

MOMENTOS BOLERO

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Music: "Momentos", Julio Iglesias, My Life: The Greatest Hits CD, Itunes.com

Sequence: Intro, A, B, INTER, A, B Mod, End

Rhythm & Phase: Bolero Ph 4+2 (Halfmoon, Horseshoe Turn) SQQ timing except as noted

Release: October 2023 Difficulty Level: Average

Time: 3:32 Speed: As on CD



INTRO

1-6 CP WALL WAIT INTRO NOTES.. BASIC;-: CROSS BODY; FWD BRK; CRS BODY; FWD BRK CP;

- 1-2 In CP Wall wait intro notes [Basic] Sd L, -, bk R soft knee, rec fwd L; sd R, -, fwd L soft knee, rec bk R;
- 3 [Cross Body] Sd bk L trng to fce LOD, - bk R rec trng LF to COH, fwd L trng fce COH;
- 4 [Fwd Brk] Sd fwd R to LOP, -, chk fwd L soft knee, rec bk R (*W sd and bk L, -, bk R w/ contra chk action, rec fwd L*);
- 5-6 Repeat Meas. 3 & 4 to fce CP Wall;;

PART A

1-4 CP WALL BASIC;-: RT PASS DRC; OPEN BREAK;

- 1-2 [Basic] Sd L, -, bk R soft knee, rec fwd L; sd R, -, fwd L soft knee, rec bk R;
- 3 [Rt Pass] Fwd L to "L" Pos fce DRW raise lead hands to make window and look at lady, -, XRIB trng RF with soft knee, rec L cont turn to fce DRC (*W fwd R look at M thru window, -, fwd L with LF turn, fwd R trng LF under lead hands to fce M*);
- 4 [Op Brk] Sd fwd R to LOP, -, chk bk L soft knee, rec fwd R trng RF blnd loose CP RLOD (*W sd and bk L, -, bk R w/ contra chk action, rec fwd L*);

5-8 LEFT PASS WALL; FWD BRK CP; TRNG BASIC COH;-:

- 5 [Left Pass] Sd fwd L trng 1/4 LF DRW shape to W, -, slip RIBL soft knee cont trng LF, sd fwd L to fce Wall (*W fwd R trng RF bk to M, -, sd fwd L with strong turn LF, bk R to fce M*);
- 6 [Fwd Brk] Sd fwd R to LOP, -, chk fwd L soft knee, rec bk R (*W sd and bk L, -, bk R w/ contra chk action, rec fwd L*) blnd CP;
- 7-8 [Turning Basic] Sd L, -, trng 1/4 LF slip RIBL, sd fwd L cont trng 1/4 DLC; sd R, -, fwd L with contra chk like action, rec R to end fce COH;

9-12 HLF BASIC TO FAN; ALEMANA;-: NY LOD;

- 9 [Half Basic Fan] Sd L, -, bk R, rec fwd L trng slightly to fce LOD lead W to Fan POS (*W sd R, -, fwd L twd M, sd bk R to fce RLOD in Fan*);
- 10-11 [Alemana] Sd R, -, rk fwd L, rec R (*W bk L, -, cls R, cls L*); cls L raise joined lead hands trng W to fce, -, XRIB lead W to commence RF turn under lead hands, rec L finish turn lead W to fce (*W fwd R trng RF, - trng under joined lead fwd L trng RF, cont trn fwd R to fce M*);
- 12 [New York] Fcing COH sd R twd LOD, -, chk thru L taking lead hands to LOD, rec R to fce ptrn;

13-16 NY RLOD; LUNGE BRK CP; TRNG BASIC WALL;-:

- 13 [New Yorker] Sd L twd RLOD, -, chk thru R taking trail hands twd RLOD, rec bk L to fce ptrn;
- 14 S-- [Lunge Break] Sd R lead hands joined, -, lower on R extend L sd and bk, rec rising on R (*W sd L, -, bk R to contra chk like action, rec fwd L*) blnd CP;
- 15-16 [Turning Basic] Sd L, -, trng 1/4 LF slip RIBL, sd fwd L cont trng 1/4 DLC; sd R, -, fwd L with contra chk like action, rec R to end fce Wall;

PART B

1-4 HALF BASIC HANDSHKE; HALF MOON;-: Lead Hands START HOESHOE TRN:

- 1 [Half Basic] Sd L, -, bk R, rec L to right handshake;
2-3 [Half Moon] Sd R to fce RLOD, -, step thru L with left arm extended in bk of W, rec R trng LF; trng to fce LOD sd L twd COH, - rec R trng LF to fce COH, fwd L to ptrn COH in handshake;
4 [Start Horseshoe Turn] Change to lead hands sd R to "V" pos LOD, -, chk fwd L, rec R; fwd L raise joined hands, -, fwd R moving bhnd W trng LF, fwd L cont trng to fce ptrn Wall (*W fwd R, -, fwd L trng RF under jnd hnds, fwd R to fce ptrn*);

5-8 FINSH HORSESHOE ; AIDA PREP RLOD; AIDA W/ SWITCH LUNGE Low BFLY; SYNC RKS:

- 5 [Finish Horseshoe] Fwd L raise joined hands, -, fwd R moving bhnd W trng LF, fwd L cont trng to fce ptrn Wall (*W fwd R, -, fwd L trng RF under jnd hnds, fwd R to fce ptrn*);
6 [Aida Prep] Sd R to "V" pos RLOD, -, thru L soft knee trng slight RF (*W LF*), sd bk R strong trng LF release lead hands to fce ptrn (*W trng RF*);
7 SS [Aida & Switch Lunge] Cont trng LF (*W RF*) bk L to Aida line, -, trng RF sd R trng to fce ptrn bring trailing hands thru RLOD soft knees with trailing feet for both, - to Low BFLY Wall;
8 SQ&Q [Sync Rks] Rk sd L, -, rec R/rk sd L, rec R;

9-12 HLF BASIC TO FAN; HOCKEYSTICK BFLY SCAR;-: FWD CHK-W DEVELOPE:

- 9 [Half Basic to Fan] Sd L, -, bk R, rec fwd L trng slightly to fce LOD ld W to Fan POS (*W sd R, -, fwd L twd M, sd bk R to fce RLOD in Fan*);
10-11 [Hockeystick] Sd R, -, rk fwd L, rec R (*W bk L, -, cls R, cls L*); cls L raise lead hands up with back of hand twd COH, - XRIB, rec fwd L twd DLW (*W fwd R moving in frnt of M twd RLOD, -, fwd L trng sharply LF to fce M, bk R twd DRW*) blind Bfly SCAR;
12 S-- [Fwd Chk to Develope] Fwd R soft knee chk, -, (*W bk L, -, raise R to Develope line, -*);

13-15 REC TO LOW BFLY SYNC RKS; AIDA PREP; AIDA LINE W/SWITCH RK CP:

- 13 SQ&Q [Rec Sync Rks] Rec bk L to Low BFLY, -, rk sd R/rk sd L, rk sd R;
14 [Aida Prep] Sd L twd LOD, -, thru R trng RF twd Wall, cont trn sd fwd L to fce RLOD;
15 [Aida w/ Switch Rk] Bk R to "V" Pos RLOD, -, bk L trng LF to fce Wall bring lead hands bk twd LOD, rec R to CP Wall;

INTERLUDE

1-6 BASIC;-: CROSS BODY; FWD BRK; CRS BODY; FWD BRK:

- 1-6 REPEAT INTRO MEAS 1-6,,,,;

PART B MOD

1-14 REPEAT MEAS 1-14

15,, AIDA LINE W/ SLOW SWITCH ROCK;,,

- 15,, SS;S [Aida w/ Slow Switch Rk] Bk R to "V" Pos RLOD, -, bk L trng LF to fce Wall bring lead hands bk twd LOD, -, rec R to CP Wall, -

END

1-5 HALF BASIC; OPEN OUTS 2X CP;-: HIP LIFT 2X;-:

- 1 [Half Basic] Low BFLY Wall sd L, -, bk R, rec L;
2-3 S--;S-- [Open Outs] Cls R blind LOW BFLY, -, lower on R with RF body rotation to look at ptrn extend L twd DLC, rise on R (*W sd bk L, -, XRIB head to right, rec fwd L*); cls L, -, lower on L with LF body rotation look at ptrn extend R twd DRC, rise on L (*W sd bk R, -, XLIB head to left, rec fwd L*) blind CP Wall;
4-5 S--;S-- [Hip Lift 2X] Sd R, -, raise left hip, lower left hip; sd L, -, raise right hip, lower right hip;

6 RIGHT LUNGE:

- 6 S-- [Rt Lunge] CP fwd R soft knee head to right slight left rotation with right side lead extend L sd and bk, -, (*W bk sd L lower with head left and bk, -, -*);

QUICK CUES

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FWD BRK CP;

PART A

1-4 CP WALL BASIC;-; RT PASS DRC; OPEN BRK;

5-8 LEFT PASS WALL; FWD BRK to CP; TRNG BASIC COH;-;

9-12 HLF BASIC TO FAN; ALEMANA;-; NY LOD;

13-16 NY RLOD; LUNGE BRK to CP; TURNING BASIC WALL;-;

PART B

1-4 HALF BASIC HANDSHAKE; HALF MOON;-; Lead Hands Begin HORESHOE TRN;

5-8 Finish HORSESHOE ; AIDA PREP RLOD; AIDA W/ SWITCH LUNGE LOW BFLY
WALL ; SYNC HIP RKS;

9-12 HLF BASIC TO FAN; HOCKYSTICK BFLY SCAR;-; CHK FWD - W DEVELOPE;

13-15 REC TO LOW BFLY SYNC RKS; AIDA PREP; AIDA LINE SWITCH RKS CP;

INTERLUDE

1-6 BASIC;-; CROSS BODY; FWD BRK; CRS BODY; FWD BRK CP;

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PART B MOD

1-4 HALF BASIC HANDSHAKE; HALF MOON;-; Lead Hands Begin HORESHOE TRN;

5-8 Finish HORSESHOE ; AIDA PREP RLOD; AIDA W/ SWITCH LUNGE LOW BFLY
WALL ; SYNC HIP RKS;

9-12 HLF BASIC TO FAN; HOCKYSTICK BFLY SCAR;-; CHK FWD - W DEVELOPE;

13-15,, REC TO LOW BFLY SYNC RKS; AIDA PREP; AIDA LINE SLOW SWITCH RKS
LOW BFLY;,,

END

1-5 LOW BFLY HALF BASIC; OPEN OUTS 2X CP;-; HIP LIFT 2X;-;

6 RIGHT LUNGE;