

AT THE END OF SORROW

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Record : La Maison Est En Ruine CD : Dance With Me Vol.10 TSI-1001 Track #10

Rhythm : Slow Two Step(ph IV+2)

Date : July 2010 Ver.1.2

Footwork : Opposite, directions for man(lady as noted) Speed : As on CD

Sequence: Intro - A - B - Bridge - A(11-21) - B - Ending



Meas

INTRO

**1~10 Facing Partner and Wall no hands joined Wait 2 meas;;
Basic Away & Tog;; Roll 3; Sync OP Vine; Thru Fan Tch;
Riff Trn; (Bfly)2 Lunge Basic;;**

- 1- 2 Fcing partner and Wall no hand joined lead foot free wait;;
- 3- 4 (Basic Away & Tog) Sd L twd COH(W sd R twd Wall)away from partner,-, XRIB of L, rec L; Sd R twd RLOD tog partner,-, XLIB of R, rec R;
- 5 (Roll 3) Sd L commence LF roll,-, cont LF roll sd and bk R, cont roll sd L fc partner and Wall;
- S&QQ 6 (Sync OP Vine) Thru R to OP,-/sd L, XRIB of L to LOP, sd L;
- S-- 7 (Thru Fan Tch) Thru R to OP,-, L foot fan CW(W CCW), tch L Bfly/Wall;
- QQQQ 8 (Riff Trn) Sd L lead W RF spin, cl R, sd L, cl R(W sd and fwd R spin RF on R under lead hand, cl L, sd and fwd R spin RF on R, cl L) Bfly/Wall;
- 9-10 (Lunge Basic) Sd lunge L,-, rec R, XLIF of R; Sd lunge R,-, rec L, XRIF of L;

Meas

PART A

**1~10 Basic;; L Trn w/Insd Roll; Basic Ending; L Trn w/Insd Roll;
Basic Ending; 2 OP Basic;; 2 Switches;;**

- 1- 2 (Basic) Blend CP sd L,-, XRIB of L, rec L; Sd R,-, XLIB of R, rec R;
- 3 (L trn w/insd roll) Fwd L commence 1/4 LF trn,-, sd R, XLIF of R to fc partner and COH(W back R commence 1/4 LF trn,-, sd L trning LF under lead hands, cont trning LF sd R to fc partner and Wall);
- 4 (Basic Ending) Sd R,-, XLIB of R, rec R;
- 5 (L trn w/insd roll) Fwd L commence 1/4 LF trn,-, sd R, XLIF of R to fc partner and Wall(W bk R commence 1/4 LF trn,-, sd L trning LF under lead hands, cont trning LF sd R to fc partner and COH);
- 6 (Basic Ending) Sd R,-, XLIB of R, rec R;
- 7- 8 (2 OP Basic) Sd L left 1/2 OP,-, XRIB of L, rec L; Sd R 1/2 OP,-, XLIB of R, rec R;
- 9-10 (2 Switches) Cross in front of W's sd L to left 1/2 OP,-, fwd R,L(W fwd R,-, fwd L,R); Fwd R,-, fwd L,R(W cross in front of man sd L to 1/2 OP,-, fwd R,L);

**11~21 Basic;; Underarm Trn; Basic Ending w/pickup fc LOD;
Traveling Cross Chasse; Passing Cross Chasse;
Bk Traveling Cross Chasse Twice(Fc Wall);; Riff Trn;
Underarm Trn; Basic Ending;**

- 11-12 (Basic) Blend CP sd L,-, XRIB of L, rec L; Sd R,-, XLIB of R, rec R;
- 13 (Underarm Trn) Sd L,-, XRIB of L, rec L(W sd R commence RF trn under joined lead hands,-, XLIF of R cont RF trn, rec fwd R cont RF trn face partner;
- 14 (Basic Ending w/pickup fc LOD) Sd R,-, XLIB of R, rec R lead W pickup fc LOD(W sd L,-, XRIB of L, rec fwd L 1/2 LF trn fc partner and RLOD);
- 15 (Traveling Cross Chasse) Both hands joined sd and fwd L turning LF fc DC blend to right shoulder lead,-, sd and fwd R twd DW, XLIF of R(W bk and sd R blend to left shoulder lead,-, bk and sd L twd DW, XRIF of L);
- 16 (Passing Cross Chasse) Sd and fwd R trning RF blend to left shoulder lead,-, cont RF trn sd L twd DW, XRIF of L(W bk and sd L blend to right shoulder lead,-, bk and sd R twd DW, XLIF of R);
- 17-18 (Bk Traveling Cross Chasse Twice fc Wall) Bk and sd L trning RF blend to right shoulder lead,-, bk and sd R twd DC, XLIF of R(W sd and fwd R blend to left shoulder lead,-, cont RF trn sd L twd DC, XRIF of L);

AT THE END OF SORROW 2 of 2

Bk and sd R turning LF blend to left shoulder lead,-, bk and sd L twd LOD, XRIF of L(W sd and fwd L fc DC blend to right shoulder lead,-, sd and fwd R twd LOD, XLIF of R);

- QQQQ 19 (Riff Trn) Sd L lead W RF spin, cl R, sd L, cl R(W sd and fwd R spin RF on R under lead hand, cl L, sd and fwd R spin RF on R, cl L);
- 20 (Underarm Trn) Sd L,-, XRIB of L, rec L(W sd R commence RF trn under joined lead hands,-, XLIF of R cont RF trn, rec fwd R cont RF trn face partner);
- 21 (Basic Ending) Sd R,-, XLIB of R, rec R;

Meas

PART B

1~ 8 Triple Traveler;;; Basic Ending; R Trn w/Outsd Roll; OP Break; Forearm Spin; Basic Ending;

- 1- 3 (Triple Traveler) Fwd L commence upper body LF trn lead the woman to man's left side raising lead hands to start woman into LF trn,-, fwd R,L(W sd and fwd R trn 1/2 LF,-, cont trn sd and fwd L trning 1/2 LF under joined lead hands, sd and fwd R cont trn to face LOD);
- Fwd R spiral LF under joined hands,-, fwd L, fwd R(W fwd L,-, fwd R,L);
- Fwd L bring joined hands down and bk in a cont circular motion to lead woman into a RF trn,-, fwd and sd R to face partner, XLIF of R(W fwd R commence RF trn,-, sd L cont RF trn under lead hands, fwd R to fc partner);
- 4 (Basic Ending) Sd R,-, XLIB of R, rec R;
- 5 (R Trn w/Outsd Roll) Crossing front of woman sd and bk L end facing RLOD progression,-, sd and bk R almost crossing in back trning 1/4 RF leading woman under joined lead hands, XLIF of R to face partner(W fwd R commence RF twirl under lead hands,-, fwd L, fwd and sd R to face partner);
- 6 (OP Break) Sd R trail hand extend sd,-, bk L, rec fwd R;
- 7 (Forearm Spin) Fwd L joined right hand forearm lead W RF spin commence LF spin,-, sd and fwd R cont LF spin, cont spin stp in place L fc Wall(W fwd R joined right hand forearm commence RF spin,-, cont RF spin stp in place L, R fc COH);
- 8 (Basic Ending) Sd R,-, XLIB of R, rec R;

9~16 Triple Traveler to RLOD;;; Wrap Ending W Trans(Fc LOD); Sweetheart Runs;;; Sweetheart Switch; W Across;

- 9-11 Repeat meas 1- 3 of Part B start fc COH;;;
- SQQ(SS) 12 (Wrap Ending W Trans) Sd R lead W RF trn commence LF trn,-, cont LF trn fc LOD bk L, rec R(W sd L commence RF trn,-, cont RF trn fc LOD cl R,-) Wrapped position fc LOD;
- 13-14 (Sweetheart Runs) Same footwork fwd L,-, fwd R,L; Fwd R,-, fwd L,R;
- 15 (Sweetheart Switch) Still same footwork fwd L twd DW trn sharply RF to left wrap fc LOD,-, fwd R,L;
- 16 (W Across) Fwd R,-, sd and fwd L, fwd R(W fwd R,-, fwd L,R)wrapped fc LOD);

Meas

BRIDGE

1 Sd Lunge & Rec (W RF trn Trans);

- SS(SQQ) 1 (Shadow/Wall)Sd lunge L,-, rec R,-(W sd lunge L,-, rec R 1/2 RF trn, cl L);

Meas

ENDING

1~ 5 Shadow Lunge Basic Twice;; Roll 3; Shadow Vine 3; Sd Luge & Hold;

- 1- 2 (Shadow Lunge Basic Twice) (Shadow/Wall)Sd lunge L left hand extend right hand on W's right hip(W arms extend to sd),-, rec R, XLIF of R; Sd lunge R right hand extend to sd left hand on W's left hip(W arms extend to sd),-, rec L, XRIF of L;
- 3 (Roll 3) Sd L commence LF roll,-, cont LF roll sd and bk R, cont roll sd L fc Wall;
- 4 (Shadow Vine 3) Left hand joined XRIF of L,-, sd L, XRIB of L;
- S- 5 (Sd Lunge & Hold) Sd lunge L,-,-,-;