

Come On Strong

Choreo: Casey & Sharon Parker, 11168 Loduca Dr, Manteca, Ca. 95336 **email:** trustme@pacbell.net
Music: CD: The Real Thing, "Come On Strong", Track 10 (2:36) **Artist:** Vanessa Williams
Footwork: Opposite, Unless noted (W's footwork in parenthesis) **Speed:** as Recorded
Rhythm: FX **Phase:** V **Difficulty:** Average
Sequence: Intro – A – A – B – A – End **Released:** Feb 2011

Ver 1-1

Intro

1 – 4 dlw lead hnd jnd lead ft free Wait 2 meas;; Tog Tch; Fthr Fin dlc;

- 1-4 [Wait 2 meas] lop fcg dlw lead ft free wait 2 meas;; Tog L to cp dlw, -, Tch R, - ;
[Tog Tch~Fthr Fin] Bk R trng LF, -, Sd & Fwd L, Fwd R outside W bjo dlc;

Part A

1 – 8 Rev Trn;; Three Step; Half Nat; Imp scp; Slow Chair & Slow Rec; Prom Weave;;

- 1-4 [Rev Trn] Fwd L begin LF trn, -, Sd R cont trn (Cls L heel trn), Bk L cp rld; Bk R trng LF, -, Sd & Fwd L, Fwd R outside W bjo dlw;
[Three Step~Half Nat] Fwd L, -, Fwd R, Fwd L; Fwd R begin RF trn, -, Sd L (Cls R heel trn), Bk R cp rld; `
- 5-8 [Impetus] commence RF trn Bk L, -, cont trn Cls R to L heel trn, complete trn Fwd L in tight scp dlc (commence strong RF trn Fwd R between M's feet, Sd & Fwd L cont trn around M brush R to L, cont trn Fwd R) ;
[Slow Chair Rec] Lunge Thru R, -, Rec L, - ;
[Prom Weave] Fwd R begin to trn W LF to cp dlc, -, Fwd L begin LF trn, Sd & Bk R to bjo drc; cont trn Bk L in bjo, Bk R cont LF trn, Sd & Fwd L cont trn, Fwd R outside ptr to bjo dlc; (Fwd L begin to trn LF to cp dlc, -, Sd & Bk R cont LF trn to bjo, cont trn fwd L; Fwd R to bjo, Fwd L cont trn, Sd & Bk cont trn, Bk L to bjo dlc;)

9 – 18 Three Step; Nat Hover Cross;; Dbl Rev; Drag Hest; Bk Bk/Lk Bk; Imp scp; Fthr Ckg; Dbl Top Spin;;

- 9-12 [Three Step] blending to cp dlw Fwd L, -, Fwd R, Fwd L;
[Nat Hover Cross] Fwd R dlc and begin RF trn, -, Sd L cont trn, cont trn Sd R; to scar dlc and on toes Ck Fwd L, Rec R begin Slight RF trn, Sd & Fwd L, Fwd R outside ptr in bjo; ;
[Dbl Rev] Fwd L begin strong LF trn, -, Sd R cont trn, spin LF bringing R to L no weight cp dlc (Bk R begin strong LF trn, -, Cls L heel turn cont LF turn/Sd & Bk R cont LF trn, XLIFR) ;
- 13-16 [Drag Hest] Fwd L beginning LF trn, -, Sd L cont trn, Draw R twd L to bjo drw;
[Bk Bk/Lk Bk] Bk R, -, Bk L/Ck R in frt L, Bk L;
[Impetus] commence RF trn Bk L, -, cont trn Cls R to L heel trn, complete trn Fwd L in tight scp dlc (commence strong RF trn Fwd R between M's feet, Sd & Fwd L cont trn around M brush R to L, cont trn Fwd R) ;
[Fthr] Fwd R leading W to trn LF, -, Fwd L, Fwd R ckg outside ptr (Thru L trng LF twd ptr, -, Sd & Bk R, Bk L ckg in bjo dlc);
- 17-18 [Dbl Top Spin] slight Spin LF Bk L, Bk R trng LF, Sd & Fwd L, Fwd R to bjo drw; slight spin LF Bk L, Bk R trng LF, Sd & Fwd L, Fwd R to bjo dlc;

Part B

1 – 8 Rev Wave;; Bk Fthr; Bk Three Step; Outside Chg scp; Nat Weave;; Chg Dir;

- 1-4 [Rev Wave] Fwd L begin LF trn, -, Sd R cont trn, Bk L cp dlr (Bk R begin LF trn, -, Cls R heel trn, Fwd R); Bk R, -, Bk L, Bk R to cp rld (Fwd L, -, Fwd R, Fwd L);
[Bk Fthr~Bk Three Step] Bk L, -, Bk R with R shoulder leading, Bk L bjo; Bk R blending to cp rld, -, Bk L, Bk R;
- 5-8 [Outsd Chg scp] Bk L, -, Bk R trng LF, Sd & Fwd L to scp dlc;
[Nat Weave] Fwd R begin RF trn, -, cont trn Sd L, Bk R twd dlc; Bk L in bjo dlc, Bk R begin LF trn leading W to cp, Sd & Fwd L dlc, fwd R outside ptr to bjo dlc; (Fwd L, -, Fwd R, Fwd L; Fwd R bjo, Fwd L begin trng LF, cont trn Sd R, Bk L to bjo dlc;)
[Chg Dir] Fwd L dlc, -, Fwd R trng LF, Draw L to R;

Ending

1 – 6 Rev Wave;; Bk Fthr; Bk Three Step; Outside Chg scp; Slow Chair & look rlod;

- 1-4 *[Rev Wave]* Fwd L begin LF trn, -, Sd R cont trn, Bk L cp dlr (Bk R begin LF trn, -, Cls R heel trn, Fwd R); Bk R, -, Bk L, Bk R to cp rlod (Fwd L, -, Fwd R, Fwd L);
[Bk Fthr~Bk Three Step] Bk L, -, Bk R with R shoulder leading, Bk L bjo; Bk R blending to cp rlod, -, Bk L, Bk R;
5-6 *[Outsd Chg scp]* Bk L, -, Bk R trng LF, Sd & Fwd L to scp dlw;
[Slow Chair] Slow Lunge Thru R, -, look rlod, - ;

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- Part A** Rev Trn;; Three Step; Half Nat; Imp scp; Slow Chair & Slow Rec; Prom Weave;; Three Step; Nat Hover Cross;; Dbl Rev; Drag Hest; Bk Bk/Lk Bk; Imp scp; Fthr Ckg;
- Interlude** Dbl Top Spin;;
- Part A** Rev Trn;; Three Step; Half Nat; Imp scp; Slow Chair & Slow Rec; Prom Weave;; Three Step; Nat Hover Cross;; Dbl Rev; Drag Hest; Bk Bk/Lk Bk; Imp scp; Fthr Ckg;
- Interlude** Dbl Top Spin;;
- Part B** Rev Wave;; Bk Fthr; Bk Three Step; Outside Chg scp; Nat Weave;; Chg Dir;
- Part A** Rev Trn;; Three Step; Half Nat; Imp scp; Slow Chair & Slow Rec; Prom Weave;; Three Step; Nat Hover Cross;; Dbl Rev; Drag Hest; Bk Bk/Lk Bk; Imp scp; Fthr Ckg;
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