



EVERY DAY OF MY LIFE

Choreographers : Marty and Mary Hapeman, 101 Valley View Drive, Edinboro, PA 16412
 Record : Epic 15-2319 (Flip of "Sealed with a Kiss") Bobby Vinton
 Footwork : Opposite. Woman's instructions in parenthesis
 Rhythm and Phase : Bolero Phase V
 Sequence : Intro - A-B-B(1-15)-Ending

INTRO

1-1.5 CP WALL Wait 2 Measures ; ;
 1-2 Loose Closed Position Wall wait 2 measures ; ;

PART A

1-4 BASIC ; ; NEW YORKERS TWICE ; ;
 1-2 Sd L w/body rise, -, bk R w/slipping action, fwd L ; sd R w/body rise, -, fwd L w/slipping action, bk R ;
 3-4 Sd L w/body rise, -, thru R to fc LOD, bk L to fc ptr ; sd R w/body rise, -, thru L to fc RLOD, bk R to fc ptr ;

5-8 CROSS BODY TO A HANDSHAKE ; HALFMOON [fc Wall] ; ; BASIC ENDING TO CUDDLE POSITION ; ;
 5 Sd & bk L trng LF, -, bk R w/slipping action, fwd L cont turn (sd & fwd R, -, fwd L xif of M trng LF, sml stp R) CP adj to hndshake fc COH ;
 6 Sd R comm RF trn w/rt sd stretch in slight V shape twds ptr (sd L comm LF trn w/ lft sd stretch in slight V shape twds ptr), -, cont trn slip fwd L shaping to ptr (cont trn slip fwd R shaping to ptr), rec bk L trn to fc ptr (rec bk L trn to fc ptr) ;
 7 Trn RF sd & fwd L w/lft sd stretch (trn RF sd & fwd R raise L arm trn slightly away from ptr but look at and shape to ptr), -, slip bk R shape to ptr (slip fwd L in front of M trn LF), fwd L cont to fc ptr and wall (bk R cont turn to fc ptr) ;
 8 Sd R w/body rise, -, fwd L w/slipping action, bk R to cuddle position ;

9-12 CUDDLES TWICE ; ; UNDERARM TURN ; ; LUNGE BREAK ; ;
 9 Sd L (sd R), -, sd R (trn bk L free arm extend out to sd), rec L (rec trn R to fc put R hnd on M's L shldr to CP wall) ;
 10 Sd R (sd L), -, sd L (trn bk R free arm extend out to sd), rec R (rec trn L to fc put L hnd on M's R shldr to CP wall) ;
 11 Sd L w/body rise, -, raise lead hnds to allow W to comm RF undrm trn xRib of L & lower, rec L (sd R w/body rise, -, comm RF trn under lead hnds xLif of R lower & trn 1/2 RF, fwd R to fc ptr) to BFLY Wall ;
 12 Sd and fwd R w/ body rise to LOP fcg wall, -, lower on R w/slight RF body trn lead W bk extend L to sd & slightly bk (bk R w/contra chk action) rise on R w/slight LF body trn (fwd L) to fc wall ;

13-16 RIGHT PASS ; ; BASIC ENDING ; ; TURNING BASIC [fc Wall] ; ;
 13 Fwd and sd L trng RF raise jnd lead hnds make window, -, xRib of L trng RF, fwd L to fc COH (fwd R look at man thru "window", -, fwd L strt slight trn LF, fwd R trn LF undr lead hnds fc man & wall) ;
 14 Sd R w/body rise, -, fwd L w/slipping action, bk R ;
 15 Sd & slightly fwd L with RF upper body trn, -, bk R trn 1/4 RF (LF) w/slip pivot action, sd & fwd L trn 1/4 to fc Wall ;
 16 Sd & fwd R, -, fwd L w/contra chk action, rec R ;

PART B

1-4 CROSS BODY ; ; HORSESHOE TURN ; ; BASIC ENDING ; ;
 1 Sd & bk L trng LF, -, bk R w/slipping action, fwd L cont turn (sd & fwd R, -, fwd L xif of M trng LF, sml stp R) CP adj to fc COH ;
 2 Sd & fwd R w/rt sd stretch to V pos, -, thru L w/checking twds ptr, rec R raise lead hnds fcg DC ;
 3 Fwd L w/body rise comm LF trn (fwd R w/body rise comm RF trn), -, fwd R start circular walk fwd L (fwd L start RF circular wlk under joined lead hnds), complete circular wlk to fc ptr and Wall ;
 4 Sd R w/body rise, -, fwd L w/slipping action, bk R ;

5-8 HIP ROCKS LADY TURN TO SHADOW ; ; SWEETHEARTS 3 TIMES TO FC ; ;
 5 Sd & bk L rolling hips (sd & bk R rolling hips), -, rec R w/ hip roll (step L to RLOD turn lft 1/2 fc wall), rec L w/hip roll (sd R) in shadow position fcg wall ;
 6 Sd R w/ rt sd stretch, -, slip fwd L w rt sd lead (bk R w lt sd lead) to contra check action, rec R w/ lft sd stretch to left shadow ;
 7 Sd L w/ lft sd stretch, -, slip fwd R w lft sd lead (bk L w rt sd lead) to contra check action, rec L w/ lft sd stretch to right shadow ;
 8 Sd R w/ rt sd stretch, -, slip fwd L w rt sd lead (bk R w lt sd lead) to contra check action, rec R (fwd L trng RF) to LOP facing ;

9-12 RIFF TURNS ; ; UNDERARM TURN TO A HANDSHAKE ; ; CONTRA BREAK ; ; TWO SLOW HIP ROCKS ; ;
 9 Sd L raise lead hnds to start W into full RF spin, cl R to L as W completes spin, sd L keep lead arms up start W into full RF spin, cl R to L as W completes spin (sd and fwd R comm full RF spin, cl L to R complete spin fo fc ptr under lead hnds, repeat spin) ;
 10 Sd L w/body rise, -, raise lead hnds to allow W to comm RF undrm trn xRib of L & lower, rec L (sd R w/body rise, -, comm RF trn under lead hnds xLif of R lower & trn 1/2 RF, fwd R to fc ptr) to handshake Wall ;
 11 Sd & fwd R, -, chk fwd L small step w/contra chk action, rec bk R (sd & bk L, -, bk R w/ contra chk action, rec fwd L) ;
 12 Sd & bk L rolling hips, -, rec R w/ hip roll, - ;

13-16 AIDA ; ; AIDA LINE & HIP ROCKS ; ; SWITCH CROSS ; ; SHLDR-to-SHLDR ; ;
 13 Sd L to mod open V shape twds ptr, -, thru R, trn RF (LF) step sd L cont turn to fc RLOD ;
 14 Cont RF turn bk R in aida line [bk to bk V], hip rock in place L, R ;
 15 Sd & bk L trng to fc ptr and wall, -, sd R, xLif R (xRif L) to BFLY ;
 16 Sd R w/body rise, -, xLif of R to BFLY SCAR lowering, bk R turn to fc ptr blend to CP ;

REPEAT PART B (1-15)

ENDING

1 RIGHT LUNGE AND EXTEND LEFT ARMS ; ;
 † Sd and fwd R into ptr then flex rt knee lady slide rt hand to M's lft shoulder both extend left arms out to the side ;