CRY TO ME

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Music: "CRY TO ME" by Solomon Burke 2:34 download Amazon.com

RHYTHM: RUMBA RAL PHASE 4 + 2 [cuddles, spiral]

FOOTWORK: Opposite unless indicated SPEED: slow 6% adjust for comfort SEQUENCE: INTRO A A B C END Released: 7/5/15 Revised: 9/15

INTRO

1-4 WAIT;; DIP BK HOLD; TWIST REC;

- 1-2 Fcg ptr WALL cuddle pos both with lead ft free wait;;
- ss 3 [DIP BK HOLD] bk L lowering and extending R leg fwd, -, hold,-;
- ss 4 [TWIST REC] sl twist of upper body LF,-, rec fwd R,-;

PART A

1-4 CUDDLE X 3;; M IN 2 (SPIRAL ENDG TO FC WALL); SHAD HIP RKS;

- 1 [CUDDLES X 3 W/SPIRAL ENDG] sd L leading W to open out, rec R, cl L to fc ptr in cuddle pos,-(W swiveling 1/2 RF on L foot sd & bk R to 1/2 open, rec L comm LF trn, fwd & sd R to fc ptr in cuddle pos,-);
- sd R leading W to open out, rec L, cl R to fc ptr in cuddle pos,-(W swiveling 1/2 LF on R foot sd & bk L to 1/2 open, rec R comm RF trn, fwd & sd L to fc ptr in cuddle pos,-);
- sd L leading W to open out, rec R, pnt L sd jn lead hnds to lead the W to spiral LF,-(W swiveling 1/2 RF on L ft sd & bk R to 1/2 open, rec L comm LF trn, fwd R spiraling LF on R ft to fc WALL,-) end in wrapped pos tandem WALL both with L ft free;
- 4 [SHAD HIP RKS] both with L ft free rk sd L, sd R, sd L,-;

5-8 SHADOW FENCE LINE; SHADOW SPOT TRN; SHADOW SERPIENTE;;

- 5 [SHADOW FENCE LINE] releasing jnd hnds both with R ft free XRIF of L w/bent knee, rec L, sd R,-;
- 6 [SHADOW SPOT TRN] no hnds jnd both with L ft free XLIF of R trng 1/2 RF, rec R trng 1/2 RF to fc WALL, sd L,-;
- 7-8 [SHADOW SERPIENTE] fcg WALL in shadow pos both with R ft free thru R, sd L, XRIB of L, fan R CCW; XLIB of R, sd R, thru L, fan R CCW;

9-12 SHADOW PROG WLKS 3; FAN MAN IN 2; STRT ALEMANA; THRU TO AIDA;

- 9 [SHADOW PROGRESSIVE WLK 3] jn L/L hnds moving twd LOD fwd R, fwd L fwd R,-;
- 10 [FAN M IN 2] sd L to fc WALL leading W to fan pos,-, cl R chng to lead hnds jnd,-(W fwd L twd LOD, fwd R, swiveling LF on R to fc RLOD,bk L to fan pos,-);
- 11 [STRT ALEMANA] in fan pos fwd L, rec R, cl L leading W to trn RF,-(W cl R, fwd L, fwd R trning 1/4 RF to fc ptr,-);

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PART A (CONT)

- 12 [THRU TO AIDA] thru R twd LOD, comm RF trn sd L, cont RF trn bk L to "V" bk to bk pos,-(W thru L twd LOD, comm LF trn sd R, cont LF trn bk L to "V" bk to bk pos-);
- 13-16 SWITCH RK; SPOT TRN; DIP BK & HOLD; TWIST REC;
 - 13 [SWITCH RK] in aida pos weight on trail foot trn LF to fc ptr sd L bringing jnd hnds thru, rec R, sd L,-;
 - 14 [SPOT TRN] fcg ptr WALL trail ft free XRIF of L comm LF trn 1/2, rec L cont trn to fc ptr WALL, sd R blending to cuddle pos,-;
- ss 15 [DIP BK & HOLD] REPEAT MEAS 3 INTRO;
- ss 16 [TWIST REC] REPEAT MEAS 4 INTRO;

REPEAT PART A

PART B

- 1-4 FWD BASIC; FCG FAN; CHASE 1/2 BOTH FC LOD;;
 - 1 [FWD BASIC] fwd L, rec R, sd L,-;
 - 2 [FCG FAN] bk R trng 1/4 LF, rec fwd L to fc LOD, fwd R-(W fwd L, comm LF trn sd & bk R, bk L to fc ptr RLOD,-);
 - 3-4 [CHASE 1/2 BOTH FC LOD] fwd L trng RF 1/2 to fc RLOD, rec fwd R, fwd L,-(W bk R no trn, rec L, fwd R,-) end both fcg RLOD in tandem; fwd R trng LF 1/2 to fc LOD, rec fwd L, fwd R,-(W fwd L trng RF 1/2 to fc LOD, rec R, fwd L,-) end both fcg LOD in tandem;
- 5-8 KIKI WLK 6 IN TANDEM;; OPPOSITE CUCA TWICE;;
 - 5-6 [KIKI WLK 6] Tandem LOD lead ft free fwd L, fwd R, fwd L plcing each ft in frnt of the other,-; fwd R, fwd L, fwd R plcing each ft in frnt of the other,-;
 - 7-8 [OPPOSITE CUCA TWICE] sd L taking wt on ball of L ft, rec R, cl L,-; sd R taking wt on ball of R ft, rec L, cl R,-;
- 9-12 CHASE BOTH FC RLOD; PEEK-A-BOO TWICE;; FINISH CHASE TO FAN POS M FC WALL;
 - 9 [CHASE BOTH FC RLOD] fwd L trng 1/2 RF to fc RLOD, rec fwd R, fwd L,-(W fwd R trng LF 1/2 to fc RLOD, rec fwd L, fwd R,-) to end tandem RLOD;
 - 10-11[PEEK-A-BOO TWICE] lead ft free fcg RLOD sd R look over L shldr, rec L, cl R-; sd L look over R shldr, rec R, cl L,-;
 - 12 [FINISH CHASE TO FAN POS M FC WALL] fwd R trng LF 1/4 to fc WALL, rec sd L, cl R and pnt L sd jn lead hnds,- (W fwd L, rec R, bk L to fc RLOD in fan pos,-);

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PART B (CONT)

PART B (CONT)			
13-16	HKY STK TO FC WALL;; HIP RKS; X UNWIND TO FC;		
	139-14[HKY STK TO FC WALL] fwd L, rec R, cl L,-(W cl R, fwd L, fwd R look at ptr &		
		caress); bk R, rec L, fwd R,-(W trng 1/4 LF to fc WALL fwd L, fwd R swiveling	
		LF on R, bk L to fc ptr COH,-);	
	15	[HIP RKS] fcg ptr WALL with lead ft free rk sd L, -, rk sd R,-;	
S S	16	[X UNWIND TO FC]_XLIF of R (W XRIF of L),-, spin full trn to fc ptr WALL	
		taking wt on trail ft blend to BFLY,-;	
PART C			
1-4	<u>FEN</u>	CE LINE IN 4; FENCE LINE M IN 2; CIRCULAR SERPIENTE;;	
qqqq	1	[FENCE LINE IN 4] BFLY fcg ptr WALL lead ft free XLIF of R in lunging action,	
		rec R, sd L, cl R;	
	2	[FENCE LINE M in 2] BFLY WALL lead ft free XLIF of R in lunging action, rec	
		R, pnt L sd,- (W XRIF of L in lunging action, rec L, sd R,-);	
	3-4	[CIRCULAR SERPIENTE] both with L ft free in BFLY circle CCW thru L, sd R,	
		XLIB of R fan R CW; circling CW XRIB of L, sd L, XRIF of L, fan L CW (W same	
		footwork as M) end fcg ptr WALL with L ft free for both;	
5-8	5-8 OPPOSITE SPOT TRN M IN 2 BJO; WHEEL 6 SCAR;; FWD LADY DEVELOPE;		
	5	[OPPOSITE SPOT TRN M IN 2] XLIF of R comm RF trn 1/2 on L foot, rec R to	
		fc ptr, tch L,-(W XLIF of R comm RF trn 1/2 on L foot, rec R to fc ptr, sd L,-)	
		end fcg ptr WALL with lead ft free blend to loose CP;	
	6-7	[WHEEL 6 SCAR RLOD] in loose CP moving CW fwd L, fwd R, fwd L,-; fwd R,	
		fwd L, fwd R to end DRW in SCAR pos,-;	
SS	8	[CK FWD LADY DEVELOPE] ck fwd L leading W to develope,-,hold,-(W bk R	
		raising L leg with bent knee and extend L leg fwd with pointed toe,-,hold,-);	
9-12 M BK INTO AIDA; SLOW HIP RKS; SWITCH CROSS; SD WLK RLOD;			
	9	[M BK INTO AIDA] release ptr keeping lead hnds jnd bk R, bk L, bk R to "V"	
		bk to bk pos,-(W REPEAT MEAS 12 PART A);	
SS	10	[2 SLOW HIP RKS] in "V" bk to bk pos rk fwd L,-, rk bk R,-;	
	11	[SWITCH CROSS] in "V" bk to bk pos trn LF to fc ptr sd L bringing jnd lead	
		hnds thru, rec R, XLIF of R to fc ptr,-(W trng RF to fc ptr sd R bringing	
		jnd lead hnds thru, rec L, XRIF of L to fc ptr,-);	
	12	[SD WLK RLOD] fcg ptr WALL sd R, cl L, sd R,-;	
OPTION: End switch cross with both spiral to fc for the sd wlk to RLOD.			
13-16 REV U/A TRN; U/A TRN; DIP BK & HOLD; TWIST REC;			
	13	[REV U/A TRN] XLIF of R leading W to trn LF undr jnd lead hnds, rec R, sd L-	
		(W XRIF of L trng LF undr jnd lead hnds, rec L to finish LF trn to fc ptr, sd R,-);	
	14	[U/A TRN] Raising jnd lead hnds XRIB of L leading W to trn RF, rec L to fc	
		ptr, sd R,-(W XLIF of R trng RF undr jnd lead hnds, rec R to fc ptr, sd L,);	
SS	15	[DIP BK & HOLD] REPEAT MEAS 3 INTRO;	
SS	16	[TWIST REC] REPEAT MEAS 4 INTRO;	

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END

- 1-2 CUDDLE THREE TIME TO A CUDDLE CORTE & TWIST;;;
 - 1-2 [CUDDLES] REPEAT MEAS 1 & 2 PART A;;
 - [CUDDLE TO CUDDLE CORTE] REPEAT MEAS 3 PART A but on the last step dip bk L and twist upper bdy sl LF;
 OPTION: leg crawl with dip bk & twist.

OPTION: For dip bk, twist & recover—2 measures—can do "around the world" in 2 meas.

[ARND THE WORLD] Soften L knee trng LF with strong R sway and extending R ft fwd, -,R hand on W's upper back slowly roll her to the R,-; cont slowly rolling lady to the R,- rise to fc ptr Wall,-(W soften R knee trng LF with strong L sway,-, slowly roll to the L,-; cont slow roll L,-, rise to fc ptr,-) end fcg ptr WALL in cuddle pos;

QUICK CUES

INTRO: cuddle pos wait;; dip bk & hold; twist recov;

PART A: cuddle 3 times lady spiral to fc WALL M in 2;;; shadow hip rks;

] shadow fence line; spot trn; shadow serpiente;;

prog wlk 3; lady out to fan M in 2; strt alemana thru to aida;;

switch rk; spot trn; dip bk & hold; twist rec;

REPEAT PART A

PART B fwd basic to fcg fan;; chase 1/2 both fc LOD;;

kiki wlk 6 LOD;; opposite cuca twice;;

chase both fc RLOD; peek-a-boo twice;; finish chase to fan M fc WALL;

hky stk to wall;; 2 slow hip rks; X unwind to fc;

PART C: fence line in 4; fence line M in 2 BFLY; circular serpiente;;

opposite spot trn BJO M in 2; wheel 6 SCAR RLOD;; ck fwd lady develope; M bk into aida; 2 slow hip rks; switch cross [optional spiral]; sd wlk RLOD;

rev U/A trn; U/A trn; dip bk & hold; twist rec;

END: cuddle 3 times to a cuddle corte & twist;;;;