK, -, TRN SD DRAW, -;)
MAN: Forward left diagonally line and wall, -, forward right diagonally line and wall right shoulder leading turning left face starting to draw left to right, finish drawing left to right;
WOMAN: Back right diagonally line and wall, -, back left diagonally line and wall left shoulder leading turning left face starting to draw right to left, finish drawing right to left;
NOTE: Closed position throughout, up to 1/4 left face turn.

FOXTROT On Page 5 Change From:

Hesitation Change hes chg Hesitation Change
SQQ; BK TRN, -, SD TRN, DRAW;
(FWD TRN, -, SD TRN, DRAW);
MAN: Commence right face upper body turn back left, -, side right continuing right face turn, draw left to right;
WOMAN: Commence right face upper body turn forward right, -, side left continuing right face turn, draw right to left;
NOTE: A 1-measure figure usually done in closed position, but may be done in CBMP. Turn may be 1/8 to 1/2.

TO:
Hesitation Change hes chg Hesitation Change
SQQ; TRN BK, -, TRN SD DRAW, -;
(TRN FWD -, TRN SD DRAW, -;)
MAN: Commence right face upper body turn back left, -, side right continuing right face turn, starting to draw left to right, finish drawing left to right;;
WOMAN: Commence right face upper body turn forward right, -, side left continuing right face turn, starting to draw right to left, finish drawing right to left;
NOTE: A 1-measure figure usually done in closed position, but may be done in CBMP. Turn may be 1/8 to 1/2.

JIVE On Page 4 Add:

Traveling Sand Steps trav snd stps Traveling Sand Steps
QQQQ; TOE, STEP, HEEL, CROSS;
(TOE, STEP, HEEL, CROSS;)
MAN: Swiveling right face on right foot touch left toe to instep of right foot with toe pointed inward, swiveling left face on right foot small side left, swiveling right face on left foot touch right heel to floor toe pointed outward, swiveling left face on left foot cross right in front;

WOMAN: Swiveling left face on left foot touch R toe to instep of left foot with toe pointed inward, swiveling right face on left foot small side right, swiveling left face on right foot touch left heel to floor toe pointed outward, swiveling right face on right foot cross left in front;
NOTE: Usually done in BFLY with progression.

PHASE 6.

ACTIONS On Page 1 Change From:

Opposition Points opp pts Opposition Points
Lower on weighted foot and point free foot to the side.
NOTE: Points may be done with either the right or left foot. The side opposite the pointed foot is stretched. Exits and entries may vary. Positions vary. Head position is optional.

TO:
Opposition Points opp pts Opposition Points
Both partners lower onto their weighted foot and point free foot to the side.

MOVEMENTS On Page 1 Change From:

Challenge Line chal line Challenge Line
Side and forward left with forceful stretching of right side of body upward into high line attitude looking over lead hands.

TO:
Challenge Line chal line Challenge Line
Side and forward left (Lady small step right) with stretching of whole body up and forward with high line attitude and slight body turn RF. Man's left side will slightly dominate without breaking opposite side. Both look upward above lead hands with topline in SCP but bodies in CP.

MOVEMENTS On Page 1 Delete Pretzel Wrap.