

LA INCONDICIONAL

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MUSIC: "La Incondicional, Latin Tribute Players, available as download, Amazon,
increase speed 2-3% (DM 46.5, music and you tube links at end of cue sheet

RHYTHM: Bolero

PHASE III+2 (aida & turning basic) +1 UNPH (bk to bk fencelines) average difficulty

FOOTWORK: Opposite

SEQUENCE: INTRO A A B A B ENDING

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INTRODUCTION

- 1-4 CP WALL WAIT;; BASIC;;
1-2 {wait} CP WALL wait:
3-4 {basic} Sd L, - sm bk R, rec fwd L; Sd R, -, sm bk L, rec fwd R (Sd R, sm bk L, rec fwd R;
Sd L, -, sm bk R, rec fwd L;

PART A

- 1-4 PREP AIDA; AIDA LINE & ROCK 2; BACK TO BACK FENCELINES 2X;;
1 {prep aida} Sd L, -, thru R, sd L to fc (Sd R, -, thru L, sd R);
2 {aida line & rk 2} Bk R to aida line, -, rk fwd L, rec bk R, (Bk L to aida line, -,
rk fwd R, rec bk L);
3-4 {bk to bk fencelines 2X} Sd L extending arms, -, XRif, rec L; Sd R extending arms, -,
XLif, rec L (Sd R extending arms, -, XLif, rec R; Sd L extending arms, -, XRif, rec L);
- 5-8 FORWARD TO LOW BFLY & ROCK 2; OPEN BREAK TO BFLY; FENCELINE W/ ARM
SWEEPS 2X;;
5 {fwd to low BFLY & rk 2} Fwd R trng to low BFLY WALL, -, rk sd R, rk sd L (Fwd R
tor low BFLY fcg COH, rk sd L, rk sd R);
6 {open brk to BFLY} Sd R, -, small apt L, rec R to BFLY (Sd L, -, small apt R, rec L);
7-8 {fenceline w/ arm sweep 2X} Sd L sweeping trailing arms up & over, -, XRif hnds twd LOD,
rec L; Sd R sweeping arms up & over, -, XLif hnds twd RLOD, rec R to BFLY;

REPEAT A

PART B

- 1-4 LUNGE & TWIRL RLOD; FORWARD BREAK TO BFLY; CRAB WALKS;;
1 {lunge & twrl RLOD} Lunge sd L ckg, -, raising ld hnds rec R leading W to twrl LF, XLif
(Lunge sd R ckg, -, twrl LF L, R);
2 {fwd brk to BFLY} Sd & fwd R, -, sm fwd L, bk R to BFLY;
3-4 {crab walks} Sd L, -, XRif, sd L; XRif, -, sd L, XRif (Sd R, -, XLif, sd R; XLif, -, sd R, XLif);
- 5-8 TURNING BASIC;; TURNING BASIC ½; FORWARD BREAK to BFLY;
5-6 {trng basic} Blending to CP sd & fwd L w/ slight RF upper body trn, -, trng LF w/ slip piv
action bk R, sd & fwd L to fc COH; Sd & fwd R, -, fwd L, rec R (Sd R w/ open head, w/slip
piv action fwd L, sd & bk R);
7 {trng basic 1/2} Sd & fwd L w/ slight RF upper body trn, -, trng LF bk R w/ slip piv action,
sd & fwd L to fc WALL;
8 {fwd brk} Sd & fwd R, -, sm fwd L, bk R to BFLY;
- 9-12 BACK SHOULDER TO SHOULDER 2X;; UNDERARM TURN; NEW YORKER;
9-10 {bk to bk shoulder} Sd L, -, XRif, rec L; Sd R, -, XLif, rec R (Sd R, -, XLif, rec R; Sd L,
XRif, rec);

PART B (CONTINUED)

- 11 {underarm trn} Sd L, -, XRib leading W to trn RF und ld hnds, rec L (Trng RF sd & fwd R, -, fwd L cont RF trn, sd & fwd R to fc ptr);
- 12 {NY} Sd R, -, thru L to fc RLOD, bk R blending to momentary BFLY;

REPEAT AREPEAT B

ENDING

- 1-4 LUNGE REC CROSS 2X;; HAND TO HAND 2X;;
- 1-2 {lunge rec X 2X} Lunge sd L ckg, -, rec R, XLif ckg; Lunge sd R ckg, -, rec L, XRif to BFLY;
- 3-4 {hnd to hnd 2X} Sd L, -trng RF bk R, rec L; Sd R, trng LF, bk R, rec R to low BFLY;
- 5-6 SLOW SIDE DRAW CL; LUNGE APART W/ ARM SWEEP;
- 5 {sd sd dr cl} Sd L, -, draw & cl R, -;
- 6 {lunge apt w/ arm sweep} Strong apt to fc DLW, -, sweep ld arm up & out, -(Strong apt to fc DLC, -, sweep ld arm up & out, -);

BL 3+2 LA INCONDICIONAL

INTRO: CP WALL WAIT:: BASIC;;

A

PREP AIDA; AIDA LINE W HIP RKS; BK TO BK FENCELINE 2X;;

FWD TO LOW BFLY & RK 2; OP BRK TO BFLY; FENCELINE W/ ARMS 2X;;

A

PREP AIDA; AIDA LINE W HIP RKS; BK TO BK FENCELINE 2X;;

FWD TO LOW BFLY & RK 2; OP BRK TO; FENCELINES W/ ARMS 2X;;

B

LUNGE & TWRL REV; FWD BRK TO BFLY; CRAB WALKS TO CP;;

TURNING BASIC;; TRNG BASIC ½; FWD BREAK TO BFLY;

BK SH TO SH 2X;; UNDARM TRN; NY TO FC;

A

PREP AIDA; AIDA LINE W HIP RKS; BK TO BK FENCELINE 2X;;

FWD TO LOW BFLY & RK 2; OP BRK TO BFLY; FENCELINE W/ ARMS 2X;;

B

LUNGE & TWRL REV; FWD BRK TO BFLY; CRAB WALKS TO CP;;

TURNING BASIC;; TRNG BASIC ½; FWD BREAK TO BFLY;

BK SH TO SH 2X;; UNDARM TRN; NY TO BFLY;

END

LUNGE REC X; LUNGE REC X; HND TO HND 2X TO LOW BFLY;;

SLOW SD DR CL; LUNGE APT W/ ARM SWEEP;

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