

FALLING

Choreographer: Sandi Kremer Millbrae, California USA 94030 email:
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Digest, Hearts Together

Footwork: Opposite unless noted <https://youtu.be/nUSWQPjI56I>

Suggested Speed: 45rpm Difficulty: Average Time: 2:55

Rhythm: Bolero Phase III + 2 (Hips Rocks & Turning Basic) Date: July 2024

SEQUENCE: INTRODUCTION, A, B, A, B, C, B, B, END Corrected: August 2024

INTRO: BFLY WALL WAIT 2 MEASURES;;

PART A: 8 MEASURES

1-4 BASIC ;; SHLD TO SHLD 2X ;;

[Basic] Sd L,-, bk R(W fwd), fwd L; sd R,-, fwd L(W bk), bk R;

{Shoulder to Shoulder 2X} BFLY WALL Sd L w/ bdy rise, -, XRif to BFLY BJO lowering, bk L trn to BFLY WALL (W sd R w/ bdy rise, -, XLib to BFLY BJO lowering, fwd R trn to BFLY); BFLY WALL Sd R w/ bdy rise, -, XLif to BFLY SCAR lowering, bk R trn to BFLY WALL ;

5-8 NEW YORKER ; REVERSE UNDERARM TURN ; HAND TO HAND 2X ;;

[New Yorker] Bfly Sd L body rising,-, twd LOD thru R lowering to OP, rec bk L to BFLY WALL;

[Reverse Underarm Turn] Sd R w/ bdy rise, - XLib lowering, fwd R (W sd L w/ bdy rise stg RLF trn under ld hnds, -, XRif lowering & cont 1/2 LF trn, fwd L comp LF trn to fc M);

[Hand to Hand 2X] Sd L twd LOD,-, trng RF to fc RLOD bk R to LOP w/ trailing arms out to sd L trng LF to fc ptr & WALL in BFLY pos; Sd R twd RLOD,-, trng LF to fc LOD bk L to OP w/ trailing arms out to sd, rec R to fc CP/WALL;

PART B: 8 MEASURES

1-4 TURNING BASIC ;; SPOT TURN ; NEW YORKER ;

{Turning Basic fc COH} CP WALL Sd L, -, bk R trn 1/4 LF w/ slip pivot action, sd & fwd L trn 1/4 LF to fc COH (W sd R, -, fwd L trn 1/4 LF w/ slip pivot action, sd & bk R trn 1/4 LF); Sd R, -, fwd L w/ contra ck action, bk R to CP COH (W sd L, -, bk R w/ contra ck action, fwd L); **{Spot Turn}** BFLY WALL Sd L w/ bdy XRif lowering & cont 1/2 LF trn on L ; **[New Yorker]** Sd R body rising,-, twd LOD thru R lowering to OP, rec bk L to CP COH;

5-8 TURNING BASIC ;; UAT ; BASIC ENDING;

{Turning Basic fc Wall} CP COH Sd L, -, bk R trn 1/4 LF w/ slip pivot action, sd & fwd L trn 1/4 LF to fc COH (W sd R, -, fwd L trn 1/4 LF w/ slip pivot action, sd & bk R trn 1/4 LF); Sd R, -, fwd L w/ contra ck action, bk R to CP WALL (W sd L, -, bk R w/ contra ck action, fwd L); **[Underarm Turn]** LOP-FCG WALL Sd L w/ bdy rise, - XRib lowering, fwd L (W sd R w/ bdy rise stg RF trn under ld hnds, -, XLif lowering & cont 1/2 RF trn, fwd R comp RF trn to fc M);

{Basic Ending} BFLY WALL Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R (W sd L w/ bdy rise, -, bk R w/ slipping action, fwd L);

REPEAT PART A 8 MEASURES

REPEAT PART B: 8 MEASURES

PART C: 8 MEASURES

1-4 BACK SHLD TO SHLD; SWEETHEART WRAP; BOLERO WALK 6;;

{Back Shld to Shld} Sd L,-, XRib to BFLY SDCAR lowering recovering L turning to face partner;
(Lady Sd R, -, XLib, lowering right to face partner **{Sweetheart Wrap}** with both hands joined
side R raising lead hands, XLib turning slightly LF, reover R to WRAPPED LOD (sd L preparing to
turn LF under joined lead hands,-, fwd & across R over L turing LF, recover to WRAPPED LOD);
{Bolero Walk 6} fwd L w/bdy rise,-, fwd R, fwd L; fwd R w/bdy rise,-, fwd L, fwd R;

5-8 CIRCLE AWAY & TOGETHER;; HIP ROCKS 2X;;

{Circle Away & Together} fwd circling LF away from partner towards COH, fwd L, fwd R, fwd L;
continuing circling towards partner RF in semi circle, fwd R, fwd L, fwd R ;
{Hip Rocks 2x} LOW BFLY Rock side L, rolling hip side and back R, -, recover L with hip roll, CP WALL ;
Rock side R, rolling hip side and back L, -, recover R with hip roll, CP WALL ;

REPEAT B: 8 MEASURES

REPEAT B: 8 MEASURES

END :

1-5 MEASURES IN BJO WHEEL 6 LOW BFLY WALL;; HIP ROCKS 2X;; CUDDLE CORTE;

{BJO Wheel } In BJO Position begin right face turn forward left, right, forward left, -; forward right, left,
forward right, forward left, right, forward left LOW BFLY ;
{Hip Rock 2x } Rock side L, rolling hip side and back R, -, recover L with hip roll, CP WALL ;
Rock side R, rolling hip side and back L, -, recover R with hip roll, CP WALL ; **{Cuddle**
Corte} Side left to RSCP leaving R leg extended to a Cuddle Position ;

FALLING (QUICK CUES)

RHYTHM: Bolero Phase III + 2 (Hip Rock, Turning Basic)

SEQUENCE: Introduction, A, B, A, B, C, B, B, END

INTRO: BFLY WALL WAIT 2 MEASURES ;;

A:

BASIC ;; SHLD TO SHLD 2X;;

NEW YORKER; RUAT; HAND TO HAND 2X;;

B:

TURNING BASIC COH ;; SPOT TURN ; NEW YORKER ;

TURNING BASIC WALL ;; UAT ; BASIC ENDING ;

A:

BASIC ;; SHLD TO SHLD 2X;;

NEW YORKER; RUAT; HAND TO HAND 2X;;

B:

TURNING BASIC COH ;; SPOT TURN ; NEW YORKER ;

TURNING BASIC WALL ;; UAT ; BASIC ENDING ;

C:

BACK SHLD TO SHLD; SWEETHEART WRAP; BOLERO WALK 6;;

CIRCLE AWAY & TOGETHER;; HIP ROCKS 2X;;

B:

TURNING BASIC COH ;; SPOT TURN ; NEW YORKER ;

TURNING BASIC WALL ;; UAT ; BASIC ENDING ;

B:

TURNING BASIC COH ;; SPOT TURN ; NEW YORKER ;

TURNING BASIC WALL ;; UAT ; BASIC ENDING ;

END:

WHEEL 6 LOW BFLY WALL;; HIP ROCKS 2X;; CUDDLE CORTE;