

More Hearts Than Mine

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Music:	More Hearts Than Mine on Amazon Music https://www.youtube.com/watch?v=j_A8Zjwr9m0	Rhythm: Slow Two-Step https://youtu.be/MInozf6AgMo
Artist:	Ingrid Andress	Phase: 5
Sequence:	Intro, A, B, C, Int1, B, C, Int2, C, Ending	Time/Tempo: Slow to comfort (suggest -8%)
Footwork:	Described for Man - Woman opposite or (as noted)	Timing: SQQ unless otherwise noted

INTRO

- 1-4** **WAIT 2 MEAS IN LOW BFLY WALL ; ; SWAY L & R 2X ; ;**
 -- 1-2 {Wait 2 Meas} Wait 2 meas in low BFLY wall Lead ft free Both hnds jnd ; ;
 SSSS 3-4 {Sway L & R 2X} Sd L sway L, -, Rec R sway R in low BFLY, -, Rec L sway L, -, Rec R sway R, -;

PART A

- 1-4** **TWISTY BASIC 2X ; ; SLOW TWIRL VINE 4 TO ½ OP ; ;**
 1-2 {Twisty Basic 2X} Sd L w/ slight RF trn, -, XRIB of L, Rec L to end in low BFLY M fcg DRW; (Sd R w/ slight RF trn, -, XLIF of R, Rec R;) Sd R w/ slight LF trn, -, XLIB of R, Rec R to end in low BFLY M fcg DLW; (Sd L w/ slight LF trn, -, XRIF of L, Rec L;)
 SSSS 3-4 {Slow Twirl Vine 4 to ½ OP} Sd L raising lead hnd leading W to RF trn, -, XRIB of L cont leading W to trn, -; Sd L lowering lead hnd, -, XRIF of L to ½ OP LOD, -; (Sd & fwd R trng ½ RF undr jnd hnds, -, Sd & bk L trng ½ RF, -; Sd R, -, XLIF of R, -;)
5-8 **OPEN BASIC 2X TO ESCORT POS LOD ; ; STROLL 4 TO OP ; ;**
 5-6 {Open Basic 2X to Escort Pos LOD} Sd L trng RF to ½ LOP RLOD, -, Rk bk R, Rec L in ½ LOP RLOD; Sd R trng LF to escort pos, -, Rk bk L, Rec R to LOD;
 SSSS 7-8 {Stroll 4 to OP} Fwd L down LOD, -, Fwd R, -; Fwd L, -, Fwd R, -;
9-12 **QUICK LACE ACROSS ; WALK 2 IN LOP ; QUICK LACE BACK ; WALK 2 TO BFLY WALL ;**
 QQS 9 {Quick Lace Across QQS} Fwd L sm stp joining & raising lead hnds trng RF XIB of W, Cl R to L passing bhd W to W's R sd, Fwd L lowering jnd hnds to LOP fcg LOD, -; (Fwd R trng LF XIF of M, Cl L to R undr jnd hnd to M's L sd, Fwd R, -;)
 SS 10 {Walk 2 in LOP} Fwd R, -, Fwd L, -;
 QQS 11 {Quick Lace Back QQS} Fwd R sm stp joining & raising trail hnds trng LF XIB of W, Cl L to R passing bhd W's L sd, Fwd R lowering jnd hnds to OP fcg LOD, -; (Fwd L trng RF XIF of M, Cl R to L undr jnd hnd to M's R sd, Fwd L, -;)
 SS 12 {Walk 2 to BFLY Wall} Fwd L, -, Fwd R trng ¼ RF to BFLY wall, -;
13-16 **FULL BASIC ; ; LUNGE BASIC TO CP ; BASIC ENDING FC WALL ;**
 13-14 {Full Basic} Sd L, -, XRIB of L, Rec L; Sd R, -, XLIB of R, Rec R;
 15 {Lunge Basic to CP} Sd L lunging into L knee, -, Rec R, XLIF of R to CP wall;
 16 {Basic Ending fc Wall} Sd R, -, XLIB of R, Rec R;

PART B

- 1-4** **TRAVELING R TRN w/ OUTSIDE ROLL TO BFLY ; ; UAT TO HAMMERLOCK ; WHEEL 3 TO COH;**
 1-2 {Traveling R Trn w/ Outside Roll to BFLY fc Wall} Sd & bk L trng RF XIF of W fcg RLOD, -, XRIB of L, Unwind RF 5/8 on both ft to fc DLW BJO ending w/ wgt on L; (Fwd R between M's ft fcg LOD, -, Fwd L, Fwd R arnd M;) Fwd R trng RF raising lead hnds leading W to trn RF, -, Sd L fcg wall cont trng W RF, XRIF of L lowering jnd hnds to BFLY fcg wall; (Sd & bk L comm RF trn, -, Fwd R cont RF trn undr jnd lead hnds, Fwd L;)
 3 {UAT to Hammerlock} Sd L raising lead hnds, -, XRIB of L lead W to trn RF, Rec L raise L hnd over W head bring R hnd at hip level to hammerlock pos fc wall; (Sd R w/ R hnd high comm RF trn, -, Fwd L trng RF undr lead hnds w/ L hnd low at hip level bhd her back, Fwd R fc COH;)
 4 {Wheel 3 to COH} Fwd R trng RF, -, Fwd L, Fwd R comp ½ RF trn maintaining hammerlock pos COH; (Fwd L trng RF, -, Fwd R, Fwd L maintaining hammerlock pos to end fcg wall;)

- 5-8** **REV UAT TO WRAP LOD ; SWEET HEART RUN ; LADY UNWRAP TO OP ; PICK UP TO CP ;**
- 5 {Rev UAT to Wrap LOD} Sd L sm stp raise lead hnd leading W to trn LF unwrap retaining dbl handhold, -, In place R cont wrapping W LF, In place L lowering lead hnd trng ¼ RF to wrap pos fcg LOD; (Fwd R trng LF undr jnd lead hnds, -, In place L cont LF trn, In place R complete 1&¼ LF trn to wrap fcg LOD;)
- 6 {Sweet Heart Run} Fwd R, -, Fwd L, Fwd R; (Fwd L, -, Fwd R, Fwd L;)
- 7 {Lady Unwrap to OP} Fwd L leading W to unwrap RF, -, Fwd R, Fwd L to OP fcg LOD; (Fwd R trng RF to unwrap, -, Sd L cont trng RF, Fwd R comp 1 RF trn fcg LOD;)
- 8 {Pick up to CP} Fwd R leading W to trn LF, -, Fwd & sd L leading W to pick up, Cl R to L to CP LOD; (Fwd L trng LF, -, Fwd & sd R trng LF fcg RLOD, Cl L to R to CP;)
- 9-12** **LEFT TRN; BASIC ENDING PICK UP; LEFT TRN INSIDE ROLL; BASIC ENDING TO ½ OP LOD;**
- 9 {Left Trn} Fwd L trng LF ¼ fc COH, -, Sd R, XLIF of R; (Bk R trng LF, -, Sd L fcg wall, XRIF of L;)
- 10 {Basic Ending Picking Up} Sd R, -, XLIB of R, Rec R picking W up to CP; (Sd L, -, XRIB of L, Rec fwd L trng ½ LF to CP;)
- 11 {Left Trn Inside Roll} Fwd L trn LF ¼ to fc wall raise lead hnd to lead W LF inside trn, -, Sd R, XLIF of R lower lead hnd; (Bk R trn LF, -, sd L trn LF undr lead hnds, Sd R cont LF trn to fc ptr CP wall;)
- 12 {Basic Ending to ½ OP LOD} Sd R, -, XLIB of R, Rec R to ½ OP LOD;
- 13-16** **2 SWITCHES ; ; FULL BASIC PICKING UP LOW BFLY LOD ; ;**
- 13-14 {2 Switches} Sd & bk L trng RF XIF of W fcg RLOD, -, Sd & fwd R cont trng RF to ½ LOP fcg LOD, Fwd L; Fwd R between W's ft, -, Fwd L leading W to ½ OP, Fwd R to ½ OP LOD; (Fwd R between M's ft, -, Fwd L to ½ LOP, Fwd R to ½ LOP LOD; Sd & bk L trng RF XIF of M fcg RLOD, -, Sd & fwd R cont trng RF to ½ OP fcg LOD, Fwd L;)
- 15-16 {Full Basic Picking Up Low BFLY LOD} Sd L to BFLY, -, XRIB of L, Rec L; Sd R, -, XLIB of R, Rec R picking W up to BFLY LOD; (Sd R to BFLY, -, XLIB of R, Rec R; Sd L, -, XRIB of L, Rec & fwd L trng ½ LF to BFLY;)

PART C

- 1-4** **TRAVELING X-CHASSES 3X ; ; ; RUN 3 TO ½ OP ;**
- 1-3 {Traveling X-Chasses 3X} Fwd L fcg LOD in low BFLY, -, Sd & fwd R trng LF fcg DLC, XLIF of R; (Bk R, -, Sd & bk L, XRIF of L; Sd & fwd R fcg LOD, -, Sd & fwd L trng RF fcg DLW, XRIF of L (Sd & bk L, -, Sd & bk R, XLIF of R); Repeat Meas 1;
- 4 {Run 3 to ½ OP} Fwd R, -, Sd & fwd L trng W RF, Fwd R to ½ OP LOD; (Bk L comm RF trn, -, Sd & fwd R trng RF, Fwd L to ½ OP LOD;)
- 5-8** **ARM to ARM ; ; OPEN BASIC 2X PICKING UP ; ;**
- 5-6 {Arm to Arm} Fwd L between W's ft leading W to XIF of M, -, Sd & fwd R to ½ LOP LOD, Fwd L; (Sd & bk R trng LF XIF of M fcg RLOD, -, Sd & fwd L cont trng LF to ½ LOP fcg LOD, Fwd R; Fwd R between W's ft leading W to XIF of M, -, Sd & fwd L to ½ OP LOD, Fwd R; (Sd & bk L trng RF XIF of M fcg RLOD, -, Sd & fwd R cont trng RF to ½ OP fcg LOD, Fwd L;)
- 7-8 {Open Basic 2X Picking Up} Sd L trng RF to ½ LOP RLOD, -, Rk bk R, Rec L in ½ LOP RLOD; Sd R trng LF, -, Rk bk L, Rec R picking W up to CP LOD;
- 9-13** **TRIPLE TRAVELER TO R HANDSHAKE ; ; ; SHADOW BREAK 2X ; ;**
- 9-11 {Triple Traveler to R Handshake} Fwd L trng upper bdy LF raising lead hnd to lead W to LF inside trn, -, Fwd R cont trng W, Fwd L lower lead hnd; (Bk R trn LF, -, Sd & fwd L trn LF undr lead hnds, Sd & fwd R cont LF trn to fc LOD; Fwd R spiral LF undr jnd hnds, -, Fwd L, Fwd R lowering jnd hnds; (Fwd L, -, Fwd R, Fwd L; Fwd L bringing jnd hnds down & bk, -, Fwd R bringing hands up & around leading W to roll RF, Fwd L cont leading W to RF trn to R handshake fcg COH; (Fwd R comm RF turn, -, Sd & bk L trng RF undr jnd hands, Fwd R cont RF trn to R handshake;)
- 12-13 [Maintain R Handshake MEAS 12 to MEAS 18] {Shadow Break 2X} In R handshake trng slightly LF sd R, -, XLIB of R, Rec R fc RLOD; (Trng slightly RF sd L, -, XRIB of L, Rec L fc LOD; Trng slightly RF sd L, -, XRIB of L, Rec L fc LOD; (Trng slightly LF sd R, -, XLIB of R, Rec R fc RLOD;)
- 14-16** **LARIAT MAN TRN FC WALL ; ; OPEN BREAK ;**
- 14-15 {Lariat Man Trn Fc Wall} Maintaining R handshake stp in place L comm LF trn, -, R, L; R, -, L, R to comp ¾ LF undr jnd R hnds end fcg wall in R handshake pos; (Fwd R trng RF walking arnd M, -, Fwd L, Fwd R; Fwd L cont trng RF, -, Fwd R, Sd L completing ¾ trn RF to fc COH;)
- 16 {Open Break} Sd R, -, Bk L leading W to brk apt, Rec R; (Sd L, -, Bk R apt from M, Rec L;)

- 17-20** **UAT; REV UAT TO ; STACKED HND OPEN BASIC 2X ; ;**
 17 {UAT Trn} Sd L, -, XRIB of L lead W undr raised R hnds, Rec L; (Sd R comm RF trn, -, Fwd L trng RF undr R hnds, Fwd R comp **Only** ¾ RF trn to fc RLOD [Do not comp full trn to fc M];)
 18 {Rev UAT} Sd R, -, XLIB of R lead W undr raised R hnds, Rec R to stacked hnds fc wall; (Fwd L fc RLOD, -, Fwd R comm LF trn, Fwd L trng LF undr R hnds to comp LF trn to fc M COH;)
 19-20 [Maintain Stacked Hnds MEAS 19 to 23] {Stacked Hnd Open Basic 2X} Sd L trng RF to fc RLOD, -, Rk bk R, Rec L RLOD; Sd R trng LF to fc LOD, -, Rk bk L, Rec R to DLW;

- 21-24** **X-HOVER w/ STACKED HND 2X ; ; UAT ; BASIC ENDING w/ M's HEAD LOOP to ½ OP LOD ;**
 21-22 {X-Hover w/ Stacked Hnds 2X fc Wall} XLIF of R fcg DLW passing bhd W leading W undr stacked hnds, -, Sd R trng LF, Rec L fcg DLC; (XRIF of L fcg DLC passing in front of M undr stacked hnds, -, Sd L trng RF, Rec R fcg DLW;) XRIF of L fcg DLC passing bhd W leading W undr stacked hnds, -, Sd L trng RF, Rec R fcg wall; (XLIF of R fcg DLW passing in front of M undr stacked hnds, -, Sd R trng LF, Rec L fcg COH;)
 23 {UAT} Sd L, -, XRIB of L lead W undr stacked hnds, Rec L; (Sd R comm RF trn, -, Fwd L trng RF undr stacked hnds, Fwd R cont RF trn to fc ptr;)
 24 {Basic Ending w/ M's Head Loop to ½ OP LOD} Sd R raise L arm loop over M's head release R hnd & place bhd W's bk, -, XLIB of R, Rec R to ½ OP LOD;

INT 1

- 1-2** **STROLL 4 in ½ OP MANUVERING FC WALL ; ;**
 SSSS 1-2 {Stroll 4 in ½ OP Manuv Fc Wall} Fwd L, -, Fwd R, -; Fwd L, -, Fwd R trng RF to fc Wall (Fwd R, -, Fwd L, -; Fwd R, -, Fwd L fc LOD), -;

- 1-16** **REPEAT PART B**

- 1-24** **REPEAT PART C**

- 1-23 {Repeat Part C Meas 1-23}
 24 {Basic Ending w/ M's Head Loop picking up to CP DLW} Repeat Part C Meas 24 to end picking up to CP DLW;

INT 2

- 1-8** **DIAM TRNS CHECKING IN BJO ; ; ; ; OUTSIDE SWIVEL TO SCP ; CHAIR & SLIP ; SLOW SWAY L ; BASIC ENDING PICKING UP LOW BFLY LOD ;**
 1-4 {Diam Trns Ckg in BJO} Fwd L trng LF, -, Sd R cont LF trn, Bk L in BJO fcg COH; Bk R trn LF, -, Sd L cont LF trn, Fwd R in BJO fcg RLOD; Repeat Meas 1 & 2 to end fcg LOD ckg in BJO; ;
 S- 5 {Outside Swivel to SCP} Bk L in BJO, -, Trn upper bdy RF leading W to trn RF to SCP, -; (Fwd R in BJO, -, Swivel RF on ball of R ft ending in SCP, -;)
 SS 6 {Chair & Slip} Lower into L knee fwd R in ckg action in SCP, -, Rec bk L, Bk R sm stp slipping W to CP fcg LOD;
 S- 7 {Sway L} Sd L sway L fcg LOD, -, -, -;
 8 {Basic Ending Picking Up Low BFLY LOD} Sd R, -, XLIB of R, Rec R to low BFLY LOD;

- 1-24** **REPEAT PART C**

- 1-23 {Repeat Part C Meas 1-23}
 24 {Basic Ending w/ M's Head Loop to FC Wall} Repeat Part C Meas 24 to end Fcg Wall;

ENDING

- 1-4** **INSIDE ROLL IN 4 TO SHADOW MAN TCH ; ; WALK 2 ; SD R to FENCE LINE & EXTEND ;**
 SSSS 1-2 {Inside Roll in 4 to Shad Man Tch} Sd & fwd L raise lead hnds leading W to trn LF, -, Fwd R fcg LOD leading W to trn LF undr jn hnds, -; Fwd L releasing jnd hnds to shad pos LOD, -, Tch R to L in shad, -; (Fwd & sd R trng LF, -, Sd & fwd L trng LF undr jnd hnds, -; Fwd R in shad pos, -, Fwd L, -;)
 SS 3 {Walk 2 in Shadow} Bth same ft Fwd R, -, Fwd L, -;
 SS 4 {Sd R to Fence Line & Extend} In Shad Pos bth sd & fwd R DLW, -, Bend into R knee XLIF of R looking to the R, & extend R arm;

More Hearts Than Mine Head Cues
Sequence: Intro, A, B, C, INT1, B, C, INT2, C, Ending

INTRO

1-4 WAIT 2 MEAS in LOW BFLY WALL LEAD FT FREE BTH HNDS JND;; SWAY L & R 2X;;

PART A

1-16 TWISTY BASIC 2X;; SLOW TWIRL VINE 4 to ½ OP;; OPEN BASIC 2X to ESCORT POS;; STROLL 4 to OP;; QUICK LACE ACROSS QQS; WALK 2 in LOP; QUICK LACE BACK QQS; WALK 2 to BFLY WALL; FULL BASIC;; LUNGE BASIC to CP; BASIC ENDING;

PART B

1-16 TRAVELING RIGHT TRN w/ OUTSIDE ROLL to BFLY;; UAT to HAMMERLOCK; WHEEL 3 to FC COH; REV UAT to WRAP; SWEET HEART RUN; UNWRAP to OP; PICK UP to CP; LEFT TRN; BASIC ENDING PICKING UP; LEFT TRN w/ INSIDE ROLL; BASIC ENDING to ½ OP LOD; 2 SWITCHES;; FULL BASIC PICKING UP LOW BFLY LOD;;

PART C (Ends ½ OP LOD)

1-24 TRAVELING X-CHASSES 3X;;; RUN 3 to ½ OP; ARM to ARM;; OPEN BASIC 2X PICKING UP;; TRIPLE TRAVELER to R HAND SHAKE;;; SHADOW BREAK 2X;; LARIAT MAN TRN to FC WALL;; OPN BREAK; UAT; REV UAT to; STACKED HND OPEN BASIC 2X;; X-HOVER w/ STACKED HNDS 2X to FC WALL;; UAT; BASIC ENDING w/ M's HEAD LOOP to ½ OP LOD;

INT 1

1-2 STROLL 4 in ½ OP MANUVERING FC WALL;;

REPEAT PART B

1-16 TRAVELING RIGHT TRN w/ OUTSIDE ROLL to BFLY;; UAT to HAMMERLOCK; WHEEL 3 to FC COH; REV UAT to WRAP; SWEET HEART RUN; UNWRAP to OP; PICK UP to CP; LEFT TRN; BASIC ENDING PICKING UP; LEFT TRN w/ INSIDE ROLL; BASIC ENDING to ½ OP LOD; 2 SWITCHES;; FULL BASIC PICKING UP LOW BFLY LOD;;

REPEAT PART C (Ends CP DLW)

1-24 TRAVELING X-CHASSES 3X;;; RUN 3 to ½ OP; ARM to ARM;; OPEN BASIC 2X PICKING UP;; TRIPLE TRAVELER to R HAND SHAKE;;; SHADOW BREAK 2X;; LARIAT MAN TRN to FC WALL;; OPN BREAK; UAT; REV UAT to; STACKED HND OPEN BASIC 2X;; X-HOVER w/ STACKED HNDS 2X to FC WALL;; UAT; BASIC ENDING w/ M's HEAD LOOP PICKING UP to CP DLW;

INT 2

1-8 DIAM TRNS CHECKING in BANJO;;; OUTSIDE SWIVEL to SCP; CHAIR & SLIP; SLOW SWAY L; BASIC ENDING PICKING UP LOW BFLY LOD;

REPEAT PART C (Ends Fc WALL)

1-24 TRAVELING X-CHASSES 3X;;; RUN 3 to ½ OP; ARM to ARM;; OPEN BASIC 2X PICKING UP;; TRIPLE TRAVELER to R HAND SHAKE;;; SHADOW BREAK 2X;; LARIAT MAN TRN to FC WALL;; OPN BREAK; UAT; REV UAT to; STACKED HND OPEN BASIC 2X;; X-HOVER w/ STACKED HNDS 2X to FC WALL;; UAT; BASIC ENDING w/ M's HEAD LOOP to FC WALL;

ENDING

1-4 INSIDE ROLL in 4 to SHADOW MAN TCH;; WALK 2; SD R to FENCE LINE & EXTEND;