

DANCIN' ROUND AND ROUND

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MUSIC: CD: Gold Track 20 or Download ARTIST: Olivia Newton-John TIME: 4 MIN
FOOTWORK: Opposite unless noted (woman's in parenthesis) SPEED: 47 RPM – 30 MPM
RHYTHM: Slow Two Step RAL PHASE: IV + 1 [Triple Traveler]
SEQUENCE: INTRO-A-B-A-B-INT-B-END RELEASED: August 2, 2013

INTRO

Meas.

1-2 CUDDLE CLOSED WAIT ; ;

1-2 CP M fcg wall ld ft free arms around W back [W's arms arnd M's neck] wait ; ;

3-6 HIP ROCKS TWICE TO LOOSE CP ; ; LUNGE BASIC TWICE ; ;

3-4 Rk sd L rolling hip sd & bk, -, rec R w hip roll, rec L w hip roll ; Repeat leading with R ;

5-6 Sd L with lunging action, -, rec R, XLIF ; Sd R with lunging action, -, rec L, XRIF ;

PART A

1-2 [MANEUVER] RT TURN W/ OUTSIDE ROLL ; BASIC ENDING ;

1 XIF of W sd & bk L, -, sd & bk R trng ¼ RF ld W undr jnd ld hnds, XLIF to fc ptr [fc COH] ;

2 Sd R, -, XLIB, rec R ;

3-4 UNDERARM TURN ; LARIAT 3 BOTH FACE RLOD **[2nd time fc LOD] ;

3-4 Sd L jn ld hnds palm-to-palm, -, XRIB, rec L (sd R comm RF trn undr jnd ld hnds, -, XL over R trn ½, Rec fwd R comp RF trn fc ptr) ; M trn LF in pl R, -, L, R (fwd L, -, fwd R, fwd L) end LOP RLOD ;

5-6 OUTSIDE ROLL MAN FACE WALL **[2ND time fc COH] ; OPEN BASIC ;

5 Trng to fc ptr XLIF brng ld hnds out, -, sd R ldg W to trn RF under jnd ld hnds, XLIF to fc ptr (fwd R Comm RF twirl undr ld hnds, -, bk L cont RF trn, fwd R to fc ptr) ;

6 Sd R trng to ½ OP LOD, -, XLIB, rec fwd R ;

7-10 SWITCHES **[2nd time RLOD] ; ; [PICKUP] LEFT TURN W/ INSIDE ROLL ; BASIC ENDING ;

7-8 XIF of W sd L to L ½ OP, -, fwd R, fwd L (fwd R, -, fwd L, fwd R) ; Fwd R, -, fwd L, fwd R (XIF of M sd L to ½ OP, -, fwd R, fwd L) ;

9-10 Bring W in frnt fwd L comp ½ LF trn, -, sd R, XLIF (blending in frnt of M bk R trn LF, -, sd L trn LF, sd R to fc ptr) fcg COH ; Sd R, -, XLIB, rec R ;

11-12 LUNGE BASIC ; REVERSE UNDERARM TURN ;

11-12 Sd L with lunging action, -, rec R, XLIF ; Sd R to palm-to-palm, -, XLIF ldg W to trn LF under jnd ld Hnds, rec R (sd L comm LF trn, -, XR over L trng ½ LF, rec fwd L to fc ptr) ;

13-16 UNDERARM TURN ; OPEN BREAK ; BASIC ; ;

13-14 Sd L to palm-to-palm, -, XRIB, rec L (sd R comm RF trn undr jnd ld hnds, -, XL over R trn ½ RF, rec fwd R to fc ptr) ; Sd R to LOP FCG, -, bk L, rec R ;

15-16 Sd L, -, XRIB, rec L ; Sd R, -, XLIB, rec R picking up W ;

PART B

1-4 [PICKUP] [TO RLOD] TRIPLE TRAVELER ; ; ; BASIC ENDING ;

1-2 Fwd L comm LF trn raise ld hnds, -, fwd R, fwd L (Bk R trn ¼ LF, -, cont LF trn sd & fwd L trng ½, sd & fwd to fc ptr) ; Fwd R spiral LF undr jnd ld hnds, -, fwd L, fwd R (fwd L, -, fwd R, fwd L) LOP RLOD ;

3-4 XLIF L brng jnd hnds down & bk to ld W into RF turn, -, sd & fwd R, XLIF to fc ptr & WALL (fwd R comm RT trn, -, sd & bk R cont RF trn under jnd ld hnds, fwd R to fc ptr) ; Repeat Part A meas 2 ;

5-8 TWISTY BASIC ; ; SIDE BASIC ; SWEETHEART WRAP [FC LOD] ;

5-6 Sd L, -, XRIB, rec L (sd R, -, XLIF, rec R) ; Sd R, -, XLIB, rec R (sd L, -, XRIF, rec L) ;

7 Sd L, -, XRIB, rec L ;

8 Sd R, -, brng ld hnds thru ldg W to trn LF XLIB, fwd R (sd L, -, XRIF trng ½ LF, fwd L) wrpd LOD ;

9-12 SWEETHEART RUNS 3 X ; ; ; PICKUP & RUN 2 TO LOW BFLY [LOD] ;

9-11 Fwd L, -, fwd R, fwd L ; Fwd R, -, fwd L, fwd R ; Fwd L, fwd R, fwd L ;

12 Ldg W in frnt sm fwd R, -, fwd L, fwd R (fwd L trng LF to low BFLY LOD, -, bk R, bk L) ;

13-16 TRAVELING CROSS CHASSES 3 MEAS ; ; [FC COH] ; BASIC ENDING ;

13-14 Sd & fwd L trng LF DLC, -, sd & fwd R DLW, XLIF (W XIF also) ; Sd & fwd R trng RF DLW, -, sd & Fwd L, XRIF ;

15-16 Sd & fwd L trng LF DLC, -, sd & fwd R DLW, XLIF (W XIF also) fc COH ; Repeat Part A meas 2 ;

REPEAT PART A MOVING LOD - FCG COH – THEN MOVING RLOD – FC WALL

REPEAT PART B TO LOD – FCG COH – FC & MOVE TO RLOD – END FCG WALL

INTERLUDE

1-4 LUNGE BASIC TWICE ; ; OPEN BASIC TWICE ; ;

1-2 Repeat meas 5-6 of Intro ; ;

3-4 Sd L trng to L ½ OP LOD, - , XRIB, rec fwd L ; Sd R trng to ½ OP LOD, - , XLIB, rec fwd R ;

REPEAT PART B TO LOD – FCG COH – FC & MOVE TO RLOD – END FCG WALL

ENDING

1-4 LUNGE BASIC TWICE ; PICKUP UP TO DLW ; SLOW FWD – RIGHT LUNGE & HOLD ; ;

1-2 Repeat meas 1 & 2 of Interlude except on last step of 2nd Lunge Basic pickup to DLW ; ;

3-4 Fwd L, - , flex L knee moving sd & slightly fwd onto R keeping L sd in twd ptr and as weight is
Taken on R flex R knee & make slight LF body turn, - ;

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PHASE IV + 1 SLOW TWO STEP
(TRIPLE TRAVELER)

INTRO: CUDDLE CLOSED WAIT ; ;
HIP ROCKS 2 X TO LOOSE CP ; ; LUNGE BASIC 2 X ; ;

A: MANUEVER RT TURN W/ OUTSD ROLL ; BASIC ENDING ;
UNDERARM TURN ; LARIAT 3 BOTH FC RLOD ;
OUTSD ROLL M FC WALL ; OPEN BASIC ; SWITCHES ; ;
PICK UP LF TURN W/ INSD ROLL ; BASIC ENDING ;
LUNGE BASIC ; REV UNDERARM TURN ;
UNDERARM TURN ; OPEN BREAK ENDING ; BASIC ; ;

B: PICK UP [RLOD] TRIPLE TRAVELER ; ; ; BASIC ENDING ;
TWISTY BASIC ; ; SD BASIC ; SWEETHEART WRAP FC LOD ;
SWEETHEART RUNS 3 X ; ; ; PICK UP & RUN 2 TO LOW BFLY LOD ;
TRAVELING CROSS CHASSES 3 MEAS ; ; FC COH ; BASIC ENDING ;

A: MANUEVER RT TURN W/ OUTSD ROLL ; BASIC ENDING ;
UNDERARM TURN ; LARIAT 3 FC LOD ;
OUTSD ROLL M FC COH ; OPEN BASIC ; SWITCHES [RLOD] ; ;
PICK UP LF TURN W/ INSD ROLL ; BASIC ENDING ;
LUNGE BASIC ; REV UNDERARM TURN ;
UNDERARM TURN ; OPEN BREAK ENDING ; BASIC ; ;

B: PICK UP TRIPLE TRAVELER ; ; ; BASIC ENDING ;
TWISTY BASIC ; ; SD BASIC ; SWEETHEART WRAP FC RLOD ;
SWEETHEART RUNS 3 X ; ; ; PICK UP & RUN 2 TO LOW BFLY RLOD ;
TRAVELING CROSS CHASSES 3 MEAS ; ;
FC WALL ; BASIC ENDING ;

BRIDGE: LUNGE BASIC 2 X ; ; OPEN BASIC 2 X ; ;

B: PICK UP TRIPLE TRAVELER ; ; ; BASIC ENDING ;
TWISTY BASIC ; ; SD BASIC ; SWEETHEART WRAP FC RLOD ;
SWEETHEART RUNS 3 X ; ; ; PICK UP & RUN 2 TO LOW BFLY RLOD ;
TRAVELING CROSS CHASSES 3 MEAS ; ; FC WALL ; BASIC ENDING ;

ENDING: LUNGE BASIC 2 X ; PICK UP DLW ;
SLOW FWD ~ RT LUNGE & HOLD ;