

EMILY

Jan. 2023

CHOREO: Lloyd & Ruth McKenrick, 13151 SE 120th Street, Ocklawaha, FL 32179
E-MAIL: dancewithlloydandruth@centurylink.net (352) 288-4973
MUSIC: Emily ARTIST: Ross Mitchell
ALBUM: 25 Top Waltzes TRACK #1 TIME 2:22
Download available at iTunes
[Emily \(Slow Waltz / 30 BPM\) - YouTube](#)
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)
RHYTHM: WALTZ PHASE: IV
SPEED: 45 RPM DIFFICULTY: Average
SEQUENCE: **INTRO A B B**

INTRODUCTION

1-4 **2 MEAS WAIT;; BAL AWAY & TOG to CP;;**
[1-2] BFLY, Lead ft free, **Wait 2 Meas;;**
[3-4] **BAL AWAY & TOG** - trng L fc away from ptr fc LOD - sd L, sip R, sip L; trng R
fc to fc ptr - fwd R, sip L, sip R;

PART A

1-4 **BOX;; WALTZ AWAY; LADY WRAP;**
[1-2] **BOX** - fwd L, sd R, cl L; bk R, sd L, cl R;
[3] **WALTZ AWAY** - trng L fc diag awy from ptrn fwd L, sd & fwd R, cl L;
[4] **LADY WRAP** - fwd L, sm fwd R, cl L to WRP jn ld hnd (W trng LF fwd L, cont trn
fwd R, cl L in WRP jn ld hnd);
5-8 **FWD WALTZ; PU; FWD WALTZ 2X;;**
[5] **FWD WALTZ** - fwd L, fwd R, cl L;
[6] **PU** - thru R, fwd & sd L ldg W to CP, cl R fc LOD;
[7-8] **FWD WALTZ 2X** - fwd L, fwd R, cl L; fwd R, fwd L, cl R;
9-12 **DIAM TRN;;;**
[9-12] **DIAM TRN** - fwd L, sd R, bk L; bk R, sd L, fwd R; fwd L, sd R, bk L; bk R, sd L, fwd R;
13-16 **OP TEL; NAT HVR FALWY; SLIP PVT; FWD WALTZ;**
[13] **OP TEL** - fwd L trng LF, (W bk R w/heel trn),sd & fwd R arnd W cont trn fwd L to
tight SCP DLW;
[14] **NAT HVR FALWY** - fwd R trng RF ¼, fwd L w/rise ckg, rec R;
[15] **SLIP PVT** - bk L (W bk R), bk R trng LF ¼ (W trns LF fwd L), fwd L to BJO;
[16] **FWD WALTZ** - fwd R, fwd L, cl R;

PART B

1-4 **INTER BOX;;;**
[1-4] **INTER BOX** - fwd L, sd R, cl L; bk R raising ld hnds, sd L ld W to begin crvg RF
undr joint ld hnds, cl R (W fwd L, fwd R commg RF circ, fwd L); fwd L, sd R, cl L
(W cont circ fwd R, fwd L, fwd R); bk R, sd L, cl R to CP;
5-8 **1 L TRN; BKUP WALTZ; 2 R TRNS to WALL;;**
[5] **1 L TRN** - fwd L trng LF up to ¼, cont trn up to ¼ sd R, cl L;
[6] **BKUP WALTZ** - bk R, bk L, cl R;
[7-8] **2 R TRNS to WALL** - bk L trng RF up to ¼, cont trn up to ¼ sd R, cl L; fwd R
trng RF up to ¼, cont trn up to ¼ sd L, cl R;

9-12 WHISK; WING; TRN L&R CHASSE; BK BK/LK BK;

[9] **WHISK** - fwd L, sd & fwd R w/rise, hk LIB;

[10] **WING** - sm fwd R ldg W in frnt to SCAR LOD, draw L, tch L (W fwd L crvng LF, fwd R crvng LF, fwd L to SCAR);

[11] **TRN L&R CHASSE** - fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;

[12] **BK BK/LK BK** - bk L, bk R/lk LIF, bk R;

13-16 OP IMP; WEV to BJO;; MANUV;

[13] **OP IMP** - bk L trng RF, cl R w/heel trn (W sd & fwd L arnd M), fwd L in tight SCP;

[14-15] **WEV to BJO** - fwd R, fwd L trng LF to CP, sd & bk R to BJO; bk L, sd & bk R trng LF to CP, sd & fwd L to BJO;

[16] **MANUV** - fwd R trng RF, sd L in frnt of W, cl R to CP;

17-20 OVR SPIN TRN; BK & CHASSE to BJO; CK FWD LADY DEVELOPE;**BK CHASSE SCAR;**

[17] **OVR SPIN TRN** - bk L pvtg RF 3/4 to 7/8, fwd R w/rise, sd & bk L;

[18] **BK & CHASSE to BJO** - bk R trng LF to fc ptr, sd L cl R, sd & fwd L trng LF to BJO;

[19] **CK FWD LADY DEVELOPE** - fwd L,-, - (W bk R, brng L ft up R leg to insd of R knee, extend L ft fwd);

[20] **BK CHASSE SCAR** - bk L trng RF to fc ptr, sd R cl L, sd & fwd R trng RF to CP;

21-24 CK FWD LADY DEVELOPE; BK SD CL; HVR; SLO SD LK;

[21] **CK FWD LADY DEVELOPE** - fwd L,-, - (W bk R, brng L ft up R leg to insd of R knee, extend L ft fwd);

[22] **BK SD CL** - bk R, sd L, cl R;

[23] **HVR** - fwd L, sd & fwd R w/rise ldg W to trn RF to SCP, sd & fwd L to SCP;

[24] **SLO SD LK** - thru R, fwd & sd L ldg W to CP, lk RIB in CP LOD;

REPEAT PART B MEAS 1 THRU 23**24 THRU PROM SWAY & OVER SWAY;**

[24] **THRU PROM SWAY & OVER SWAY** - thru R, sd & fwd L to SCP w/L sd body stretch, relax L knee & w/L sd stretch rotating RF to RSCP;

QUICK CUES

INTRO: BFLY, FC WALL, LEAD FT FREE
WAIT 2 MEAS;; BAL AWAY & TOG to CP;;

PART A: BOX;; WALTZ AWAY; LADY WRAP;
FWD WALTZ; PU; FWD WALTZ 2X;;
DIAM TRN;;;;
OP TEL; NAT HVR FALWY; SLIP PVT; FWD WALTZ;

PART B: INTER BOX;;;;
1 L TRN; BKUP WALTZ; 2 R TRNS to WALL;;
WHISK; WING; TRN L&R CHASSE; BK BK/LK BK;
OP IMP; WEV to BJO;; MANUV;
OVER SPIN TRN; BK & CHASSE to BJO; CK FWD LADY DEVELOP; BK CHASSE SCAR;
CK FWD LADY DEVELOP; BK SD CL; HVR; SLO SD LK;

PART B: INTER BOX;;;;
1 L TRN; BKUP WALTZ; 2 R TRNS to WALL;;
WHISK; WING; TRN L&R CHASSE; BK BK/LK BK;
OP IMP; WEV to BJO;; MANUV;
OVER SPIN TRN; BK & CHASSE to BJO; CK FWD LADY DEVELOP; BK CHASSE SCAR;
CK FWD LADY DEVELOP; BK SD CL; HVR; THRU PROM SWAY & OVER SWAY;