

## HEY BABY, BE MY GIRL

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**Music:** "Hey Baby" (Remastered) Artist: Bruce Channel Available from Amazon MP3

**Time/Speed:** Time @ Download: 2:23 Speed as downloaded 34 MPM Slow 6% to 31 MPM

**Footwork:** Opposite unless noted (Woman's footwork in parentheses)

**Degree of Difficulty:** Above average

**Rhythm/Phase:** Jive IV+2+1 (Stop & Go, Whip Trn) (Shoulder Shove With Clap)

**Sequence:** I ABCD E **Released:** July 2019

### INTRODUCTION

- 1-3 WAIT; FALAWAY THROWAWAY MAN PRESSLINE LADY OVERTURN,,;**  
 1 [Wait] Wait LCP M fc Wall Ldy LOD;  
 2-3 [Falwy Thryw Man Press Ldy OvrTrn] Rk Bk L, Rec R, Fwd L Pressline, Take Wgt on 4;  
 XRib, Sd L, Sd R fc LOD, (Rk Bk R, Rec L, Fwd R/Fwd L, Fwd R Trn LF;  
 Fwd L Trn LF/Fwd R, Fwd L LOD,)
- 3-6 CHICKEN WALKS 2 SLOW; 4 QUICK; CHANGE LEFT TO RIGHT LOP,,;**  
 3-5 [Chkn Wlks 2Slo; 4Qk;] Bk L,-, Bk R,-; Bk L, Bk R, Bk L, Bk R;  
 (Swvl Fwd R,-, Swvl Fwd L,-; Swvl Fwd R, Swvl Fwd L, Swvl Fwd R, Swvl Fwd L;)  
 5-6 [Chg L to R LOP] Rk Bk L, Rec R, Sd L/CI R, Sd L; Sd R/CI L Trn, Fwd R LOP RLOD,  
 (Rk Bk R, Rec L, Fwd R/CI L, Fwd R Trn; Sd L/CI R, Sd L Trn LOP RLOD,)
- 7-8 SLOW SWIVELS TO BFLY; SAILOR SHUFFLES;**  
 7 [Slo Swvls] Swvl to fc Fwd & Sd L,-, Swvl Fwd & Sd R Bfly,-;  
 8 [Sailor Shuffles] XLib, Sd R, Sd L; XRib, Sd L, Sd R;

### PART A

- 1-4 SPANISH ARMS TWICE WITH LADY SPIN ON FIRST;;; PROGRESSIVE ROCK 4;**  
 1-3 [Span Arms 2xs Spn on 1<sup>st</sup>] Rk Bk L, Rec R Trn, Sd L/CI R, Sd L Trn; Sd R/CI L, Sd R,  
 Rk Bk L, Rec R Trn; Sd L/CI R, Sd L Trn, Sd R/CI L, Sd R; (Rk Bk R, Rec L Trn, Sd R/CI L,  
 Sd R Trn; Sd L Spn/CI R, Sd L, Rk Bk R, Rec L Trn; Sd R/CI L, Sd R Trn, Sd L/CI R, Sd L;)  
 4 [Prog Rk 4] Rk Apt L, XRif, Rk Apt L, XRif;
- 5-8 SAND STEPS QQS TWICE;; TWO TRAVELING SAND STEPS INTO;;**  
 5-6 [Sand Steps QQS Twice] Toe L, Heel L, XLif, -; Toe R, Heel R, XRif, -;  
 7-8 [2 Traveling Sand Steps] Toe L, Step L, Heel R, XRif; Toe L, Step L, Heel R, XRif;
- 9-12 PRETZEL TURN DOUBLE ROCK UNWRAP;;; DOUBLE ROCK INTO;**  
 9-11 [Prtzl Trn Dbl Rk Unwrp] Sd L/CI R, Sd L Trn, Sd R/CI L, Sd R;  
 Rk Fwd L, Rec R, Rk Fwd L, Rec R; Sd L/CI R, L Trn, Sd R/CI L, Sd R;  
 12 [Dbl Rk] Rk Bk L, Rec R, Rk Bk L, Rec R;
- 13-16 CHANGE RIGHT TO LEFT; SHOULDER SHOVE WITH CLAP,,;**  
**CHANGE LEFT TO RIGHT,,;**  
 13 [Chg R to L] Sd L/CI R, Sd L, Fwd R/CI L, Sd R; (Sd R/CI L, Fwd R Trn, Bk L/CI R, Bk L;)  
 14-15 [Shldr Shove w/ Clap] Rk Bk L, Rec R Clap,-, Fwd L Trn ¼ RF Tch Shldrs Arms Up;  
 Sd R/CI L Trn, Sd & Bk R fc LOD;  
 15-16 [Chg L To R] Rk Bk L, Rec R, Sd L/CI R, Sd L Trn, Sd R/CI L, Sd R fc Wall;  
 (Rk Bk R, Rec L, Fwd R/CI L, Fwd R Trn; Sd L/CI R, Sd L & Trn,)

**PART B**

- 1-4 AMERICAN SPIN BFLY,,; ROCK TO SLOW KICK BALL CROSS TWICE,,,;**  
 1-2 [Amer Spn] Rk Bk L, Rec R, SdL/Cl R, Sd L; Sd R/Cl L, Sd R,  
 (Rk Bk R, Rec L, Sd R/Cl L, Sd R Spn RF; Sd L/Cl R, Sd L,)  
 2-4 [Rk Slo Kck Ball X 2xs] Rk Bk L, Rec R Swvl RF; Kck L RLOD/Ball L,-, XRif,-;  
 Swvl RF Kck L RLOD/Ball L,-, XRif,-; {Note: Timing on slow kick ball cross is SaS.}
- 5-8 THROWAWAY; STOP AND GO;; 2 SLOW CHICKEN WALKS AND SHAKE HANDS;;**  
 5 [Thrwy] Fwd & Sd L/Cl R, Fwd & Sd L, Sd & Fwd R/Cl L, Sd & Fwd R;  
 (Fwd R/Fwd L, Fwd Trn R, Sd & Bk L/Cl R, Sd & Bk L;)  
 6-7 [Stop and Go] Rk Bk L, Rec R, Fwd L/Cl R, Fwd L; Rk Fwd R, Rec L, Bk R/Cl L, Bk R;  
 (Rk Bk R, Rec L, Fwd R Trn/Cl L, Bk R; Rk Bk L, Rec R Trn, Fwd L Trn/Cl R, Bk L;)  
 8 [2 Slo Chkn Wlks HndShk] Bk L,-, Bk R Hndshk,-; (Swvl Fwd R,-, Swvl Fwd L Hndshk,-;)
- 9-12 TRIPLE WHEEL 3 TO FACE RLOD,,; CHANGE LEFT TO RIGHT FACE COH,,;**  
 9-11 [Trpl Whl 3 RLOD] Rk Apt L, Rec R, Sd L/Cl R, Sd L Trn; Sd R/Cl L, Sd R Trn,  
 Sd L/Cl R, Sd L Trn; Sd R/Cl L, Sd R fc RLOD, (Rk Apt R, Rec L Trn, Sd R/Cl L, Sd R Trn;  
 Sd L/Cl R, Sd L Trn, Sd R/Cl L, Sd R Spn RF Full Trn; Sd L/Cl R, Sd L to fc.)  
 11-12 [Chg L To R] Rk Bk L, Rec R; Sd L/Cl R, Sd L Trn, Sd R/Cl L, Sd R fc COH;  
 (Rk Bk R, Rec L; Fwd R/Cl L, Fwd R Trn, Sd L/Cl R, Sd L & Trn;)
- 13-16 LINK ROCK TO FACE WALL,,; ROCK TO 4 POINT STEPS,,;**  
 13-14 [Link Rk Wall] Rk Bk L, Rec R, Fwd L/Cl R, Fwd L; Sd R/Cl L, Sd R fc Wall,  
 14-16 [Rk to 4 Pt Stps] Rk Bk L, Rec R; Pt L, Stp L, Pt R, Stp R; Pt L, Stp L, Pt R, Stp R;

**PART C**

- 1-4 2 FWD TRIPLES; CHASSE LEFT AND RIGHT;  
 DOUBLE ROCK TO CHANGE RIGHT TO LEFT;;**  
 1 [2 Fwd Trpls] Fwd L/Stp R, Stp L, Fwd R/Stp L, Stp R;  
 2 [Chasse L and R] Sd L/Cl R, Sd L, Sd R/Cl L, Sd R;  
 3-4 [Dbl Rk R to L] Rk Bk L, Rec R, Rk Bk L, Rec R; Sd L/Cl R, Sd L, Sd & Fwd R/Cl L, Sd R;  
 (Rk Bk R, Rec L, Rk Bk R, Rec L; Sd R/Cl L, Fwd R & Trn, Sd & Bk L/Cl R, Sd & Bk L;)
- 5-8 CHANGE LEFT TO RIGHT WITH GLIDE TO SIDE;;  
 RIGHT TURNING FALLAWAY COH ROCK TO;;**  
 5-6 [Chg L to R w/Glide Sd] Rk Bk L, Rec R, Sd L/Cl R, Sd L; Sd R, XLif, Sd R/Cl L, Sd R;  
 7-8 [R Trn Falwy Rk] Rk Bk L, Rec R fc, Trn RF Sd L/Cl R, Sd L; Trn RF Sd R/Cl L, Sd R,  
 Rk Bk L, Rec R COH;
- 9-13 2 FWD TRIPLES RLOD; SWIVEL WALK 4 INTO; CHANGE RIGHT TO LEFT;  
 CHANGE HANDS BEHIND BACK LOD,,;**  
 9 [2 Fwd Trpls] Fwd L/Stp R, Stp L, Fwd R/Stp L, Stp R;  
 10 [Swvl Wlk 4 Into] Fwd L, Fwd R, Fwd L, Fwd R;  
 11 [Chg R to L] Sd L/Cl R, Sd L, Fwd R/Cl L, Sd R; (Sd R/Cl L, Fwd R Trn, Bk L/Cl R, Bk L;)  
 12-13 [Chg Hnds Bhnd Bk] Rk Apt L, Rec R, Fwd L/Cl R, Fwd L Trn;  
 Sd & Bk R/Cl L, Sd & Bk R Trn,
- 13-16 LINK TO WHIP TURN COH;; RIGHT TURNING FALLAWAY WALL,,;**  
 13-15 [Link to Whp Trn] Rk Bk L, Rec R, Fwd L/Cl R, Fwd L;  
 XRib Trn, Sd L Trn, Sd R/Cl L, Sd R fc COH;  
 (Rk Bk R, Rec L, Fwd R/Cl L, Fwd R; Fwd L Trn, XRif, Sd L/Cl R, Sd L;)  
 15-16 [R Trn Falwy] Rk Bk L, Rec R fc; Trn RF Sd L/Cl R, Sd L, Trn RF Sd R/Cl L, Sd R Wall;

**PART D**

- 1-4     AMERICAN SPIN BFLY,,; ROCK TO SLOW KICK BALL CROSS TWICE,,,;**  
 1-2 [Amer Spn] Rk Bk L, Rec R, SdL/Cl R, Sd L; Sd R/Cl L, Sd R,  
 (Rk Bk R, Rec L, Sd R/Cl L, Sd R Spn RF; Sd L/Cl R, Sd L,)  
 2-4 [Rk Slo Kck Ball X 2xs] Rk Bk L, Rec R Swvl RF; Kck L RLOD/Ball L,-, XRif,-;  
 Swvl RF Kck L RLOD/Ball L,-, XRif,-; {Note: Timing on slow kick ball cross is SaS.}
- 5-8     THROWAWAY; STOP AND GO;; 2 SLOW CHICKEN WALKS;**  
 5 [Thrwy] Fwd & Sd L/Cl R, Fwd & Sd L, Sd & Fwd R/Cl L, Sd & Fwd R;  
 (Fwd R/Fwd L, Fwd Trn R, Sd & Bk L/Cl R, Sd & Bk L;)  
 6-7 [Stop and Go] Rk Bk L, Rec R, Fwd L/Cl R, Fwd L; Rk Fwd R, Rec L, Bk R/Cl L, Bk R;  
 (Rk Bk R, Rec L, Fwd R Trn/Cl L, Bk R; Rk Bk L, Rec R Trn, Fwd L Trn/Cl R, Bk L;)  
 8 [2 Slo Chkn Wlks] Bk L,-, Bk R Hndshk,-; (Swvl Fwd R,-, Swvl Fwd L Hndshk,-;)
- 9-12    LINK ROCK SCP,,; JIVE WALKS INTO,,; PRETZEL TURN;**  
 9-10 [Link Rk SCP] [Link Rk Wall] Rk Bk L, Rec R, Fwd L/Cl R, Fwd L; Sd R/Cl L, Sd R SCP,  
 10-11[Jive Wlks] Fwd L/Stp R, Stp L, Fwd R/Stp L, Stp R;  
 12 [Prtzl Trn] Sd L/Cl R, Sd L Trn, Sd R/Cl L, Sd R;
- 13-16    DOUBLE ROCK UNWRAP;; DOUBLE ROCK TO; THROWAWAY;**  
 13-14 [Dbl Rk UnWrپ] Rk Fwd L, Rec R, Rk Fwd L, Rec R; Sd L/Cl R, L Trn, Sd R/Cl L, Sd R;  
 15 [Dbl Rk to] Rk Bk L, Rec R, Rk Bk L, Rec R;  
 16 [Thrwy] Fwd & Sd L/Cl R, Fwd & Sd L, Sd & Fwd R/Cl L, Sd & Fwd R;  
 (Fwd R/Fwd L, Fwd Trn R, Sd & Bk L/Cl R, Sd & Bk L;)

**ENDING**

- 1-4     SHOULDER SHOVE WITH CLAP,,; ROCK AND SLOW SWIVEL BACK TO BACK,,;  
 ARMS UP AND HOLD;**  
 1-2 [Shldr Shove w/ Clap] Rk Bk L, Rec R Clap,-, Fwd L Trn ¼ RF Tch Shldrs Arms Up;  
 Sd R/Cl L Trn, Sd & Bk R fc LOD,  
 2-3 [Rk Slo Swvl Bk to Bk] Rk Apt L, Rec R; Fwd L Slow Swvl Dwn,-, Up Bk to Bk,-;  
 4 [Arms Up Hld] Both arms up and hold;