

A MESS OF BLUES

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MUSIC: "A Mess of Blues", Elvis Presley, Elvis' Gold Records (2:41)
Available as download from Amazon, (sl slightly if desired)
https://www.amazon.com/A-Mess-of-Blues/dp/B01J51FP22/ref=sr_1_3?s=dmusic&ie=UTF8&qid=1515400882&sr=1-3&keywords=a+mess+of+blues%2C+elvis+Presley
https://www.youtube.com/watch?v=hJgQF_Xaxhk&list=RDhJgQF_Xaxhk

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)

RHYTHM: JIVE PH IV+1 (stop & go) + 1 UNPH (shuffling door) Average Difficulty

SEQUENCE: INTRO A A B A B A END

INTRODUCTION

- 1-4** OP M FCG WALL 4-5 FT APT WAIT;; SLOW SIDE BREAKS; SWIVEL TOGETHER 4;
[SHORTY GEORGE OPTION];
- 1-2 {wait} OP M FCG WALL 4-5 ft apt Ld feet free arms down at sides;;
- 3 {sl side breaks} Turning palms out push sd L, push sd R, trng palms in cl L, cl R;
- 4 {swivel together 4} With swiveling action fwd L, fwd R, fwd L, fwd R to CP;
[shorty George option] Bending knees taking sm stps ball flat w/ index finger on oppos side
ptd to floor fwd L, R, L, R blending to CP;

PART A

- 1-4** CHASSE LEFT & RIGHT; CHANGE RIGHT TO LEFT ~ SOLE TAP TO FACE WALL;;;
- 1 {chasse L & R} Blending to loose CP sd L/cl R, sd L, sd R/cl L, sd R;
- 2-4 {R to L ~ sole tap to fc WALL} Rk bk L SCP, rec R, fwd L/cl R, fwd L (Rk bk R, rec L, fwd R/cl L, fwd R trng ½ RF in front of M); Sd R/cl L, sd & fwd R to LOP LOD, rk apt L, rec R (Sd L/cl R, sd & bk L, rk apt R, rec L); Sd L twd ptr, XRib aiming to tch the sole of ptr's shoe while lifting trail hnds in a curve over the head, sliding apt R/cl L, sd & bk R to LOP WALL;
- 5-8** SHUFFLING DOORS;; LEFT TO RIGHT & GLIDE TO THE SIDE TO FACE;;
- 5-6 {shuffling doors} XLib, rec Rif, sd L/cl R, sd L sliding beh W to OP WALL; XRib, rec Lif, sd R/cl L, sd R sliding in front of W to LOP WALL;
- 7-8 {L to R & glide to the side} Rk apt L, rec R, sd L/R, L to LOP WALL (Rk apt R, rec L, fwd chasse R/L, R trng ¾ LF und ld hnds); Sd R, XLif, sd R/cl L, sd R (Sd L, XRif, sd L/cl R, sd L);
- 9-12** LINK ROCK TO SCP & ROCK REC;; 2 FORWARD TRIPLES; SWIVEL 4;
- 9-10 {link rk rk rec} Rk apt L, rec R, sd L/cl R, sd L; Sd R/cl L, sd R, trng to SCP rk bk L, rec R;
- 11 {2 fwd triples} Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
- 12 {swivel 4} With swiveling action fwd L, R, L, R;

REPEAT A

PART B

- 1-5** PRETZEL TURN W/ FORWARD & BACK ROCKS;; ROCK FWD REC & UNWIND PRETZEL
TO FACE ~ AMERICAN SPIN;;;
- 1 {pretzel trn} Keeping M's L & W's R hnds joined M trng RF L/R, L, R/L, R (Trng LF R/L R, L/R, L) end both looking LOD hnds joined beh bk;
- 2 {fwd & bk rocks} Extending trl hnd LOD rk fwd L, rec R, folding trl hnd IF of body rk bk L, rec R;
- 3-5 {rk fwd rec & unwind pretzel to fc ~ am spin} Extending trl hnd LOD rk fwd L, rec R, progressing RLOD unwind L/R, L; R/L, R to fc ptr & WALL, rk apt L, rec R; Tog L/R, L leading W to spin RF, sm sd R/L, R (Tog R/L, R spinning full trn RF on last stp, sm sd L/R, L to ld hnds);
- 6-8** STOP & GO;; PROGRESSIVE ROCK 4;
- 6-7 {stop & go} Rk apt L, rec R, fwd L/cl R, fwd L catching W w/ R hnd on L sh blade (Rk apt R, rec L, fwd R/L, R trng ½ LF und ld hnds to end at M's R sd); Rk fwd R toeing to ptr, rec L, sm bk R/cl L, bk R to LOP WALL (Rk bk L, rec R, fwd L/R, L trng ½ RF und ld hnds);
- 8 {prog rk 4} Joining both hnds rk apt L, rec slightly crossing Rif, rk apt L, rec crossing Rif;

REPEAT A

REPEAT B

REPEAT A

ENDING

- 1-4 PRETZEL TURN W/ FWD & BK ROCKS;; ROCK RECOVER & UNWIND TO SCP ROCK RECOVER;;**
- 1 {pretzel trn} Keeping M's L & W's R hnds joined M trng RF L/R, L, R/L, R (trng LF R/L R, L/R, L)
end both looking LOD hnds joined beh bk;
- 2 {fwd & bk rocks} Extending trl hnd forward rk fwd L, rec R, folding trl hnd IF of body rk bk L, rec R;
- 3-4 {rk rec & unwind pretzel to SCP rk rec} Rk fwd L, rec R, progressing RLOD unwind L/R, L; R/L, R
to SCP, rk bk L, rec R (Rk fwd R, rec L, progressing RLOD unwind R/L, R; L/ R, L to SCP, rk bk R,
rec L);
- 5-8 2 FWD TRIPLES; SWIVEL 4; 3 POINT STEPS POINT & FREEZE;;**
- 5 {2 fwd triples} Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
- 6 {swivel 4} With swiveling action fwd L, R, L, R;
- 7-8 {3 pt stps pt & freeze} Pt L, fwd L, pt R, fwd R; Pt L, fwd L, pt R & hold;

JV IV A MESS OF BLUES

INTRO: WAIT;; 2 SL SD BRKS; SWIVEL TOG 4;
[SHORTY GEORGE OPTION]

A
CHASSE L & R; R TO L ~ SOUL TAP FC WALL;;;
SHUFFLING DOORS;; L TO R & GLIDE TO THE SIDE TO FC;;
LINK RK SCP RK REC; 2 FWD TRIPLES; SWIVEL 4;
REPEAT A

B
PRETZEL TRN W/ FWD & BK RKS;; RK FWD REC &
UNWIND TO FC ~ AM SPIN;;; STOP & GO;;
PROG RK 4;

A
CHASSE L & R; R TO L ~ SOUL TAP FC WALL;;;
SHUFFLING DOORS;; L TO R & GLIDE TO THE SIDE TO FC;;
LINK RK SCP RK REC; 2 FWD TRIPLES; SWIVEL 4;

B
PRETZEL TRN W/ FWD & BK RKS;; RK FWD REC &
UNWIND TO FC ~ AM SPIN;;; STOP & GO;;
PROG RK 4;

A
CHASSE L & R; R TO L ~ SOUL TAP FC WALL;;;
SHUFFLING DOORS;; L TO R & GLIDE TO THE SIDE TO FC;;
LINK RK SCP RK REC; 2 FWD TRIPLES; SWIVEL 4;

END
PRETZEL TRN W/ FWD & BK RKS;; RK REC &
UNWIND TO SCP RK REC;; 2 FWD TRIPLES; SWIVEL 4;
3 PT STPS PT & FREEZE;;