

It's Still Rock and Roll

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E-MAIL: gcrounders@gmail.com **RELEASED:** Feb 2016
MUSIC: The Essential Billy Joel, Disc 1, Track 14 "It's Still Rock & Roll to Me"
Download from Amazon **TIME:** 2:57 as downloaded **SPEED:** Slow 10% or to suit
FOOTWORK: Written for Man – Woman opposite or noted in ()
RHYTHM: Jive **PHASE:** 4+2(Stop & Go, Chasse Roll) **DIFFICULTY:** Average
SEQUENCE: Intro – A – Amod – B – Inter – A – C – Amod(1-16) – End

INTRO

1 – 4 6 FEET APART, FACING PARTNER & WALL, LEAD FEET FREE, WAIT 2 MEASURES;; 4 CROSS POINTS TOGETHER to BFLY;;

- 1-2** {Wait} 6 feet apart, facing partner/wall, lead feet free, wait 2 measures;;
3-4 {Cross Points} Forward and across left, point right to the side, forward and across right, point left to the side; Repeat measure 3 of intro;

PART A

1 – 4 LINK ROCK ~ JIVE WALKS;;; SWIVEL WALKS 4 QUICK;

- 1-3** {Link Rock} Rock back left, recover right, small triple forward left/right, left; side right/left, right to SCP,
{Jive Walks} Rock back left, recover right to SCP; forward left/right, left, forward right/left, right;
4 {Swivel Walk 4} Swivel walk forward left, forward right, forward left, forward right;

5 – 8 THROWAWAY; LINK ROCK ~ ROCK, RECOVER;; SWIVEL WALKS 4 QUICK;

- 5** {Throwaway} In SCP forward and side left/close right, forward and side left leading woman to turn ½ left face, side and forward right/close left, side and forward right to Left Open Facing Position facing LOD; (In Semi-Closed Position forward right/forward left, forward right turning ½ left face, side and back left/close right, side and back left to end facing RLOD;)
6-7 {Link Rock & Rock Rec} Repeat first 1 ½ measures of Part A;;, Rock, Recover;
8 {Swivel Walk 4} Repeat Measure 4 of part A;

9–12 THROWAWAY; WINDMILL, 2X;;;

- 9** {Throwaway} Repeat measure 5 of part A;
10-12 {Windmill 2X} Rock back left, recover right starting 1/4 left face turn, forward left in front/close right, forward left completing 1/4 left face turn; side right starting 1/4 left face turn/close left, side right completing 1/4 left face turn – end facing RLOD, REPEAT to end facing LOD;;

13–17 LINDY CATCH;; CHANGE L to R to CONTINUOUS CHASSE;; SLOW SIDE BREAKS;

- 13-14** {Lindy Catch} Rock apart left, recover right, forward left/right, left moving right face around woman catching her at waist with right hand releasing left hand [man is in back of woman with right arm around her waist]; forward right, left continuing around woman, forward right/left, right to Left Open Facing Position; (Rock apart right, recover left, forward right/left, right [woman in front of man]; back left, right still facing same direction [no turn], back left/right, left to Left Open Facing Position;)

- 15-16** {Change Places L to R to Continues Chasse} Rock back left, recover right, side left/close right, side left commence 1/4 left face turn to face Wall; side right/close left, side right/close left, side right/close left, side right; (Rock back right, recover left, side right/close left, forward right commence 3/4 right face turn under joined lead hands to face COH; side left/close right, side left/close right, side left/close right, side left;)
- 17** {Slow Side Breaks} Push step left/push step right, -, close left/close right, -;

NOTE: 2nd time through part A, go to HandShake to be ready to start Part C.

PART A MOD

1 – 8 LINK ROCK ~ JIVE WALKS;;; SWIVEL WALKS 4 QUICK; THROWAWAY; LINK ROCK ~ ROCK, RECOVER, SWIVEL WALKS 4 QUICK;;;

1-8 Repeat measures 1-8 of part A

9 –12 THROWAWAY; SPANISH ARMS, 2X;;;

9 Repeat Part A measure 9;

10-12 {Spanish Arms 2X} Rock back left, recover right turning right face, side left/close right, side left continuing right face turn; side right/close left, side right to face RLOD, Repeat to face LOD,;; (Rock back right, recover left turning 1/4 left face, side right/close left, side right turning 3/4 right face; side left/close right, side left to face LOD, Repeat to face RLOD,;;)

13–17 STOP AND GO;; CHANGE L to R to CONTINUOUS CHASSE;; SLOW SIDE BREAKS;

13-14 {Stop and Go} Rock back left, recover right, forward left/close right, forward left [man catches woman with right hand on woman's left shoulder blade at end of triple to stop her movement]; rock forward right, recover left, small back right/close left, back right; (Rock back right, recover left, forward right commence 1/2 left face turn/close left, back right complete 1/2 left face turn under joined hands to end at man's right side; [man catches woman with right hand on woman's left shoulder blade at end of triple to stop her movement] rock back left, recover right, forward left commence 1/2 right face turn/close right, back left complete 1/2 right face turn under joined hands to end facing man;)

15-17 Repeat measures 15-17 of part A.

PART B

1 – 4 DOUBLE ROCK INTO PRETZEL TURN;; DOUBLE ROCK; UNWIND to SCP;

1-4 {Double Rock into Pretzel Turn with Double Rocks} Rock back left, recover right, rock back left, recover right turning right to face partner; side left/close right, side left turning 1/2 right face keeping man's left and woman's right hands joined [partners are in a back to back position], side right/close left, side right turning up to 1/4 right face [partners are in a Back to Back "V" Position with man's left and woman's right hands joined behind backs]; rock forward left crossing in front to direction of travel with right hand extended forward, recover right, rock forward left crossing in front to direction of travel with right hand extended forward, recover right turning up to 1/4 left face; side left/close right, side left turning 1/2 left face to face partner still retaining man's left and woman's right hands, side right/close left, side right to SCP;

5 – 8 DOUBLE ROCK INTO PRETZEL TURN;; DOUBLE ROCK; UNWIND to SCP;

5-8 Repeat measures 1-4 of Part B,;;;

INTERLUDE

1 – 3 RIGHT TURNING FALLAWAY, 2X;;;

- 1-3** {Right Turning Fallaway 2X} Rock back left to SCP, recover right to face, commence 1/4 right face turn side left/close right, complete turn side left; commence 1/4 right face turn side right/close left, complete turn side right to face COH, Repeat to face Wall,;;

PART C

1 – 5 TRIPLE WHEEL 5, to the WALL ~ LINK ROCK;;;;;

- 1-5** {Triple Wheel 5} Rock apart left, recover right to right hands joined in modified open facing position, commence right face wheel side left/close right, side left turning in toward partner and touch her back with man's left hand; continue right face wheel side right/close left, side right turning away from partner, continue right face wheel side left/close right, side left turning in toward partner and touch her back with man's left hand; continue right face wheel side right/close left, side right turning away from partner, continue right face wheel side left/close right, side left turning in toward partner and touch her back with man's left hand; leading the woman to spin right face side right/close left, side right, (Rock apart right, recover left to right hands joined turning 1/4 left face, commence right face wheel side right/close left, side right turning away from partner; continue right face wheel side left/close right, side left turning toward partner and touch his back with woman's left hand, continue right face wheel side right/close left, side right; continue right face wheel side left/close right, side left turning toward partner and touch his back with woman's left hand, continue right face wheel side right/close left, side right spinning right face on right foot to face partner; side left/close right, side left,) {Link Rock} Repeat first 1 ½ measures from part A,;;

6 – 9 CHASSE ROLL to LOD;; CHASSE ROLL to RLOD

- 6-7** {Chasse Roll} Rock back left to SCP, recover right to face, side left/close right, side left turning right to Back-to-Back Position; side right/close left, side right continue turn to face, side left/close right, side left end in left half open facing RLOD;
- 8-9** Repeat measures 6-7 of Part C – this time rolling toward RLOD, with opposite turn and opposite footwork - end in Semi;;

10 – 12 FALLAWAY THROWAWAY ~ CHICKEN WALKS, 6 QUICK;;;

- 10-12** {Fallaway Throwaway} Rock back left to SCP, recover right, forward and side left/close right, forward and side left leading woman to turn ½ left face; side and forward right/close left, side and forward right to face LOD in left open facing position, {Chicken Walks} Back left, back right; back left, back right, back left, back right; (Lady swivel walks forward 6)

ENDING

1 – 4 LINK ROCK to SCP ~ ROCK, RECOVER, SWIVEL WALKS 4 QUICK;;; KICK BALL CHANGE, POINT;

- 1-3** {Link Rock to Semi & Rock Rec} Repeat first 1 ½ measures of part A,;, Rock, Rec;
{Swivel Walks} Repeat measure 4 of part A
- 4** {Kick Ball Change Point} kick lead foot forward/take weight on ball of that foot, replace weight on trail foot, point, - ;

QUICK CUES

- Intro 6 FEET APART, FACING PARTNER & WALL, LEAD FEET FREE, WAIT 2 MEASURES;; 4 CROSS POINTS TOGETHER to BFLY;;
- A LINK ROCK ~ JIVE WALKS;;; SWIVEL WALKS 4 QUICK; THROWAWAY; LINK ROCK ~ ROCK, RECOVER, SWIVEL WALKS 4 QUICK;;; THROWAWAY; WINDMILL, 2X;;; LINDY CATCH;; CHANGE L to R to CONTINUOUS CHASSE;; SLOW SIDE BREAKS;
- Amod LINK ROCK ~ JIVE WALKS;;; SWIVEL WALKS 4 QUICK; THROWAWAY; LINK ROCK ~ ROCK, RECOVER, SWIVEL WALKS 4 QUICK;;; THROWAWAY; SPANISH ARMS, 2X;;; STOP AND GO;; CHANGE L to R to CONTINUOUS CHASSE;; SLOW SIDE BREAKS;
- B DOUBLE ROCK into PRETZEL TURN;; DOUBLE ROCK; UNWIND to SCP; DOUBLE ROCK into PRETZEL TURN;; DOUBLE ROCK; UNWIND to SCP;
- Inter RIGHT TURNING FALLAWAY, 2X;;;
- A LINK ROCK ~ JIVE WALKS;;; SWIVEL WALKS 4 QUICK; THROWAWAY; LINK ROCK ~ ROCK, RECOVER, SWIVEL WALKS 4 QUICK;;; THROWAWAY; WINDMILL, 2X;;; LINDY CATCH;; CHANGE L to R to CONTINUOUS CHASSE;; SLOW SIDE BREAKS, to HANDSHAKE;
- C TRIPLE WHEEL 5, to FACE THE WALL ~ LINK ROCK;;;;; CHASSE ROLL to LOD;; CHASSE ROLL TO RLOD;; FALLAWAY THROWAWAY ~ CHICKEN WALKS 6 QUICK;;;
- Amod-16 LINK ROCK ~ JIVE WALKS;;; SWIVEL WALKS 4 QUICK; THROWAWAY; LINK ROCK ~ ROCK, RECOVER, SWIVEL WALKS 4 QUICK;;; THROWAWAY; SPANISH ARMS, 2X;;; STOP AND GO;; CHANGE L to R to CONTINUOUS CHASSE;;
- End LINK ROCK to SCP ~ ROCK REC SWIVEL WALKS 4 QUICK;;; KICK BALL CHANGE, POINT;