

# KEEP ME FROM BLOWING AWAY

**CHOREO:** Ron & Georgine Woolcock  
**ADDRESS:** 5326 Berger Dr SE, Olympia, WA 98513  
**MUSIC:** CD "Fresh Takes" Track 6  
T. Graham Brown  
Also CD "Wine Into Water" Track 4  
**RAL PHASE:** II+2 Hover & Interrupted Box  
**FOOTWORK:** Opposite, directions for man except where noted  
**SEQUENCE:** INTRO, A, B, C, A, B, C (1-8), END

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**RHYTHM:** Waltz  
**DIFFICULTY:** Average  
**TIME/SPEED:** 3:06@45 RPM  
**SUG SPEED:** 100%  
**REL DATE:** April 2023

Music Preview: [\(157\) Keep Me from Blowing Away - YouTube](#)

## INTRODUCTION

### 1-4 [OP FCG WAIT ; ; APART POINT ; TOGETHER TOUCH [CP WALL] ;

1-4 In OP FCG WALL wait 2 meas ; ; {Apt Pt} bk L, pt R, - ; {Tog Tch} fwd R, tch L To CP WALL, - ;

### 5-8 HOVER ; THRU FACE CLOSE ; TWIRL VINE ; PICK UP SCAR LOD ;

5-6 {Hover} In CP WALL fwd L, sd & fwd R w/ rise, rec L to SCP LOD ; {Thru Fc Cl} thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL ;

7-8 {Twirl Vine} In BFLY WALL sd L, xRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; {Pick Up SCAR} fwd R Idg W in frnt, sd L, cl R to SCAR LOD ;

## PART A

### 1-4 THREE PROGRESSIVE TWINKLES ; ; ; FORWARD FACE CLOSE CP WALL ;

1-3 {Prog Twinkles} In SCAR DLW fwd L, sd R to BJO DLC, cl L ; fwd R, sd L to SCAR DLW, cl R ; fwd L, sd R to BJO DLC, cl L ;

4 {Fwd Fc Cl} In BJO DLC fwd R, fwd L trng RF to fc ptr, cl R to CP WALL ;

### 5-8 BOX ; ; TWIRL VINE ; PICK UP CP LOD ;

5-6 {Box} In CP WALL fwd L, sd R, cl L ; bk R, sd L, cl R to BFLY WALL ;

7-8 {Twirl Vine} In BFLY WALL sd L, xRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; {Pick Up} fwd R Idg W in frnt, sd L, cl R to CP LOD ;

### 9-12 INTERRUPTED BOX ; ; ;

9-12 {Interrupted Box} In CP LOD fwd L, sd R, cl L ; leading W to trn under jnd ld hands bk R, sd L, cl R (W fwd L comm RF trn, fwd R cont trn, fwd L) ; Fwd L, sd R, cl L (W cont RF trn fwd R, fwd L, fwd R completing RF trn to CP) ; bk R, sd L, cl R to CP LOD ;

### 13-16 TWO LEFT TURNS ; ; HOVER ; THRU FACE CLOSE BFLY WALL ;

13-14 {Two Left Turns} In CP LOD fwd L comm LF trn, cont trn sd R diag across LOD, cl L ; bk R comm LF trn, cont trn sd L twd LOD to CP WALL, cl R ;

15-16 {Hover} In CP WALL fwd L, sd & fwd R w/ rise, rec L to SCP LOD ; {Thru Fc Cl} thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL ;

**PART B**

**1-4 WALTZ AWAY ; TURN IN ; BACK UP WALTZ ; BACK DRAW TOUCH ;**

1-2 {Waltz Away} From BFLY WALL release lead hands and retaining trail hands jnd and trng away from ptr fwd L, fwd R, cl L ; {Turn In} lower jnd hnds fwd R trng RF (W LF) twd ptr, sd L, cl R to LOP RLOD ;

3-4 {Back Up Waltz} In LOP RLOD Bk L, bk R, cl L ; bk R, drw L to R, tch L & hold ;

**5-8 THRU TWINKLE ; THRU FACE CLOSE ; CANTER TWICE [BFLY WALL ; ;**

5-6 {Thru Twinkle} In LOP RLOD XLIFR (W XRIBL) trng to fc ptr, sd R, cl L ; {Thru Fc Cl} from OP LOD thru R, comm RF trn to fc ptr sd L, cl R to CP DLW ;

7-8 {Canter Twice} In CP WALL sd L, draw R to L, cl R ; sd L, draw R to L, cl R to BFLY WALL ;

**9-12 WALTZ AWAY & TOGETHER ; ; SOLO TURN 6 BFLY WALL ; ;**

9-10 {Waltz Away & Tog} From BFLY WALL release lead hands and retaining trail hands jnd and trng away from ptr fwd L, fwd R, cl L ; fwd R, trng twd ptr fwd and sd L to FC PTR NO HNDSD JND, cl R ;

11-12 {Solo Turn 6} Fcg Ptr No hnds Jnd trng LF fwd L (W RF), cont trn sd R, cl L ; bk R trng LF (W RF), cont trn sd L, cl R to BFLY WALL ;

**13-16 BALANCE L & R ; ; TWIRL VINE ; PICK UP CP LOD ;**

13-14 {Balance L & R} In BFLY WALL sd L, xRibL rising on toe, rec L ; sd R, xLibR rising on toe, rec R ;

15-16 {Twirl Vine} In BFLY WALL sd L, xRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; {Pick Up} fwd R ldg W in frnt, sd L, cl R to CP LOD ;

**PART C**

**1-4 FORWARD WALTZ ; DRIFT APART ; THRU TWINKLE TWICE CP LOD ; ;**

1-2 {Fwd Waltz} In CP LOD fwd L, fwd and slightly sd R, cl L ; {Drift Apt} sip R, L, R (W drift apt L, R, L) to LOP WALL ;

3-4 {Thru Twinkle Twice} In LOP WALL thru L twd WALL, sd R trn LF to OP CTR, cl L ; thru R twd COH, sd L trn RF to CP LOD, cl R ;

**5-8 TWO LEFT TURNS BFLY WALL ; ; WALTZ AWAY & TOGETHER BFLY WALL ; ;**

5-6 {Two Left Turns} In CP LOD fwd L comm LF trn, cont trn sd R diag across LOD, cl L ; bk R comm LF trn, cont trn sd L twd LOD to BFLY WALL, cl R ;

7-8 {Waltz Away & Tog} From BFLY WALL release lead hands and retaining trail hands jnd and trng away from ptr fwd L, fwd R, cl L ; fwd R, trng twd ptr fwd and sd L to BFLY WALL, cl R ;

**9-12 STEP SWING ; SPIN MANEUVER ; TWO RIGHT TURNS BFLY WALL ; ;**

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- 9-10 **{Step Swing}** In BFLY WALL sd & fwd L to OP LOD, swing R thru, - (W sd & fwd R to OP LOD, swing L thru,-) ; **{Spin Manuv}** fwd R trng RF in frnt of W, sd L, cl R to CP RLOD (W LF spin on L, R, L end fcg LOD) ;

**PART C CONTINUED:**

- 11-12 **{Two Right Turns}** From CP RLOD bk L comm trng RF, sd R cont RF trn, cl L ; fwd R comm RF trn, sd L cont RF trn to BFLY WALL, cl R ;

**13-16 CANTER TWICE ; ; TWIRL VINE ; PICK UP SCAR LOD ;**

- 13-14 **{Canter Twice}** In CP WALL sd L, draw R to L, cl R ; sd L, draw R to L, cl R to BFLY WALL ;  
15-16 **{Twirl Vine}** In BFLY WALL sd L, XRib, sd L (W sd and fwd R trng RF under jnd lead hands, sd and bk L cont RF trn, sd and fwd R completing trn) ; **{Pick Up SCAR}** fwd R ldg W in frnt, sd L, cl R to SCAR LOD

**END**

**1-3 CANTER TWICE ; ; DIP BACK TWIST & HOLD ;**

- 1-2 **{Canter Twice}** In CP WALL sd L, draw R to L, cl R ; sd L, draw R to L, cl R to CP WALL ;  
3 **{Dip Back Twist & Hold}** In CP/WALL bk L leaving R leg extended, -, - ; twist lightly LF & hold ;

**HEAD CUES**

**Intro:** [OP FCG] Wait ; ; Apt Pt ; Tog Tch [CP] ;

Hover [SCP] ; Thru Fc Cl ; Twrl Vin 3 ; PU [SCAR] ;

**Part A:** Prog Twinkles 3X ; ; ; Fwd Fc Cl ;

Box ; ; Twirl Vin 3 ; PU [CP LOD] ;

Interrupted Box ; ; ;

Two Lft Trns ; ; Hover ; Thru Fc Cl [BFLY] ;

**Part B:** Waltz Awy ; Trn In ; Bk Up Waltz ; Bk Drw Tch ;

Thru Twinkle ; Thru Fc Cl ; Canter Twice [BFLY] ; ;

Waltz Awy & Tog ; ; Solo Trn 6 [BFLY] ; ;

Bal L & R ; ; Twrl Vin 3 ; PU [CP LOD] ;

**Part C:** Fwd Waltz ; Drift Apt ; Thru Twinkle Twice [CP] ; ;

Two Lft Trns [BFLY] ; ; Waltz Awy & Tog [BFLY] ; ;

Stp Swng ; Spin Manuv ; Two Rt Trns [BFLY] ; ;

Canter Twice ; ; Twrl Vin 3 ; Thru & PU [SCAR] ;

**Part A:** Prog Twinkles 3X ; ; ; Fwd Fc Cl ;

Box ; ; Twirl Vin 3 ; PU [CP LOD] ;

Interrupted Box ; ; ;

Two Lft Trns ; ; Hover ; Thru Fc Cl [BFLY] ;

**Part B:** Waltz Awy ; Trn In ; Bk Up Waltz ; Bk Drw Tch ;

Thru Twinkle ; Thru Fc Cl ; Canter Twice [BFLY] ; ;

Waltz Awy & Tog ; ; Solo Trn 6 [BFLY] ; ;

Bal L & R ; ; Twrl Vin 3 ; PU [CP LOD] ;

**Part C (1-8):** Fwd Waltz ; Drift Apt ; Thru Twinkle Twice [CP] ; ;

Two Lft Trns [BFLY] ; ; Waltz Awy & Tog [BFLY] ; ;

**END:** Canter Twice ; ; Dip Ctr & Twist ;