# **Hey There**

CHOREO: Shawn and Wendy Cavness, 34403 56<sup>th</sup> Ave So., Auburn, WA 98001

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RECORD: Song Name: Hey There Artist: Tanzorchester Klaus Hallen feat. Keith Miller

CD: Evergreens For Dancing

Download from Casa-Musica.com Time: 2:43 as Downloaded

Sample Music: Hey There (Slow Fox / 29 BPM) (youtube.com)

MUSIC MODIFICATIONS: None

FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)
RHYTHM: Foxtrot Roundalab Phase 3 DIFFICULTY: Easy

SEQUENCE: Intro, A, B, C, A, B, C, End RELEASED: April 15, 2024

New Dancer Series from Shawn and Wendy Cavness Dance 11

This is a dance that we teach our beginning Foxtrot students after about 3 lessons.

## Intro

#### 1-4 OP fcg ptr DLW - Wait 2 Meas;; Apart Point; Together Touch to CP;

- (1-2) OP fcg ptr DLW wait 2 meas;;
- (3-4) apt L, -, pt R twd ptr, -; rec R, -, tch L to CP WALL, -;

# Part A

#### 1-4 Hover to BJO; Maneuver to CP DRW; Impetus to SCP DLC; Through and Chasse to SCP;

- (1-2) fwd L, -, fwd and slightly sd R rising to ball of foot, sd and slightly L to tight BJO; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (bk L beg RF upr bdy trn, -, sd R, cl L) to CP DRW;
- (3-4) comm RF upper body trn bk L , , cl R cont RF heel turn 3/8 , comp trn fwd L (comm RF upper body trn fwd R between ptr's feet heel to toe pivoting RF 1/2 , , sd and fwd L cont RF trn around man brush R to L , comp trn fwd R) to SCP DLC; thru R , , sd L/cl R , sd L to SCP;

#### 5-8 Through and Chasse to BJO; Maneuver to CP DRW; 2 Right Turns to DLC;;

- (5-6) thru R, -, sd L/cl R, sd L to BJO; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (bk L beg RF upr bdy trn, -, sd R, cl L) to CP DRW;
- (7-8) bk L comm trn up to 1/4 RF , -, sd R cont RF trn up to 1/4 , cl L; fwd R comm trn up to 1/4 RF , -, sd L con RF trn up to 1/4 to CP DLC , cl R;

### 9-12 2 Left Turns;; Hover to SCP; Through Hover to BJO;

- (9-10) fwd L comm up to 1/4 LF trn , , cont trn up to 1/8 sd R diag across LOD , cl L ; bk R comm up to 1/4 LF trn , , cont trn up to 1/8 sd L twd LOD to CP DLW , cl R ;
- (11-12) fwd L, -, fwd and slightly sd R rising to ball of foot , sd and slightly L to tight SCP DLC; thru R, -, sd L with rise , rec R (thru L, comm trn LF fwd R with rise , rec fwd L) to BJO;

### 13-16 Back to a Back Lock Back; Back Hover to SCP; Through and Chasse to SCP; Pickup to SCAR;

- (13-14) bk L, -, bk R/XLif, bk R; bk L, -, comm trn RF bk and sd R with rise, rec sd and fwd L (fwd R, sd and fwd L with rise, rec fwd R) to SCP;
- (15-16) thru R, -, sd L/cl R, sd L to SCP; thru R comm LF trn leading ptr to CP, -, sd and fwd L comp trn, cl R (thru L comm LF trn to CP, sd and bk R comp trn, cl L) to SCAR;

## Part B

### 1-4 Cross Hover 3 Times to SCP;;; Through Face Close to CP;

- (1-2) fwd L with slight crossing action comm to rise and beg 1/4 LF trn, -, sd and slightly fwd R cont to rise and comp the 1/4 LF trn, diag fwd L to BJO lowering at end of step (bk R with slight Xing action comm to rise in body and beg 1/4 LF turn, -, sd and slightly bk L cont to rise and comp 1/4 LF turn, diag bk to BJO lowering at and of step) to BJO; fwd R with slight crossing action comm to rise and beg 1/4 RF trn, -, sd and slightly fwd L cont to rise and comp the 1/4 RF trn, diag fwd R to SCAR lowering at end of step (bk L with slight Xing action comm to rise in body and beg 1/4 RF turn, -, sd and slightly bk R cont to rise and comp 1/4 RF turn, diag bk to BJO lowering at and of step) to SCAR;
- (3-4) fwd L with slight crossing action comm to rise and beg 1/4 LF trn, -, sd and slightly fwd R cont to rise and comp the 1/4 LF trn, diag fwd L to SCP lowering at end of step (bk R with slight crossing action comm to rise in body, -, sd and slightly bk L cont to rise, diag bk to SCP lowering at and of step) to SCP DLC; thru R twd DLC, -, fwd and sd L trng twd ptr to CP DLW, cl R;

### 5-8 Closed Hover; Box Finish to DLC; 2 Left Turns to DLW;;

- (5-6) fwd L, -, fwd and slightly sd R rising to ball of foot, sd and slightly L to tight CP DLW; bk R comm 1/4 LF trn, -, sd L, cl R to DLC;
- (7-8) fwd L comm up to 1/4 LF trn , , cont trn up to 1/8 sd R diag across DLC , cl L; bk R comm up to 1/4 LF trn , , cont trn up to 1/8 sd L twd LOD to CP DLW , cl R;

# Part C

#### 1-4 Left Turning Box;;;;

- (1-2) fwd L comm 1/4 LF trn , , comp trn sd R to fc DLC , cl L ; bk R comm 1/4 LF trn , , comp trn sd L to fc DRC , cl R ;
- (3-4) fwd L comm 1/4 LF trn , , comp trn sd R to fc DRW , cl L ; bk R comm 1/4 LF trn , , comp trn sd L to DLW WALL , cl R ;

### 5-8 Whisk; Through and Chasse to BJO; Forward to a Forward lock Forward; Maneuver;

- (5-6) fwd L , , fwd and sd R comm rise to ball of foot , XLib cont to full rise on ball of foot to SCP ; thru R , , sd L/cl R , sd L to BJO ;
- (7-8) fwd R, -, fwd L/XRib, fwd L; fwd R beg RF upr bdy trn, -, cont RF trn sd L, cl R (bk L beg RF upr bdy trn, -, sd R, cl L) to CP DRW;

#### 9-12 2 Right Turns to DLW;; Hover to SCP; Through Face Close to CP DLW;

- (9-10) bk L comm trn up to 1/4 RF , , sd R cont RF trn up to 1/4 , cl L; fwd R comm trn up to 1/4 RF , , sd L con RF trn up to 1/4 to CP DLW , cl R;
- (11-12) fwd L, -, fwd and slightly sd R rising to ball of foot, sd and slightly L to tight SCP DLC; thru R twd DLC, -, fwd and sd L trng twd ptr to CP DLW, cl R;

# <u>End</u>

# 1 Side Corte;

(1) sd L flexing supporting knee and trn to REV SCP leaving R leg extended with toe pointing to floor , - , - , - ;

# **Hey There (Head Cues)**

#### Foxtrot Phase 3

Intro: (4) Open Facing – Wait 2 Measures;; Apart Point; Together Touch to CP DLW;

A: (16) Hover to BJO; Maneuver; Impetus to SCP; Through and Chasse to SCP; Through and Chasse to BJO; Maneuver; 2 Right Turns to DLC; 2 Left Turns to DLW;; Hover to SCP; Through Hover to BJO; Back to a Back Lock Back; Back Hover to SCP; Through and Chasse to SCP; Pickup to SCAR;

B: (8) Cross Hover 3 Times to SCP DLC;;; Through Face Close; Closed Hover; Box Finish; 2 Left Turns to DLW;;

C: (12) Left Turning Box;;;; Whisk; Through and Chasse to BJO; Forward to a Forward Lock Forward; Maneuver; 2 Right Turns;; Hover to SCP; Through Face Close

A: (16) Hover to BJO; Maneuver; Impetus to SCP; Through and Chasse to SCP; Through and Chasse to BJO; Maneuver; 2 Right Turns to DLC; 2 Left Turns to DLW;; Hover to SCP; Through Hover to BJO; Back to a Back Lock Back; Back Hover to SCP; Through and Chasse to SCP; Pickup to SCAR;

B: (8) Cross Hover 3 Times to SCP DLC;;; Through Face Close; Closed Hover; Box Finish; 2 Left Turns to DLW;;

C: (12) Left Turning Box;;;; Whisk; Through and Chasse to BJO; Forward to a Forward Lock Forward; Maneuver; 2 Right Turns;; Hover to SCP; Through Face Close

End: (1) Side Corte;