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BAILA CON MIGO

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MUSIC : "BAILA CON MIGO" STAR-200 filp of "ONE MOMENT" **SPEED:** 43~44RPM

RAL : Phase-3 **RHYTHM:** CHA

FOOTWORK : Opposite, directions for M **SEQ. :** INTRO-A-B-A-B-C-B-C-C-END

INTRO

1---4 WAIT 2 MEAS ; ; NY IN 4 ; NY to BFY/WALL ;

1---4 In BFY/WALL wait 2 meas ; ; XRIF to sd by sd,rec L, sd R, cl L ; XRIF to sd by sd,rec L, sd R/cl L, sd R ;

PART A

1---4 BAS ; ; SHLDR TO SHLDR TWICE ; ;

1---4 In BFY/WALL fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R ; Rk fwd L (W rk bk R) to BFY SDCAR, rec R to fc, sd L/cl R, sd L ; Rk fwd R (W rk bk L) to BFY BJO, rec L to BFY/WALL, sd R/cl L, sd R ;

5---8 1/2 BAS ; UNDRM TRN ; TO A LARIAT to BFY/WALL ; ;

5---8 Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R (W under jnd lead hnds XLIF trng 1/2 RF, rec R contg trng RF, sd L/cl R, sd L end in M's R side) ; In plc stp L, stp R, stp L/stp R, stp L (W circ CCW arnd M with joined lead hnds fwd R fwd L, fwd R/cl L, fwd R) ; Stp R, stp L, stp R/stp L, sd R (W contg circ arnd fwd L, fwd R fwd L/cl R, sd L) to BFY/WALL ;

9- 12 NY ; CRAB WKS ; ; NY ;

9- 12 XLIF to side by side, rec R to fc, sd L/cl R, sd L to BFY/WALL ; XRIF, sd L, XRIF, sd L, XRIF ; Sd L, XRIF, sd L/cl R, sd L ; XRIF to side by side, rec L to fc, sd R/cl L, sd R ;

13-16 SPT TRN TWICE ; ; FNC LIN TWICE ; ;

13-16 XLIF trng 1/2 RF (W 1/2 LF), rec R contg trng, sd L/cl R, sd L to BFY/WALL ; XRIF trng 1/2 LF (W 1/2 RF), rec L contg trn, sd R/cl L, sd R ; XLIF lunge, rec R, sd L/cl R, sd L ; XRIF lunge, rec L, sd R/cl L, sd R ;

PART B

1---8 CHASE PEEK-A-BOO DBL to BFY/WALL ; ; ; ; ; ; ; ;

1---8 From BFY/WALL fwd L trng 1/2 RF both fc COH (W no trn), rec R, fwd L/cl R, fwd L ; Sd R, rec L, cl R/stp L, stp R ; Sd L, rec R, cl L/stp R, stp L ; Fwd R trng 1/2 LF (W trng 1/2 RF) both fc WALL, rec L, fwd R/cl L, fwd R ; Sd L, rec R, cl L/stp R, stp L ; Sd R, rec L, cl R/stp L, stp R ; Fwd L (W fwd R trng 1/2 LF), rec R, fwd L/cl R, fwd L ; Bk R, rec L, fwd R/cl L, fwd R to BFY/WALL ;

PART C

1---4 BRK BK&FWD TRIPLE CHA ; ; LUNGE AWY,REC,FWD TRIPLE CHA ; ;

1---4 In BFY/WALL XLIB trng 1/4 LF(W 1/4 RF) to OP/LOD,rec R,fwd L/lk R,fwd L ; Fwd R/lk L,fwd R, fwd L/lk R,fwd L ; Fwd R trng 1/2 LF(W 1/2 RF) to LOP/RLOD rec L,fwd R/lk L,fwd R ; Fwd L/lk R,fwd L,fwd R/lk L,fwd R ;

5---8 LUNGE AWY,REC,CHA ; WK 2 CHA ; BAS FWD&BK ; ;

5---8 Fwd L trng 1/2 RF(W 1/2 LF) to OP/LOD rec R,fwd L/cl R,fwd L ; Fwd R,fwd L,fwd R/cl L,fwd R ; Fwd L,rec R,bk L/cl R,bk L ; Bk R,rec L,fwd R/cl L,fwd R ;

9- 12 SLDG DR TWICE ; ; CIRC AWY&TOG to BOLERO BJO/WALL ; ;

9- 12 Rk apt L,rec R,XLIF/sd R,XLIF to LOP/LOD ; Rk apt R,rec L,XRIF/sd L,XRIF to OP/LOD ; Circ awy fwd L,fwd R,fwd L/cl R,fwd L ; Circ tog fwd R,fwd L,fwd R/cl L,fwd R to BOLERO BJO/WALL ;

13-16 WHEEL DBL to BFY/WALL ; ; CUCA WITH ARM TWICE ; ; ;

13-16 Wheel RF fwd L,fwd R,fwd L/cl R,fwd L ; Wheel RF fwd R,fwd L,fwd R/cl L,fwd R to BFY/WALL ; Sd L,rec R,cl L/stp R,stp L ; Sd R,rec L,cl R/stp L,stp R ;

END

1 SD LUNGE&TWIST ;

1 Sd L lunge twd LOD,-,twist upper body and look RLOD,- ;

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