

AMISTAD

Choreo: Zena & Ernie Beaulieu, 3009 High Tide Ct, Las Vegas, NV 89117
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Music: Amistad by Carmen Soarez, CD: Latin Music 8, trk 15, Casa Musica download, time 3:38
Rhythm: Rumba Phase IV + 2 (full nat top, spiral) Speed: 46 rpm
Footwork: Opposite unless indicated (W's footwork in parentheses) Difficulty: Average
Timing: QQS unless otherwise indicated, reflects actual weight changes Released: June 23, 2019
Sequence: Intro A Brg B Brg A(1-8) Brg BA(9-16) CC(1-8) End

Intro

1-6 Wait,,, Alternative Basics Twice;; NY; Undrm Trn; NY in 4;

- 1 Wait 3 pu notes in BFLY WALL with lead foot pointing LOD,,,
- 2-3 Cl L, cl R, sd L, - ; cl R, cl L, sd R, - ;
- 4 {NY} Releasing trailing hnds trng RF thru L twd RLOD, rec R to fc ptr in BFLY, sd L, - ;
- 5 {Undrm trn} Raising jnd right hnds trn slightly RF XRib, rec L fc ptr, sd R to BFLY WALL (*W XLif under jnd hnds comm ½ RF trn, rec R comp trn to fc, sd L, -*), - ;
- 6 {NY 4} Thru L with straight leg to sd by sd pos fcg RLOD, rec R to BFLY WALL, sd R, rec L;

Part A

1-8 ½ Basic to Fan;; Ck Hcky Stk to Dbl Handhold; Rk 3 push apt to Fan; Start Alem – Swvlg to Aida;; Hip Rk 3 to Fc; Sd Wk 3 [to Rev];

- 1-2 {½ basic to fan} Fcg WALL fwd L, rec R, sd L, - ; bk R, rec L, sd R (*W fwd L, sd & bk R trng LF, bk L to end fcg DRW, -*), - ;
- 3 {Ckd hck stk to dbl HH} Rk fwd L, rec R, sm sd L (*W cl R to L trng sltly right to fc RLOD, fwd L, fwd R, -*) joining both hnds in frnt of bodies at hip level, - ;
- 4 {Rk 3 apt to fan} Fcg WALL and keeping dbl handhold rk sd R, rec L, rec R releasing jnd trailing hands, (*W rk bk L, rec R, bk L releasing trailing hands and stepping slightly apt to fan pos, -*) - ;
- 5-6 {Start alemana} Fwd L, rec R raising lead hnds, cl L (*W cl R, fwd L, fwd R swvl RF fc ptr, -*), - ; {Aida} Thru R trng LF, sd L, trng RF bk R to bk to bk V pos fcg RLOD;
- 7-8 {Hip rk 3} Rk fwd L, rec R, rk fwd L trng LF (*RF*) flaring in to BFLY, - ; sd R, cl L, sd R, - ;

9-16 Fwd Basic – W Wrap; Bk Basic – Unwrap to R-R Hndshk; Trade Plcs Twice;; Op Brk; Undrm Trn; Rev Undrm Trn; Spot Trn BFLY;

- 9-10 Fwd L, rec R, bk L (*W bk R, rec L, fwd R trng sharply LF to wrapped pos fcg WALL, -*), - ; bk R, rec L, fwd R (*W bk L, rec R, fwd L trng sharply RF to handshake COH, -*), - ;
- 11-12 {Trade plcs} Rk apt L, rec R releasing hnds comm RF trn beh W to temporarily in tandem RLOD, cont RF trn sd & bk L to left handshake COH, - ; Rk apt R, rec L releasing hnds comm LF trn beh W to temporarily be tandem RLOD, cont LF trn sd & bk R to right handshake WALL (*W rk apt R, rec L releasing hnds comm LF trn in front of M to temporarily be tandem RLOD, cont LF trn sd & bk R to left handshake WALL, -*; *Rk apt L, rec R releasing hnds comm RF trn in front of M to temporarily be tandem RLOD, cont RF trn sd & bk L to right handshake COH, -*), - ;
- 13-14 {Op brk} Staying in handshake bk L, rec R, sd L, - ; {Undrm trn} Raising jnd right hnds trn slightly RF XRib, rec L fc ptr, sd R to BFLY WALL (*W XLif under jnd hnds comm ½ RF trn, rec R comp trn to fc, sd L, -*), - ;
- 15 {Rev undrm trn} Trng body slightly RF XLif raising jnd rt hnds, rec R, sd L (*W swvlg ¼ LF fwd R twds RLOD trng ½ undr jnd rt hnds, rec L trng to BFLY fcg ptr, sd R, -*), - ;
- 16 {Spot trn} XRif trng LF, rec L cont trn to fc ptr, sd R to BFLY WALL, - ;

Brg

1 Slo Hip Rk 2;

- 1 {Slo hip rk 2} Sd L, - , rec R, - ;

Part B

1-8 ½ Basic to Full Nat Top;;; NY; Crab Wk 6;; Spot Trn;

- 1 Fwd L, rec R, sd L trng RF (*W bk R, rec L, fwd R between M's feet*) to CP RLOD, - ;
- 2-4 {Nat top} XRib comm RF trn, sd L cont trn, XRib cont trn (*W sd L comm RF trn, XRif cont trn, sd L cont trn, -*), - ; sd L cont trn, XRib cont trn, sd L (*W XRif cont trn, sd L cont trn, XRif cont trn, -*), - ; XRib cont RF trn, sd L cont trn, XRib cont trn (*W sd L cont RF trn, XRif cont trn, sd L cont trn*) to BFLY WALL, - ;
- 5 {NY} Releasing trailing hnds trng RF thru L twd RLOD, rec R to fc ptr in BFLY, sd L, - ;
- 6-7 {Crab wks} XRif, sd L, XRif, - ; sd L, XRif, sd L, - ;
- 8 {Spot trn} XRif trng LF, rec L cont trn to fc ptr, sd R to BFLY WALL, - ;

Part C**1-8 Brk Bk to Opn – Both Sprl to Aida;; Switch Rk; Spot Trn; NY; Thru Serpiente;; Fnc Line;**

- 1 {Brk Bk to opn} Swiveling sharply on the R step bk L to LOP LOD, rec R, fwd L, spiraling 7/8 RF (*spiraling 7/8 LF*);
- 2 {Aida} Cont trng RF bk & sd R, trng RF sd & fwd L, cont RF trn bk R to bk-bk V-shape pos fcg RLOD, - ;
- 3 {Switch rk} Trng left to fc ptr sd L, rec R, sd & fwd L, - ;
- 4 {Spot trn} XRif trng LF, rec L cont trn to fc ptr, sd R to BFLY WALL, - ;
- 5 {NY} Releasing trailing hnds trng RF thru L twd RLOD, rec R to fc ptr in BFLY, sd L, - ;
- 6-7 {Thru serpiente} Thru R, sd L, bhnd R, fan L CCW; bhnd L, sd R, thru L, fan R CW;
- 8 {Fnc line} X lunge R with bent knee looking twd LOD, rec L, sd R, - ;

9-16 Chase w/ Undrm Pass COH;; Opn Brk; Undrm Trn; Chase w/ Undrm Pass WALL;; Time Step Twice;;

- 9-10 {Chase w/undrm pass} Holding lead hnds fwd L trng sharply RF ½ fcg COH, rec R, fwd L (*W bk R, rec L, fwd R ending at M's right side, - , - ; bk R, rec L, sd R (fwd L, fwd R trng LF sharply to fc ptr, sd L, - , - ;*
- 11-12 {Op brk} Staying in handshake bk L, rec R, sd L, - ; {Undrm trn} Raising jnd right hnds trn slightly RF XRib, rec L fc ptr, sd R to BFLY WALL (*W XLif under jnd hnds comm ½ RF trn, rec R comp trn to fc, sd L, - , - ;*
- 13-14 {Chase w/undrm pass} Holding lead hnds fwd L trng sharply RF ½ fcg WALL, rec R, fwd L (*W bk R, rec L, fwd R ending at M's right side, - , - ; bk R, rec L, sd R (fwd L, fwd R trng LF sharply to fc ptr, sd L, - , - ;*
- 15-16 {Time step} Releasing jnd hnds extend arms out XLib (*XRib*), rec R re-crossing arms in front, sd L, - ; XRib (*XLib*) extending arms out, rec L re-crossing arms in front, sd R to BFLY WALL, - ;

End**1-5 Alternative Basics Twice;; NY; Aida; Slowly Extend Arms;**

- 1-2 Cl L, cl R, sd L, - ; cl R, cl L, sd R, - ;
- 3 {NY} Releasing trailing hnds trng RF thru L twd RLOD, rec R to fc ptr in BFLY, sd L, - ;
- 4-5 {Aida} Trng LF thru R, trng RF sd L, bk R to bk to bk V pos fcg RLOD, - ; with the music slowly sweep trail hnds up & out;

Quick Cues: (wait 3 pick up notes in BFLY WALL with lead foot pointing LOD)

Intro Wait,,, Alternative Basics Twice;; NY; Undrm Trn; NY in 4;

A ½ Basic to Fan;; Ck Hcky Stk to Dbl Handhold; Rk 3 Apt to Fan; Start Alem – Swvlg to Aida;; Hip Rk 3 to Fc; Sd Wk 3 (to Rev); Fwd Basic – W Wrap; Bk Basic – Unwrap (Hndshk); Trade Plcs Twice;; Opn Brk; Undrm Trn; Rev Undrm Trn; Spot Trn (BFLY);

Brg Slo Hip Rk 2;

B ½ Basic to Full Nat Top;;; NY; Crab Wk 6;; Spot Trn;

Brg Slo Hip Rk 2;

A(1-8) ½ Basic to Fan;; Ck Hcky Stk to Dbl Handhold; Rk 3 Apt to Fan; Start Alem – Swvlg to Aida;; Hip Rk 3 to Fc; Sd Wk 3 (to Rev);

Brg Slo Hip Rk 2;

B ½ Basic to Full Nat Top;;; NY; Crab Wk 6;; Spot Trn;

A(9-16) Fwd Basic – W Wrap; Bk Basic – Unwrap (Hndshk); Trade Plcs Twice;; Opn Brk; Undrm Trn; Rev Undrm Trn; Spot Trn (BFLY);

C Brk Bk to Opn – Both Sprl; Aida; Switch Rk; Spot Trn; NY; Thru Serpiente;; Fnc Line; Chase w/ Undrm Pass (COH);; Opn Brk; Undrm Trn; Chase w/ Undrm Pass (Wall);; Time Step Twice;;

C(1-8) Brk Bk to Opn – Both Sprl; Aida; Switch Rk; Spot Trn; NY; Thru Serpiente;; Fnc Line;

End Alternative Basics Twice;; NY; Aida; Slowly Extend Arms;