

KEEP ME FROM BLOWING AWAY

Choreographer: Hank & Judy Scherrer 560 Main St., Herculaneum, Mo 63048 636 475 5027
 Record: **Keep Me From Blowing Away** Judy@ScherrerDance.com
 Artist: Linda Ronstadt CD: Heart Like a Wheel Track: 9 available for download at Buy.com & others
 Footwork: Opposite unless noted Time: **3:05**
 Rhythm: **Waltz** Phase: **IV** Speed: as on CD
 Sequence: **INTRO - A - B - C - A - B - END** September 2004

INTRO

1-4 BFLY DW WAIT 2 MEAS;; APT PT; PU SCAR LOD;

1-4 Bfly DW Wait 2 measures;; Apt L, -, -; TOG R CP SCAR fcg LOD, -, -;

5-8 XHVR 3 TIMES;;; FWD FC CL; CP Wall

5-6 Thru L (XRib), sd R, trn LF fwd L BJO; Thru R (XLib), sd L, trn RF rec fwd R SCAR;

7-8 Thru L (XRib), sd R, trn LF fwd L BJO; Thru R (XLib), sd L, cl R fc Wall;

A

1-4 HVR; MANUV; IMP SCP; THRU CHASSE SCP;

1-2 Fwd L, fwd & sd R, fwd L SCP; Thru R (thru L) start RF trn, sd & bk L, cl R;

3-4 Bk L (fwd R), cl R trn RF (fwd L & sd trng RF across M), fwd L; To LOD thru R, fwd L / cl R, fwd L; SCP LOD

5-8 WEAVE BJO;; MANUV; BK BK / LK BK;

5-6 Thru R, fwd L trn LF, bk R; Bk L, bk R trn LF, fwd L DW BJO;

7-8 Fwd R (bk L) start RF trn, sd & bk L, cl R CP fcg RLOD; Bk L BJO, bk R / lk L, bk R;

9-12 IMP SCP; THRU FC CL [BFLY]; TWIRL VINE 3; THRU & PU [DC];

9-10 Bk L (fwd R), cl R trn RF (fwd L & sd trng RF across M), fwd L; Thru R, sd L, cl R;

11-12 Sd L (start RF trn), XRib (cont trn), sd L (finish trn); Thru R, small fwd L (fwd R), cl R (fwd L trn LF to CP);

13-16 2 L TURNS [DW];; BAL FWD; BOX FIN;

13-14 Fwd L trn LF, sd R, cl L; Bk R, sd L, cl R; CP DLW

15-16 Fwd L, cl L, small bk L; Bk R trn LF, sd L cont trn, cl R; CP DC

B

1-5 TELEMARK SCP; IN & OUT RUNS TWICE;;;

1 Fwd L, fwd R (cl L), trn LF fwd L (fwd R);

2-3 Fwd R trn RF (fwd L), sd L & bk finish trn fc RLOD (fwd R), bk R (fwd L); Bk L trn RF (Fwd R trn RF), sd & fwd R finish trn (sd & fwd L trn), fwd L (sd & fwd) SCP LOD;

4-5 Fwd R trn RF (fwd L), sd L & bk finish trn fc RLOD (fwd R), bk R (fwd L); Bk L trn RF (Fwd R trn RF), sd & fwd R finish trn (sd & fwd L trn), fwd L (sd & fwd) SCP LOD;

6-8 MANUV; SPIN TURN; BOX FINISH;

6 Fwd R start RF trn, sd & bk L, cl R; CP RLOD

7-8 Bk L trng RF, fwd R to LOD, rec bk L; Bk R, sd L trn to fc DC, cl R;

9-12 1 L TURN [FC REV]; BK WZ; IMP SCP; FWD HVR BJO;

9-10 Fwd L trn LF, sd R fc RLOD, cl L; Bk R, bk L, cl R;

11-12 Bk L (fwd R), cl R trn RF (fwd L & sd trng RF across M), fwd L; Thru R, fwd L (fwd R trn to BJO), rec R BJO fcg LOD;

13-16 OUTSIDE SWIVEL; THRU FC CL BFLY; TWIRL VINE 3; CHAIR & SLIP DC;

13-14 Bk L (thru R), - (swivel RF), -; Fwd R (thru L), fc sd L, cl R;

15-16 Sd L (start RF trn), XRib (cont trn), sd L (finish trn); Chk thru R, rec L, place R slightly behind L picking up Lady to CP DLC;

C

1-4 DIAMOND TURN;;;;

1 - 2 Fwd L LOD, trn LF sd R, bk L; Bk R, trn LF sd R, fwd R;

3 - 4 Fwd L, trn LF sd R, bk L; Bk R, trn LF sd L, fwd R; DC

5-8 TELEMARK SCP; NAT HVR FALLAWAY; SLIP PIVOT BJO; MANUV;

5-6 Fwd L, fwd R (cl L stay in CP), trn LF fwd L (bk R); Fwd R, fwd L trng RF, bk R;

7-8 Bk L, small bk R trn LF (trng LF fwd L to CP), fwd L BJO; Fwd R start RF trn, sd & bk L, cl R; CP FCG RLOD

9-12 BK BK / LK BK; IMP SCP; THRU CHASSE SCP; THRU FC CL;

9-10 Bk L to BJO, bk R / lk Lf, bk R; Bk L (fwd R), cl R trn RF (fwd L & sd trng RF across M), fwd L;

11-12 Thru R, fwd L / cl R, fwd L; Thru R, fwd & sd L, cl R; CP Wall

13-16 WHISK; WING; TELEMARK SCP; THRU FC CL;

13-14 Fwd L, fwd & sd R, XLib; Fwd R (fwd L), draw L (fwd R), hold (fwd L) SCAR DLC;

15-16 Fwd L, fwd R (cl L), trn LF fwd L (fwd R); Thru R, sd L, cl R; CP Wall

END

1-4 1 L TURN [FC REV]; BK WZ; IMP SCP; FWD HVR BJO;

9-10 Fwd L trn LF, sd R fc RLOD, cl L; Bk R, bk L, cl R;

11-12 Bk L (fwd R), cl R trn RF (fwd L & sd trng RF across M), fwd L; Thru R, fwd L (fwd R trn to BJO), rec R BJO fcg LOD;

5-8 OUTSIDE SWIVEL; THRU FC CL BFLY; TWIRL VINE 3; CHAIR & HOLD;

13-14 Bk L (thru R), - (swivel RF), -; Fwd R (thru L), fc sd L, cl R;

15-16 Music retards Slowly Sd L (start RF trn), XLib (cont trn), sd L (finish trn); Chk thru R, hold, -;

QUICK CUES

Sequence INTRO - A - B - C - A - B - END

INTRO BFLY DW WAIT 2 MEAS;; APT PT; PU SCAR LOD;
XHVR 3 TIMES;;; FWD FC CL; CP WallA HVR; MANUV; IMP SCP; THRU CHASSE SCP;
WEAVE BJO;; MANUV; BK BK / LK BK;
IMP SCP; THRU FC CL [BFLY]; TWIRL VINE 3; THRU & PU;
2 L TURNS [DW];; BAL FWD; BOX FIN [DC];B TELEMARK SCP; IN & OUT RUNS TWICE;;;;
MANUV; SPIN TURN; BOX FINISH;
1 L TURN [FC REV]; BK WZ; IMP SCP; FWD HVR BJO;
OUTSIDE SWIVEL; THRU FC CL BFLY; TWIRL VINE 3; CHAIR & SLIP DC;C DIAMOND TURN;;;;
TELEMARK SCP; NAT HVR FALLAWAY; SLIP PIVOT BJO; MANUV;
BK BK / LK BK; IMP SCP; THRU CHASSE SCP; THRU FC CL;
WHISK; WING; TELEMARK SCP; THRU FC CL;END 1 L TURN [FC REV]; BK WZ; IMP SCP; FWD HVR BJO;
OUTSIDE SWIVEL; THRU FC CL BFLY; TWIRL VINE 3; CHAIR & HOLD;