



BEYOND THE SEA

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Music: Sing & Swing with Bobby Daren CD – Track # 10 download from Walmart

Sequence: Intro – A – A – B – A – C – B(1-4 MOD) – C – B(7-12) – A – END

PHASE III +2 Foxtrot (diam trn & hover telemark)

Footwork: Opposite, Unless noted (W's footwork & timing in parentheses)

Timing: Standard Foxtrot (SQQ) unless noted

(Release 05/09)

1.0

INTRO

Meas:

LOP FC DLW WT 2 MS;; APT PT; P/U TCH CP/LOD;

1-2 In LOP FC DLW wait 2 ms;;

3-4 Step Apt L, -, pt R, -; Step tog twds ptr on R p/u CP/LOD, -, tch L, -;

PART A

1-4 2 LEFT TURNS DLW;; TWIST VN 3; FC SD CL;

1-2 **[2 L trns]** Fwd L comm LF upper body trn, -, cont to trn sd & bk R, cl L;

Bk R, comm LF upper body trn, -, cont to trn sd & fwd L, cl R to L CP/WALL;

3-4 **[twist vn 3]** Comm slight RF upper body trn sd & bk L, -, XRIB to SCAR, comm slight LF upper body trn sd & fwd L (W comm slight RF upper body trn sd & fwd R, -, XLIF, comm LF upper body trn sd & bk R); **[fc sd cl]** Thru R, sd L, cl R

5-8 HVR TELEMARK; MANV; OP IMP; P/U SCAR;

5-6 **[hvr tele]** Fwd L, -, sd & fwd R rising & trng RF, rec L SCP/DLW;

[manv] Fwd R trn RF acrs W, -, sd L, cl R CP/RLOD;

7-8 **[op imp]** Comm RF upper body trn bk L, -, cl R to L with heel turn cont trn, fwd L (W comm RF upper body trn fwd R, -, cont trn sd & fwd R around M brush R to L, fwd R) SCP/DLC; **[p/u scar]** Fwd R trn upper body LF to SCAR, -, sd L, cl R (W fwd L trn LF, -, sd & bk R, fwd L) SCAR;

9-12 X HVR BJO; X HVR SCAR; X HVR SCP; * P/U SD CL;

9-10 **[x hvr bjo]** XLIF, -, sd R with a slight rise comm LF trn, rec L (W XRIB, -, sd L with slight rise comm LF trn, rec R) BJO; **[x hvr scar]** XRIF, -, sd L with a slight rise comm RF trn, rec R (W XLIF, -, sd R with a slight rise comm RF trn, rec L) SCAR;

11-12 **[x hvr scp]** XLIF, -, sd R with a slight rise comm LF trn, rec L (W XRIB, -, sd L with slight rise Comm. LF trn, rec R trn to SCP) SCP/DLC; **[p/u sd cl]** Thru R, -, trn LF sd L, cl R (W thru L trn LF to fc ptr, -, sd R, cl L) CP/LOD *note 3rd time chg meas 12 to FC SD CL CP/WALL

REPEAT A

PART B

1-4 CP/LOD PROG BX;; FWD RUN 2; FC SD CL;

1-2 **[prog bx]** Fwd L, -, sd R cl L; Fwd R, -, sd L, cl R;

3-4 **[fwd rn 2]** Fwd L, fwd R, fwd L; **[fc sd cl]** Fwd R btwn W's feet trn RF to fc Wall, -, sd L, cl R CP/WALL;

5-8 HVR TELE; MANV; SPN TRN; BX FIN;

5-6 **[hvr tele]** Fwd L, -, sd & fwd R rising & trng RF, rec L SCP/DLW;

[manv] Fwd R trn RF acrs W, -, sd L, cl R CP/RLOD;

7-8 **[spn trn]** Bk L trng RF, -, sd & fwd R between W's feet rising, rec bk L end fc DLW;

[bx fin] Bk R trn LF, -, Sd L twd DLC, cl R;

- 9-12** **DIAMOND TRN;:::**
 9-10 **[start diam trn]** Fwd L trn LF ¼ on the diag,-, cont LF trn sd R, bk L outside ptr in CBMP (W bk R trn LF ¼ on the diag, -, cont trn sd L, fwd R outside ptr); Cont LF trn bk R,-, sd L, fwd R outside ptr (W fwd L trn LF,-, sd R, bk L outside ptr);
 11-12 **[fin diam trn]** Fwd L trn LF ¼ -, cont LF trn sd R, bk L outside ptr in CBMP (W bk R trn LF ¼ on the diag,-, cont trn sd L, fwd R outside ptr); Cont LF trn bk R,-, sd L, fwd R outside ptr (W fwd L trn LF,-, sd R, bk L outside ptr);

REPEAT A end CP/WALL

PART C

- 1-3** **SD TCH CHASSE; DBL RK THROWAWAY;;**
 123&4 1234 1-3 **[sd tch chasse]** Sd L, tch R, sd R/cl L, sd R;**[dbl rk]** Rk bk L blend SCP/LOD, rec R, rk bk L, rec R to fc ptr WALL; **[throwaway]** Sd L/cl R, sd L trn LF ½ to fc LOD, sd R/cl L, sd R fc LOD (W sd R/cl L, sd & bk R trn LF to fc ptr RLOD, sd L/cl R, sd R fc RLOD);
 1&2 3&4
4-6 **LINK RK – RK REC;; SWVL 4 P/U CP/LOD;**
 4-6 **[link rk & rk rec]** Bk L, rec R, fwd L/cl R, fwd & sd L trn RF to CP/WALL; Sd R/cl L, sd R, blend to SCP rk bk L, rec R; **[swvl 4 p/u]** SCP/LOD Swvl L, R, L, R p/u W to CP/LOD;

PART B 1-6 MOD 1

- 1-4** **CP/LOD PROG BX;; FWD RUN 2; FC SD CL;**
 1-2 Repeat Meas 1 & 2 Part B;;
 3-4 Repeat Meas 3 & 4 Part B;
5-6 **HVR TELE; FC SD CL CP/WALL;**
 5-6 Repeat Meas 5 Part B; **[fc sd cl]** Fwd R btwn W's feet trn RF to fc Wall,-, sd L, cl R CP/WALL:

REPEAT PART C;

PART B 1 – 6 MOD 2

- 1-4** **CP/LOD PROGBX;; FWD RUN 2; FC SD CL;**
 1-2 Repeat Meas 1 & 2 Part B;;
 3-4 Repeat Meas 3 & 4 Part B;;
5-6 **HVR TELE; P/U SD CL;**
 5-6 Repeat Meas 5 Part B; **[p/u sd cl]** Thru R, -, trn LF sd L, cl R (W thru L trn LF to fc ptr,-, sd R, cl L) CP/LOD;

REPEAT A:

END:

- 1-4** **DIAMOND TURN;:::**
 1-4 Repeat Meas 9 - 12 Part B;;;;
5-8 **OP TELE; THRU CHASSE SCP; FC SD CL ; DIP BK LEG CRAWL;**
 5-6 **[op tele]** BJO/ DLC Fwd L comm LF trn,-, cont LF trn sd R, sd & fwd L(W bk R,-, comm LF trn bring L beside R no wgt trn LF on R (heel trn) chg wgt to L, sd & fwd R) SCP/DLW;
sq&q **[chasse]** Thru R, -, sd & fwd L/cl R to L, sd & fwd L to SCP/LOD:
 7-8 **[fc sd cl]** Thru R, sd L, cl R; **[dip bk leg crawl]** Bk L,-, with strong L side stretch extended & rise & draw R twd L -, (W fwd R, -, leave L leg extended rise & draw L lifting leg sharply up along M's outer thigh with toe pointed down twd floor,-)