

BONITA

Choreographers: Birgit & Martin Haltmayer
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Music: Alvero Soler Mar de Colores
Download from iTunes or other locations
Rhythm: MAMBO
Footwork: QQS - Woman opposite except as noted
Sequence: Intro ABC ABC(1-8) B* End

Release Date: June, 2023
Email: birgit@haltmayer.com
Time: 2:39 min/100% reduce for comfort
Phase: IV
Difficulty: Average

INTRO

1-4 WAIT 2 :: SIDE WALK 3 WITH PEEK ; SIDE WALK 3-LADY IN 4 ;

1-2 open facing - man face wall – no hands joined - left foot free for both - wait 2 meas;;
3 side L, close R, side L+peek to your partner, -; (Woman: side L, close R, side L+peek to your partner, -;)
4 side R, close L, side R to loose CP, -; (Woman: QQQQ: side R, close L, side R, close L to loose CP;)

5-8 BASIC :: CUCARACHA 2X TO HDSHK ::

5-6 forward L, recover R, smal side L, -; back R, recover L, smal side R, -;
7 side L with partial weight, recover R, close L, -;
8 side R with partial weight, recover L, close R - to R handshake, -;

PART A

1-4 TRADE PLACES 2X :: BACK AWAY & TOGETHER 3 TO BFLY ::

1-2 R handshake rock apart L, recover R turning 1/4 R fc bhnd woman releasing joined R hands to momentary Tandem Position, turning 1/4 R fc to fc partner side and back L, -;
L handshake rock apart R, recover L turning 1/4 L fc bhnd woman releasing joined L hands to momentary Tandem Position, turning 1/4 L fc to fc partner side and back R, -;
3-4 back L, back R, back L, -; forward R, forward L, forward R to BFLY, -;

5-8 BASIC :: BREAK BACK TO OPEN ; AIDA ;

5-6 see INTRO meas 5-6;;
7 swiveling sharply on weighted foot step back L to open position, recover, forward, -;
(Woman: swiveling sharply on weighted foot step back R to open position, recover, forward, -;)
8 forward R turning R fc, side L continuing R fc turn, back R to LOP, -;
(Woman: forward L turning L fc, side R continuing L fc turn, back L, -;)

9-12 BACK BASIC ; PATTY CAKE TAP ; BACK BASIC TO FACE ; CUCARACHA R ;

9 back L, recover R, forward L, -; (Woman: back R, recover L, forward R, -;)
10 starting in LOP lift right knee swivel L fc 1/4 on L to fc partner place trailing hand palm to palm look toward LOD and cross R in front tap right toe toward LOD, -, lift R knee swivel R fc 1/4 on L to LOP back R, -;
(Woman: In LOP lift L knee swivel R fc 1/4 on R to fc partner place trailing hand palm-to-palm look toward LOD and cross L in front tap L toe toward LOD, -, lift L knee swivel L fc 1/4 on R to LOP back L, -;)
11-12 see PART B meas 9 to face partner; see INTRO meas 8;

13-16 TIME STEP 2X ; NO HANDS ; CUCARACHA IN 4 ; BODY RIPPLE ;

13-14 cross L in back, recover R, side L, -; cross R in back, recover L, side R - no hands joined, -;
15-16 side L with partial weight, recover R, close L, close R; hold, but bend knees compressing strongly into floor and tilt torso by moving the hips forward then return to a vertical position by first straightening the knees and then pulling the hips back to a normal position;

PART B

1-4 NEW YORKER 2X :: CHASE WITH UNDERARM PASS ::

1-2 thru L, recover R to fc partner, side L, -; thru R, recover L to fc partner, side R, -;
3-4 forward L commence 1/2 R fc turn keeping lead hands joined, recover forward R, forward L, -;
back R raising joined lead hands, recover L, side R, -;
(Woman: Back R keeping lead hands joined, recover L, forward R toward man's L side, -;
forward L, forward R turning 1/2 L fc under joined lead hands to fc partner, side L, -;

5-8 NEW YORKER 2x :: CHASE WITH UNDERARM PASS ::

5-8 see 1-4 PART B

PART B cont.

9-12 BASIC TO CP ;; CROSS BODY TO FACE COH ;;

9-10 see INTRO 5-6 to CP;;

11-12 forward L, recover R, side L turning ¼ L fc, -; back R continue L fc turn ¼, small forward L, side and forward R, -;
(Woman: back R, recover L, forward R to L-shaped Position, -; forward L commencing to turn L,
forward R turning 1/2 L to fc, side and back L, -;

13-16 SCALLOP 2X ;; ;;

13 turning to SCP rock back L, recover R, fc partner side L, -;

(Woman: turning to SCP rock back R, recover L, fc partner side R, -;)

14 turning to SCP thru R, turning to fc side L, close R, -;

15-16 see PART B 13-14

PART C

1-4 ½ BASIC ; UNDERARM TURN ; TO A LARIAT TO BFLY/COH ;;

1-2 see INTRO meas 5; Raising joined lead hands turn body slightly R fc back R, recover L to fc partner, side R, -;
(Woman: thru L turning 1/2 R fc, recover R turning L fc to fc partner, side L, -;)

3-4 Step in place L, R, L, -; R, L, R to BFLY, -;

(Woman: Circle man clockwise with joined lead hands forward R, forward L, forward R, -;
forward L, forward R, side L ending facing man, -;)

5-8 FENCE LINE ; CRAB WALKS ;; SPOT TURN ;

5 In BFLY cross lunge thru L, recover R turning to fc partner, side L, -;

6-7 cross R in front, side L, cross R in front, -; side L, cross R in front, side L, -;

(Woman: cross L in front, side R, cross L in front, -; side R, cross L in front, side R, -;)

8 thru R turning 1/2 L fc, recover L turning R fc to fc partner, side R, -;)

9-10 BASIC TO HANDSHAKE ;;

9-10 see INTRO meas 5-6 to Handshake;;

repeat PART A start fc COH

repeat Part B+C(1-8)

PART B*

1-4 NEW YORKER 2X ;; CHASE WITH UNDERARM PASS ;;

1-4 see PART B meas 1-4;;;

5-8 NEW YORKER 2x ;; CHASE WITH UNDERARM PASS ;;

5-8 see PART B meas 5-8;;;

9-12 BASIC TO CP ;; CROSS BODY ;;

9-12 see PART B meas 9-12 to fc COH;;;

13-16 SCALLOP ;; CROSS BODY ;;

13-14 see PART B meas 13-14;;

15-16 see PART B meas 11-12 to fc Wall;;

ENDING

1-4 CHASE ;;;

1-4 forward L commence R fc turn 1/2, recover forward R, forward L, -;

forward R commence L fc turn 1/2, recover forward L, forward R, -;

forward L, recover R, back L, -; back R, recover L, forward R, -;

(Woman: back R, recover L, forward R, -; forward L commence R fc turn 1/2, recover forward R, forward L, -;

forward R commence L face turn 1/2, recover forward L, forward right, -;

forward L, recover R, back L, -;)

5-8 CUCARACHA 2X TO OPEN ;; CIRCLE AWAY IN 6 ; & LOOK TO YOUR PARTNER ;

5-6 see INTRO meas 7-8 to OP;;

7-8+ separating from partner and moving away in a circle forward L, forward R, forward L, -;

forward R, forward L, forward R to fc RLOD & look to your partner, -;

Quick Cues

Intro(8)	<u>OP Fcg – Man Fc/W – no Hds joined - Left Ft Free</u> Wait 2 ;; Sd Wk 3 (apt) w/Ppeek ; Sd Wk 3-Ldy in 4 ; Basic ;; Cuca 2x ; to Hdshk ;
A(16)Hdshk/W	Trade Plces 2x ;; Bk Awy & Tog 3 to BFLY ;; Basic ;; Brk Bk to OP ; Aida ; Bk Basic ; Patty Cake Tap ; Bk Basic to Fc ; Cuca R ; Time Stp 2x ; no Hds ; Cuca in 4 ; Body Ripple ;
B(16)BFLY/W	NY 2x ;; Chase w/Uarm Pass ;; NY 2x ;; Chase w/Uarm Pass ;; Basic ; to CP ; X Body ;; Scallop 2x ;; ;
C(10)BFLY/COH	½ Basic ; Uarm Trn ; to a Lariat ;; Fence Line ; Crab Wlks ;; Spot Trn ; Basic ; to Hdshk ;
A(16)Hdshk/COH	Trade Plces 2x ;; Bk Awy & Tog 3 to BFLY ;; Basic ;; Brk Bk to OP ; Aida ; Bk Basic ; Patty Cake Tap ; Bk Basic to Fc ; Cuca ; Time Stp 2x ; no Hds ; Cuca in 4 ; <u>Body Ripple</u> ;
B(16)BFLY/COH	(Ld Ft) NY 2x ;; Chase w/Uarm Pass ;; NY 2x ;; Chase w/Uarm Pass ;; Basic ;; X Body ;; Scallop 2x ;; ;
C(1-8)BFLY/W	½ Basic ; Uarm Trn ; to a Lariat ;; Fence Line ; Crab Wlks ;; Spot Trn ;
B*(16)BFLY/W	NY 2x ;; Chase w/Uarm Pass ;; NY 2x ;; Chase w/Uarm Pass ;; Basic ;; <u>X Body</u> ;; <u>Scallop</u> ;; X Body ;;
End(8+)	Chase ;;; Cuca 2x ; to OP ; Circle Away in 6 ; & Look to your Partner ;