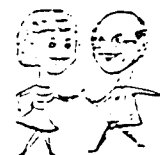


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Record: Roper JH-404 (Slow For Comfort)
Sequence: Intro, A, B, A, B(1-15), Tag
Phase Rating: Round-A-Lab Phase IV + 2
Release Date: March 1988



INTRO

- 1-4 LOFP DW WAIT;; STEP TOGETHER TO CP; BOX FINISH DC;
1-2 In Left Open Facing Position man fcg DW wait 2 meas;;
3 Fwd L (W fwd R) to CP with slow RF body turn;
4 Bk R trng LF, sd L fc DC, clo R;

PART A

- 1-8 CLOSED TELENARK; FWD HOVER IN BJO; OUTSIDE SPIN; CURVED FEATHER; BK,
BK/LK, BK; OUTSIDE CHANGE TO SCP; HOVER CORTE; BK, BK/LK, BK;
1 (Clo Tele) Fwd L commence body trn to left, fwd & sd R trng LF
(W heel trn), fwd L to contra BJO DW;
2 (Fwd Hov) Fwd R, fwd L hover, recov bk R;
3 (Outsd Spn) Sml step bk L with L toe to R heel & L heel turned
out piv RF (W strong step fwd R outsd partner trng RF), strong
step fwd R outsd partner cont RF trn (W clo L on toes for toe
spin RF), sml sd & bk L (W fwd R betw M's ft) now CP DW;
4 (Curved Fthr) Fwd R, sd & fwd L trng RF, cont RF trn ck fwd R
outsd partner twd RDW in contra BJO;
5 Bk L twd DC still contra BJO, bk R/lock LIF, bk R;
6 (Outsd Chg SCP) Bk L, bk R trng LF, sd & fwd L twd DC in SCP;
7 (Hov Corte) Thru R trng LF, sd & fwd L hover cont trn, recov bk
R twd DW in contra BJO;
8 Bk L twd DW contra BJO, bk R/lock LIF, bk R;

- 9-16 OP IMPETUS; THRU, FC, CLO; WHISK; WEAVE;; MANEUVER; SPIN TURN; BOX FIN;
9 (Op Imp) Bk L trng RF, clo R cont RF heel trn (W fwd L trng RF),
sd & fwd L twd DC in SCP;
10 Thru R, sd L to CP fcg DW, clo R;
11 (Whisk) Fwd L, sd & fwd R, XLIB of R (W XIB) SCP DC;
12-13 (Weave) Thru R, fwd L commence LF trn (W fwd trng LF to CP), sd
R cont trn to contra BJO; Bk L partner outsd, bk R trng LF to
CP, sd & fwd L twd DW in contra BJO;
14 (Manuv) Fwd R outsd partner commence body trn to right, fwd & sd
L trng RF to CP fcg RLOD, clo R;
15 (Spin Trn) Bk L piv RF, fwd R cont RF trn to fc DW, sml sd & bk
L (W fwd R betw M's ft) CP fcg DW;
16 (Box Fin) Bk R trng LF, sd L fc DC, clo R;

PART B

- 1-8 2 LEFT TURNS;; HOVER; CROSS HESITATION; BK, BK/LK, BK; OUTSD CHG BJO;
MANEUVER; OPEN IMPETUS;
1-2 (2 Left Trns) Fwd L commence LF trn, fwd & sd R cont trn, clo L
fcg RLOD in CP; Bk R trng LF, sd & fwd L cont trn, clo R fc DW;
3 (Hover) Fwd L, sd & fwd R hover, recov sd & fwd L to SCP DC;
4 (X Hes) Thru R, commence LF trn on R (fwd R around man trng L),
cont trn on R (W cont trn clo L) now contra BJO RDC;
5 Bk L twd DW still contra BJO, bk R/lock LIF, bk R;
6 (Outsd Chg) Bk L, bk R trng LF, sd & fwd L contra BJO DW;

PART B (Continued)

- 7 (Manuv) Fwd R outsd partner commence body trn to right, fwd & sd L trng RF to CP fcg RLOD, clo R;
8 (Op lcp) Bk L trng RF, clo & cont RF heel trn (W fwd L trng RF), sd & fwd L twd DC in SCP;

9-16 SEMI CHASSE; WING; OPEN TELEMARK; CHASSE TO BJO; MANEUVER; HESITATION CHANGE; OPEN TELEMARK; CHAIR & SLIP;

- 9 (Semi Chasse) Thru R, sd & fwd L/clo R, sd & fwd L;
10 (Wing) Thru R, draw L twd R trng body LF, cont body trn LF and draw L to R (W thru L, fwd R, fwd L moving around man to contra SCAR) now contra SCAR DC;
11 (Op Tele) Fwd L outsd partner commence body trn to left, fwd & sd R trng LF (W heel trn), sd & fwd L to SCP DW;
12 (Chasse BJO) Thru R, sd & fwd L/clo R (W trn LF to BJO), fwd L;
13 (Manuv) Fwd R outsd partner commence body trn to right, fwd & sd L trng RF to CP fcg RLOD, clo R;
14 (Hes Chg) Bk L trng RF, sml sd R twd DW, draw L to R no wt;
15 (Op Tele) Fwd L commence body trn to left, fwd & sd R trng LF (W heel trn), sd & fwd L to SCP DW;
16 (Chair & Slip) Check thru R with fwd poise, recov L, bk R trng LF (W swvl LF on R step fwd L) now CP fcg DC;

TAG

1-2 THRU PROMENADE SWAY; SLOW CHANGE OF SWAY;

- 1 (Prom Sway) Thru R, sd-& fwd L, stretch body upward look twd DW;
2 (Chg of Sway) Slowly relax L knee & chg to left sd stretch look at lady (W look well to left) keep body & knees fcg partner;

HEAD CUES

Intro: Wait 2 Meas;; Together Draw Tch; Box Finish;

Part A: Clo Telemark; Fwd Hover; Outsd Spin; Curved Fthr;
Bk Bk/Lk Bk; Outsd Chg to SCP; Hover Corte; Bk Bk/Lk Bk;
Impetus to SCP; Thru Face Clo; Whisk; Weave;;
Maneuver; Spin Trn;;

Part B: 2 Left Trns;; Hover; Cross Hesitation;
Bk Bk/Lk Bk; Outsd Change; Maneuver; Impetus to SCP;
Semi Chasse; Wing; Open Telemark; Chasse to BJO;
Maneuver; Hesitation Change; Open Telemark; Chair & Slip;

Tag: Thru Promenade Sway; Chg of Sway;