

LA GATTA

Choreographers: Ruth Howell & John Farquhar Email: rehdancer@gmail.com

Phone: 763.226.7386

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Phase/Rhythm: 5 +0+1 (prom lock) Foxtrot

Speed: No modifications

Music: Ancona Open Ballroom Vol 10 available at casa-musica.de

Sequence: Intro A B A Mod B A1-7 Ending

Difficulty: Average

Woman's footwork opposite unless noted in parentheses () Standard timing unless indicated

Measures:

INTRO

1-4

Wait ; Stroll 6 to fc ;;

1. op LOD escort pos lead ft free wait 1 meas;

ssssss

2-4 **{Stroll 6 }** fwd L w/slgt sway,, fwd R w/slgt sway,, repeat meas 2 twice more end fcg prtnr wall blndg to clsd ;;

A

1-8

Hover telemark ; Thru chasse semi ; Half natural ; Back feather ; Back three step ;

Hesitation change to sidecar ; Hover cross ending ; Double reverse face wall ;

1. **{hvr tele}** Fwd L, -, diag sd and fwd R rsng slgtly [hvr] w/body trng rf, fwd L sm stp on toes to SCP LW;

2. **{thru chasse to SCP}** Thru R, -, sd L/cls R, sd L to SCP;

3. **{half nat RC}** Comm rf upper body trn fwd R heel to toe, -, sd L acr LOD, bk R fcg RC; (Thru L,-, sd R acr LOD, fwd L)

4. **{bk fthr}** Bk L, -, bk R w/ rt shldr lead, bk L to bjo;

5. **{bk 3 stp}** bk R blndg to clsd pos ,-, bk L, bk R,;

6. **{hes chg sdc}** comm rf upper body trn bk L, -, sd R cont rf trn strtg to draw L to R & cont drawg L to R ovr rest of meas endg in sdc LC, -;

7. **{hvr X ending}** w/R side stretch fwd L in CBMP osid prtnr on toe, rec R, w/L sd lead sd & fwd L, w/L side stretch fwd R in bjo LC;

8. **{dbl rev wall}** fwd L comm lf trn, -, sd R [3/8 lf trn btw stps 1 & 2], spin lf btw stps 2 & 3 on ball of R bringing L undr body besd R w/ no wgt flxd knees fc Wall; (bk R comm lf trn, -, L cls to R heel trn /sd & slightly bk R cont lf trn, XLIFR);

9-16

Whisk ; Promenade lock ; Open natural ; Impetus semi ; Start a promenade weave ;

Double back lilt ; Finish the weave ; Double locks line wall ;

9. **{wsk}** fwd L in CP, -, fwd & sd R comm rise to ball of foot, XLIBR endg tight SCP;

sq&q

10 **{prom lock}** thru R ,-, fwd L/XRIBL, fwd L;

11 **{op nat}** comm rf upper body trn thru R heel to toe, -, sd L acr LOD, cont slgt rf upper body trn bk R leadg prtr to stp osd to bjo fc RC;

12 **{imp semi}** comm rf upper body trn bk L, -, cls R to L [heel turn] cont rf trn, compl trn fwd L in tight SCP LC; (Comm rf upper body trn fwd R osid prtnr heel to toe pvtg 1/2 rf, -, sd & fwd L cont trn arnd man brsh R to L, compl trn fwd R);

sq

13 **{start prom wev}** fwd R, -, fwd L comm lf trn, sd & slightly bk on R to bjo LC,-;

14 **{dbl bk lilt}** bk L, cls R to L risng to toes & keeping knees bent,-, Repeat ,-;

qqqq

15 **{finish wev}** bk L LC, bk R comm lf trn & lead W to CP, sd & slightly fwd L LW, fwd R otsd prtnr to bjo LW,-;

16 **{dbl lk}** fwd L, XRIBL, (bk R, XLIFR) Repeat ,;

B

- 1-8 Whisk face wall ; Natural fallaway weave ; Forward right lunge ; Recover turn right chasse sidecar reverse wall ; Check forward recover chasse semi line center ; Thru hover banjo ; Back side draw ;
- 1 {wsk} fwd L in CP, -, fwd & sd R comm rise to ball of foot, XLIBR endg tight SCP;
- sqg
qqqq 2-3 {nat falwy wev LW} fwd R comm rf trn w/r sd stretch, -, fwd L rise on toe cont rf trn, bk R in SCP; bk L losing stretch, slip R bk comm lf trn to CP, sd & fwd L w/l sd stretch, fwd R to bjo LW; (fwd L w/l sd stretch, -, fwd R rise to toe btw man's ft comm rf trn, cont rf trn bk L in SCP; bk R on toe, trng lf slp L fwd to CP, sd & bk R w/r sd stretch, bk L to bjo;
- ss 4 {fwd R lun} fwd L, -, sd & fwd R w/relaxed knee, -;
- sq&q 5 {rec trn R chasse sdcR RW} rec L fc wall, -, sd R/cls L, sd R to sdcR;
- q&q&s 6 {ck fwd rec chasse LC} ck fwd L osd prtr, rec R slt rf trn to CP, sd L/cls R, sd L to SCP LC, -;
- sqg 7 {thru hvr bjo} thru R, -, fwd L w/slt rise, rec R trng W to bjo;
- qqg 8 {bk sd draw} bk L, sd R, draw L to R LC, -;

A Mod

- 1-14 Hover telemark ; Thru chasse semi ; Half natural ; Back feather ; Back three step ; Hesitation change to sidecar ; Hover cross ending ; Double reverse ; Three step ; Hairpin ; Heel pull curved feather twice ; Back feather ; Feather finish line wall ;
- 1-8 Repeat Part A meas 1-8 but dbl rev ends fcg LW as normal ;
- sqg 9 {3 stp} fwd L w/heel lead, -, fwd R w/ heel lead, rising to toe fwd L;
- sqg 10 {hairpin RW} fwd R comm trn rf heel to toe btw ptr ft, -, w/l sd stretch fwd L brushg thighs trng rf, cont rf trn swvlg rf w/strong L sd stretch bankg into trn fwd R otstd ptr in tight CBMP on toes; (bk & slghtly sd L comm trn rf, -, w/r sd stretch bk R well und body, cont rf trn swvlg rf w/strong R sd stretch bk L in tight CBMP on toes;)
- (sqg)
- qqqq 11-12 {heel pull crvd fthr} bk L comm rf trn, pull R just past L trn rf & stp sd btw ptr feet to CP fcg LOD, cont strong rf trn fwd L, fwd R in bjo RW (fwd R comm rf trn, sd L cont rf trn, tight bk R, cont rf trn bk L) ; Repeat ;
- 13 {bk fthr} bk L, -, bk R, bk L staying in bjo throughout bkg LC;
- 14 {fthr fin LW} bk R trng lf, -, sd & fwd L, fwd R osd prtr crossing RIFL at thighs to bjo;

Repeat B

Repeat A 1-7

End

- qq&qq Forward right chasse tap behind with tilt;
- 1 {fwd rt chasse COH tap beh w/tilt} fwd L fcg COH, sd R, cls L/ sd R, XLIBR tap L toe w/L sd stretch look R;