

I'VE GOT A POCKETFUL OF DREAMS

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CD: 1999 Avid Records, CD Title "You're Dancing On My Heart" (Artist: Victor Sylvester) Track 9 "I've Got a Pocketful of Dreams" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 3:07

RHYTHM: Quickstep RAL PHASE IV

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-A-B-C-A-B(1-12)-ENDING

MEAS:

INTRODUCTION

1-4 CP WALL WAIT 2 MEAS;; WALK 4;;

1-2 Wait in CP WALL w/ ld ft free;;

3-4 {Walk 4} CP LOD Fwd L, -, fwd R, -; Fwd L, -, fwd R, -;

PART A

1-4 QUARTER TURN & PROGRESSIVE CHASSE & FWD;;;:

1-4 {Quarter Turn & Progressive Chasse & Fwd} CP LOD Fwd L, -, fwd R trn RF (W bk R, -, bk L trn RF), -; Sd L, cl R to CP DRW, sd & bk L (W sd R, cl L, sd & fwd R), -; CP DRW Bk R stg LF trn, -, sd L, cl R; Sd & slightly fwd L to BJO DLW (W fwd L stg LF trn, -, sd R, cl L; Sd & slightly bk R), -, fwd R (W bk L), -;

5-8 RUNNING FWD LOCKS;; MANEUVER SIDE CLOSE; PIVOT 2 FC LOD:

5-6 {Running Fwd Locks} BJO DLW Fwd L, lk Rib (W lk Lif), fwd L, fwd R; Fwd L, lk Rib (W lk Lif), fwd L to BJO LOD, -;

7 {Maneuver Side Close} BJO LOD Stg RF trn fwd R heel to toe, -, sd L acrs LOD, cl R to CP RLOD (W stg RF trn bk L, -, sd R acrs LOD, cl L);

8 {Pivot 2 fc LOD} CP RLOD Stg RF upper bdy trn bk L toe trn on ball of ft, -, cont trn fwd R between W's ft to CP LOD, - (W stg RF upper bdy trn fwd R between M's feet heel to toe trn, -, cont trn bk L, -);

9-11 WALK 2 DLC; REVERSE CHASSE TURN;;

9 {Walk 2 DLC} CP LOD Fwd L, -, fwd R to CP DLC, -;

10-11 {Reverse Chasse Turn} CP DLC Fwd L trn LF, -, sd R cont trn, cl L to CP RLOD (W bk R trn LF, -, sd L cont trn, cl R); Bk R, -, L moves twd R no wgt heel pvt on R to CP DLW, - (W fwd L trn LF, -, sd R cont trn, cl L);

12-16 CHANGE OF DIRECTON ~ TELEMAR TO SCP;;; MANEUVER SIDE CLOSE; PIVOT 2 FC LOD:

12-14 {Change of Direction} CP DLW Fwd L, -, fwd R w/ R shldr ld & trn LF, -; Draw L to R & brush to CP DLC (W bk L, -, bk R w/ L shldr ld & trn LF, -; Draw R to L & brush), -, {Telemark to SCP} CP DLC fwd L stg to trn LF, -; Sd R cont trn, -, sd & slightly fwd L to tight SCP DLW (W bk R stg to trn LF bring L beside R no wgt, -; Trn LF on R heel & chg wgt to L, -, sd & slightly fwd R), -;

15 {Maneuver Side Close} SCP DLW Stg RF trn fwd R heel to toe, -, sd L acrs LOD, cl R to CP RLOD (W sm fwd L, -, sd R, cl L);

16 {Pivot 2 fc LOD} CP RLOD Stg RF upper bdy trn bk L toe trn on ball of ft, -, cont trn fwd R between W's ft to CP LOD, - (W stg RF upper bdy trn fwd R between M's feet heel to toe trn, -, cont trn bk L, -);

PART B

1-4 WALK 2; WALK & CHECK BJO; FISHTAIL; WALKS 2;

1 {Walk 2} CP LOD Fwd L, -, fwd R, -;

2 {Walk & Check BJO} CP LOD Fwd L, -, ck fwd R to BJO DLC, -; [if you prefer not to cue a check before a fishtail this measure can be cued Walk 2 to BJO]

3 {Fishtail} BJO DLC XLib but not tightly, as bdy starts RF trn sm sd R comp 1/4 RF bdy trn, fwd L w/ L shldr ld, lk Rib but not tightly (W XRif but not tightly, as bdy starts RF trn sm sd L comp 1/4 RF bdy trn, bk R w/ R shldr ld, lk Lif but not tightly);

4 {Walk 2 DLC} Fwd L, -, fwd R to CP DLC, -;

PART B (cont.)

5-7 LEFT TURN FC RLOD; PROGRESSIVE CHASSE & FWD;;

- 5 {Left Turn fc RLOD} CP DLC Fwd L trn LF, -, sd R cont trn, cl L to CP RLOD (W bk R trn LF, -, sd L cont trn, cl R);
6-7 {Progressive Chasse & Fwd} CP RLOD Bk R, -, sd L trn slightly LF, cl R; Sd & slightly fwd L to BJO DLW (W fwd L, -, sd R trn slightly LF, cl L; Sd & slightly bk R), -, fwd R to BJO DLW (W bk L),-;

8-12 DOUBLE LOCK & FWD ~ SLOW OPEN NATURAL;;; BACK DOUBLE LOCK & BACK;;

- 8-10 {Double Lock & Fwd} BJO DLW Fwd L, lk Rib (W lk Lif), fwd L, lk Rib (W lk Lif); Fwd L, -, {Slow Open Natural} BJO DLW stg RF upper bdy trn fwd R heel to toe, -; Cont RF trn sd L, -, cont slight RF upper bdy trn to ld W to stp outsd bk R to contra BJO RLOD (W stg RF upper bdy trn bk L, -; Cl R cont trn [heel trn], -, fwd L outsd M to contra BJO), -;
11-12 {Back Double Lock & Back} BJO RLOD Bk L, -, bk R, lk Lif (W lk Rib); Bk R, lk Lif (W lk Rib), bk R, -;

13-16 IMPETUS TO SCP ~ THRU CHASSE TO SCP;;; PICKUP SIDE CLOSE;

- 13-15 {Impetus to SCP} BJO RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, -; Fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, -; Fwd R), -, {Thru Chasse to SCP} SCP LOD fwd R trn to fc, -; Sd L, cl R, sd L to SCP LOD, -;
16 {Pickup Side Close} SCP LOD Sm fwd R to CP LOD, -, sd L, cl R (W fwd L in front of M trn LF to CP, -, sd R, cl L);

PART C

1-3 WALK 2; 2 LEFT TURNS FC WALL;;

- 1 {Walk 2} CP LOD Fwd L, -, fwd R, -;
2-3 {2 Left Turns fc WALL} CP LOD Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

4-9 HOVER TO SCP ~ THRU HOVER TO BJO;;; BACK HOVER TO SCP ~ THRU CHASSE TO BJO;

- 4-6 {Hover to SCP} CP WALL Fwd L, -, fwd & sd R rise to ball of ft, -; Rec L to tight SCP LOD (W bk R, -, bk & sd L trn to SCP & rise to ball of ft, -, Rec R), -, {Thru Hover to BJO} SCP LOD thru R, -; Fwd L w/ slight rise, -, rec R to BJO LOD (W thru L, -; Fwd R w/ slight rise trn LF & brush L to R, -, rec L to fc RLOD) -;
7-9 {Back Hover to SCP} BJO DLW Bk L, -, sd & bk R w/ slight rise, -; Rec L to SCP LOD (W fwd R, -, sd & fwd L w/ slight rise trn RF & brush R to L, -; Rec R), -, {Thru Chasse to BJO} SCP LOD fwd R trn to fc, -; Sd L, cl R, sd L to BJO DLW, -;

10-13 FWD FWD LOCK FWD ~ MANEUVER SIDE CLOSE ~ SPIN TURN;;;;

- 10-13 {Fwd Fwd Lock Fwd} BJO DLW Fwd R, -, fwd L, lk Rib (W lk Lif); Fwd L, -, {Maneuver Side Close} CP DLW stg RF trn fwd R heel to toe, -; Sd L acrs LOD, cl R to CP RLOD (W stg RF trn bk L, -; Sd R acrs LOD, cl L), {Spin Turn} CP RLOD stg RF upper bdy trn bk L toe pvt 1/2 RF to fc LOD, -; Fwd R between W's ft heel to toe cont trn leave L leg extended bk & sd, -, rec sd & bk L to CP DLW (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -; Bk L toe cont trn brush R to L, -, fwd R), -;

14-16 BOX FINISH FC LOD; FORWARD HOVER & BACK;;

- 14 {Box Finish fc LOD} CP DLW Bk R trn 1/4 LF, -, sd L, cl R to CP LOD;
15-16 {Forward Hover & Back} CP LOD Fwd L, -, sd & fwd R w/ slight rise, -; Rec L to CP DLW (W bk R, -, sd & bk L w/ slight rise, -, Rec R), -, bk L (W fwd R), -;

ENDING

1-4 IMPETUS TO SCP ~ THRU SIDE CLOSE ~ WHISK;;;;

- 1-4 {Impetus to SCP} BJO RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, -; Fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, -; Fwd R), -, {Thru Side Close} SCP DLC thru R trn RF (W thru L trn LF) -; Sd L, cl R to CP DLW, {Whisk} CP DLW fwd L, -; Fwd & sd R stg rise to ball of ft, -, XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, -; Bk & sd L stg to rise to ball of ft, -, XRib cont to full rise to ball of ft), -;

AB AB CC AB(1-12)

WAIT
WALK 4

WAIT

A QUARTER TURN & PROGRESSIVE CHASSE & FWD ----

RUNNIG FWD LOCKS

MANEUVER SIDE CLOSE

PIVOT 2 FC LOD

.....
WALK 2 DLC

MANEUVER SIDE CLOSE

REVERSE CHASSE TURN

CHANGE OF DIRECTION

<TELEMARK TO SCP

PIVOT 2 FC LOD

B WALK 2
FISHTAIL
LEFT TURN FC RLOD

.....

BACK DOUBLE LOCK & BACK

IMPETUS

<THRU CHASSE TO SCP

WALK & CHECK BJO

WALK 2 DLC

PROGRESSIVE CHASSE & FWD

DOUBLE LOCK & FWD

.....
<SLOW OPEN NATURAL

---- TO SCP

PICKUP SIDE CLOSE

C WALK 2

BACK HOVER TO SCP

.....
<THRU CHASSE TO BJO

<SPIN TURN

FORWARD HOVER & BACK

2 LEFT TURNS FC WALL

HOVER TO SCP

<THRU HOVER TO BJO

.....
FWD FWD LOCK FWD

<MANEUVER SIDE CLOSE

BOX FINISH FC LOD

END IMPETUS TO SCP
<THRU FACE CLOSE

<WHISK

R4-8 I'VE GOT A POCKETFUL OF DREAMS (ROSS)
(CP LOD LEAD FOOT FREE)
(AFTER 4-3 USE TO TEACH RUNNING FWD LOCKS)