

**CHATTANOOGA CHA CHA III**

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RECORD: CHATTANOOGA CHA CHA STAR 133

FOOTWORK: Opposite unless noted (woman's footwork in parentheses) TIME: 2:24

RHTHYM: CHA Phase III ^{+2(Fan, Hockey Stick)}

SEQUENCE: Intro. – A – A – B – A – A – B – END

Revised June 3, 2010

MEAS: INTRODUCTION**1 – 4 BFLY WALL WAIT 2 MEAS;; SPT TRN;; (2)**

- 1-2 wait;;
2-4 stg trn R xLif of R trng on xng ft 1/2, rec on R comp trn on L to FC ptr, sd L/cl R, sd L; stg trn L xRif of L trng on xng ft 1/2, rec on L comp trn to FC ptr, sd R/cl L, sd R;

PART A**1 – 4 BASIC;; SHLDR-SHLDR;;(2)**

- 1-2 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;
3-4 fwd L to bfly scar, rec R to FC ptr, sd L/cl R, sd L; fwd R to bfly bjo, rec L to FC ptr, sd R/cl L, sd R;

5 – 8 1/2 BASIC – FAN;; HOCKEY STICK;;

- 5-6 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; (fwd L, trng L fc stp sd and bk R making 1/4 trn to L, bk L/lk R if of L, bk L leaving R extended fwd with no weight;
7-8 fwd L, rec R, in place L/R, L; bk R, rec L, fwd R/cl L, fwd R ending DIAG RLOD and wall; (cl R, fwd L, fwd R/L, R; fwd L, fwd R trng L to FC ptr, bk L/cl R, bk L on a DIAG;

PART B**1 – 4 CHASE PEEK – A – BOO DBL (1/2 TO TANDEM WALL);;;**

- 1-2 fwd L trng RFC 1/2,, rec R to tandem fwd L/cl R, fwd L; sd R looking over L shldr, rec L, cl R/in plc L,R; (W bk R, fwd L, fwd R/cl L, fwd R; sd L, rec R, cl L/in plc R,L;)
3-4 sd L looking over R shldr, rec R, cl L/in plc R,L; fwd R trng LFC 1/2,, rec L fwd R/cl L, fwd R fcg wall in tandem; (W sd R, rec L, cl R/in plc L,R; fwd L trng RFC 1/2, rec R, fwd L/cl R, fwd L FC wall;)

5 – 8 TRAV DR (mod); TRAV DR (mod – W trn to fc ptr – BFLY WALL); SD WK (1/2); UNDRM TRN;

- 5-6 Rk sd L, rec R, xLif/sd R, xLif; Rk sd R, rec L, xRif/sd L, xRif to bfly wall; (Rk sd L, stg RFC trn 1/2 rec R, comp RF trn 1/2 to fc ptr sd L/cl R. sd L;)
7-8 sd L, cl R, sd L/cl R, sd L; raising jn ld hnd trn slightly RFC x Rib of L, rec L to FC ptr, sd R/cl L, sd R; (xLif of R undr jn ld hnd com 1/2 RFC trn, rec R comp RFC trn to FC ptr, sd L/cl R, sd L

**PART B (continued)****9-12 REV UNDRM TRN; FNC LN; CRB WK 1/2; SD WK 1/2;**

- 9-10 xLif of R, rec R, sd L/clR, sd L; (com LF trn xRif of L undr jned ld hnds trng 1/2, cont trn rec L to FC ptr, sd R/cl L, sd R); lun R thru with bent knee looking in the direction of lun, rec L trng to FC ptr, sdR/cl L, sd R;
- 11-12 xLif of R, sd R, xLif of R/sd R, xLif of R; sd R. cl L, sd R/cl L, sd R

13-16 FNC LN; CUCA; CIR AWY & TOG;;

- 13-14 lun L thru with bent knee looking in the direction of lun, rec R trng to FC ptr, sd L/clR, sd L; sd R, rec L, clR/stp in plc L, stp in plc R;
- 15-16 Separating from ptr and moving awy in a circ pattern fwd L, fwd R, fwd L/clR, fwd L; cont circ pattern twd ptr fwd R, fwd L, fwd R/cl L, fwd R to bfly wall;

END**EXPLODE APT,**

lun apt ext both arms up,

QK CUES

- INTRO OP – FCG WALL WAIT 2 MEAS;; CIR AWY & TOG;; (BFLY WALL)**
- PART A BASIC;; SHLDR-SHLDR;;(2) 1/2 BASIC – FAN;; HOCKEY STICK;;**
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- PART B CHASE PEEK – A – BOO DBL (1/2 TO TANDEM WALL);;;; TRAV DR (mod); TRAV DR (mod – W trn to fc ptr – BFLY WALL); SD WK 1/2; UNDRM TRN; REV UNDRM TRN; FNC LN; CRB WK 1/2; SD WK 1/2; FNC LN; CUCA; CIR AWY & TOG;;**
- PART A BASIC;; SHLDR-SHLDR;;(2) 1/2 BASIC – FAN;; HOCKEY STICK;;**
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- PART B CHASE PEEK – A – BOO DBL (1/2 TO TANDEM WALL);;;; TRAV DR (mod); TRAV DR (mod – W trn to fc ptr – BFLY WALL); SD WK 1/2; UNDRM TRN; REV UNDRM TRN; FNC LN; CRB WK 1/2; SD WK 1/2; FNC LN; CUCA; CIR AWY & TOG;;**
- END EXPLODE APT;**