

MR SANDMAN

Choreo by: Don & Linda Hichman, 2336 Pine Forest Dr., Gastonia, NC 28056-9237
Phone: 704-408-0455 Email: DonHichman@yahoo.com Web Page:
www.twistyvines.com Release: January 2015
Music: By The Jive Aces Album: It's Skiffle Time Music available as a download from
Amazon.com [Note: first 7.5 seconds of music deleted]
Footwork: Opposite, directions for man except as noted (W's in parentheses)
Rhythm: Jive Phase: III +2 [Pretzel Turn & Chicken Walks]
Speed: 45 or as downloaded Timing 1,2,3a,4; 1a,2, [unless otherwise noted]
Sequence: INTRO, A, INTER, A, B, A, END Difficulty level: Easy to Intermediate

INTRODUCTION

1 – 4 WAIT;; 4 PNT STEPS to CP;;

[6-8 ft apt – lead ft free – M fc ptnr & WALL] Wait;;
[4 Pnt Steps to CP] [1,2,3,4; 1,2,3,4;] Pnt L fwd w/outsd edge of ft in floor contact,
fwd L, pnt R thru without sd edge of ft in floor contact in line w/wtd foot, fwd R;
Repeat INTRO meas 3 blend to CP;

PART A

1 – 4 CHASSE L & R; CHG R to L;; CHG HNDS BHD BK;;

[Chasse L & R] [1a,2,3a,4;] Sd L/cl R, sd L, sd R/cl L, sd R;
[Chg R to L] Rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF (W rk bk R to SCP,
rec L, sd R/cl R. fwd R trng ¾ RF under jnd lead hnds); Sd & fwd R/cl L, sd R (W
sd & slightly bk L/cl R, sd & bk L) end LOP M fc ptnr & LOD,
[Chg Hnds Bhd Bk] Rk bk L, rec R, slightly fwd L/cl R, fwd L trng ¼ LF (W rk bk
R, rec L, fwd R/L, fwd R trng ¼ RF); Slightly sd & bk R/cl L, sd R cont trng ¼ LF
(W sd L/cl R, sd & bk L trng ¼ RF) end LOP M fc ptnr & RLOD,

5 – 8 CHG L to R to COH;; LINK RK to WALL;; DOUB RK BK;

[Chg L to R to COH] Rk bk L, rec R, sd L/cl R, sd L trng ¼ RF (W rk bk R, rec L,
fwd R/cl L, fwd R trng ¾ LF under jnd lead hnds); Sd R/cl L, sd R (W sd L/cl R, sd
L cont LF trn to fc ptnr) end LOP M fc ptnr & COH,
[Link Rk to WALL] Rk bk L, rec R blend to CP, small chasse fwd L/R, L; Sd R/L,
R figure trng RF ½ to end CP M fc ptnr & WALL,
[Doub Rk Bk] [1,2,3,4;] Bk L to SCP, rec R, bl L to SCP, rec R;

9 – 11 INTO PRETZEL TRN; DOUB RK FWD; UNWRAP PRETZEL to SCP;

[Into Pretzel Trn] [1a,2,3a,4] Sd L/cl R, sd L trng ½ RF keep M's L & W's R hnds
joined, Sd R/cl L, sd R trng RF now in bk to bk "V" pos w/m's L & W;s R hnds
joined by bks];
[Doub Rk Fwd] [1,2,3,4;] Rk fwd L, rec R, rk fwd L, rec R;
[Unwrap Pretzel to SCP] [1a,2,3a,4] Sd L/cl R, sd L trng ½ LF to fc ptnr still retain
M's L & W's R hnds, sd R/cl L, sd R to end SCP;

12 – 16 FALLAWAY THROWAWAY;; CHG L to R;; BASIC RK to CP & RK REC;;

[Fallaway Throwaway] Rk bk L, rec R, sd L/cl R, sd L (W rk bk R, rec L, P/U R/L,
R); Sd R/cl L, sd R (W sd & bk L/cl R, sd L) end LOP M fc LOD,
[Chg L to R] Repeat Part A meas 5 but start fc LOD & end LOP fc WALL;;

[Basic Rk to CP & Rk Rec] [1,2,3a,4; 1a,2,3,4;] Rk apt L, rec R to CP, sd L/cl R, sd L; Sd R/cl L, sd R, rk bk L to SCP, rec R to fc;

INTERLUDE

1 – 4 2 FWD TRIPLES; SWIVEL WALK 4; 2 FWD TRIPLES; SWIVEL WALK 4 to FC;

[2 Fwd Triples] [1a,2,3a,4;] Blend to SCP fwd L/cl R, fwd L, fwd R/cl L, fwd R;
[Swivel Walk 4] [1,2,3,4;] With swivel actions fwd L,R,L,R;
Repeat Interlude meas 1 & 2;;

REPEAT PART A

PART B

1 – 4 CHASSE L & R; RT TRNG FALLAWAY;;; FALLAWAY THROWAWAY;;;

[Chasse L & R] Repeat Part A, meas 1;
[Rt Trng Fallaway] Rk bk to SCP, rec R to fc, trng RF ¼ sd L/cl R, sd L; Trng RF ¼ sd R/cl L, sd R,
[Fallaway Throwaway] Repeat Part A meas 12 start fcg COH & end in LOP fc ptr & RLOD;;;,

5 – 8 CHICKEN WALKS [2 SLO]; [4 QK]; LINK RK to COH & RK REC;;

[Chicken Walks [2 Slo] [4 Qk] [1,a,2a; 1,2,3,4;] Bk L,-, R,-; Bk L,R,L,R [W fwd w/slight swiveling action of her feet thru both measures);
[Link Rk to COH & rk rec] [1,2, 3a, 4; 1a, 2,3,4;]

9 – 12 CHASSE L & R; RT TRNG FALLAWAY;;; FALLAWAY THROWAWAY;;;

Repeat Part B meas 1-4 start fc COH & end fc WALL;;;

13 – 16 CHICKEN WALKS [2 SLO]; [4 QK]; LINK RK to WALL & RK REC;;

Repeat Part B meas 5-8 end in CP fcg ptr & WALL;;;

REPEAT PART A

ENDING

1 – 4 2 FWD TRIPLES; SWIVEL WALK 4; 2 FWD TRIPLES; SWIVEL WALK 4 – PNT & HOLD;

1-4 Repeat Interlude meas 1-4 & pnt L ft twd LOD on last step;;;