

CAN'T STOP THE FEELING

CHOREO: Rochelle Catt, 3231-C Business Park Drive # 234 Vista, Ca. 92081 (253) 632-7240
Rochelle.pratt1971@gmail.com Cue Sheet by Rey Garza
MUSIC: Artist: Justin Timberlake, Original Song From DreamWorks Animation “Trolls”
Download from Amazon.com \$1.29. Music Length 3:56 Minutes
FOOTWORK: Opposite (Woman in parenthesis)
RHYTHM: Roundalab Phase 3 + 2 Cha/Rumba (1/2 Basic To Fan & Hockey Stick)
SEQUENCE: Intro-ABC-ABC-Bridge-D-C-End Released 02/11/2017

INTRO CHA

- 1-4 BFLY WALL WAIT;; CUCARACHAS;;**
1-4 [Cucarachas] BFLY WALL lead ft free wt;; Sd L, rec R, in pl L/R, L; Sd R, rec L, in pl R/L, R;

PART A CHA

- 1-8** **½ BASIC; SPOT TURN; HAND TO HAND; FENCE LINE; REVERSE UNDERARM TRN; SHOULDER TO SHOULDER; TO REVERSE CRAB WALKS;;**

1-2 **[1/2 Basic & Spot Trn]** Fwd L, rec R, sd L/cl R, sd L; Swvl ¼ LF on L fwd R twd LOD trn ½ LF, rec L trn ¼ LF fc ptr & Wll, sd R/cl L, sd R;

3-4 **[Hand To hand & Fence Line]** Swvl LF ¼ on R bk L, rec R trn ¼ RF, sd L/cl R, sd L; X lun thru R with bent knee looking twd LOD, rec L to fc ptr, sd R/cl L, sd R;

5-6 **[Rev Undrarm Trn & Shoulder To Shoulder]** Raise ld trn bdy RF XLif of R, rec R, sd L/cl R, sd L (Undr lead hnds swvl ¼ LF on L fwd R twd RLOD trng ½ LF, rec L trng ¼ LF to fc ptr & COH, sd R/cl L, sd R); Trng LF to BJO DW on L fwd R, rec L to fc, sd R/cl L, sd R;

7-8 **[Crab Walks]** Rev LOD XLif of R, sd R, XLif of R/sd R, XLif of R; Sd R, XLif of R, sd R/cl L, sd R;

9-16 **½ BASIC; UNDERARM TURN TO; LARIAT;; FULL CHASE;;; WITH SIDE CHA ENDING;**

9-10 **[1/2 Basic & Undrarm Trn]** Fwd L, rec R, sd L/cl R, sd L; Raise ld hnds trn bdy slightly RF bk R, rec L, in pl R/L, R (Bk R, rec L, sd R/cl L, sd R; Under ld hnds swvl RF ¼ on R fwd L to LOD trng 1/2 RF, rec R trng ¼ to fc, sd L/cl R, sd & fwd L to R sd of M);

11-12 **[To A Lariat]** With ld hnds over M's head trng bdy slightly RF rk sd L, rec R, in pl L/R, L trn bdy LF look at ptr; Bk R, rec L, sd R/cl L, sd R (Circle Man CW fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R to fc ptr & COH, sd L/cl R, sd L);

13-16 **[Chase]** Keeping eye contact with ptr rel hands fwd L trng ½ RF to tandem Man in front of W, rec R, fwd L/cl R, fwd L; Fwd R trng ½ LF to tandem now W in front of Man, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, sd R/cl L, sd R (Bk R, rec L, fwd R/cl L, fwd R; Fwd L trng ½ RF to tandem W in front, rec R, fwd L/cl R, fwd L; Fwd R trng ½ LF to fc ptr COH, rec L, fwd R/cl L, fwd R; Fwd L, rec R, sd L/cl R, sd L);

PART B RUMBA

- 1-8** RUMBA BREAK BACK TO OPEN; PROG WALK 3; SLIDING DOORS; SECOND TO BOLERO BJO; WHEEL 6; FACE WALL BFLY; CUCARACHA CROSS; TWICE;

1-2 [Brk Bk In Op & Progr Wlk 3] Swvl LF on R ¼ bk L, rec R, fwd L, -; Fwd R, L, R, -;

3-4 [Sliding Door Twice] Rk apt L, rec R, XLif of R sld acrs in bk W, -; Rk apt R, rec L, XRif of L, - (Rk apt R, rec L, XRif L sld acrs in frnt of M, -; Rk apt L, rec R trn LF, fwd L cont trn LF fc RLOD, -) blend to BL BJO with R arms around each other's waist L arms extend to sd;

5-6 [Wheel 6] Start A 3/4 LF circle fwd L, R, L, -; Fwd R, L, R blend BFLY Wll;

7-8 [Cucaracha X Twice] Sd L, rec R, XLif of R, -; Sd R, rec L, XRif of L, -;

PART C CHA

- 1-12 DOUBLE PEEK A BOO CHASE;;;;;;; $\frac{1}{2}$ BASIC TO A FAN;; HOCKEYSTICK;;**
1-8 [Double Peek A Boo Chase] Fwd L trn $\frac{1}{2}$ RF, rec R, fwd L/cl R, fwd L; Sd R look L, rec L, in pl R/L, R; Sd L look R, rec R, in pl L/R, L; Fwd R trng $\frac{1}{2}$ LF, rec L, fwd R/fwd L, fwd R; Sd L look R, rec R, in pl L/R, L; Sd R look L, rec L, in pl R/L, R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd

Part C Contd:

- R (Bk R, rec L, fwd R/cl L, fwd R; Sd L look R, rec R, in pl L/R, L; Sd R look L, rec L, in pl R/L, R; Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Sd R look L, rec L, in pl R/L, R; Sd L look R, rec R, in pl L/R, L; Fwd R trng ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L);
- 9-10** [1/2 Basic & Fan] Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R (Bk R, rec L, sd R/cl L, sd R; Fwd L, rec R trng ¼ LF, bk L/XRif of L, bk L leave R extended fwd);
- 11-12** [Hockey Stick] Fwd L, rec L, in pl L/ R L; Bk R, rec L ld W to trn LF undr ld hnds, fwd R/cl L, fwd R (Cl R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R trng LF undr ld hnds to fc DC, bk L/cl R, bk L) fcg ptr & DRW; **Note:** 2nd time thru [Hockey Stick overtrnd] Fwd L, rec L, in pl L/ R L; Bk R, rec L ld W to trn LF undr ld hnds, sd R/cl L, sd R (Cl R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R trng LF undr ld hnds to fc ptr & COH, sd L/cl R, sd L);

REPEAT A, B & C*

BRIDGE CHA

- 1-4** NEW YORKER; CRAB WALKS TWICE TO LOD;; NEW YORKER;
1 [NY] Swvl ¼ RF on R fwd L twd RLOD with straight leg, rec R to fc ptr in BFLY, sd L/cl R, sd L;
2-3 [Crab Walks] XRif of L, sd L, XRif of L/sd L, XRif of L; Sd L, XRif of L, sd L/cl R, sd L (XLif of R, sd R, XLif of R/sd R, XLif of R; Sd R, XLif of R, sd R/cl L, sd R);
4 [NY] Swvl ¼ LF on L fwd R twd LOD with straight leg, rec L to fc ptr in BFLY, sd R/cl L, sd R;

PART D RUMBA

- 1-9** RUMBA OPEN BREAK; WHIP; CHASE WITH UNDERARM PASS;; BASIC;
TO BL BJO RUMBA; WHEEL 6; CP WLL; SD CORTE & REC BFLY;
1-2 [Op Brk & Whip] Rk apt strongly on L LOP fcg while extending free arm to sd, rec R, sd L,-; Bk R start ¼ LF trn, rec fwd L trng ¼ to comp trn fc COH, sd R,- (Rk apt on R matching M's arms, rec L, sd R, -; Fwd L outsd M to his L sd fwd R start ½ LF trn, sd L comp trn fc WALL,-);
3-4 [Chase Undrm Pass] With ld hnds jnd fwd L trng ½ RF, rec R, fwd L, -; Bk R raise ld hnds, rec L, sd R, - (Bk R, rec L, fwd L to LF of M, -; Fwd L, undr raised ld hnds fwd R trng ½ LF to fc ptr & COH, sd L, -);
5-6 [Basic] Fwd L, rec R, sd L, -; Bk R, rec L, fwd R, blend to BL BJO fc ptr & WALL;
7-8 [Wheel 6] Start A full LF circle Fwd L, R, L, -; Fwd R, L, R blend CP fcg ptr & WALL;
9 [Sd Corte & Rec] Sd L with flex knee, -, rec R, blend BFLY WALL;

Note: Second time thru meas 1 thru 4 of part D which is part of the END is danced in CHA CHA.

REPEAT C

END CHA

- 1-9** OPEN BRK; WHIP; CHASE WITH UNDRARM PASS;; RUMBA BASIC;
TO BL BJO RUMBA; WHEEL 6; CP WLL; SIDE CORTE WITH OPTIONAL LEG CRAWL;
1-2 [Op Brk & Whip] Rk apt strongly on L LOP fcg while extending free arm to sd, rec R, sd L/cl R, sd L; Bk R start ¼ LF trn, rec fwd L trng ¼ to comp trn fc COH, sd R/cl L, sd R (Rk apt on R, rec L, sd R/cl L, sd R; Fwd L outsd M to his L sd start ½ LF trn, fwd R comp RF trn fc WALL, sd L/cl R, sd L);
3-4 [Chase Undrm Pass] With ld hnds jnd fwd L trng ½ RF, rec R, fwd L/cl R, fwd L; Bk R raise ld hnds, rec L, sd R/cl L, sd R (Bk R, rec L, fwd L/cl R, fwd L to LF of M; Fwd L, undr raised ld hnds fwd R trng ½ LF to fc ptr & COH, sd L/cl R, sd R);
5-8 In Rumba Repeat meas 5-8 of Part D;;;;
9 [Sd Corte With Leg Crawl] Sd L with flex knee, small rise on L, hold (Sd L with flex knee, on M's lead lift leg up along man's outer thigh with toe pointed to floor, hold);