

I'M NOT LISA

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Music: I'm not Lisa Jessi Colter Collection download from Amazon Or contact choreographer

Sequence: INTRO – A – B – C – INT – B MOD – END (speed for comfort about 47

)

Phase & Rhythm: Phase 5 Bolero Difficulty Level: - Average

Rel. Date 9/18 1.1 (rev 11/5/18)

Footwork: Opposite, Unless noted - Standard Bolero timing (W's footwork & timing in parentheses)



MEAS.

INTRO

1-4

LOW BFLY/WALL LEAD FT FREE WAIT 2 MS;; HIP ROCKS TWICE;

1-2 [LOW BFLY/WALL] Ld ft free wait 2 ms;;

3-4 [hip rk] Move through hips rk L, -, sd R, ,rk sd L; [hip rk] Rk sd R, - rk sd L rk sd R;

PART A

1-4 (LOW BFLY/WALL) UNDERARM TRN; BREAK BK TO ½ OP/LOD; SYNCO BOLERO WALKS; SWITCH & BK BRK (fc rlod);

1-2 [Underarm Trn] Sd L, -, XRIB flex knee raise lead hds lead W to trn RF, fwd L (W sd R, -, XLIF of R comm RF trn under lead hand, rec fwd R cont RF trn fc COH);

[bk brk to ½ op/lod] Sd R, -, trn LF to ½ OP/LOD brk bk L, fwd R;

sq&q

3-4 [synco wks] Fwd L, -, fwd R/L, R; [switch & bk brk] Fwd L sharp RF trn (W LF) to fc RLOD, -, bk R, fwd L;

5-8 SYNCO BOLERO WALKS (rlod); SWITCH (fc lod) & BK BRK (lod); BOLERO WALK; SPOT TRN;

sq&q

5-6 [synco bol wks] Fwd R, -, fwd L/R, L; [switch & bk brk] Fwd R sharp LF trn (W trn RF) To fc LOD, -, Bk L, rec R;

7-8 [bolero wk] Fwd L, -, fwd R, fwd L; [spot trn] Fwd R, -, release trail hds Fwd L trn LF, fwd R cont trn to fc WALL BLEND TO CP;

PART B

1-4 TURNING BASIC FC COH;; X BODY CP/FC WALL; RT LNG w/RKS;

1-2 [Turning Basic] Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF) to loose cl pos fc COH; Sd R body rise, -, fwd L slip action, rec bk R;

3-4 [CP/WALL x body fc wall] sd & bk L, -, bk R slip action, fwd L LF trn fc WALL (W sd & fwd R, -, fwd L crossing in front of man turning LF, small step sd R); [CP/WALL rt lng w/rks] Sd & fwd R keeping left sd extended, -, rec L, sd & fwd R;

5-8 X BODY W/SYNCO INSIDE TRN 5 JN RT HDS FC COH; CONTRA BRK; X BODY FC WALL; SHADOW NEW YORKER;

(sq&q&)

5-6 [x body fc COH] sd & bk L, -, bk R slip action, fwd L LF trn fc COH (W fwd R turn RF ¼, -, Sd & fwd L strong LF trn/cont trn R, L/R to fc ptr) jn R hds; [contra brk] jn R hds sd & fwd R w/right side stretch, -, slip fwd L small step w/right shoulder lead to contra check action, rec bk R (W sd & bk L with left side stretch, -, slip bk R w/left side lead to contra check action, rec fwd L);

7-8 [rt hd x body fc wall] sd & bk L, -, bk R slip action, fwd L LF trn fc WALL (W fwd R turn RF ¼, -, sd & fwd L strong LF trn/cont trn R, L/R to fc ptr COH); [shad nyr] Sd R commence RF trn w/right sd stretch slight "V" shape twd ptr, -, cont trn RF slip fwd L shaping to ptr, rec bk R trn to fc ptr;

9-12

X BODY FC COH;(chg to ld hds) HORSESHOE TURN;:(low bfly) HIP RKS;

- 9-10 [rt hd x body]** Sd & bk L, -, bk R slip action, fwd L LF trn fc COH (W sd & fwd R, -, fwd L crossing in front of man turning LF, small step sd R) chg hds;
[start horseshoe trn] Sd & fwd R w/right side stretch to "V" position, -, slip thru L w/checking action, rec R raising R hds (W sd & fwd L w/left side stretch to "V" position, -, slp thru R w/checking action, rec L raise lead hds);
- 11-12 [fin horseshoe trn]** Fwd L commence LF trn, -, fwd R commence circle walk, fwd L complete circle to fc ptr (W fwd R commence RF trn, -, fwd L circle RF under joined R hds, fwd R complete circle walk to fc ptr); **[low bfly hip rks]** Move through hips rk R, -, sd L, rk sd R;

13-16

PREP AIDA; AIDA LN w/RKS; SWIVL TO FC & HIP RK 2; OP BRK W TRN LF TO TANDEM/WALL;

- 13-14 [Prep aida]** sd & fwd L twd LOD, -, thru R trn RF, sd & bk L trn RF; cont RF trn bk R to "V" position -, rk fwd L, rec bk R;
- 15-16 [swvl to fc & hip rk]** Fwd L swvl LF to low BFLy/WALL, - Rk R, rk L; **[op brk W trn LF to tandem]** Sd & fwd R, -, release trail hds bk L w/checking action, rec sd & fwd R (W sd & bk L, -, bk R checking action, rec L trn LF to tandem/wall);

PART C

1-4

TANDEM/WALL JN LF HDS SWEETHEARTS TWICE;; SPOT TRN TO FC; HIP LIFT JN TWO HANDS;

- 1-2 [Sweethearts 2X]** In tandem/wall Sd L, -, shape to W fwd R jn L hds extend R arm to sd, rec L slight LF trn comm to fc Wall lead W fwd to trn RF (W sd R trn LF to shape to M, -, with jnd L hnds bk L to a sit In extend R arm straight up, rec fwd R comm RF trn to fc Wall; Sd R, -, shape to W fwd L jn R hnds extend L arm to sd, rec R slight RF trn fc Wall lead W fwd (W sd L trn RF shape to M, -, jn R hds bk R to a sit In extend L arm straight up, rec fwd L Comm slight LF trn Wall);
- 3-4 [spot trn]** sd L LOD, -, fwd R trn LF fc RLOD, rec fwd L to complete LF trn (W sd R, -, Fwd L trn RF to fc ptr, rec R); **[hip lift]** Sd R rising . -, bring L twd R & tch, w/slight pressure on L to lift L hip, lower hip;

5-8

DBL HANDHOLD OPENING OUT 2x;; CHKD R PASS; M ARND TO LNG BRK;;

- 5-6 [Dbl Hnd Open Out 2X]** Maintaining BFLY Sd & fwd L body rise and body rotate LF, -, lower on L and extend R foot to sd shape twd ptr, rise on L body rotate RF (W sd & bk R body rise and body rotate LF match ptr, -, XLib lowering, fwd R to Bfly) ; Maintaining BFLY close R to L body rise and body rotate RF, -, lower on R and extend L foot to sd shape twd ptr, rise on R body rotate LF (W sd & bk L body rise and body rotate RF match ptr, -, XRib lowering fwd L to Bfly);
- 7-8 [Chkd R pass;]** Fwd & sd L rise comm RF trn raise lead hnds to create window trail hnd on W's R hip chkg her fwd motion, XRIB cont trn around W, fwd & sd L to W's L sd (W fwd R Raise lead hnd then lower, -, XLIF, sd & bk R) and modified wrap pos fc COH;
[M trn to lunge brk] Fwd R ronde L trn RF to fc ptr & WALL, -, lower on R w/slight RF body trn Chk fwd L, rec R (W sd & bk L rise, -, bk R, rec L) to fc ptr;

9-12`

LEFT SD PASS JN RT HDS; ½ MOON;;(chg hds) REV UNDERARM TRN;

- 9-10 **[L sd pass jn R hds]** Sm sd & fwd L trn slightly RF & shape twd ptr, - rec R trn LF sd & fwd L cont trn jn R hds to end fc ptr & COH (W fwd R trn RF/w bk to ptr, -, sd & fwd L strong LF trn,bk R); **[start 1/2 moon]** Sd R comm RF trn to "V" shape twd ptr - , cont trn slip fwd L shape twd ptr, rec bk R trn to fc ptr;(W sd L comm LF trn w/lf sd stretch , - , cont trn slip R fwd, rec bk L trn to fc ptr);
- 11-12 **[fin ½ moon]** trn ¼ LF sd & fwd L w/left sd stretch , -, cont trn slip R bk, fwd L trn to fc ptr; (W trn ½ RF sd & fwd R raise L arm trn slightly away but look at ptr, -, slip L fwd in front of M trn ½ LF, bk R cont trn to fc ptr); **[chg hds jnd rev underarm trn]** Sd R rise, -, XLIF flex knee, bk R jn ld hds (W sd L, -, XRIF flex knee trn ¾ LF under jnd R hds, fwd L cont trn to fc ptr)blend to CP;

13-16

TURNING BASIC;; SYNCO TURNING BASIC 1/2; SL CONTRA CHK & REC;sq&q
ss

- 13-14 **[trn basic]** Sd L & bk w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF) to loose cl pos fc COH; Sd R body rise, -, fwd L slip action, rec bk R;
- 15-16 **[synco trn basic]** Sd & slightly bk L w/ body trn RF, -, slip bk R flex knee trn LF/cont trn sd & fwd L to fc WALL/sd & fwd R end CP/WALL; **[sl contra chk & rec]** Comm upper body trn LF flex knees w/strong right sd lead chk fwd L in CBMP, -, extend, rec R (W comm upper body trn LF flex knees w/strong left side lead bk R in CBMP look well Left, extend, rec L);

INTERLUDE

1-4

CP/WALL CORTE w/LEG CRAWL; CONTRA BRK; CORTE w/LEG CRAWL; CONTRA BRK;

- 1-2 **[corte leg crawl]** Sd & Bk L flex knee blend cuddle position, - slow rise, - (W sd & fwd R, -, lift leg up along man's outer thigh w/toe pointed to floor); **[contra brk]** Sd & fwd R w/right Sd stretch, -, slip fwd L small step w/right shoulder lead to contra check action, rec bk R (W sd & bk L w/left sd stretch, -, slip bk R w/left sd lead to contra check action, rec fwd L);
- 3-4 **REPEAT MEAS 1 & 2 of Interlude;;**

PART B MODIFIED

1-4

TURNING BASIC FC COH;; X BODY FC WALL; RT LNG w/RKS;

1 - 4 Repeat meas 1 -4 Part B;;;;

5-8

X BODY W/SYNCO INSIDE TRN 5 JN RT HDS FC COH; CONTRA BRK; X BODY FC WALL; SHAD NEW YORKER;

5-8 Repeat meas 5 -8 Part B;;;;

9-12

(rt hds) X BODY FC COH; (chg hds) HORSESHOE TURN;; HIP RKS;

9 12 Repeat meas 9 - 12 Part B;;;;

13-16

PREP AIDA; AIDA LN w/RKS; SWIVL TO FC & HIP RK 2; OP BRK CP/WALL;

13-15 Repeat meas 13-15 Part B;;;;

16 **[op brk]** Sd & fwd R, -, release trail hds bk L w/checking action, rec R (W sd & bk L, -, bk R checking action, rec L) CP/WALL;

END;

1

CP/WALL CORTE w/LEG CRAWL;

1 **[corte w/leg crawl]** Sd & Bk L flex knee blend cuddle position, - slow rise, - (W sd & fwd R, -, lift leg up along man's outer thigh w/toe pointed to floor) ;