

ON A ROLL

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Artist: Sugarland **Music:** On A Roll [3:01] CD-Bigger, track 2, available to download at amazon.com, etc
Full song: <https://www.youtube.com/watch?v=441EJ0gugaA>
Footwork: Opposite, Unless noted (W's footwork in parenthesis) **Speed:** As downloaded
Rhythm: Cha Cha **Phase:** III + 1 + 1 (Alemana) (Ronde Cha Box)
Difficulty: Average **Released:** January 2019
Sequence: Intro – A – B – C – A – B – C – D – B – B – End

Meas

Intro

1-4 WAIT 2 MEAS ;; SHOULDER TO SHOULDER 2X ;;

1-2 {Wait 2 meas} Wait 2 meas in BFLY WALL lead ft free ;;
3-4 {Shoulder to Shoulder 2x} Fwd L to BFLY SCAR (bk R), rec R to BFLY WALL, sd L/cl R, sd L ;
Fwd R to BFLY BJO (bk L), rec L to BFLY WALL, sd R/cl L, sd R ;

Part A

1-4 NEW YORKER to OPEN LOD ; WALK 2 & CHA ; SLIDING DOOR 2X ;;

1 {New Yorker} Swiveling on R ft bring L ft thru w/straight leg to a sd by sd pos, rec swiveling to fc ptr, sd L/cl R, sd L continuing turn to OPEN LOD ;
2 {Walk 2 & Cha} Fwd R, fwd L, fwd R/cl L, Fwd R ;
3-4 {Sliding Door 2x} From OPEN LOD rk apt L, rec R releasing contact with partner and with W passing in front of M, XLif/sd R, XLif to LEFT OPEN LOD ; Rk apt R, rec L releasing contact with partner and with W passing in front of M, XRif/sd L, XRif to OPEN LOD ;

5-8 FORWARD AND BACK BASIC ;; CIRCLE CHA ;;

5-6 {Forward and Back Basic} From OPEN LOD fwd L, rec R, bk L/cl R, bk L ; bk R, rec L, fwd R/cl L, fwd R ;
7-8 {Circle Cha} From OPEN LOD separating from ptr and moving away in a circular pattern fwd L, fwd R, fwd L/cl R, fwd L ; continuing circular pattern towards partner fwd R, fwd L, fwd R/cl L, fwd r to FC WALL ;

9-12 CHASE PEEK A BOO ;;;

9-12 {Chase Peek A Boo} Fwd L turning sharply 1/2 RF to Tandem [man in front], rec R, fwd L/cl R, fwd L ; sd R looking over L shldr, rec L, cl R/in place L, in place R ; sd L looking over R shldr, rec R, cl L/in place R, in place L ; fwd R trng sharply 1/2 LF, rec L, fwd R/cl L, fwd R ; (Bk R, rec L, fwd R/cl L, fwd R; sd L, rec R, cl L/in place R, in place L ; sd R, rec L, cl R/in place L, in place R ; fwd L, rec R, bk L/cl R, bk L) to NO HANDS JOINED FCG WALL ;

Part B

1-4 RONDE CHA BOX ;; TWICE TO BFLY ;;

1-2 {Ronde Cha Box} From NO HANDS JOINED FCG WALL ronde L CW XLif, sd R, w/L sd lead bk L/lock Rif, bk L comm ronde R CW (W ronde R CW XRib, sd L, w/R sd lead fwd R/lock Lib, fwd R comm ronde L CW) ; [comp ronde R CW] XRib, sd L, w/R sd lead fwd R/lock Lib, fwd R (W [comp ronde L CW] XLif, sd R, w/L sd lead bk L/lock Rif, bk L) ;
3-4 {Ronde Cha Box} Repeat Part B Meas 1-2 to BFLY WALL ;

5-8 TRAVELING DOOR 2X ;; CUCARACHA 2X ;;

- 5-6 {Traveling Door 2x} From BFLY WALL rk sd L, rec R, XLif/sd R, XLif ; Rk sd R, rec L, XRif/sd L, XRif ;
 7-8 {Cucaracha 2x} From BFLY WALL sd L, rec R, cl L/step R, step in place L ; Sd R, rec L, cl R/step L, step in place R ;

Part C

1-4 ALEMANA ;; LARIAT ;;

- 1-2 {Alemana} From BFLY WALL fwd L, rec R, bk L/cl R, small bk L leading W to turn RF ; bk R, rec L, sd R/cl L, sd R ; (Bk R, rec L, fwd R/cl L, fwd R commence RF turn; continue RF turn under joined lead hands fwd L, continue RF turn fwd R, sd L/cl R, sd L to man's R sd) ;
 3-4 {Lariat} Maintaining contact with lead hands sd L, rec R, in place L/in place R, in place L (W circling M CW fwd R, fwd L, fwd R/fwd L, fwd R) ; Sd R, rec L, in place R/in place L, in place R (W cont circling M CW fwd L, fwd R, fwd L/fwd R, fwd L) to BFLY WALL ;

REPEAT PART A

REPEAT PART B

REPEAT PART C

Part D

1-4 SAND STEP 3X ;;; SIDEWALK ;

- 1-2 {Sand Step 2x} Swiveling slightly to R on the R ft rotate the L knee inward in order to tch the L toe to the instep of the R ft [no weight change], swiveling slightly to L on the R ft rotate the L knee outward in order to tch the L heel to the floor [no weight change], swiveling slightly to R on the R ft XLif/sd R, XLif ; Swiveling slightly to L on the L ft rotate the R knee inward in order to tch the R toe to the instep of the L ft [no weight change], swiveling slightly to R on the L ft rotate the R knee outward in order to tch the R heel to the floor [no weight change], swiveling slightly to L on the L ft XRif/sd L, XRif ;
 3 {Sand Step} Repeat Part D Meas 1 to BFLY WALL ;
 4 {Sidewalk} Sd R, cl L, sd R/cl L, sd R to BFLY WALL ;

5-8 CRABWALKS :: SHOULDER TO SHOULDER 2X ::

- 5-6 {Crabwalks} XLif, sd R, XLif/sd R, XLif ; sd R XLif, sd R/cl L, sd R ;
 7-8 {Shoulder to Shoulder 2x} Repeat Intro Meas 3-4 to NO HANDS JOINED FCG WALL ::

REPEAT PART B

REPEAT PART B

END

1-4 ALEMANA ;; LARIAT ;;

- 1-2 {Alemana} Repeat Part A Meas 1-2 to man's R sd ;;
 3-4 {Lariat} Repeat Part A Meas 3-4 to BFLY WALL ;;

5-8 SPOT TURN : CRABWALKS :: CRABWALK IN 3 AND POINT SIDE TO LOD ON 4 :

- 5 {Spot Turn} Swiveling 1/4 on ball of R (L) fwd L trng 1/2 RF (LF), rec R cont RF (LF) 1/4 to fc ptr, sd L/cl R, sd L ;
 6-7 {Crabwalks} XRif, sd L, XRif/sd L, XRif ; sd L XRif, sd L/clR, sd L ;
 8 {Crabwalk in 3 and point side to LOD} XRif, sd L, XRif/sd L towards LOD ;

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(Quick Cues)

INTRO

BFLY WALL WAIT 2 MEAS ;; SHLDR-SHLDR 2X ;;

A

NEW YORKER TO OP LOD ; WALK AND CHA ; SLIDING DOOR 2X ;;
FWD AND BK BASIC ;; CIRCLE CHA TO FC WALL ;; CHASE PEEK A BOO ;;;

B

RONDE CHA BOX ;; TWICE TO BFLY WALL ;; TRAVELING DOOR 2X ;; CUCA 2X ;;

C

ALEMANA ;; TO A LARIAT TO BFLY WALL;;

A

NEW YORKER TO OP LOD ; WALK AND CHA ; SLIDING DOOR 2X ;;
FWD AND BK BASIC ;; CIRCLE CHA TO FC WALL ;; CHASE PEEK A BOO ;;;

B

RONDE CHA BOX ;; TWICE TO BFLY WALL ;; TRAVELING DOOR 2X ;; CUCA 2X ;;

C

ALEMANA ;; TO A LARIAT TO BFLY WALL;;

D

SAND STEP 3X ;;; SIDEWALK ; CRABWALKS TO RLOD ;;
SHLDR-SHLDR 2X (NO HANDS JOINED) ;;

B

RONDE CHA BOX ;; TWICE TO BFLY WALL ;; TRAVELING DOOR 2X ;; CUCA 2X ;;

B

RONDE CHA BOX ;; TWICE TO BFLY WALL ;; TRAVELING DOOR 2X ;; CUCA 2X ;;

END

ALEMANA ;; TO A LARIAT ;; SPOT TURN ; CRABWALKS TO LOD ;;
CRABWALK IN 3 AND POINT SIDE TOWARDS LOD ON 4 ;