

MAY I HAVE THIS DANCE

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Music: May I Have This Dance (English Waltz) Ballroom Dance
Orchestra & Marc Reift Ballroom With The Stars Vol 1
MP3 Music Available at Amazon.com
Rhythm: Waltz Phase 5 Time: 2:59 Released 2/2024
Footwork: Opposite Unless Noted Difficulty: Average
Sequence: INTRO-A-B-C-B-C-END

INTRO

- 1-4 CP DLC LD FEET FREE WAIT;; DBL REV SPIN DLW; CHG OF DIR DLC;
1-2 CP DLC LD FEET FREE WAIT;;
3 **{DBL REV SPIN}** Fwd L comm LF trn, sd R, spinning on ball of R foot bringing L foot undr body beside R (no weight) to DLW (Bk R comm LF trn, cl L foot to R heel trng 1/2 LF & slightly bk R cont LF trn, XLIF of R);
4 **{CHG OF DIR DLC}** Fwd L diag LOD & WALL, fwd R diag with R shldr lead trng LF starting to draw L to R & cont draw, -(Bk R diag LOD & WALL, bk L diag LOD & WALL with L shldr lead trng LF starting to draw R to L & cont draw),-;

PART A

- 1-4 TRN L & R CHASSE BJO; BK BK LK BK; IMPETUS; SLOW WHIPLASH;
1 **{TRN L & R CHASSE BJO}** Fwd L trng LF, sd R/cl L, sd & bk R trng LF;
2 **{BK BK LK BK}** Bk L, bk R/lk LIF of R, bk R;
3 **{IMPETUS}** Bk L stating LF trn, cl R to L (Heel Trn), sd & fwd L to SEMI (Fwd R, fwd & sd L arnd man, fwd R to SEMI);
4 **{SLOW WHIPLASH}** Thru R, trng body RF point L hold endg BJO POS (Thru L, swivel on L to bjo point R & hold),-;
- 5-8 BK WHISK; SYNC WHISK; WEAVE BJO;;
5 **{BK WHISK}** Bk L with slight RF body trn, sd & bk R ldg woman to CP, with RF body trn XLIB of R to SEMI DLW (Fwd L comm RF trn, sd & bk L, XRIB of L to SEMI);
6 **{SYNC WHISK}** Thru R/cl L to R, sd R, XLIB of R;
7-8 **{WEAVE BJO}** Fwd R diag LOD & COH, fwd L comm LF trn, cont trn sd & slightly bk R to fc DIAG RLOD & COH (Fwd L diag LOD & COH comm LF trn, cont trn sd & slightly bk R to fc diag RLOD & WALL, cont trn sd & fwd L LOD); Bk L LOD ldg W to stepping outsd of ptr to BJO, bk R cont LF trn, sd & fwd L diag LOD & WALL (Fwd R LOD, fwd L cont trn, sd & slightly bk R to diag LOD & WALL);
- 9-12 CKD DEVELOPE; BK HOVER; MANUV; OVERSPIN TRN;
9 **{CKD DEVELOPE}** Fwd R outsd ptr ckg,-, -(Bk L, bring R foot up L leg to inside of L knee, extend R fwd);

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PART A CONT:

- 10 **{BK HOVER}** Bk L sd & bk R with slight rise, rec L to SEMI(Fwd R, sd & fwd L with a slight rise trng RF brushing R to L, rec R to SEMI);
- 11 **{MANUV}** Fwd R comm RF upper body trn, cont RF trn to fc RLOD sd L, cl R;
- 12 **{OVER SPIN TRN}** Comm RF upper body trn bk L toe pivoting 1/2 RF, fwd R between W's feet cont RF trn bk & sd, comp trn to DRW sd & bk L sd (Comm RF trn fwd R between M's feet pivoting 1/2 RF, bk L cont RF trn, Brush R to L, comp trn sd & fwd R);
- 13 **{BOX FINISH}** Bk R trng LF, sd L cont trn to DLW, cl R;
- 14 **{CHG OF DIR}** REPEAT MEAS 4 OF INTRO;
- 15 **{TELEMARK BJO}** Fwd L comm LF trn, fwd & sd R arnd woman trng LF, fwd & sd L ENDG IN TIGHT BJO POS(Bk R comm LF trn (Heel Trn) on R heel bringing L beside R with no weight, cont LF trn on R & chg weight to L, bk & sd R);
- 16 **{CHASSE SEMI}** Thru R trng to fc ptr, sd L/cl R, sd L;

PART B

1-4 IN & OUT RUNS;; SLOW SD LK; OP REV TRN;

- 1-2 **{IN & OUT RUNS}** Fwd R starting RF trn, sd & bk L to CP, bk R with R sd ld to BJO POS,(Fwd L, fwd R between man's feet, fwd L outsd ptr with L sd ld to BJO); Bk L trng RF, sd & fwd R between woman's feet cont RF trn, fwd L to SEMI(Fwd R starting RF trn, fwd & sd L cont trn, fwd R to SEMI);
- 3 **{SLOW SD LK}** Thru R, sd & fwd L to CP, XRIB of L trng slightly LF;
- 4 **{OP REV TRN}** Fwd L trng LF, cont LF trn sd R, bk L to BJO DRC(Bk R trng LF, cont LF trn sd L, fwd R to BJO);

5-8 OUTSIDE CK; OUTSIDE CHG; CHASSE; PU;

- 5 **{OUTSIDE CK}** Bk R trng LF, sd & fwd L, ck fwd R outside ptr to BJO DRW (Fwd L trng LF, sd & bk R, ck bk L outside of ptr to BJO);
- 6 **{OUTSIDE CHG}** Bk L, bk R trng LF, sd & fwd L to SEMI(Fwd R, fwd L trng LF, sd & fwd R to SEMI);
- 7 **{CHASSE SEMI}** {Sd L/cl R, sd L to SEMI(Sd R/cl L, sd R to SEMI);
- 8 **{PU}** thru R, fwd & sd L with upper body trn ldg W to CP, cl R(thru L comm LF trn, fwd & sd R in frt of man trng LF to CP, cl L);

PART C

1-4 DIAM TRNS;;;:

- 1-4 **{DIAM TRNS}** Fwd L trng LF on diag, cont LF trn sd R, bk L to BJO(Bk R trng LF on diag, cont LF trn sd L, fwd R to BJO); In BJO & trng LF bk R, sd L, fwd R(Fwd L trng LF, sd R, bk L);Fwd L trng LF on diag, sd R, bk L(Bk R trng LF, sd L, fwd R); Bk R cont LF trn, sd L, fwd R to DLC(Fwd L DLC(Fwd L trng LF, sd R, bk L);

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5-8 TELEMARK; NAT'L HOVER F'WAY; SLIP PIVOT; MANUV;

- 5 **{TELEMARK}** Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L to tight SEMI CP(Bk R comm LF trn bring L beside R with no weight, trn LF on R heel(Heel Trn) & chg weight to L, sd & slightly fwd R to tight SEMI CP);
- 6 **{NAT'L HOVER F'WAY}** Fwd R with slight RF body trn, fwd L on toe trng RF with slow rise, bk R(Fwd L, fwd R on toe trng RF with slow rise, bk L);
- 7 **{SLIP PIVOT}** Bk L, bk R comm LF trn, fwd L (Bk R comm LF trn pivoting on ball of foot, fwd L comp LF trn placing L foot near man's R foot, bk R);
- 8 **{MANUV}** Fwd R comm RF trn, fwd & sd L cont RF trn, cl R to CP RLOD;

9-12 SPIN TRN; BOX FINISH; DRAG HESTI; BK BK LK BK;

- 9 **{SPIN TRN}** Comm RF upper body trn bk L pivoting 1/2 RF, fwd R between W's feet cont RF trn, comp trn sd & bk L(Comm RF upper body trn fwd R between M's feet pivoting 1/2 RF, bk L cont trn brushing R to L, comp trn sd & fwd R);
- 10 **{BOX FINISH}** REPEAT MEAS 13 OF PART A;
- 11 **{DRAG HESTI}** Fwd L, comm LF trn sd R cont LF trn draw L twd R(Bk R, comm LF trn sd L cont LF trn draw R twd L),-;
- 12 **{BK BK LK BK}** REPEAT MEAS 2 OF PART A;

13-16 BK TRNG WHISK; CHASSE SEMI; WEAVE;;

- 13 **{BK TRNG WHISK}** Bk L comm RF trn with slight R sd stretch, sd R cont RF upper body trn, XLIB to tight SEMI CP(Fwd R comm RF trn with slight L sd stretch, staying well in man's R arm sd L cont RF cont upper body trn, XRIB to tight SEMI CP);
- 14 **{CHASSE SEMI}** REPEAT MEAS 7 OF PART B;
- 15-16 **{WEAVE}** Fwd R diag LOD & COH, fwd L comm LF trn, cont trn sd & bk R (Fwd L diag LOD & COH comm LF trn, cont trn sd & bk R, cont trn sd & fwd L); Bk L ldg W to step outsd to BJO, bk R cont LF trn, sd & fwd L to SEMI CP(Fwd R outsd ptr, fwd L cont trn, sd R to SEMI CP);

REPEAT B

REPEAT C

ENDING

1-4 THRU HOVER BJO; BK HOVER SEMI; SLOW HINGE & EXTEND;;

- 1 **{THRU HOVER BJO}** Thru R, fwd L with rise, rec R (Thru L, fwd R with rise trng 1/2 LF brush L to R, rec L to BJO);
- 2 **{BK HOVER SEMI}** Bk L, sd & bk R with slight rise, rec L(Fwd R, fwd L with rise trng 1/2 LF brush R to L, rec R);

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ENDING CONT:

- 3 **{THRU TO SLOW HINGE}** Thru R, sd & fwd L rotating LF, lower twd W on L
(Thru L, fwd R trng LF, XLIB of R with soft knee);
- 4 **{EXTEND ARMS}** Slowly extend L arms out to the sd;

QUICK CUES

INTRO – CP DLC LD FEET FREE WAIT;; DBL REV SPIN DLW; CHG OF DIR DLC;

A – TRN L & R CHASSE BJO; BK BK LK BK; IMPETUS SEMI; SLOW WHIPLASH TO BJO;
BK WHISK; SYNC WHISK; WEAVE BJO;; CK FWD LADY DEVELOPE; BK HOVER SEMI;
MANUV; OVERSPIN TRN; BOX FINISH; CHG OF DIR; TELEMARK BJO; FWD CHASSE
SEMI;

B – IN & OUT RUNS;; SLOW SD LK; OP REV TRN; OUTSIDE CK; OUTSIDE CHG SEMI;
SEMI CHASSE; PU;

C – DIAM TRNS;;; TELEMARK SEMI; NAT'L HOVER F'WAY; SLIP PIVOT; MANUV; SPIN
TRN; BOX FINISH; DRAG HESTI; BK BK LK BK; BK TRNG WHISK SEMI; SEMI CHASSE;
WEAVE SEMI;;

REPEAT B

REPEAT C

END – THRU HOVER BJO; BK HOVER SEMI; THRU TO A HINGE & EXTEND;;