

I AM JUST A GIRL

Music: ABBA
CD UNIVERSE.COM Ring Ring Track # 11 Time 3:03 Increase with 8%

Rhythm : Foxtrot **Phase : III + 1** (Diamond Turn)

Footwork: Opposite , except where (Noted)

Release Date : March 2013

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Sequence: **INTRO ABC AB(01-15) ENDING**



INTRO

01 CP WALL LD FT FREE – START ON “GIRL” ;
{Wait} CP WALL ld ft free Start on “Girl” with a Whisk ;

PART A

01-04 WHISK ; M ROLL ACROSS ; W ROLL ACROSS ; THRU VINE 4 ;

{Whisk} Fwd L, -, fwd & sd R stg rise to ball of ft to SCP LOD, XLib ; **{M Roll Across}** Fwd R begin RF trn, -, sd & fwd L XIF of W cont trn, sd & fwd R to ½ LOP LOD w/ free arm out to sd (*W fwd R, -, L, R*) ; **{W Roll Across}** Fwd L, -, R, L (*W fwd R begin RF trn, -, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP DLC w/ free arm out to sd ; **{Thru Vine 4 to SCP}** [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ;

05-08 THRU HOVER TWICE ; ; THRU VINE 4 ; THRU FACE CLOSE ;

{Thru Hover x 2} XRif, -, trng LF sd L, rec R to ½ LOP RLOD ; XLif, -, trng RF sd R, rec L to SCP LOD ; **{Thru Vine 4 to SCP}** Repeat meas 4 Part A ; **{Thru Fc Cl}** Thru R twd LOD, -, sd & fwd L trn ¼ RF to fc, cl R to CP WALL ;

09-12 HOVER ; FORWARD HOVER to BJO ; BACK HOVER to SCP ; WING to SCAR DLW ;

{Hover} Fwd L, -, fwd & sd R rise (*W bk & sd L & brush R*), rec L to SCP LOD ; **{Fwd Hover to BJO}** Thru R, -, fwd L risg, rec R (*W thru L, fwd & sd R trng LF risg & brushg L, contg LF trn fwd L*) to BJO LOD ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLC ; **{Wing to SCAR}** [S---/SQQ] Sm fwd R, -, tch L, - (*W trng LF fwd L in frt of M, -, cont trn sd R, fwd L*) to SCAR DLW ;

13-16 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ; WING to SCAR ;

{Cross Hovers x 3} XLif, -, sd R rise trn LF, rec L to BJO DLC ; XRif, -, sd L rise trn RF, rec R to SCAR DLW ; XLif, -, sd R rise (*W strong RF trn*), rec L to SCP LOD ; **{Wing to SCAR}** [SQQ] Sm fwd R, -, sd L, fwd R (*W trng LF fwd L in frt of M, -, cont trn sd R, fwd L*) to SCAR DLC ;

PART B

01-04 DIAMOND TURN ; ; ; ;

{Diamond Trn} Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, -, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, -, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, -, sd L compg ¼ LF trn to CP LOD, sm fwd R ;

05-08 PROGRESSIVE BOX ; ; 2 LEFT TURNS ; ;

{Progressive Box} Fwd L, -, fwd & sd R, cl L ; Fwd R, fwd & sd L, cl R ; **{2 Left Trns}** Fwd L strg LF trn, -, sd R cont trn, cl L to CP RLOD ; Bk R cont LF trn, -, cont trn sd & fwd L, cl R to CP WALL ;

09-12 BOX ; ; HOVER ; THRU VINE 4 ;

{Box} Fwd L, -, sd R, cl L ; Bk R, -, sd L, cl R ; **{Hover}** Repeat meas 9 Part A ; **{Thru Vine 4 to SCP}** Repeat meas 4 Part A ;

13-16 MANUVER ; BK BK/LK BK ; IMPETUS to SCP ; THRU FACE CLOSE ;

{Manuver} Fwd R trng RF, -, sd L, bk R (*W fwd L, -, fwd R, fwd L*) to CP RLOD ; **{Bk Bk/Lk Bk}** [SQ&Q] Bk L, -, bk R to BJO/lk Lf, bk R ; **{Impetus to SCP}** W/ bdy RF trn bk L, -, cont RF trn on L heel & cl R risg to ball, fwd L (*W w/ bdy RF trn fwd R outside ptr & pvt 1/2, -, sd & fwd L contg trn, brushg R to L fwd R*) to SCP LOD ; **{Thru Fc Cl}** Repeat meas 8 Part A ;

PART C

01-04 WHISK ; THRU SIDE BEHIND ; ROLL 3 to SCP.; THRU FACE CLOSE to BFLY ;

{Whisk} Repeat meas 1 Part A ; **{Thru Sd Behind}** Thru R, -, sd L to fc ptr, XRib (*W XLib*) ; **{Roll 3 to SCP}** Rollg LF (*W RF*) down LOD fwd L to fc RLOD, -, cl R sping on toe to fc LOD, fwd L to SCP LOD ; **{Thru Fc Cl}** Repeat meas 8 Part A to BFLY ;

05-08 TWIRL VINE 3 ; MANUVER ; 2 RIGHT TURNS ; ;

{Twirl Vine 3} Sd L, XRib, sd L (*W full RF trn undr jnd ld hnds fwd R, sd & bk L, fwd R*) to SCP LOD ; **{Manuver}** Repeat meas 13 Part B ; **{2 Right Turns}** Startg RF trn bk L, -, sd R cont trn, cl L ; Cont RF trn fwd R, -, sd L, cl R to CP WALL ;

ENDING

1 CHAIR & HOLD ;

{Chair & Hold} Strong fwd R in lunge action bending knee, -, -, hold ;