

I CAN'T WAIT

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Music: I Can't Wait - Album: Essential 80's Funky Dance - Artist: Nu Shooz
(3:42 time) at Amazon.com
Footwork: Opposite, qq q&q, except where noted
Rhythm/Phase Cha Phase IV +2 +2 (Double Cuban, Stop and Go Hockey Stick) +
(Wrapped Whip Cha, Trade Places)
Sequence: Intro , A , Inter 1 , B C D , Inter 2 , B C D , End Release 1.0 July 2016

Intro - Open Fcg / 8 feet apart / Right foot free for both -

- 1-4 Wait 2 ; ; Cross Point 4 w/ Arms ; BFLY ;
- 1-2 Wait 2 measures ; ;
- 3 S S XRIFL, Point L, XLIFR, Point R ;
- 4 S S XRIFL, Point L, XLIFR, Point R ;

A - BFLY -

- 1-4 Right Foot Circle Vine 4 release ; Solo Fence Line Twice ; ; Solo Spot Turn BFLY ;
- 1 qqqq Circling RF 1/2 - XRIFL, sd L, XRIBL, sd L release hands ;
- 2 Cross lunge thru R w/ bent knee look in dir of lunge, rec L trng to fc ptnr, sd R/cl L, sd R ;
- 3 Cross lunge thru L w/ bent knee look in dir of lunge, rec R trng to fc ptnr, sd L/cl R, sd L ;
- 4 Swvlg on ball of L foot step fwd R LOD trng 1/2 , rec L trng 1/4 to fc ptnr, sd R/cl L, sd R ;

- 5-8 Left Foot Circle Vine 4 release ; Solo Fence Line Twice ; ; Solo Spot Turn / Man in 4 ;
- 5 qqqq Circling LF 1/2 - XLIFR, sd R, XLIBR, sd R release hands ;
- 6 Cross lunge thru L w/ bent knee look in dir of lunge, rec R trng to fc ptnr, sd L/cl R, sd L ;
- 7 Cross lunge thru R w/ bent knee look in dir of lunge, rec L trng to fc ptnr, sd R/cl L, sd R ;
- 8 qqqq Swvlg on ball of R ft fwd L LOD trng 1/2, rec R trng 1/4 to fc ptnr, sd L, rec R
(qq qaq) (sd L/cl R, sd L) end Op / Fcg no hands ;

Inter 1 - Op / Fcg / W -

- 1-4 Peek - A - Boo Chase ; ; ; BFLY ;
- 1 Fwd L trn 1/2 RF fc COH, rec fwd R, fwd L/cl R, fwd L
(W rk bk R, rec L, fwd R/ cl L, fwd R) ;
- 2 Rk sd R look over L shoulder, rec L, in pl cha R/L, R
(W rk sd L look at ptr, rec R, in pl cha L/R, L) ;
- 3 Rk sd L look over R shoulder, rec R, in pl cha L/R, L
(W rk sd R look at ptr, rec L, in pl cha R/L,R) ;
- 4 Fwd R trn LF 1/2, recov L, fwd R/ cl L, fwd R
(W rk fwd L, recov R, bk L/cl R, bk L) ;

B - BFLY - Traveling Door Twice ; ; Crab Walk Ending ; Whip ;

- 1 Rk sd L, rec R, XLIFR/sd R, XLIFR ;
- 2 Rk sd R, rec L, XRIFL/sd L, XRIFL ;
- 3 Sd L, XRIFL, sd L/ cl R, sd L ;
- 4 Trng LF 1/4 bk R, rec L cont LF trn fc COH, sd R/cl L sd R
(W fwd L twds man's lf sd, fwd R trng LF, sd L/cl R, sd L) ;

New Yorker ; Back Shoulder to Shoulder ; Twice ; Whip ;

- 5 Trng RF (W LF) fwd L RLOD, rec R trng LF (W RF) to fc ptr, sd L/cl R, sd L ;
- 6 XRIBL (W XLIFR), rec L, sd R/cl L, sd R ;
- 7 XLIBR (W XRIFL), rec R, sd L/cl R, sd L ;
- 8 Trng LF 1/4 bk R, rec L cont LF trn fc wall, sd R/cl L sd R
(W fwd L twds man's lf sd, fwd R trng LF, sd L/cl R, sd L) ;

C - Lop / W - Alemana ; ; Lariat 1/2 to face ; One Side Walk ;

- 1 Fwd L, rec R, small bk L/cl R, bk L trng 1/8 RF raise lead hands
(W bk R, rec L, fwd R/L R trng 1/8 RF twds M's left sd) ;
- 2 Bk R, rec L trng 1/8 LF, in plc R/L, R trng mans upper body RF to lead lady to mans rt sd
(W fwd L diag undr lead hnds trn RF 1/2, fwd R trn RF fwd L/cl R, fwd L to M's rt sd) ;
- 3 In plc L, R, L/R, L trng 1/2 LF under jnd lead hnds to fc ptr
(W fwd L, fwd R, fwd L/cl R, fwd L trng RF to fc ptr) ;
- 4 Sd R, cl L, sd R/cl L, sd R ;

Reverse Under Arm Turn ; Fan ; Stop and Go Hockey Stick ; ;

- 5 XLIFR, rec R, sd L/cl R, sd L
(W Swvl 1/4 left face on ball of L ft fwd R trng 1/2 LF, rec L trng 1/4 LF, sd R/cl L, sd R) ;
- 6 Bk R, rec L, sd R/cl L, sd R
(W fwd L, trng Lf 1/4 bk R, bk L/XRIF, bk L to Fan Rt toe pointed fwd) ;
- 7 Fwd L, rec R, sd L/cl R, sd L lead W under lead hands place R hnd on W's back
(W cl R, fwd L, fwd R/cl L, fwd R trn LF 1/2 under hnds) ;
- 8 Flex L knee XRIF with check, rec L leading W bk under lead hnds, sd R/cl L, sd R
(W chk bk L, rec R comm RF 1/2 trn under lead hnds, bk L/XRIF, bk L to Fan Rt toe pointed fwd) ;

Start Alemana ; Aida ; Switch Rock ; Spot Turn Shake Hands ;

- 9 Fwd L, rec R, small sd & bk L/cl R, sd & bk L raise lead hands
(W cl R, fwd L, fwd R/fwd L, fwd R trng 1/4 RF to fc M) ;
- 10 Thru R, trn RF sd L, cont RF trng bk R/XLIF, bk R trailing arm up and back ;
- 11 On supporting foot swvl LF (W RF) and rk sd L to BFLY, rec R, sd L/cl R, sd L ;
- 12 Trng LF 1/4 fwd R trng LF 1/2, rec L trng 1/4 LF, sd R/cl L, sd R shake R hnds ;

Trade Places Twice ; CP ; Cross Body ; BFLY ;

- 13 Rk apt L, rec R trng 1/4 RF beh W releasing jnd R hds momentary Tandem Pos,
comm trng 1/4 RF sd & bk L/cl R, sd & bk L join L hnds ;
- 14 Rk apart R, rec L trng 1/4 LF beh W releasing jnd L hds to momentary Tandem Pos,
comm trng 1/4 LF sd & bk R/cl L, cl R CP ;
- 15 Fwd L, rec R trng 1/4 RF, sd L/cl R, sd L
(W Bk R, rec L, fwd R/cl L, fwd R on M's Rt sd in an L-shaped Pos) ;
- 16 Bk R, rec L trng LF 1/4, sd R/ cl L, sd R (W fwd L, fwd R trng LF 1/2, sd L/cl R, sd L) ;

D - BFLY - Wrapped Whip Cha ; ; Chase w/ Under Arm Pass ; Shake Hands ;

- 1 Rk fwd L [raise jnd lead hnds], trng 1/4 RF rec R [lead W fwd under jnd hnds], trng 1/4 RF sd L/cl R, sd L [wrap W to M's Rt sd - 1/2 RF over the meas] (W bk R, rec L under jnd hnds, fwd R/fwd L, in pl R wrapped pos) ;
- 2 Bk R comm RF body trn, rec fwd L in frnt of W trng RF to fc W, fwd R/cl L, fwd R (W sm bk L, sm bk R, bk L/cl R, bk L) ;
- 3 Fwd L trng 1/2 RF keep lead hands joined, fwd R COH, fwd L/XRIB, fwd L (W bk R, rec L, fwd R/XLIB, fwd R) ;
- 4 Rk bk R lead W to turn under lead hands, rec L, sd R/cl L, sd R shake R hands (W fwd L, fwd R under lead hands trng LF fc M, sd L/cl R, sd L) ;

Flirt ; to a Fan ; Alemana ; ;

- 5 Fwd L, rec R, sd L/cl R, sd L (W bk R, rec L trng LF, trng LF sd R/cl L, sd R Vars Pos) ;
- 6 Bk R, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd & bk L trng RF 1/4 to Fan) ;
- 7 Fwd L, rec R, small bk L/cl R, bk L trng 1/8 RF raise lead hands (W bk R, rec L, fwd R/cl L fwd R trn 1/8 RF twds M's left sd) ;
- 8 Bk R, rec L trng 1/8 LF, in sd R/cl L, sd R (W fwd L diag under lead hnds trn RF 1/2, fwd R trn 3/8 RF fc M, sd L/cl R, sd L) ;

Inter 2 - BFLY / COH - Double Cubans ; ; Sand Step Twice ; ;

- 1 qaqaaq XLIF/rec R, chk sd L/rec R, XLIF/rec R, sd L ;
- 2 qaqaaq XRIF/rec L, chk sd R/rec L, XRIF/rec L, sd R ;
- 3 - - qaq Swvl on wgt'd foot L toe to R instep, L heel to R instep, XLIFR/sd R, XLIFR ;
- 4 - - qaq Swvl on wgt'd foot R toe to L instep, R heel to L instep, XRIFL/sd L, XRIFL ;

Repeat B

Repeat C

Repeat D

End - BFLY - Half Basic ; Whip into Fwd Triple Chas ; ; Aida ;

- 1 Fwd L, rec R, sd & fwd L/cl R, sd L ;
- 2 Trng 1/4 LF bk R, trng 1/4 LF rec L "V" fcg LC, sd R/cl L, sd & fwd R trng RF (W thru L trng LF 1/2, sd & bk R "V" fcg LW, sd L/cl R, sd & fwd L trng LF) ;
- 3 qaq qaq Trng RF 1/4 fwd L/cl R, fwd L, trn LF fwd R/cl L, fwd R ;
- 4 Thru L twds LOD trng LF, sd R trng RF to OP, bk L/XRIF, bk L to bk to bk V pos ;

Switch Cross ; Vine 2 and Cha ; Whip ; New Yorker in 4q ;

- 5 Trng RF sd R chkg in BFLY, rec L, XRIF/sd L, XRIF ;
- 6 Sd L, XRIB, sd L/cl R, sd L ;
- 7 Trng 1/4 LF bk R, trng 1/4 LF rec L BFLY, sd R/cl L, sd R (W thru L trng LF 1/2, sd & bk R BFLY, sd L/cl R, sd L) ;
- 8 qqqq Trng RF (W LF) fwd L RLOD, rec R trng LF (W RF) to fc ptr, sd L, rec R BFLY ;

Quick Cucarachas ; Side Close Lunge Side ;

- 9 qaq qaq Rk sd L/rec R, in plc L, rk sd R/ rec L/in plc R ;
- 10 qa - q - Sd L/cl R, -, lunge sd L, - ;