

EASY TOUCH IV

Sept. 2000

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Record ; Coll 04787 -Slow Hand – Pointer Sisters

Footwork; Opposite (women in parentheses)

Rhythm & Phase ; Rumba - Phase 1V + 2 (Stop & Go Hockey Stick , Sweetheart)

Sequence Int -A. B. A. B.(1-14). A(9-17). B. End - (Speed – 42 rpm)

INTRO

1-4 **WAIT 2 ;;** **HIP ROCKS ;;**

1-2 No hds joined , Wait 2 meas.

3-4 hip rk L & R twice, to lead hds joined

5-8 **N.Y in 4 rev ;** **SPOT TRN;** **N.Y. in 4;** **SPOT TRN;**

5-6 X L, rec R, sd L, rec R ; XLIF trng on crosssing ft ½ ,rec R cont trn to fc, sd L;

7-8 X R, rec L, sd R, rec L ; Xrif trng on crosssing ft ½ ,rec L cont trn to fc, sd R;

A

1-4 **1/BASIC to a FAN ;;** **Stop & Go HOCKEY ST ;;**

1-2 Fwd L,rec R,sd L ; bk R, rec L ,sd R (fwd L,trn LF sd & bk R making ¼ trn to left, bk L leave R Ft extended fwd – no wgt

3-4 chk fwd L,rec R raising left arm to lead W to und/arm trn, cl L to R, chk fwd R with left sd stretch, place rt hd on W sh blade to chk her movement, rec L raising lf arm to lead W to rt fc und/arm trn, close R (cl R, fwd L, fwd R trng ½ lf fc udr joined hds to end rt sd of M ; chk bk L, rec R, fwd L trng ½ rt fc udr joined hds to end fc M in fan pos)

5-8 **HOCK ST ;;** **TIME ST x 2 ;;**

5-6 Fwd L, rec R,cl L ; bk R, rec L, fwd R follow W – (clos R, fwd L, fwd R, fwd L, fwd R trng LF under joined ld hds to fc ptr, sd & bk L

7-8 Releasing hds, XLIB, rec R, sd L ; XRB, rec L, sd R - join lead hds

9-12 **SD WK 3 ;** **AIDA ;** **SWITCH RK ;** **SPOT TRN ;**

9-10 sd L, cl R, sd L -; thru R trng rt fc, sd L cont trn, bk R to v bk to bk pos

11-12 -; Trn L fc to fc ptn, sd L chk brg joined hds thru, rec R sd L ; Xrif trng on crosssing ft ½ ,rec L cont trn to fc, sd R to Btfl

Armwork – (!st & 2nd Time) - Sdwks - lead hds jnd, trail hds raise index finger - L lf, M rt - to lips in a "Shush" action

Aida - pass trail hds thru then extend them bk in the V bk to bk pos.

Switch Rk - Cup the trailing hds briefly to ear in a listening gesture when trng to fc

13-17 **SH to SH (2) ;;** **LARIET ;;** **N.Y. in 4 ;;**

13-17 Fwd L to scar pos, rec R to fc, sd L ; fwd R to bjo pos , rec L to fc , sd R. -; Stp in pl L,R,L; R,L,R (cir M cw with jd ld hds, fwd R, fwd L, fwd R; fwd L fwd R, sd L to fc M) -; X L, rec R, sd L, rec R ;

B

1-4 **BASIC ;;** **ALEMANA (overturned to L shadow - fc wall) ;;**

1-2 Btfl – fwd L , rec R, sd L ; bk R, rec L, sd R

3-4 fwd L, rec R, cl L lead W to trnr fc ; bk R rec L, sd R (bk R, rec L , sd R comm rf fc swiv - cont rf trn under joined ld hds , fwd L rt fc swiv fwd R, cont to fc wall, sd L) - Lady to end on mans Left sd in shadow pos.

5-8 **SWEETHEARTS x 3 TO FC ;;;** **CUCHA ;**

5-8 chk fwd L with rt sd ld to contra chk like actn, rec R , sd L ; (bk R with chkg action, recL, sd R)

chk fwd R with lf sd ld to contra chk like actn, rec L , sd R ; (bk L with chkg action, recR, sd L)

chk fwd L with rt sd ld to contra chk like actn, rec R , sd L ; (bk R with chkg action, recL, sd & fwd R trng to fc ptnr,) ; sd R, rec L, cl R - to CP fc wall

9-12 **CROSS BODY ;;** **START CHASE ¾; ;**

9-10 Fwd L , rec R, sd L trn lf fc – trn foot ¼ , body 1/8 , bk R cont lf fc trn, small stp fwd L , sd & fwd R ; (bk R rec L, fwd R twds M , fwd L comm trn lf, fwd R trn ½ lf fc , sd & bk L)

11-12 Fwd L trn r fc ½ , rec fwd R, fwd L ; fwd R trn lf fc ½ , rec fwd L, fwd R; (bk R ,rec L , fwd R ; fwd L trng r fc ½ , rec fwd R, fwd L)

13-15 **cont.CHASE to BTFLY ;;** **WHIP ;** **FENCELINE ;**

13-15 Fwd L , rec R, Bk L (fwd R trn lf fc ½ , rec fwd L, fwd R) -; bk R trng ¼ lf fc, rec fwd L cont trn ¼ , sd R (fwd L outsd M on lf sd , fwd R trng ½ lf fc , sd L) -; X lunge L , rec R ,sd L ;

16-19 **CRAB WKS ;;** **SPOT TRN ;** **HD to HD ;**

16-19 x R, sd L, x R, sd L, x R, sd L -; Xrif trng on crosssing ft ½ ,rec L cont trn to fc, sd R -; x L beh, rec R, sd L

20 **CUCHA ;**

sd R, rec L, cl R - to Btfl fc wall

END **SLOW PT LOD – Extend both arms**

Release hds , Pt L to LOD, Both look to LOD - extending arms out at shoulder height –leads hds to LOD, trailing hds to Rev - & hold