

BE MY GUEST

Choreographers: Birgit & Martin Haltmayer
Holunderweg 6, 88441 Mittelbiberach, Germany
Music: Fats Domino
Download from iTunes or other locations
Rhythm: JIVE
(Windmill & Spanish Arms)
Footwork: Woman opposite accept as noted
Sequence: INTRO-A-B-A*-C-B-A*-C*

Release Date: June, 2021
Email: birgit@haltmayer.com
Time: 2:10 min/100%
Phase: III+2
Difficulty: Average

INTRO

1-4 WAIT PU NOTES & 2 :: 4 POINT STEPS TOGETHER TO SCP ::

1-2 open facing pos 8 feet apart wait pickup notes & 2 Meas;;
3-4 point L fwd, step fwd L, point R fwd, step fwd R; repeat Meas 3 end in SCP;

5-8 2 FORWARD TRIPLES ; 2 POINT STEPS ; SWIVEL WALK 4 TO BFLY ; CHASSE LEFT & RIGHT ;

5-6 Fwd L/cl R, fwd L, fwd R/cl L, fwd R; point L fwd, step fwd L, point R fwd, step fwd R;
7-8 Fwd L, fwd R, fwd L, fwd R (swivel fwd R, swivel fwd L, swivel fwd R, swivel fwd L) to BFLY; Sd L/cl R, sd L, sd R/cl L, sd R;

PART A

1-4 WINDMILL 2X ::: PROGRESSIVE ROCK :

1-3 rk bk L, rec R stg 1/4 LF trn, fwd L/cl R, fwd L completing 1/4 LF trn ; Sd R stg 1/4 LF trn/cl L, sd R comp 1/4 LF trn to fc COH, repeat to Fc Wall,;;
4 rk bk L, rec R, rk bk L, rec R;

5-8 CHASSE L&R ; CHANGE PLACES RIGHT TO LEFT ::, CHANGE PLACES L TO R TO BFLY ::,

5-6.5 sd L/cl R, sd L, sd R/cl L, sd R; Rk bk L, rec R, sd L/cl R, sd L commence 1/4 LF trn fc LOD; Sd & fwd R/cl L, sd R, (rk bk R to SCP, rec L, sd R/cl L, fwd R commence 3/4 RF trn undr jnd ld hnds; Sd & slightly bk L/cl R, sd & bk L)
6.5-8 rk bk L, rec R; Sd L/cl R, sd L trng 1/4 RF fc Wall, sd R/cl L, sd R;
(rk bk R, rec L; Fwd R/cl L, fwd R trng 3/4 LF undr jnd ld hnds to fc ptr, Sd L/cl R, sd & bk L;)

PART B

1-4 SPANISH ARMS 2X ::: ROCK RECOVER POINT SIDE :

1-3 rk bk L, rec R join both hands, lead W LF under raised ld hnds fwd L/cl R, sd L trng ¼ RF wrap W; cont RF trn lead W to unwrap RF ¾ under lead hands in pl R/cl L, R end BFLY/COH, (rk bk R, rec L trng 1/4 LF to wrap pos, sd R/cl L, sd R trng 3/4 RF unwrapping; sd L/cl R, sd L,) repeat to end BFLY/WALL,;;

4 Rk bk L, rec R, pt L, hold release trail hnds ;

5-8 KICK BALL CHANGE 2X ; CHANGE HANDS BEHIND THE BACK 2X ::,

5 kick L ft fwd/take wt on ball of L ft, take wt on R ft, repeat;
6-8 rk bk L, rec R, plc R hnds ovr W's R hnd releasing L hnd hold chasse fwd L/R, L trng 1/4 LF; chng W's Hnd in to L hnd bhd the bk chasse R/L,R trng 1/4 to fc/COH, (rk bk R, rec L, chasse fwd R/L,R trng 1/4 RF; cont trn chasse L/R,L trng 1/4 RF,) repeat to fc/WALL,;;

PART A*

1-4 WINDMILL 2X ::: PROGRESSIVE ROCK :

5-8 CHASSE L&R ; CHANGE PLACES RIGHT TO LEFT ::, LINK ROCK TO SCP* ::,

1-6.5 see PART A meas 1-6.5
6.5-8 rk apt L, rec R; small triple fwd L/R, L, sd R/L, R to SCP/LOD;

PART C

1-4 DBL RK ; THROWAY-LDY OVERTURN TO TANDEM-NO HNDS ; 4 PT STPS ::

1 in SCP rk bk L, rec R, rk bk L, rec R;
2 fwd & side L/Cl R, fwd & side L ldg W to turn ½ LF, side & fwd R/cl L, side & fwd R ldg W to cont turn to TANDEM/LOD;
(fwd R/fwd L, fwd R turning ½ LF, cont turning L/R, cl L to TANDEM/LOD);
3-4 point L fwd, step fwd L, point R fwd, step fwd R; repeat;

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5-8 CHASE-BOTH TURN & 3 TRIPLES ;; CHASE-MAN TURN & 3 TRIPLES ;;

- 5 fwd L trng ½ RF, rec R, fwd L/XRIB, fwd L; (trn ½ LF)
6 fwd R/XLIB, fwd R, fwd L/XRIB, fwd L;
7 fwd R trng ½ LF, rec L, fwd R/XLIB, fwd R; (no trn)
8 fwd L/XRIB, fwd L, fwd R/XLIB, fwd R;

9-12 CHANGE PLACES LEFT TO RIGHT ;,, LINK ROCK ;,, DOUBLE RK ;

- 9-10,5 rk apt L, rec R, sd L/cl R, L trng 1/4 RF; sd R/cl L, sd R to end fcg WALL,
(rk apt R, rec L, fwd chasse R/L, R trng 3/4 LF under lead hnds; sd L/cl R, sd L,)
10,5-11 rk apt L, rec R; small triple fwd L/R, L, sd R/L, R to SCP/LOD;
12 in SCP rk bk L, rec R, rk bk L, rec R;

13-16 2 PT STPS ; 2 FWD TRIPLES ; SWIVEL WLK 4 TO BFLY ; CHASSE L&R ;

- 13-14 point L fwd, step fwd L, point R fwd, step fwd R; Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
15-16 Fwd L, fwd R, fwd L, fwd R (swivel fwd R, swivel fwd L, swivel fwd R, swivel fwd L) to BFLY; Sd L/cl R, sd L, sd R/cl L, sd R;

PART C*

**1-16 DBL RK ; THROWAY-LDY OVERTURN TO TANDEM-NO HNDS ; 4 PT STPS ;;
CHASE-BOTH TURN & 3 TRIPLES ;; CHASE-MAN TURN & 3 TRIPLES ;;
CHANGE PLACES LEFT TO RIGHT ;,, LINK ROCK ;,, DOUBLE RK ;
2 PT STPS ; 2 FWD TRIPLES ; SWIVEL WLK 4 TO BFLY ; STEP APART & POINT* ;**

- 1-15 repeat PART C meas 1-15
16 step apt L, point R;

Quick Cues BE MY GUEST / JIVE III+2 / Haltmayer

- Intro(8) Fc Pos/W – 4 Feet Apt - Lead Foot Free
Wait PU notes & 2 ;; 4 Pt Stps Tog to SCP ;; 2 Fwd Triples ; 2 Pt Stps ; Swivel Wlk 4 to BFLY ; Chasse L&R ;
- A(8)BFLY Windmill 2x ;; Prog Rock ; Chasse L&R ; Chg R to L ;,, Chg L to R to BFLY ;,,
- B(8)BFLY Span Arms 2x ;; Rk Rec Pt Sd ; Kick Ball Chg 2x ; Chg Hd Beh Bk 2x ;;
- A*(8)BFLY Windmill 2x ;; Prog Rk ; Chasse L&R ; Chg R to L ;,, Link Rk* ;,,
- C(16)SCP Dbl Rk ; Throway-Ldy overtrn to TANDEM-no Hnds ; 4 Pt Stps ;;
Chase-both Trn & 3 Triples ;; Chase-Man Trn & 3 Triples ;;
Chg L to R ;,, Link Rk ;,, Dbl Rk ;
2 Pt Stps ; 2 Fwd Triples ; Swivel Wlk 4 to BFLY ; Chasse L&R ;
- B(8)BFLY Span Arms 2x ;; Rk Rec Pt Sd ; Kick Ball Chg 2x ; Chg Hd Beh Bk 2x ;;
- A*(8)BFLY Windmill 2x ;; Prog Rk ; Chasse L&R ; Chg R to L ;,, Link Rk* ;,,
- C*(16)SCP Dbl Rk ; Throway-Ldy overtrn to TANDEM-no Hnds ; 4 Pt Stps ;;
Chase-both Trn & 3 Triples ;; Chase-Man Trn & 3 Triples ;;
Chg L to R ;,, Link Rk ;,, Dbl Rk ;
2 Pt Stps ; 2 Fwd Triples ; Swivel Wlk 4 ; Step Apt & Pt* ;