

LAY DOWN SALLY

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Record: RSO 886 Lay Down Sally

Rhythm: Cha Cha Phase 3 + 2 [Chase Peek-A-Boo, Alemana] * Note [Phase 4 Option]

Footwork: Opposite, Directions for man

Sequence: Intro – A – B – Break – A – B – C – A – B – B – Ending

INTRO

- 1 – 4 BK TO BK POS WAIT 2;; CIRCLE CHA TO BFY;;**
- 1-4 Bk to Bk wait 2 meas;;OP/LOD cir awy LF (W RF) fwd L, R, fwd L/cl R, fwd L to fc RLOD; Cir tog LF (W RF) fwd R, L, fwd R/cl L, fwd R to fc ptr;
- 5 – 8 NEW YORKER TWICE;; FENCE LINE TWICE;;**
- 5-6 Thru RLOD L with straight leg to LOP, rec R, to BFLY fcg WALL, sd L/cl R, sd L; Thru LOD R with straight leg to OP, rec L to BFLY fcg WALL, sd R/cl L, sd R;
- 7-8 BFLY WALL X lunge thru RLOD L with bent knee looking twd RLOD, rec R to BFLY WALL, sd R/cl R, sd L; BFLY WALL X lunge thru LOD R with bent knee looking twd LOD, rec L to BFLY WALL, sd R/cl L, sd R;

PART A

- 1 – 4 [BFLY] FULL BASIC;; [R HAND STAR] STAR AROUND CHA [Bfly];;**
- 1-2 Bfly/wall Rk Fwd L, Rec R, Sd L/cl R, sd L; Rk Bk R, Rec L, Sd R/cl L, sd R;
- 3-4 Join R hand star arnd RF L, R, L/R, L; R, L, R/L, R CP/Wall;
- 5 – 7 TRAVELING DOOR;; QUICK BASKETBALL TRN 4;**
- 5-7 Rk Sd L, rec R, XLIF/sd R, XLIF; Rk sd R, rec L, XRIF/sd L, XRIF; Bfly/Wall Sd L trng, rec R trng, L trng, rec R trng CP/Wall;

PART B

- 1 – 4 FULL BASIC;; SHOULDER TO SHOULDER BOTH WAYS;;**
- 1-2 Bfly/wall Rk Fwd L, Rec R, Sd L/cl R, Sd L; Rk Bk R, Rec L, Sd R/cl L, sd R;
- 3-4 Rk fwd L to bfly/scar, rec R to fc, Sd L/cl R, Sd L; Fwd R to Bfly Bjo, rec L, Sd R/cl L, Sd R fc ptr;
- 5 – 8 NEW YORKER; SPOT TRN; HAND TO HAND TWICE;;**
- 5-6 Thru RLOD L with straight leg to LOP, rec R, to BFLY fcg WALL, sd L/cl R, sd L; XRIF Thru lod trng LF, Rec L cont trng 1/2 LF, Sd R/cl L, Sd R;
- 7-8 Rk bk to OP/LOD L, rec to fc ptr R in bfly, sd L/cl R, Sd L; Rk bk to LOP/RLOD R, rec to fc ptr in Bfly fcg wall, Sd R/cl L, Sd R; [1st time OP/LOD][otherwise Bfly/W]

BREAK

1 – 4 SWIVEL 2, FWD CHA; SWIVEL 2, FWD CHA; CIRCLE CHA;; BFLY

- 1-2 OP/LOD Swiv Fwd L, Swiv Fwd R, fwd L/cl R, fwd L; Swiv Fwd R, Swiv fwd L, fwd R, L/cl R;
- 3-4 OP/LOD cir awy LF (W RF) fwd L, R, fwd L/cl R, to fc RLOD; Cir tog LF (W RF) fwd R, L, fwd R/cl L, fwd R to fc ptr; BFLY/W

PART C

1 – 4 TWIRL 2 OP & CHA; SWIVEL WALK 2 & CHA; SLIDING DOOR BOTH WAYS;;

- 1-2 Sd L, XRIB (W twls rf under jnd lead hands R, L), sd L/cl R, sd L; Swiv Fwd R, Swiv fwd L, fwd R/L, cl R;
- 3-4 OP rk apt L, rec R, XLIFR sldg bhd W/sd R, XLIFR TO LOP; rk apt R, rec L, XRIFL sldg beh W/sd L, XRIFL TO OP;

5 – 8 CIRCLE AWY AND TOG CHA;; 1/2 BASIC; ALEMANA TURN;

- 5-6 OP/LOD cir awy LF (W RF) fwd L, R, fwd L/cl R, fwd L to fc RLOD; Cir tog LF (W RF) fwd R, L, fwd R/cl L, fwd R to fc ptr;
- 7-8 Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R (W trng rf under jnd M's L & W's hnds XLIF, fwd R to complete trn & fc ptr, sd L/cl R, sd);

9 – 16 LARIAT;; CHASE-PEEK-A-BOO;;; CUCARACHA TWICE;;

- 9-10 Sd L, rec R, sd L/cl R, sd L (W circ arnd M R, L, R/L, R); bk R, rec L, sd R/cl L, sd R (W cont L, R, L/R, L) to fc ptr;
*[Note Phase 4 Option Part C Meas 9-10 Change to: **SPIRAL TO A LARIAT;;**]
- 11-12 No Hands fwd L trng 1/2 Rf (W bk R on trn), rec fwd R both fc COH, fwd L/cl R, fwd L; Sd R look LF, rec L, sd R/cl L, sd R;
- 13-14 Fcg COH sd L look RF rec, R, sd L/cl R, sd L; fwd R trng 1/2 LF (W fwd L), rec fwd L to Bfly/Wall, fwd R/cl L, fwd R;
- 15-16 Rk sd L, rec R, in place L/R, L; Rk sd R, rec L, in place R/L, R;

ENDING

1 STEP APT AND SMILE;

- 1 Step apart from ptr L, -, pt R diag toward ptr smile, -;