

DON'T STOP MOVIN'

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CHOREO: Cheryl & Geof Manley
ADDRESS: 1132 E. Walker Street, Blackfoot, ID 83221
PHONE: 208-201-8147
E-MAIL: ggrounders@gmail.com **WEBSITE:** <https://ggrounders.blogspot.com/>
MUSIC: Dancebeat 14 - 21 Cool Cha Cha Chas/#9/The Tony Evans Band – Amazon download 3.44
MODIFIED: Original music is 3m44 - Cut music at 2m35.862 and fade out from 2m33.6
RHYTHM: Cha Cha **SPEED:** Slow to 43 RPM or for comfort
PHASE (+): 4
FOOTWORK: Opposite unless indicated (W's footwork in parentheses) - Timing 123&4 unless **marked**
SEQUENCE: **INTRO – A – AMOD - B - C - AMOD - B - C* - END**

NOTE: This dance was written as class practice for Umbrella Turn and Parallel Chase – with all phase 4 figures. Note also that for the circle away & together the lady is on the opposite foot from usual, but if she ignores the weird feeling & just does the footwork using opposite feet, she'll be fine. ;)

MEAS.

INTRODUCTION

(8 measures)

- 1-4 BFLY/WALL, WAIT 2 MEAS;; OPEN BREAK; NEW YORKER;**
1-2 [wait] BFLY/Wall, lead feet free, wait 2 measures
3 [op brk] back L, recover R, side L/close R, side L;
4 [ny] swiveling on L to face LOD thru R, recover L swiveling to face partner in BFLY, side R/close L, side R;
5-8 OPEN BREAK; NEW YORKER; SHOULDER TO SHOULDER 2X OVERTURN TO LEFT-HAND STAR;;
5-6 [open brk, ny] Same as measures 3-4 of introduction
7-8 [shldr-shldr 2X] forward L to BFLY/SCAR, recover R, side L/close R, side L; forward R to BFLY/BJO, recover L, side R/close L, side R turning to face reverse & joining left hands palm to palm (lady on man's L side facing line);

PART A

(8 measures)

- 1-4 UMBRELLA TURN;;;TO FACE;**
1-4 [umbrella turn] starts in L-hand star position with man facing reverse & ends with man facing partner & wall - man only turns on last measure, lady turns on each measure - forward L, recover R, back L/close R, back L; back R, recover L, forward R/close L, forward R; forward L, recover R, back L/close R, back L; back R, recover L turning ¼ left-face to face partner, side R/close L, side R to face partner/Wall; (back R, recover L, forward R turning ½ left-face under joined hands/close L, back R; back L, recover R, forward L turning ½ right-face under joined hands/close R, back L; back R, recover L, forward R turning ½ left-face under joined hands/close L, back R; back L, recover R, forward L turning ¼-right face under joined lead hands to face partner/close R, side L to face partner;)
5-8 TIME STEP 2X;; SHOULDER TO SHOULDER 2X OVERTURN TO LEFT-HAND STAR;;
5-6 [time step 2X] keeping shoulders parallel with partner & little to no turn cross L in back of R, recover R, side L/close R, side L; (Lady – cross R in back of L, recover L, side R/close L, side R;) repeat with other foot;
7-8 [shoulder to shoulder 2X] See measures 7 & 8 of Intro

PART AMOD

(8 measures – first 6 are identical to Part A)

1-8 UMBRELLA TURN;;; TO FACE; TIME STEP 2X;; HAND TO HAND 2X TO HANDSHAKE;;

1-6 See Measures 1-6 of part A.

7-8 [*hand to hand 2X to handshake*] swiveling sharply ¼ left-face on R foot step back L to OP (Lady swivels right-face on opposite foot), recover R swiveling to BFLY, side L/close R, side L; swiveling sharply ¼ right-face on L back R to LOP (lady swivels left-face on opposite foot), recover L swiveling to BFLY, side R/close L, side R to joined Right Hands in *Handshake with man facing Wall*;

PART B

(8 measures)

1-4 TRADE PLACES 2X TO BFLY;; ½ BASIC TO AN; AIDA;

1-2 [*trade places 2X*] starts with lead foot free in handshake – each measure turns a total of ½ turn – Rock apart L, recover R turning ¼ right-face behind woman releasing joined hands to momentary Tandem Position, starting to turn another ¼ right-face step side and back L to /close R, side & back L finishing turn to face partner – join L hands; (rock apart R, recover L turning ¼ left-face in front of man to momentary Tandem Position, continue turning left-face side and back R/close L, side and back R to face join L hands;) Repeat starting with a L handshake and turning the opposite direction – M left-face, lady right-face – ending in *BFLY facing Wall*;

3 [*half-basic*] forward L, recover R, side L/close R, side L;

4 [*aida*] thru R towards LOD starting to turn R-face (L-face), side L continuing turn to face RLOD, back R/lock L in front of R, back R to *back-to-back V position*;

5-8 SWITCH ROCK; SPOT TURN TO HANDSHAKE; FLIRT, LADY TRANSITION IN 4;;5 [*switch rock*] back L turning to face partner, recover R, side L/close R, side L to *BFLY*;

6 [*spot turn to handshake*] Swiveling left-face 1/4 on ball of left step forward R continue turning 1/2 to face reverse, recover L continuing turn 1/4 to face partner, side R/close L, side R to *joined right hands in handshake*; (swiveling right-face 1/4 on ball of right step forward L continue turning 1/2 to face reverse, recover R continuing turn 1/4 to face partner, side L/close R, side L);

7 [*start flirt*] Forward L, recover R, side L/close R, side L to *Varsouvienne position*; (Back R, recover L turning left-face, continue turn to *Varsouvienne position* side R/close L, side R;)

123&4 8 [*continue flirt*] back R, recover L, side R/close L, side R to *Left Varsouvienne position*;
(1234) (back L, recover R, side L, close R to *Left Varsouvienne position*);

PART C

(13 measures)

1-4 PARALLEL CHASE;; CHA CHA WALK 2X;;

1-2 [*parallel chase*] starting in *Varsouvienne/DLW* – both on same footwork now - turning right-face side & back L, recover forward R to face RLOD, forward L/close R, forward L; turning left-face side & back R to left-*Varsouvienne*, recover forward L to face LOD, forward R/close L, forward R;

3-4 [*cha cha walk 2X*] Forward L, Forward R, Forward L/Close R, Forward L; Forward R, Forward L, Forward R/Close L, Forward R; (See note at end of dance)

5-9 PARALLEL CHASE;; CIRCLE AWAY AND TOGETHER; MAN IN 4 TO BFLY; TO LINE AIDA;5-6 [*parallel chase*] Repeat measures 1-2 of part C

- 7 [circ away] *NOTE: Lady will be doing this figure on opposite feet from normal! – both circling away from each other [man left-face, lady right-face] using same footwork - forward L, forward R, forward L/close R forward L [both are facing RLOD at this point];*
- 1234** 8 [*& tog man in 4 to BFLY*] *continuing to circle back to each other – forward R, forward L, forward R, forward L to BFLY; (forward R, forward L, forward R/close L, forward R to BFLY;) note that this starts with both doing the same footwork, but end with opposite footwork because man transitioned – both have TRAIL foot free.*
- (123&4)
- 9 [aida] see measure 4 of part B
- 10-13** **SWITCH ROCK; FENCELINE 2X;; SPOT TURN TO LEFT-HAND STAR;**
- 10 [switch rock] see measure 5 of part B
- 11-12 [Fenceline 2X] lunge thru R, recover L, side R/close L, side R; lunge thru L, recover R, side L/close R, side L;
- 13 [spot turn to left-hand star] *Note, Man will underturn this figure and Lady will overturn it to end in left-hand start with man facing reverse – Swiveling left-face 1/4 on ball of L step forward R toward LOD turning 1/2, recover L to face reverse, close R/step L, step R {last two steps in place – offering palm of left hand to lady to end in left hand star facing reverse}; (swiveling right-face 1/4 on ball of right step forward L turning 1/2 to face reverse, recover R turning 1/2 to face line, close L/step R, step L in place joining left palm to man's;)*

REPEAT PART AMOD
REPEAT PART B

PART C*

- 1-13** (Same as part C, *EXCEPT it ends in BFLY with M facing wall (instead of left-hand star)*)
- 1-12 Same as part C
- 13 [spot turn to BFLY] Swiveling left-face 1/4 on ball of left step forward R continue turning 1/2 to face reverse, recover L continuing turn 1/4 to face partner, side R/close L, side R to BFLY; (swiveling right-face 1/4 on ball of right step forward L continue turning 1/2 to face reverse, recover R continuing turn 1/4 to face partner, side L/close R, side L;)

END

(4 measures)

- 1-4** **OPEN BREAK; NEW YORKER; OPEN BREAK; NEW YORKER TO FACE & POINT REVERSE;**
- 1 [op brk] see measure 3 of Intro
- 2 [ny] see measure 4 of Intro
- 3 [op brk] see measure 3 of Intro
- 4 [ny to face & point rev] swiveling on L to face LOD thru R, recover L swiveling to face partner in BFLY, side R/close L, point R;

NOTE: Cues are per Roundalab. We prefer to use the latin cross in our forward and back cha cha steps, where instead of the closing step, because of the way our feet are turned out in latin stance, the step is more like a semi-locking step. (Heel of one foot will be by arch of the other with toes pointed out).

HEAD CUES ON NEXT PAGE

DON'T STOP MOVIN' – PHASE 4 CHA CHA - HEAD CUES

(INTRO)

**BFLY/WALL, LEAD FEET FREE, WAIT 2 MEAS;; OPEN BREAK; NEW YORKER;
OPEN BREAK; NEW YORKER; SHOULDER TO SHOULDER 2X; O'TURN TO LEFT-HAND
STAR;**

(PART A)

**UMBRELLA TURN;;;TO FACE;
TIME STEP 2X;; SHOULDER TO SHOULDER 2X; O'TURN TO LEFT-HAND STAR;**

(PART AMOD)

**UMBRELLA TURN;;;TO FACE;
TIME STEP 2X;; HAND TO HAND 2X; TO HANDSHAKE;**

(PART B)

**TRADE PLACES 2X; TO BFLY; ½ BASIC TO AN; AIDA;
SWITCH ROCK; SPOT TURN TO HANDSHAKE; FLIRT; LADY IN 4;**

(PART C)

**(LEFT-FOOT) PARALLEL CHASE;; CHA CHA WALK 2X;;
PARALLEL CHASE;; CIRCLE AWAY AND TOGETHER; MAN IN 4 TO BFLY; TO LINE
AIDA;
SWITCH ROCK; FENCELINE 2X;; SPOT TURN TO L-HAND STAR;**

(PART AMOD)

**UMBRELLA TURN;;;TO FACE;
TIME STEP 2X;; HAND TO HAND 2X; TO HANDSHAKE;**

(PART B)

**TRADE PLACES 2X TO BFLY;; ½ BASIC TO AN; AIDA;
SWITCH ROCK; SPOT TURN TO HANDSHAKE; FLIRT; LADY IN 4;**

(PART C*)

**(LEFT-FOOT) PARALLEL CHASE;; CHA CHA WALK 2X;;
PARALLEL CHASE;; CIRCLE AWAY AND TOGETHER; MAN IN 4 TO BFLY; TO LINE
AIDA;
SWITCH ROCK; FENCELINE 2X;; SPOT TURN (TO BFLY);**

(ENDING)

**OPEN BREAK; NEW YORKER; OPEN BREAK; NEW YORKER TO FACE & POINT
REVERSE;**