

ANOTHER BLUE MONDAY

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RECORD: Coll 6051-A "Blue Monday" Fats Domino, avail Palomino
FOOTWORK: Opposite unless otherwise noted
RHYTHM: WEST COAST SWING SPEED: 45 rpm
PHASE: RAL PHASE IV + 1SEQUENCE: INTRO A B A(1-8) C B END RELEASE: December, 2000
Corrected 8/14

MEAS: INTRO

1-1 ½ WAIT 1 MEAS; STEP TURN POINT,,

1 M fcg COH weight on lead ft sd by sd ptr on M's R sd, hold,-,-
(W fcg COH sd by sd with ptr weight on lead ft M on lady's
R sd L arm bent w/hnd beh head, hold,-,-);

1½ bk & sd R swvl LF to fc ptr, pnt L twrd ptr RLOD(W bk & sd L
swvl RF to fc ptr, pnt R twd ptr LOD,),

PART A

1-4 SUGAR PUSH—SUGAR TUCK & SPIN;;; KICK BALL CHNG x 2;

1-3 {SUGAR PUSH} fcg RLOD bk L, bk R, tch L to R, fwd L;
beh R/sd L, sd R,
{SUGAR TUCK & SPIN} bk L, bk R to tight BFLY low hnds;
tch L to R, fwd L raise jnd lead hnds soft pull on trail hnds,
X R beh L/ sd L, sd R(W fwd R, fwd L slight RF trn to tight
BFLY; tch R to L, trng RF fwd R & free spin RF to fc ptr,
X L beh R/sd R, sd L);

4 {KICK BALL CHNGS} kick L, stp L/R, kick L, stp L/R end fcg
ptr RLOD;

5-8 LEFT SIDE PASS OVERTRN—THREE SD CLS;;; SAILOR SHUFFLES;

5-7 {LEFT SIDE PASS & 3 SD CLS} bk L trng LF, clo R leadg W to
M's L side, fwd L/cl R, fwd L fc wall(W fwd R, fwd L passng on
M's L sd, fwd R/L, R trng LF ovtrn to fc wall sd by sd w/ ptr
on M's L sd); XRIB of L/sd L, sd R, sd L, cl R(W sd L/XRIB
fwd L, sd R, cl L passing in front of M); sd L,cl R, sd L, cl R
(W sd R, cl L, sd R, cl L end M's R sd fcg wall);

8 {SAILOR SHUFFLES} XLIB of R/sd R, sd L, XRIB of L/sd L,
sd R trng RF to fc ptr & RLOD(W trn LF to fc ptr & LOD);

9-16 U/A TRN TO TRPLE TRAVEL WITH ROLL—SUGAR PUSH;;;;;
U/A TRN & POINT;;

9 {U/A TRN} fcg ptr RLOD bk L trng RF, fwd R twd W's R sd
trng RF, fwd L/cl R, fwd L to R hnd star M fcg COH(W fwd R,
fwd L, undr jnd lead hnds fwd R/fwd L, fwd R trng LF to fc
Wall);

10-14 {TRPLE TRAV WITH ROLL} moving twd LOD chsse R/L, R,
roll RF 1 & 1/2 trns L, R, to L hnd star M fcg Wall(W chsse
L/R, L, roll RF 1& 1/2 trns R,L);

PART A (cont)

- chsse L/R,L both trn LF 1/2 to R hnd star, chsse R/L,R both trn RF to L hnd star M fcg Wall; chsse L/R, L roll LF R,L LOP fcg ptr & LOD; XRIB/sd L, sd R,{SUGAR PUSH} bk L, bk R; tch L to R, fwd L, beh R/sd L, sd R;
- 15-16 {U/A TRN & PNT} bk L trn RF, fwd R trng RF, fwd L/cl R, fwd L (W fwd R, fwd L undr jnd lead hnds, fwd R/L, R trng LF;); XRIB of L/sd L, sd R, pnt L to Wall,-(W bk L/cl R, fwd L, pnt R,-;) end M fcg RLOD W fcg LOD;

PART B

- 1-4 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT TO LOD;
- 1 {SAILOR SHUFFLES}XLIB of R/sd R,sd L,XRIB of L/sd L, sd R;
- 2-3 {CHICKEN WLKS} bk L, -, bk R leadg W to swvl,-(W swvl fwd R,-, swvl fwd L,-;); bk L, bk R, bk L, bk R(W cont swvl R, L, R, L;);
- 4 {THROWOUT} sd L/cl R, sd L strt LF trn 1/4 , XRIB of L/sd L, cont LF trn sd R to fc LOD(W sd R strt LF trn/cl L, cont LF trn bk R, bk L/cl R, fwd L to fc RLOD;);
- 5-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT TO RLOD;
- 5 {SAILOR SHUFFLES} REPEAT MEAS 1 PART B;
- 6-7 {CHICKEN WLKS} REPEAT MEAS 2 & 3 PART B;
- 8 {THROWOUT} REPEAT MEAS 4 PART B end M fcg RLOD W fcg LOD;

PART A (1-8)

- 1-4 SUGAR PUSH—SUGAR TUCK & SPIN;;; KICK BALL CHNG X 2;
- 5-8 LEFT SIDE PASS--SD CL;;;SAILOR SHUFFLES;
- 1-8 REPEAT MEAS 1-8 PART A end fcg ptr RLOD;;;;;;;

PART C

- 1-8 WRAPPED WHIP;; SIDE BRKS;; WRAPPED WHIP;; SIDE BRKS;;
- 1-2 {WRAPPED WHIP} fcg RLOD jn both hnds bk L, rec R trn 1/4 RF, brng jnd hnds ovr W's head sd L/clo R cont RF trn, sd & fwd L in wrap pos(W fcg LOD fwd R, fwd L, fwd R/cl L, bk R;); XRIB of L trng RF release trail hnds, sd L trng RF, sd R/clo L, sd R(W bk L, bk R, bk L/cloR, fwd L;);
- 3-4 {SIDE BRKS—&S&S QQQQ} ft action only sd L/sd R(out out), -; cl L/cl R to L(in in),-; sd L/sd R(out out), cl L/cl R to L(in in), sd L/sd R(out out), cl L/cl R to L(in in);
- 5-6 {WRAPPED WHIP} REPEAT MEAS 1 & 2 PART C;;
- 7-8 {SIDE BRKS—&S&S QQQQ} REPEAT MEAS 3 & 4 PART C;;

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REPEAT PART B

- 1-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT TO LOD ;
SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT RLOD;

1-8 REPEAT MEAS 1-8 PART B;;;;;;;;;

END

- 1-6 U/A TRN TO TRPLE TRAV WITH ROLL—SUGAR PUSH & POINT;;;;;;;;;

1-6 REPEAT MEAS 9-13 PART A;;;;;;;;; finish sugar push & pnt L to
sd L arm extended twd ptr (W pnt R to sd L hnd beh head;);

NOTE: for records with extra measure, add U/A trn after the
sugar push and before the point.