

Rock & Roll is Here to Stay

Composers: Adrienne & Larry Nelson, 2286 X Ave., Dysart, IA 52224, 319/476-3446

Record: "Hang Up My Rock & Roll Shoes", Atlantic OSI3009

Artist: Chuck Willis

Flip of: "What Am I Living For"

Footwork: Opposite. Directions for man except where noted.

Rhythm: Jive ROUNDALAB Phase: TV (Easy)

Speed: 45

Sequence: Intro—A—A—B—A—C—A—Ending

INTRO

Meas

1—4 18 FEET APT HNDs ON HPSI WAIT 2 MEAS : : SWIVEL WALK TOG 2 SLO & 4 OK

(CP/WL) : :

1-2 Wait : :

3-4 Swiveling on ball of ft fwd L, —, fwd R, —; Cont swivel action fwd L, R, L, R to CP/WL :

PART A

1—4 CHASSE L & R : CHG PLACES R TO L — CHG PLACES L TO R (BFLY/WL) : :

1-4 (Chasse L & R) Sd L/cl R, sd L, sd R/cl L, sd R; (Chg Plcs R to L) Rk bk L to SCP/LOD, rec R, chasse L/R, L leading W to tm RF under lead hnds; chasse fwd R/L, R lead W to complete tm to LOP-FCG/DLC, (Chg Plcs L to R) Rk apt L, rec R; chasse L/R, L ung 1/4 RF leading W to tm LF under raised lead hnds, chasse sd R/L, R to BFLY/WL :

5—7 SPANISH ARMS TWICE : :

5-7 (Spanish Arms) Rk apt L, rec R start RF tm, chasse L/R, L ung 1/4 RF raising M's L & W's R hnds tmg W LF under raised hnds end bhd W fcg BLQD; cont tmg RF chasse fwd R/L, R ung W RF lowering raised hnds to BFLY/COH, (Spanish Arms) Rk apt L, rec R start RF tm; chasse L/R, L ung 1/4 RF raising M's L & W's R hnds tmg W LF under raised hnds end bhd W fcg LOD, cont tmg RF chasse fwd R/L, R ung W RF lowering raised hnds to BFLY/WL :

8—10 CHG HNDs BHD BK (BFLY/COH) — WINDMILL (BFLY/WL) : :

8-10 (Chg Hnds Bhd Bk) Rk apt L, rec R, plc R hnd over W's R hnd releasing L hndhold chasse fwd L/R, L ung 1/4 LF; chg W's R hnd into L hnd bhd the bk chasse R/L, R ung 1/4 LF to BFLY/COH (W rk apt R, rec L, chasse fwd R/L, R tmg 1/4 RF; cont tm chasse L/R, L ung 1/4 RF), (Windmill) Rk apt L, rec R; start LF tm chasse fwd L/R, L ung 1/4 LF with arms outstretched from elbows lead hnds low & trailing hnd raised, still tmg chasse sd & slightly fwd R/L, R to BFLY/WL :

11-12 PROG RK : SD DRAW CL (CP/WL) :

11-12 (Prog Rk) Drop hnds to waist level & use push-pull action apt L, XRIFL prog slightly LOD, apt L, XRIFL prog slightly LOD; (Sd Draw Cl) Sd L to LOD, draw R to L, cont draw, cl R to CP/WL :

REPEAT PART A ENDING SCP/LOD

PART B

1—4 (SCP/LOD) 2 FWD TRIPLES : SWIVEL WALK 4 : THROWAWAY (LOP-FCG/LOD) :

HEEL/BALL CHG TWICE :

1-4 (2 Fwd Triples) Chasse fwd L/R, L ung W LF, chasse fwd R/L, R tmg W RF (W does swiveling action); (Swivel Walk 4) Fwd L tmg W LF, fwd R tmg W RF, fwd L tmg W LF, fwd R tmg W RF (W does swiveling action); (Throwaway) Chasse fwd L/R, L ung W LF (W like a tuck) lower jnd hnds lean slightly to L, chasse fwd R/L, R leading W to move away to LOP-FCG/LOD; (Heel/Ball Chg Twice) Tch L heel fwd/step in pl L, R, tch L heel fwd/step in pl L, R;

Rock & Roll is Here to Stay

PART B (cont.)

5-8 LINK RK (CP/WL) — FALLAWAY RK : : RK BK REC FWD FC (CP/WL) :

- 5-8 (Link Rk) Rk bk L, rec R, chasse fwd L/R, L; chasse sd R/L, R (W bk R, rec L, chasse fwd R/L, R; chasse sd L/R, L) to CP/WL. (Fallaway Rk) Rk bk L to SCP/LOD, rec R to CP/WL; chasse sd L/R, L, sd R/L, R (W bk R to SCP/LOD, rec L to CP/WL; chasse sd R/L, R, sd L/R, L); (Rk Bk Rec Fwd Fc) Rk bk L to SCP/LOD, rec R, fwd L to LOD, fwd R ung to fc pr CP/WL;

REPEAT PART A

PART C

1-4 PRETZEL TRN — DOUBLE RK — FINISH PRETZEL TRN — RK BK REC (SCP/LOD) : : :

- 1-4 (Pretzel Trn) Rk bk L to SCP/LOD, rec R to fc pr, chasse sd & fwd L/R, L ung 1/2 RF keeping M's L & W's R hnds jnd; Chasse sd & fwd R/L, R ung 1/4 RF to end sd-by-sd with M's L & W's R hnds jnd bhd bks, (Double Rk) Rk fwd L, rec R; Rk fwd L, rec R, (Finish Pretzel) Chasse sd & bk L/R, L ung 1/2 LF; Chasse sd & bk R/L, R ung 1/4 LF to SCP/LOD. (Rk Bk Rec) Rk bk L, rec R to SCP/LOD;

5-8 2 FWD TRIPLES : SWIVEL WALK 4 (BE/Y/WL) : VINE 8 (CP/WL) :

- 5-8 (2 Fwd Triples) Chasse fwd L/R, L ung W LF, chasse fwd R/L, R ung W RF (W does swiveling action); (Swivel Walk 4) Fwd L ung W LF, fwd R ung W RF, fwd L ung W LF, fwd R ung W RF (W does swiveling action) to BE/Y/WL; (Vine 8) Sd L, XRIBL, sd L, XRIFL; Sd L, XRIBL, sd L, XRIFL to CP/WL;

REPEAT PART A

ENDING

1-2 CHASSE L & R : RK BK REC FWD PKUP (CP/LOD) :

- 1-2 (Chasse L & R) Sd L/cl R, sd L, sd R/cl L, sd R; (Rk Bk Rec Fwd Pkup) Rk bk L to SCP/LOD, rec R, fwd L, step in pl R picking W up to loose CP/LOD;

3-6 2 FWD TRIPLES : FWD STAIR : 2 FWD TRIPLES : FWD STAIR :

- 3-6 (2 Fwd Triples) Fwd L/R, L, fwd R/L, R; (Fwd Stair) Fwd L, cl R, sd L, cl R; (2 Fwd Triples) Fwd L/R, L, fwd R/L, R; (Fwd Stair) Fwd L, cl R, sd L, cl R;

7 CHG PT ITO WL :

- 7 (Chg Pt) Step L/pt R to WL, (W step R/pt L to WL) extend lead hnds high & trailing hnds low, ---; Action is one continuous motion—both look at wall