

CAN'T HELP FALLING

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MUSIC: "Can't Help Falling In Love With You" Elvis 2:57 download
Amazon.com
RHYTHM: STS RAL PHASE III + 2 [outsd roll, switches]
FOOTWORK: Opposite unless indicated.
SEQUENCE: INTRO A A B A B A END
SPEED: slowed 6% (adjust for comfort) Released 9/14 corrected 11/14

INTRO

1-4 WAIT;; APT PNT; TOG TCH;

1-2 OP fcg lead ft free wait;;

3 apt L,-, pnt R,-;

4 tog to loose CP,-, tch L,-;

PART A

1-4 FULL BASIC;; U/A TRN TO LARIAT 3 M FC LOD;;

1 Sd L,-, XRIB of L, rec L (W sd R,-, XLIB of R, rec R);

2 Sd R,-, XLIB of R, rec R (W sd L,-, XRIB of L, rec L);

3 Sd L,-, XRIB of L leading W to trn RF undr jnd lead hnds, rec L (W sd R,-, XLIF of R trng 1/2 RF undr jnd lead hnds, cont RF trn sd & fwd R moving twd M's R sd);

4 With lead hnds jnd sd R,-, rec L, sd R trng 1/4 LF to fc LOD(W fwd L,-, fwd R, fwd L moving CW arnd M on his R sd to fc LOD) end LOP both fc LOD with lead hnds jnd;

OUTSD ROLL; BASIC ENDG; U/A TRN; OPEN BRK;

5 Fwd L lowering jnd lead hnds,-, sd & fwd R trng sl LF raising jnd lead hand to lead W to trn RF undr jnd hnds, XLIF of R trng LF lower jnd lead hnds (W fwd R comm RF roll undr jnd lead hnds,-, cont RF roll fwd L, sd R to fc ptr);

6 Sd R,-, XLIB of R, rec R (W sd L,-, XRIB of L, rec L to fc ptr) end CP COH;

7 Sd L leading W to trn RF udr jnd lead hnds,-, XRIB of L, rec L (W sd R,-, XLIF of R trng RF undr jnd lead hnds, cont RF trn rec R to fc ptr);

8 Sd R,-, apart L, rec R (W sd L,-, apart R, rec L);

CHNG SDS; BASIC ENDG; OPEN BASICS;;

9 Fwd L twd W's R sd trng RF to fc WALL leading W to trn LF undr jnd lead hnds,-, sd R, XLIF of R (W fwd R twd M's R sd trng LF undr jnd lead hnds,-, sd L, XRIF of L) end fcg ptr WALL;

10 REPEAT MEAS 6 PART A;

11 Sd L opening out to L half open,-, XRIB of L, rec L;

12 Sd R opening out to half open,-, XLIB of R, rec R;

SWITCHES;; OPEN BASICS;;

13 Lead ft free sd L trng RF in frnt of W to L half open,-, fwd R, fwd L (W fwd R,-, fwd L, fwd R);

14 Fwd R,-, fwd L, fwd R (W crossing in frnt of M sd L trng RF to half open,-, fwd R, fwd L);

15-16 REPEAT MEAS 11 & 12 PART A

REPEAT PART A

PART B

- 1-4 U/A TRN TO BJO; WHEEL 6 FC WALL;; BASIC ENDG;
- 1 Sd L leading W to trn RF undr jnd lead hnds,-, XRIB of L, rec L (W sd R,-, XLIF of R trng RF undr jnd lead hnds, cont RF trn rec R moving twd M's R sd) blend to BJO WALL;
 - 2-3 Trail ft free in BJO pos move CW fwd R,-, fwd L, fwd R; cont CW fwd L,-, fwd R, fwd L to end fcg WALL;;
 - 4 REPEAT MEAS 6 PART A;
- 5-8 LUNGE BASICS; LUNGE BASIC P/U; TRAVELING CHASSES ;;
- 5 Fwd L trng 1/2 LF,-, sd R, XLIF of R (W sd & bk R,-, sd L trng 1/2 LF, XRIF of L) end fcg ptr WALL;
 - 6 sd R with lunge action,-, rec L, thru R picking W up to LOD (W sd L with lunge action,-, rec R, thru L trng LF to P/U in frnt of M) join both hnds in low BFLY;
 - 7 Fcg LOD in low BFLY fwd L blendg to R shldr lead,-, sd & fwd R DLW, cl L (W bk & sd R blendg to L shldr lead,-, bk & sd L DLW, cl R);
 - 8 Sd & fwd R blendg to L shldr lead,-, sd & fwd L DLC, cl R (W bk & sd L blendg to R shldr lead,-, bk & sd R, cl L);
- 9-10 CONT TRAVELING CHASSES;;
- 9-10 REPEAT MEAS 7 & 8 PART B;;
- REPEAT A
REPEAT B
REPEAT A
END
- 1-8 FULL BASIC;; U/A TRN; OP BRK; CHNG SDS; BASIC ENDG;
SLOW SD LUNGE RLOD; REC TO A WRAP;
- 1-6 REPEAT MEAS 1-2 PART A;; REPEAT MEAS 7-10 PART A strt fcg WALL and end fcg COH;;;
 - 7 Sd L twd RLOD with bent knee,-, hold-;
 - 8 Rec sd & bk R leading W to wrap LF under lead arms, -, bk L, bk R (W rec sd & fwd L comm LF trn undr jnd lead hnds,-, XRIF of L cont LF trn, bk R to wrapped pos);